## Supplementary Material of Diff3DHPE: A Diffusion Model for 3D Human Pose Estimation

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## **1. Proof of Iteration Steps Required by DDIM**

The reverse diffusion process proposed by DDIM [2] is:

$$\hat{\boldsymbol{y}}_{\tau_{i-1}} = \sqrt{\bar{\alpha}_{\tau_{i-1}}} \left( \frac{\hat{\boldsymbol{y}}_{\tau_i} - \sqrt{1 - \bar{\alpha}_{\tau_i}} \hat{\boldsymbol{\epsilon}}_{\tau_i}}{\sqrt{\bar{\alpha}_{\tau_i}}} \right) + \sqrt{1 - \bar{\alpha}_{\tau_{i-1}}} \hat{\boldsymbol{\epsilon}}_{\tau_i},$$
(1)

$$\hat{\boldsymbol{y}}_0 = \frac{\hat{\boldsymbol{y}}_{\tau_1} - \sqrt{1 - \bar{\alpha}_{\tau_1}} \hat{\boldsymbol{\epsilon}}_{\tau_1}}{\sqrt{\bar{\alpha}_{\tau_1}}}, \qquad (2)$$

where  $\tau_i$  is sampled every  $\lceil T/S \rceil$  steps from  $\{t_1, t_2, ..., t_T\}$ ,  $\tau_1 < \tau_2 < ... < \tau_S \in [1, T], S < T, \hat{y}_t$  is the estimated 3D coordinates at step  $t, \hat{y}_{\tau_S} \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$ , and  $\bar{\alpha}_t$  is a predefined noise schedule. In this paper, we select *cos* schedule for  $\bar{\alpha}_t$  proposed by [1]:

$$\bar{\alpha}_t = \frac{f(t)}{f(0)}, f(t) = \cos\left(\frac{t/T+s}{1+s} \cdot \frac{\pi}{2}\right)^2, s = 0.008.$$
 (3)

We assume the 3D coordinate value of a human joint is between [-1000, 1000] mm after centralizing the body. Then, we normalize the coordinate value to [-1, 1], which is required by the diffusion model. Since  $\epsilon \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$ , we have 95% probability that  $|\epsilon| < 2\sigma = 2$ .  $\sigma$  is the standard deviation of  $\epsilon$ . Therefore, we shall have

$$\frac{\sqrt{1-\bar{\alpha}_{\tau_1}}}{\sqrt{\bar{\alpha}_{\tau_1}}} < 10^{-3} \cdot \frac{1}{|\epsilon|} = 5 \times 10^{-4} \tag{4}$$

in Eq. 2, which ensures impact introduced by noise value to the final prediction has 95% probability smaller than 1 mm. To achieve this, the minimum  $\tau_1 = 1$ . Then, we derive

$$\bar{\alpha}_1 = \frac{\cos\left(\frac{1/T+s}{1+s} \cdot \frac{\pi}{2}\right)^2}{\cos\left(\frac{s}{1+s} \cdot \frac{\pi}{2}\right)^2} > \frac{1}{1+(5\times 10^{-4})^2}, \quad (5)$$

$$\frac{\cos\left(\frac{1/T+s}{1+s}\cdot\frac{\pi}{2}\right)}{\cos\left(\frac{s}{1+s}\cdot\frac{\pi}{2}\right)} > \sqrt{\frac{1}{1+(5\times10^{-4})^2}}$$
(6)

from Eq. 4. According to small-angle approximations, we can have

$$\frac{1 - \frac{(\frac{1/T + s}{1 + s} \cdot \frac{\pi}{2})^2}{2}}{1 - \frac{(\frac{s}{1 + s} \cdot \frac{\pi}{2})^2}{2}} > \sqrt{\frac{1}{1 + (5 \times 10^{-4})^2}},$$
(7)

when  $T \gg 1$  and s = 0.008. Thus, we obtain:

$$T > \frac{1}{\frac{2(1+s)}{\pi}\sqrt{2 - \sqrt{\frac{1}{1 + (5 \times 10^{-4})^2}} \left(2 - \left(\frac{s}{1+s} \cdot \frac{\pi}{2}\right)^2\right)} - s} \approx 1.55 \times 10^5,$$
(8)

which can meet the target.

## 2. Hyper-parameter settings

The hyper-parameter search space and the final choice in our experiments are listed in Table 1 and 2.

Table 1. Hyper-parameter search space lr: learning rate. StepEmb: whether or not using step embedding. S: the number of reverse diffusion steps.

Param.	Search Space
lr	1E-4,4E-4,1E-3,4E-3
StepEmb	T, F
S	1,3,4,5,6,7,8,10,15,20,40,80,160,320

## References

- Alexander Quinn Nichol and Prafulla Dhariwal. Improved denoising diffusion probabilistic models. In *International Conference on Machine Learning*, pages 8162–8171. PMLR, 2021. 1
- [2] Jiaming Song, Chenlin Meng, and Stefano Ermon. Denoising diffusion implicit models. In *International Conference on Learning Representations*, 2021.

Table 2. Final hyper-parameters of each model. Diff3DHPE-M: Diff3DHPE with MixSTE backbone. Diff3DHPE-P: Diff3DHPE with PoseFormer backbone. DDIM-M: Diffusion model with DDIM reverse diffusion method and MixSTE backbone. \*: we train the baselines with only L2 loss of 3D pose prediction error and normalize the training target 3D pose ground truth to [-1, 1]. F: the number of frames. bs: batch size. lr: learning rate. dim: embedding dimension. depth: the number of Transformer blocks. StepEmb: whether or not using step embedding. S: the number of reverse diffusion steps. dr: dropout rate. wd: weight decay. lrd: learning rate decay factor.

Model	Dataset	F	bs	lr	dim	depth	StepEmb	$S$	dr	wd	lrd
Diff3DHPE-P	H3.6M CPN	81	1024	4E-3	32	8	Т	5	-		
Diff3DHPE-P	H3.6M GT	81	1024	4E-3				5			
PoseFormer	H3.6M CPN	81	1024	1e-4			N/A	N/A			
PoseFormer	H3.6M GT	81	1024	1e-4							
Diff3DHPE-M	H3.6M CPN	81	64	4E-4		Т		9			
Diff3DHPE-M	H3.6M CPN	243	24	4E-4				5			
Diff3DHPE-M	H3.6M GT	81	64	4E-4			т	5			
Diff3DHPE-M	H3.6M GT	243	24	4E-4				6			
Diff3DHPE-M w/o PDE	H3.6M CPN	81	64	1E-4				6	0.1	0.1	0.1
Diff3DHPE-M w/o PDE	H3.6M CPN	243	24	1E-4				5	_		
DDIM-M	H3.6M CPN	81	64	4E-4	512	16		40			
DDIM-M	H3.6M CPN	243	24	4E-4				80			
MixSTE	H3.6M CPN	81	64	1E-4			N/A	N/A			
MixSTE	H3.6M CPN	243	24	1E-4							
MixSTE	H3.6M GT	81	64	1E-4							
MixSTE	H3.6M GT	243	24	1E-4							
Diff3DHPE-M	3DHP GT	27	64	4E-4			F	7			