

# Leveraging Temporal Context in Low Representational Power Regimes

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## Abstract

Computer vision models are excellent at identifying and exploiting regularities in the world. However, it is computationally costly to learn these regularities from scratch. This presents a challenge for low-parameter models, like those running on edge devices (e.g. smartphones). Can the performance of models with low representational power be improved by supplementing training with additional information about these statistical regularities? We explore this in the domains of action recognition and action anticipation, leveraging the fact that actions are typically embedded in stereotypical sequences. We introduce the Event Transition Matrix (ETM), computed from action labels in an untrimmed video dataset, which captures the temporal context of a given action, operationalized as the likelihood that it was preceded or followed by each other action in the set. We show that including information from the ETM during training improves action recognition and anticipation performance on various egocentric video datasets. Through ablation and control studies, we show that the coherent sequence of information captured by our ETM is key to this effect, and we find that the benefit of this explicit representation of temporal context is most pronounced for smaller models. Code, matrices and models are available in our project page: [https://camilofosco.com/etm\\_website](https://camilofosco.com/etm_website)

## 1. Introduction

A strength of computer vision models is their ability to identify and exploit statistical regularities in the world. Learning these regularities from scratch is computationally costly, which limits the accuracy of low-parameters models. It is critical to boost the performance of small models, since many devices lack the resources to host current state of the art models. One way to make the learning problem more tractable for small models may be to supplement them at training time with an explicit representation of the statistical regularities in the target domain. Here, we test whether

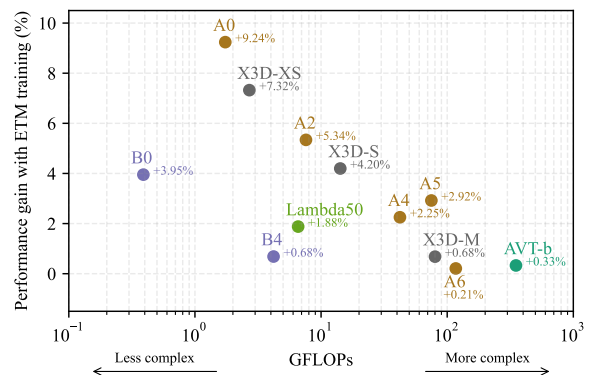


Figure 1. Action recognition performance difference between models trained with and without the proposed ETM approach. We train models with various model architectures, from small (left) to large (right): AVT-b [14], MoViNets [24] family, X3D [11] family, LambdaResNet-50 [4], and EfficientNets [57] family on EPIC-KITCHENS-100 [14]. We show that incorporating the ETM into training improves performance, and the impact is higher on smaller models.

video understanding models can be improved by providing them with information about typical event sequences during training.

We introduce the Event Transition Matrix (ETM), illustrated in Figure 2, which leverages the fact that events in real-world videos often occur in predictable sequences. Each row and column indexes an event. In the rows, the ETM captures the likelihood that the event was *followed* by each of the other events in the set. In the columns, it captures the likelihood that the event was *preceded* by each other event. To compute a cell’s value, we combine information from all previous and subsequent events, weighted by their temporal distance from the queried action. Crucially, this breaks markovian assumptions and allows the matrix to capture long-range relationships. The ETM has two important properties. First, it acts as an explicit representation of the likelihood of event transitions, which provides additional pertinent information that a model can

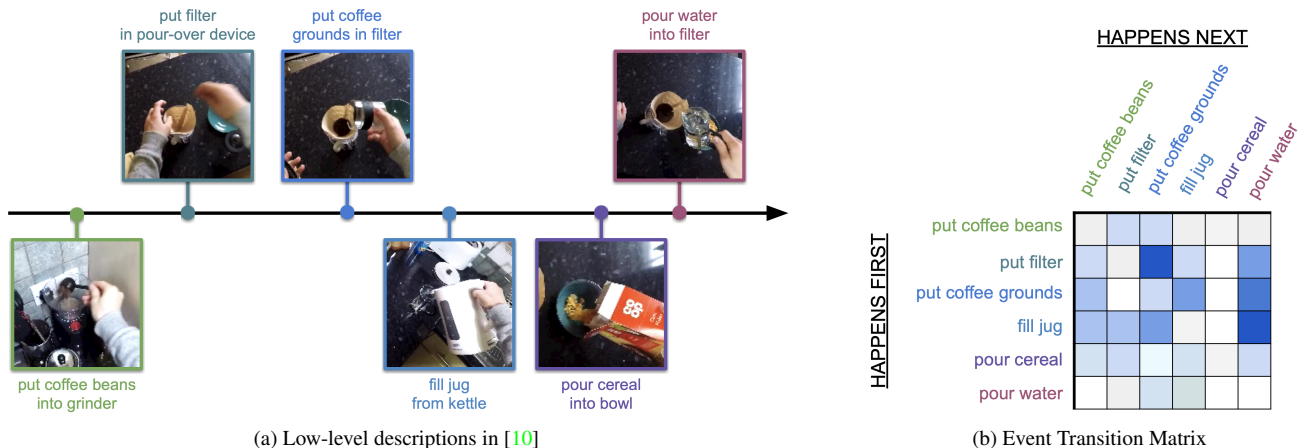


Figure 2. We construct a given Event Transition Matrix (ETM) from action labels drawn from a given dataset of untrimmed videos. (a) Each video depicts a continuous activity, and is paired with human annotations indicating the individual, low-level actions that compose the activity. (b) Using these action labels, we created the ETM by recording the frequency with which a given action label was preceded or followed by each other action label, accumulated across the videos in our set.

leverage without the cost of learning it for itself. Second, it augments representations of a given event with information about what came before and after it, providing additional target for the model to train on.

In the present paper, across multiple datasets and model architectures, we test the effectiveness of incorporating the ETM into training for low-parameter models. We test our approach on action recognition and action anticipation in egocentric video datasets, where actions occur in stereotypical sequences. However, this approach can apply to any kind of sequence in videos. We show that leveraging the ETM improves action recognition relative to baselines, and that this improvement relies on the coherence of the action sequence. We also show that action anticipation is improved with our ETM approach. In both cases, we show that the ETM approach can be incorporated into multiple different model architectures, and that the addition of the ETM has the highest impact on smaller models, as shown in Figure 1. Overall, this work demonstrates a potential path to more efficient models, based on supplementing small models at training time with explicit representations of regularities expected in the data.

## 2. Related Work

### 2.1. Efficient AI

State of the art neural networks for video understanding can achieve impressive classification results, but these models often have heavy computational requirements. Producing smaller, more efficient models that can perform comparable to larger ones is an active area of research, for deployment onto edge devices such as phones, wearables, drones or autonomous vehicles. Some approaches achieve effi-

ciency by first training a large network, then using a smaller network to learn the mapping from input to output vectors with little loss on performance (i.e. knowledge distillation [3, 15, 20, 23, 27, 32]), or by identifying and removing non-essential parameters (i.e. parameter pruning [18, 19, 26, 29]). Others rely on adaptive policies to shorten or simplify the inference process, reducing the effective size of the architecture [5, 6, 33, 45] or input [45, 46]. Here, we propose an alternative approach, which involves intervening at training time to supplement low-parameter architectures with external, explicit representations of statistical regularities in the target domain.

### 2.2. Statistical Regularities and Bayesian Learning.

The environment is full of regularities. Objects classes have co-occurring attributes [34, 50], environments classes have distinctive combinations of objects, surfaces and textures [17, 51, 58, 60], and episodes are composed of predictable sequences of events [25, 63]. Having the ability to detect and leverage these regularities is a key feature of intelligence. Cognitive research in humans has established that representations of contextual regularities underlie most aspects of intelligence, spanning learning, generalization, prediction, compression, memory, language and more [7, 12, 54].

Machine learning relies on identifying and making use of regularities. Typically, this happens in an emergent manner from the training regime. However, some approaches also rely on explicit representations of such regularities. For example, in natural language processing, word embeddings [37, 38, 47, 48, 59] acting as explicit representations of word transition probabilities have provided the basis for many downstream tasks.

### 2.3. Action Recognition and Anticipation

Action understanding is an enduring problem in video processing [8, 41, 43, 49, 64]. This can involve action recognition, which requires retrieving a label for a depicted action, and action anticipation, which requires retrieving a label for a future action based on a depicted action. Videos contain complex semantic relationships between objects, people and places, which evolve dynamically over time. Thus, action understanding models often incorporate elements of relational modeling, for example modeling the spatial relations among people or between people and objects [13, 56], between people and environment zones [44], or between the body parts of the person performing the actions [61]. More recently, multi-modal representation learning approaches have been introduced to learn the broader sensory context of actions [30, 36, 42].

### 2.4. Action Recognition and Anticipation with Temporal Context

Another kind of context that can be modeled in action understanding is the temporal relationships between the events that make up ongoing actions. Actions take place in sequences: you must first boil water and grind coffee beans, then pour water over the beans in order to successfully make coffee. Some models capitalize on such temporal regularities by modeling the dependence among individual video frames, either with RNNs [2, 56], relational reasoning networks [65] or more recently with attention-based methods and transformers [14, 52]. Other approaches model these sequences at a higher level, by learning the dependence among events (rather than individual frames), by using action co-occurrence matrices [22, 40], or by estimating the transitional probability between adjacent [35, 55] or more distant actions [21, 53].

Building on this work, we show how leveraging explicit representations of typical action sequences in low-parameter models can improve their performance. Our motivation is that there is regularity in the temporal context of an action in both the past and the future, and leveraging this bi-directional regularity could bootstrap the model’s learning. While some previous work [1] included a representation of the past in an action anticipation framework, our approach is distinct from it in two ways: (1) our representation of temporal context includes past, present and future, and extends over a larger time period, and (2) we pre-compute this representation, then use it to supplement learning.

## 3. Proposed Approach

In this section, we introduce the Event Transition Matrix (ETM), which is an efficient approach to constructing a knowledge base about the temporal relation between events in video scenes (Section 3.1). We then propose a novel ap-

proach to pre-training with this matrix, leveraging these relations to help recognize current events or predict past or future events in the input video snippet (Section 3.2).

### 3.1. Event Transition Matrix (ETM)

Egocentric video datasets, such as EPIC-KITCHENS [9, 10] or EGO4D [16], contain long form videos that exhibit rich sequences of small actions or events. These sequences are densely annotated with labels for each event and timestamps indicating start and end points of each action. Suppose there are  $N$  event categories,  $S = \{s_1, s_2, \dots, s_N\}$ . Each video is annotated with a sequence of event instances, which can be denoted as  $\{y_1, y_2, \dots, y_{t-1}, y_t, \dots\}$ . Using the timestamps, we can define a video snippet  $x_k$  that contains the specific event, which is given the instance label  $y_k$ , based on its category. Event descriptions, i.e.  $x_k$  and  $y_k$ , refer to the current ongoing action event, but do not convey the broader temporal context of that action, including what came before and after it. As in the example in Figure 2, when making coffee, “add coffee beans” happens earlier than “brew coffee”, and these two events are temporally dependent on each other. To leverage the temporal context surrounding events, we compute the frequencies with which each event comes before/after each other event. More formally, we define a square matrix,  $\mathbf{M}_{N,N}$ , where each row and column corresponds to an event in  $S$  and  $\mathbf{M}(i, j)$  corresponds to an estimated probability that an event  $s_i$  happens before  $s_j$ , and vice versa. This matrix is built with training set observations.

A naive approach for building the matrix is to update  $\mathbf{M}(y_l, y_m)$  for all possible pairs of events where event  $l$  happens earlier than event  $m$ . However, this approach does not incorporate the temporal distance between two events, since  $(y_l, y_m)$  and  $(y_l, y_n)$  contribute equally to constructing the matrix even when  $l$  is much farther away from  $m$ . In reality, actions separated by more time are less likely to be part of the same overall activity, and are therefore less likely to consistently co-vary. Therefore, we update the matrix with a decay function  $\delta(\cdot)$ , as

$$\mathbf{M}(y_l, y_m) += \delta(m - l). \quad (1)$$

We normalize the matrix  $\mathbf{M}$  by the sum of each row and define a new matrix  $\mathbf{M}^R$  as

$$\mathbf{M}^R(i, j) = \frac{\mathbf{M}(i, j)}{\sum_{k=0}^N \mathbf{M}(i, k)}. \quad (2)$$

Each row in this matrix,  $\mathbf{M}^R(i, :)$ , can be seen as an empirical approximation of the distribution of possible events that can be transitioned to following event  $s_i$ . Similarly, we can also define a matrix  $\mathbf{M}^C$  by column-wise normalization.

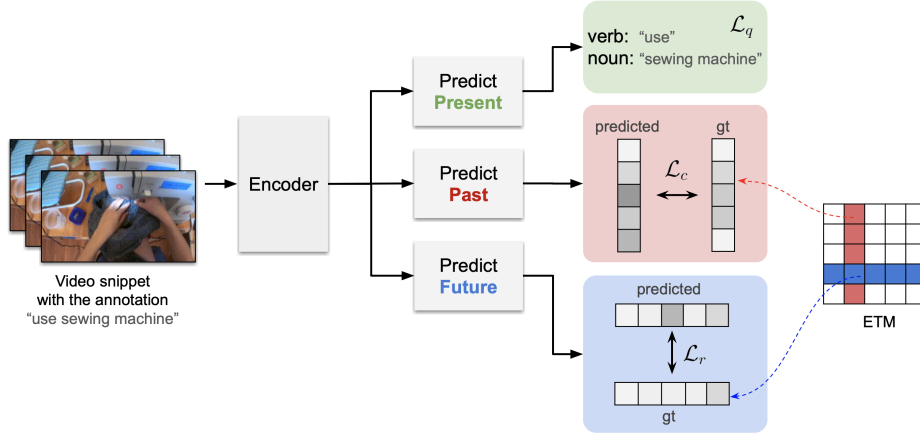


Figure 3. Overview of the proposed approach for pre-training with ETM. The model takes a video snippet and encodes the input to predict the **present**, **past**, and **future** events. In particular, we use the column and the row of the ETM which correspond to the given event. These represent the distributions over past actions, and future actions respectively. More details are written in Section 3.2.

### 3.2. Encoder Training with the Event Transition Matrix

We propose a novel training protocol to enhance an arbitrary encoder by leveraging the ETM. A typical event recognition model is trained to take a video snippet,  $x_t$ , transform it into a feature vector with an encoder  $f(\cdot)$ , and recognize an event in the input video by predicting a label from that vector. More formally, the model is trained to increase  $p(y_t|g_q(f(x_t)))$ , where  $g_q$  represents a module that maps features into a probability distribution over labels. In our framework, we call  $g_q$  the **present** module and train it with a typical cross-entropy loss function,  $\mathcal{L}_q$ .

Our proposed method adds two additional modules to predict past and future event probabilities, as shown in Figure 3. A **past** module  $g_c(\cdot)$  receives  $f(x_t)$  and predicts a distribution of events occurring before the current action (which corresponds to a column of the column-normalized ETM,  $\mathbf{M}^C$ ). This module attempts to minimize the following loss:

$$\mathcal{L}_c = \sum_{k=0}^N (C(k) - \mathbf{M}^C(y_t, k))^2, \quad (3)$$

where  $C(k) = g_c(f(x_t))$ . Similarly, a **future** module  $g_r(\cdot)$  predicts a distribution of future events, and tries to minimize the distance between the prediction and a row of the row-normalized ETM,  $\mathbf{M}^R(\cdot, y_t)$ , through the loss:

$$\mathcal{L}_r = \sum_{k=0}^N (R(k) - \mathbf{M}^R(k, y_t))^2, \quad (4)$$

where  $R(k) = g_r(f(x_t))$ . Altogether, our framework augments an arbitrary encoder with these past and future modules and minimizes the following objective during training:

Dataset	Segm.	Actions	$\tau_a$ (s)	Metrics (AR, AA)
EK100 [10]	90k	3807	1.0	top-1, rec@5
EGO4D [16]	39.2k	3542	1.0	top-1, rec@5
EGTEA [28]	10.3k	106	0.5	top-1, top-1

Table 1. Properties of the datasets used in our experiments. We showcase our three main datasets: EPIC-KITCHENS-100 (EK100), EGO4D LTA (EGO4D) and EGTEA Gaze+ (EGTEA).  $\tau_a$  corresponds to the time between input clips and target segments in action anticipation, and follows prior work [14]. The Metrics column shows the main performance metrics used in our action recognition and action anticipation experiments, respectively.

$$\mathcal{L} = \omega_q \mathcal{L}_q + \omega_c \mathcal{L}_c + \omega_r \mathcal{L}_r, \quad (5)$$

This training setup attempts to push the encoder towards outputting richer event representations that capture the regularities of the event’s typical temporal context. Although simplistic, the framework is effective: we observe that instantiating  $g_c$  and  $g_r$  with simple multi-layer perceptrons is enough to achieve strong results on low-complexity models.

## 4. Experimental Results

In this section, we demonstrate the effectiveness of training with the Event Transition Matrix (ETM) on action recognition (Section 4.3) and action anticipation (Section 4.4). We describe the datasets used in Section 4.1 and give implementation details in Section 4.2.

### 4.1. Datasets

**EPIC-KITCHENS-100.** [10] The EPIC-KITCHENS-100 dataset (EK100) contains 700 unscripted videos depicting cooking actions, totalling 100 hours. It presents verb

and noun annotations over 90k segments of varying length. The dataset depicts 97 unique verbs, 300 unique nouns that combine to yield 3807 actions. We work with the provided training and validation sets, containing 67.2k and 9.7k segments respectively. Our ETM is constructed exclusively with training set data.

**EGO4D.** [16] This newer egocentric dataset contains 3670 hours of video from 71 different participants. We use the long term anticipation annotations provided by the authors [16], which reduces the set to a training split containing 493 unique videos with 23610 segments, and a validation set with 380 videos cut into 15587 segments. These annotations present 115 unique verbs, 477 unique nouns and 3542 unique actions. All segments are 240-frame long. To homogenize our setup and avoid generating ETMs with a biased diagonal, we merge contiguous segments together if they depict the same action. This yields 18896 segments for training and 12676 segments for validation, and we use this training set for ETM construction. We refer to this set as EGO4D LTA.

**EGTEA Gaze+** [28] is another popular egocentric dataset with 10k segments annotated with 19 verbs, 51 nouns and 106 unique actions. We report performance for split 1 (provided by the authors), containing 8299 training segments and 2022 validation segments. Following previous work [14, 39], both action recognition and anticipation performance are measured with top-1 accuracy. The properties of each dataset are summarized in Table 1.

## 4.2. Implementation Details

**ETM construction.** We construct our ETM offline by observing all videos of our training set and adding a contribution to  $M(y_l, y_m)$  modulated by a decay function  $\delta(v)$ , where  $v$  is the temporal distance between the events, as in Equation 1. Importantly, to minimize sparsity, we only consider events that appear at least 4 times in the training set.

**Encoder training.** With a given ETM, we train an encoder to generate embeddings that can be used to both recognize actions and predict ETM vectors from snippets of video. The encoder is tasked with producing an embedding that is fed to three modules: an action classification head (present module), a past vector regressor and a future vector regressor, as seen in Figure 3. We instantiate the past, present and future modules with simple fully-connected layers. We train with the loss in Eq. 5 and set  $\omega_q = \omega_c = \omega_r = \frac{1}{3}$ . As the ETM is built with actions that appear at least four times in the training data, certain rare actions do not have target vectors. In those cases, the loss associated to regressing the past and future vectors is set to zero, and no gradients are back-propagated.

We train our models with the Ranger21 optimizer [62] with a learning rate of 0.01 and cosine annealing with a 20 epochs half-cycle. We use a batch-size of 32, weight decay

of 0.0001 and dropout with  $p = 0.5$  where applicable.

**Training setup for Action Anticipation.** We follow the framework used in [14], where an encoder generates features from an input clip  $c$  before feeding them to a decoder attempting to predict the future of  $c$ , which is the label  $y_s$  of an action segment  $s$  happening  $\tau_a$  seconds after  $c$  ends. In other words, for each action segment starting at time  $\tau_s$ , the decoder attempts to predict its action label  $y_s$  using a clip  $c$  that ends  $\tau_a$  seconds before  $s$ . Crucially, we analyze how using an encoder trained with ETM supervision affects the performance of the system.

We analyze two different setups: one where we freeze our pretrained encoder and only train the decoder, and another where we allow our encoder to be finetuned alongside the decoder. Following the AVT framework [14], we replace AVT-b (AVT’s transformer-based encoder) with several variants of our own encoders. We keep AVT-h (AVT’s transformer-based head) as a decoder and finetune it with our codes as input.

We train until validation performance plateaus, and we operate with a batch size of 32, a learning rate of  $10^{-4}$  with cosine annealed decay, and the Ranger21 optimizer. At test time, we employ 3-crop testing following [14], where we compute three 224px spatial crops from 248px input frames, and average the predictions of each segment.

## 4.3. Action Recognition Experiments

We first ask whether models trained with ETM supervision showed improved action recognition performance. To do that, we train a baseline MoViNet A0 on EK100. Following [10], our *present* head has a two-way output: one to predict verbs and one to predict nouns, with an average verb/noun loss. Accordingly, in Table 2, the Present tab shows the top-1 accuracies in verb and noun classification as well as Action accuracy, which corresponds to (verb, noun) pairs. We compare this to a MoViNet A0 trained on the same data but augmented with our ETM framework as described in Section 3. For this model, we also show the mean absolute error (MAE) on the *past* and the *future* predictions. Here, lower scores indicate better performance.

To demonstrate that the performance gain is not merely due to the extra parameters gained from training with an external matrix, we compare against three more baselines, with versions of the matrix that disrupt the action sequence information to different degrees. In the *Full shuffle* baseline, cells of the matrix are randomly shuffled. This scrambles any sequence information in the matrix, while preserving the distribution of values across it. In the *Columns shuffle*, columns are kept intact, but their position in the matrix is randomly shuffled. This preserves individual distributions over past actions, but randomizes their correspondence with columns labels and scrambles the rows (similarly, the *Row shuffle* kept rows intact but scrambled their position in the

Model	Present			MAE on	MAE on
	Verb $\uparrow$	Noun $\uparrow$	Action $\uparrow$	Past $\downarrow$	Future $\downarrow$
Baseline	64.8	47.4	36.8	-	-
Full shuffle	64.1	47.2	36.3	4.117	4.012
Columns/rows shuffle	64.7	47.6	36.7	3.254	3.101
Co-occurrence	65.3	49.0	37.9	1.211	1.115
Only past vector	65.7	49.3	38.2	0.901	-
Only future vector	65.5	49.8	38.3	-	0.898
<b>ETM (Ours)</b>	<b>67.9</b>	<b>51.2</b>	<b>40.2</b>	<b>0.882</b>	<b>0.859</b>

Table 2. Action recognition results on various baseline models. We train the models on the EPIC-KITCHENS-100 dataset [14] with the MoViNet A0 [24]. For **Present** prediction, we show the verb and noun classification results and retrieval scores of (verb, noun). For **Past** and **Future** prediction, we show the mean absolute error (MAE) on the past and the future predicted vectors.

Dataset	Model	Present		
		Verb	Noun	Action
EK100 [14]	Baseline	64.8	47.4	36.8
	ETM(Ours)	<b>67.9</b>	<b>51.2</b>	<b>40.2</b>
EGO4D	Baseline	32.3	23.5	21.1
LTA [16]	ETM(Ours)	<b>32.9</b>	<b>24.2</b>	<b>22.0</b>
EGTEA	Baseline	81.2	71.7	60.4
Gaze+ [28]	ETM(Ours)	<b>83.4</b>	<b>72.9</b>	<b>62.5</b>

Table 3. Action recognition results on various datasets using MoViNet A0 [24] with and without ETM supervision. As can be seen, augmenting the model with our framework improves performance on all datasets.

matrix). Finally, we also construct a matrix which does not consider the order of the events, instead using a symmetric matrix of *co-occurrence* for training the action recognition model. In Table 2, we see that our proposed ETM surpasses all other baselines. We show additional results in the supplementary material.

Next, we further conduct ablation studies to probe whether it is necessary to use both the past and future information from the ETM to see these performance benefits. We train two additional models including *only* either the past or the future module. Interestingly, as shown in Table 2, training models with either side of the temporal information still improves performance to some extent, but we observe that training with the full matrix gives us the biggest improvement. These experiments serve as quantitative justifications for our framework’s design choices.

To show that the proposed ETM approach is effective on multiple datasets, we also show in Table 3 the performance gains on two other egocentric activity datasets that contain untrimmed videos of actions annotated with verbs

Model	w/o ETM	w/ ETM
MoviNet A0 [24]	36.8	<b>40.2</b>
MoviNet A2 [24]	41.2	<b>43.4</b>
X3D-XS [11]	35.5	<b>38.1</b>
X3D-S [11]	40.5	<b>42.2</b>
ConvNeXt-S 224 [31]	20.1	<b>32.4</b>
LambdaResNet-50 [4]	26.6	<b>27.1</b>
EfficientNet-B0 [57]	25.3	<b>26.3</b>
EfficientNet-B4 [11]	29.2	<b>29.4</b>
AVT-b [14]	30.4	<b>30.7</b>

Table 4. Additional action recognition results on EPIC-KITCHENS-100 for models trained with and without ETMs. We show top-1 action classification results for several different architectures.

and nouns. Specifically, we train models on the EGO4D dataset [16] using the long term action anticipation annotations, as well as the Extended GTEA Gaze+ (EGTEA Gaze+) dataset [28].

The ETM is model-agnostic and can be incorporated into any model architecture. We illustrate this by showing how this technique performs on a breadth of models: In Table 4, we show action recognition results for multiple model architectures with and without ETM training. Our framework benefits low-complexity models the most. Adding ETM supervision to an advanced encoder like AVT-b [14] produces slight improvements, but small models like EfficientNet-B0 achieve noticeable gains. We show qualitative performance results with correct and incorrect classifications in the supplementary material.

Dataset	Frozen Encoder?	Baseline			ETM (Ours)		
		Verb $\uparrow$	Noun $\uparrow$	Action $\uparrow$	Verb $\uparrow$	Noun $\uparrow$	Action $\uparrow$
EK100	✓	19.9	20.4	7.2	<b>21.5</b>	<b>20.5</b>	<b>8.1</b>
		20.8	21.3	8.0	<b>22.4</b>	<b>22.7</b>	<b>9.1</b>
EGO4D LTA	✓	17.1	16.6	10.3	<b>18.1</b>	<b>17.8</b>	<b>11.4</b>
		18.2	17.5	11.1	<b>19.9</b>	<b>19.1</b>	<b>12.9</b>
EGTEA Gaze+	✓	42.1	37.6	28.9	<b>43.4</b>	<b>38.9</b>	<b>31.3</b>
		43.5	38.5	30.3	<b>46.5</b>	<b>40.7</b>	<b>34.1</b>

Table 5. Action anticipation results using MoViNet A0 [24] as an encoder, trained with and without our ETM protocol. We show results on multiple datasets. Performance is measured with class-mean recall@5 at 1s for EK100 and EGO4D, and top-1 accuracy at 0.5s for EGTEA Gaze+, following previous work [14]

Encoder	w/o ETM	with ETM
MoViNet A0 [24]	8.0	<b>9.1</b>
MoViNet A2 [24]	10.2	<b>10.8</b>
X3D-XS [11]	6.3	<b>7.4</b>
X3D-S [11]	9.4	<b>9.9</b>
ConvNeXt-S 224 [31]	4.1	<b>5.0</b>
EfficientNet B0 [57]	7.2	<b>8.0</b>
EfficientNet B4 [57]	9.4	<b>10.1</b>
AVT-b [14]	13.4	<b>13.5</b>

Table 6. Additional action anticipation results on EPIC-KITCHENS-100 for encoders trained with and without ETMs. We show class-mean recall@5 results without and with ETM for a variety of encoders. All models are first pretrained on the action recognition task, with and without the ETM protocol.

#### 4.4. Action Anticipation Experiments

We also demonstrate how an encoder pre-trained on our ETM can improve performance in downstream tasks, in this case action anticipation. We follow the anticipation model architecture and the evaluation protocol from [14] and report the accuracies in verb, noun, and action prediction. However, our key difference is that the video encoder was pre-trained on an action recognition task, supplemented with ETM at training time.

Table 5 showcases performance differences between encoders with and without ETM pretraining. Low complexity models, like MoViNet A0 (showcased in Table 5) exhibit improved performance in all three datasets. More comparisons on different model architectures are shown in Table 6 and Figure 4.

#### 4.5. ETM and Model Complexity

To further investigate how model complexity interacts with the proposed ETM training protocol, we train pro-

gressively more complex models in the same architecture families and analyze how task performance varies with model complexity. We perform this analysis with the MoViNet [24] and X3D [11] architecture families: MoViNets scale from A0 to A4 with increasing parameter count and GFLOPs (Billion of Floating Point Operations), while X3Ds scale from XS to XXL. We train MoViNets A0 to A4 and X3Ds XS to M for our experiments. We use the same training setup as Section 3.2, where one instance of each model is trained without the ETM and another with it.

For action recognition, we observe an increase in performance for low complexity models, i.e. A0 to A4, as shown in Figure 4 (a). The gain is larger for lower complexity models. We observe a similar effect for X3D models: the simpler the model is, the larger the improvement appears to be. This effect is visible on both EK100 and EGO4D.

Figure 4 (b) shows that a similar effect occurs with action anticipation: using backbone models trained with our ETM protocol improves performance, especially if the backbone models are small. Once again, we use these models as encoders in the AVT [14] framework, replacing AVT-b (AVT’s transformer-based encoder) with these variants and using AVT-h (AVT’s transformer-based head) as a head. We only show GFLOPs of the encoders. We observe that on both datasets, encoders with lower representational power benefit more from the information about past and future regularities brought by the ETM.

#### 4.6. ETM Alternatives

Our proposed ETM can take many forms. We analyzed the impact of three of the main properties of the matrix on action recognition performance: its size, the decay function used to build it, and the metric for temporal distance between events.

**Matrix Size.** Computing the matrix with every unique event (verb-noun combination) appearing in the training set of EK100 yields a  $13k \times 13k$  matrix. Since single-instance

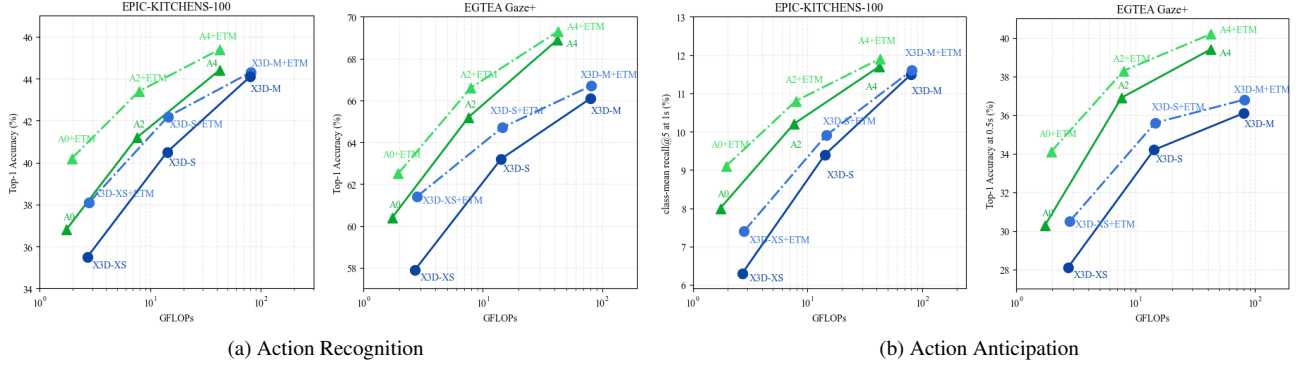


Figure 4. Performance for models on EK100 [14] and EGTEA Gaze+ [28] in the same architecture family. We see that for both MoViNets [24] and X3Ds [11], leveraging the ETM during training improves performance, and the effect is stronger with lower complexity models. MoViNet+ETM (—▲); MoViNet (—▲); X3D+ETM (—●); X3D (—●).

actions may be noisier, we reduced the dimensionality of the matrix by removing events with less than 4 occurrences in the training set, yielding a subset of 2562 actions and a matrix of size  $2562 \times 2562$ . We compare both alternatives in Table 7.

**Decay function alternatives.** We compared linear decay, exponential decay and no decay. We show comparison results in Table 7.

**Measuring temporal distance.** We considered the natural alternative of measuring temporal distance between events A and B in seconds, by looking at the time between the last frame of A and the first frame of B. We observed, however, that the durations of individual actions between A and B could vastly modulate the decay factor applied to  $M(y_A, y_B)$  of our matrix, which might be counterproductive if A and B are causally related but simply separated by one long intermediate action. We therefore considered measuring distance through *index difference* in the sequence of actions for that video, which allows us to abstract away the durations of individual actions.

We compared these alternatives based on their ability to boost performance on action recognition. We trained a ConvNeXt-S (224) [31] encoder with supervision from different ETM alternatives and evaluated action recognition performance (Table 7). Our results show that the choice of decay is generally not impactful unless no decay is used. We find our best performance on a matrix of reduced size, with index as a temporal distance metric, and with exponential decay.

## 5. Conclusions

We test a novel training regime for video understanding, in which model performance can be increased by supervising models with external representations of temporal regularities. We show that using the ETM as a training target allows arbitrary models to learn about the bi-directional tem-

Size	Decay	Temp. Metric	Present (top-1 accuracy)		
			Verb	Noun	Action
13k	Linear	Time	55.1	46.2	28.8
13k	Exponential	Time	55.6	47.7	29.1
2.5k	Exponential	Time	58.6	48.8	31.3
2.5k	No decay	-	58.1	48.0	30.5
2.5k	Linear	Index	60.1	49.3	31.9
2.5k	Exponential	Index	<b>60.3</b>	<b>50.3</b>	<b>32.4</b>

Table 7. Difference in action recognition performance between ETM alternatives. We train ConvNeXts on EPIC-KITCHENS-100 with different versions of our ETM to evaluate the ability of ETM to improve action recognition performance. We evaluate top-1 accuracy on action recognition over the validation set of EK100.

poral context of the action (i.e. the past and future), which improves action recognition and action anticipation performance. Finally, we tested the circumstances under which the ETM provides the largest benefit, and find significant performance boosts for low-complexity models. Amid ongoing efforts to increase the efficiency of computer vision models, we suggest that research which explores efficient architectures [11, 24] could be complemented by research that explores ways to leverage pre-learned representations of environmental regularities.

The biggest benefit of this data structure is in its flexibility and simplicity: it is model-agnostic, computationally inexpensive, and easy to incorporate into the learning regime of any action recognition or anticipation architecture.

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