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# **Deep Kinematics Analysis for Monocular 3D Human Pose Estimation**

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### Abstract

For monocular 3D pose estimation conditioned on 2D detection, noisy/unreliable input is a key obstacle in this task. Simple structure constraints attempting to tackle this problem, e.g., symmetry loss and joint angle limit, could only provide marginal improvements and are commonly treated as auxiliary losses in previous researches. It still remains challenging to fully utilize human prior knowledge in this task. In this paper, we propose to address above issue in a systematic view. Firstly, we show that optimizing the kinematics structure of noisy 2D inputs is critical to obtain accurate 3D estimations. Secondly, based on corrected 2D joints, we further explicitly decompose articulated motion with human topology, which leads to more compact 3D static structure easier for estimation. Finally, we propose a temporal module to refine 3D trajectories, which obtains more rational results. Above three steps are seamlessly integrated into deep neural models, which form a deep kinematics analysis pipeline concurrently considering the static/dvnamic structure of 2D inputs and 3D outputs. Extensive experiments show that proposed framework achieves state-of-the-art performance on two widely used 3D human action datasets. Meanwhile, targeted ablation study shows that each former step is critical for the latter one to obtain promising results.

## 1. Introduction

Pose estimation is a hot-spot topic in computer vision researches [35, 51, 2, 5]. Particularly, 3D pose estimation for monocular video has drawn tremendous attention in the past decades [21, 18, 37, 33, 1, 6], which involves estimating keypoint trajectories of human subject in 3D space. This research topic possesses several valuable downstream applications, *e.g.*, action recognition [3, 23], human body recon-

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Figure 1: Overview of proposed framework. Our model pursues 3D pose estimation with more reasonable structure and more compact output space, which incorporates kinematics analysis into deep models. Step 1: Noisy/unreliable 2D Inputs (denoted as red dots) are corrected with perspective projection. Step 2: 3D poses are further estimated in a decomposed manner within more compact space. Step 3: Unreliably estimated 3D poses are excluded from previous outputs (denoted by red cross), which are finally refined as a completion task.

struction [16, 13, 47] and robotics manipulation [34].

Recently, many works [11, 5] have used 2D pose detectors to facilitate the 3D human pose estimation task. Several previous researches [28, 25, 46, 38, 7] take detected 2D keypoints as input and predict corresponding 3D joint locations from monocular video, which have promising results and require much less training resources compared to other works fed with RGB images [19, 42, 10, 54]. Our work belongs to this branch with explicit incorporation of kinematics analysis, which would be discussed in detail at latter paragraphs.

Despite considerable progress in 2D-keypoint condi-

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Figure 2: Detailed architecture of proposed framework. Three hierarchical modules (from left to right) correspond to 2D pose correction ( $\phi_{2D}$ ), 3D pose estimation ( $\phi_{3D}^{len}$ ,  $\phi_{3D}^{dir}$ ) and 3D trajectory refinement ( $\phi_{3D}^{etn}$ ) respectively.  $\tilde{p}_{2D}$  is corrected 2D pose and  $\tilde{f}, \tilde{c}$  refer to regressed camera parameters.  $\tilde{l}_{3D}$  and  $\tilde{r}_{3D}$  are estimated length and direction from  $\phi_{3D}^{len}, \phi_{3D}^{dir}$ .  $\tilde{S}_{3D}$  and  $\tilde{s}_{3D}$  stand for 3D pose before/after trajectory completion respectively.

tioned 3D pose estimation, several critical challenges remain yet to be solved. On one hand, 2D detections are generally noisy and unreliable due to motion blur and selfocclusion contained in video sequences. Current methods [25, 46, 33] adopt simple structure constraints, *e.g.*, symmetric bone length [33] and limited joint angle [16], to facilitate 3D joint predictions, which are insufficient to bring significant improvements for this task. On the other hand, the majority of existing approaches directly formulate this task as a coordinate regression problem, which do not fully take the inherent kinematics structure of human subject into consideration and commonly leads to invalid results.

Real-world human motion obeys kinematics laws involving 2D/3D correspondence and static/dynamic structure: (1) For camera-based view, 3D and projected 2D joints should follow the constraint of perspective projection. (2) For static structure, the length between two adjacent 3D joints (defined by skeleton) should be constant throughout the whole motion sequence. (3) For dynamic structure, estimated 3D trajectory formed by the same joint should be smooth and continuous. We are thus motivated to integrate all above laws forming a systematical analysis pipeline from correspondence to structure, which facilitates pursuing 3D poses within more rational solution space.

In this paper, we propose to systematically incorporate kinematics analysis into deep models for effective utilization of human prior knowledge. As illustrated in Fig. 1, we firstly refine 2D inputs to be more reliable rather than only consider the estimation accuracy of 3D keypoints [33, 1]. A novel optimization scheme is designed for 2D keypoints under the constraint of perspective projection, which mainly facilitates kinematics structure correction of noisy 2D inputs. To our best knowledge, it is the first attempt that perspective projection is used for 2D joints refinement rather than 3D counterparts. Experimental results demonstrate that above 2D optimization scheme is critical for the following 3D pose estimation. Secondly, starting from the static structure of human subject, we decompose articulated motion based on rigid body assumption, which breaks unconstrained 3D trajectories down to a tree-structured combination of 2D sphere curves with much lower dimension. More specifically, we split 3D coordinate regression problem into two sub-tasks, i.e., length and direction estimation, which are complementary to each other and reduce the learning difficulty by a large margin. Finally, we notice that not all parts are equally estimated. To pursue valid dynamic structure we exclude those joints with low reliability from above predictions and the whole 3D trajectory is completed based on more reliable parts. Above three steps are seamlessly integrated into deep neural models, which form a systematic analysis pipeline, i.e., our model simultaneously considers the kinematics structure of 2D inputs and 3D outputs.

We conduct detailed ablation study to demonstrate the contribution of each component of proposed framework. Further extensive experiments show that our model achieves state-of-the-art performance on two widely used 3D human motion datasets.

## 2. Related Work

In this section, we discuss the approaches that are based on deep neural networks for 3D pose estimation.

Holistic 3D pose estimation. With the excellent feature extraction capacity of deep neural networks, many approaches [19, 31, 44, 42, 26, 32, 27, 10, 54, 6] utilize Deep Convolutional Neural Networks to estimate 3D poses from the images or other sources (e.g., point clouds [50, 22, 49]) directly. In this paper we concentrate on the image one. Li *et al.* [19] firstly apply CNNs to jointly estimate 3D poses and detect body parts via a multi-task framework. Tekin *et al.* [42] use an overcomplete auto-encoder to learn a high-



Figure 3: Example of perspective projection used to refine 2D inputs. This essentially incorporates 3D supervision signal for 2D pose training, where 2D/3D correspondence is better preserved.

dimensional latent pose representation and account for joint dependencies. Differently, [10] and [54] both utilize intermediate 3D representations and 2D counterparts to regress 3D poses. However, training deep models directly from images requires expensive computation resources and careful hyper-parameter tuning. Differently, our model starts with detected 2D joints as inputs whose pipeline is largely simplified but with comparable performance.

Two-step pose estimation. To avoid collecting 2D-3D paired data, a variety of works [55, 25, 43, 4, 9, 53, 52, 28, 38, 7] decouple the task of 3D pose estimation into two independent stages: (1) firstly predicting 2D joint location in image space using off-the-shelf 2D pose estimation methods; (2) and then learning a mapping to lift them to 3D space. Moreno et al. [28] learn a mapping from 2D to 3D distance matrices. A simple yet effective method [25] can directly predict 3D joint locations via deep CNNs. Regarding the prior knowledge of human structure, Wang et al. [46] propose a progressive approach that explicitly accounts for the distinct DOFs among the body parts. Sharma et al. [38] synthesize diverse anatomically plausible 3Dpose samples conditioned on the estimated 2D poses via a deep conditional variational auto-encoder based model. The generic combination [7] of Graph Convolutional Network (GCN) and Connected Network (FCN) can also improve the representation capability. These approaches mainly focus on the second stage and our method also belongs to this branch. However, few researches have paid attention on the inherent validity of 2D/3D poses in a systemic and comprehensive view, where kinematics structure and view correspondence are generally ignored.

**Video pose estimation.** Since most previous works operate in a single-frame setting, recently more attention [14, 21, 18, 8, 37, 33, 1, 6, 20, 36, 48] has been put on temporal information from monocular video clips. LSTMs [21] have been applied to refine 3D poses predicted

Table 1: Influence of 2D accuracy for 3D pose estimation. Both are evaluated by mean squared error. M = 1 is no 2D refinement is applied.

Window Length	2D Joints Train/Test	3D Joints Train/Test
M=1	0.058 / 0.078	0.027 / 0.053
M=5	0.042 / 0.071	0.024 / 0.052
M=9	0.033 / 0.067	0.023 / 0.052

from single images. There has also been work on RNN approach [18] which considers prior knowledge with body part based structural connectivity. Rayat *et al.* [37] utilize the temporal smoothness constraint across a sequence of 2D joint locations to estimate a sequence of 3D poses. Pavllo *et al.* [33] transform a sequence of 2D poses through temporal convolutions and make computational complexity independent of key-point spatial resolution. Multi-scale features for the graph-based representations [1] are critic to pose estimation by a local-to-global network architecture. Unlike existing temporal based methods, our model explicitly incorporate a kinematics analysis pipeline for 3D pose estimation.

## 3. Method

In this section, we present detailed description of proposed method. The overall framework is illustrated in Fig. 2. In our method and experiments, we focus on pose estimation over a short video clip ( $T \le 9$ ).

#### 3.1. Projection based 2D Pose Correction

**2D Temporal Refinement**. Given a monocular video clip with length of *T* time stamps, we first apply pretrained 2D pose detector (*e.g.*, CPN [5]) to obtain 2D joints. 2D detections on single frame are generally noisy and unreliable due to motion blur and occlusion [11]. We first utilize a temporal CNN model (denoted as  $\phi_{2D}$  as shown in Fig. 2) to refine 2D initial inputs (denoted as  $\tilde{\mathbf{P}} = {\{\tilde{\mathbf{p}}_t\}}_{t=1}^T, \tilde{\mathbf{K}} = {\{\tilde{\mathbf{k}}_t\}}_{t=1}^T, \tilde{\mathbf{p}}_t \in \mathbb{R}^{J \times 2}, \tilde{\mathbf{k}}_t \in \mathbb{R}^J$ .) Here *J* refers to the number of joints for single human. Specifically,  $\tilde{\mathbf{p}}_t = [\tilde{\mathbf{a}}_t, \tilde{\mathbf{b}}_t]$  where  $\tilde{\mathbf{a}}_t$  and  $\tilde{\mathbf{b}}_t$  represent 2D coordinates and  $\tilde{\mathbf{k}}_t$  is corresponding confidence score. We adopt MSE loss weighted by confidence score  $\tilde{\mathbf{K}}$  for trained as follows:

$$\mathcal{L}_{2D}^{Tem} = \sum_{t=1}^{T} \tilde{\mathbf{k}}_t \sqrt{|\mathbf{a}_t - \tilde{\mathbf{a}}_t|_2^2 + |\mathbf{b}_t - \tilde{\mathbf{b}}_t|_2^2}, \qquad (1)$$

where  $\mathbf{a}_t$ ,  $\mathbf{b}_t$  refers to the ground truth 2D joints. Intuitively, this procedure utilizes temporal smoothness to refine detected 2D joints.

Limitation: Train/Test Imbalance. However, above optimization does not directly facilitate performance boosting for final 3D pose estimation. We conduct verification experiments (on Human3.6M dataset [15]) to support our statements. Specifically, we adopt single-frame 3D pose estimation model [33] with refined 2D joints as inputs. As shown in Tab. 1, estimation accuracy of 2D and 3D joints on both train and test set are reported. We can observe that with increase of window length, the training accuracy boosts for both 2D and 3D joints. But the improvement on 3D test set is marginal (last column). We attribute this for **imbalanced inputs on Train/Test set**. The large accuracy gap between train and test inputs (first two columns) is unknown to the following 3D pose estimation model, which leads to suboptimal results.

**Solution: Projection Constraint**. To this end, we propose to refine the 2D inputs in a different point of view, *i.e.*, 2D/3D correspondence is critical for rational pose estimation (as shown in Fig. 3). We denote 3D joints as  $\mathbf{S} = {\mathbf{s}_t}_{t=1}^T, \mathbf{s}_t = [\mathbf{x}_t, \mathbf{y}_t, \mathbf{z}_t] \in \mathbb{R}^{J \times 3}$ . For each time stamp *t*, projected 2D joints  $\mathbf{p}$  and 3D joints  $\mathbf{s}$  should obey perspective projection as follows:

$$\mathbf{a} = \frac{\mathbf{x}}{\mathbf{z}} f_x + c_x, \mathbf{b} = \frac{\mathbf{y}}{\mathbf{z}} f_y + c_y, \qquad (2)$$

where  $\mathbf{f} = [f_x, f_y]$  and  $\mathbf{c} = [c_x, c_y]$  are focal length and point respectively. We omit subscript t for simplicity. Our main idea is to recover  $\mathbf{f}$  and  $\mathbf{c}$  from refined 2D inputs and ground truth 3D joints during training. Intuitively, well estimated  $\tilde{\mathbf{f}}$  and  $\tilde{\mathbf{c}}$  indicate the projection correspondence is generally preserved. The remaining problem is how to obtain  $\tilde{\mathbf{f}}$  and  $\tilde{\mathbf{c}}$  efficiently.

Linear squares regression is a simple yet effective approach for above issue. Take the projection x-axis coordinates for example. As indicated by Eqn. 2, paired data points  $(\mathbf{a}, \frac{\mathbf{x}}{\mathbf{z}}) = \{(a^j, \frac{x^j}{z^j})\}_{j=1}^J$  involving single human subject follows a straight line whose intercept and slope correspond to  $f_x$  and  $c_x$  respectively. For simplicity we omit the dominator, *i.e.*,  $\frac{x^j}{z^j} : x^j$ . Given refined 2D detections  $\tilde{\mathbf{p}}$  and ground truth 3D joints s, we estimate  $f_x$  and  $c_x$  as follows:

$$\tilde{f}_x = \frac{\bar{a}(\sum_{j=1}^J x^j)^2 - \bar{x} \sum_{j=1}^J x^j \tilde{a}^j}{\sum_{j=1}^J (x^j)^2 - J\bar{x}^2}, \tilde{c}_x = \bar{a} - \tilde{f}_x \bar{x}, \quad (3)$$

where  $\bar{a} = \frac{1}{J} \sum_{j=1}^{J} \tilde{a}^j$ ,  $\bar{x} = \frac{1}{J} \sum_{j=1}^{J} x^j$ . We obtain ground truth  $f_x$  and  $c_x$  the same as Eqn. 3 with ground truth **p** and **s** as inputs. We adopt L1 loss for training as follows:

$$\mathcal{L}_{2D}^{proj} = |f_x - \tilde{f}_x| + |c_x - \tilde{c}_x|.$$

$$\tag{4}$$

Furthermore, estimated  $\tilde{f}_x$  and  $\tilde{c}_x$  at each time stamp should be constant for the whole monocular video clip, which is also utilized for training. More specifically, we randomly



Figure 4: Illustration of articulated motion for a pair of parent-children joints. The motion trajectory of children joint relative to its parent degenerates to spherical curve.

select two time stamps, where estimated  $\tilde{f}_x$  and  $\tilde{c}_x$  are penalized with L1 difference. As shown in Fig. 2,  $\phi_{2D}$  adopts an encoder-decoder architecture, the temporal length of outputs are equal to that of inputs. For detailed architecture please refer to supplementary material.

Note that datasets used in our paper (Human3.6M [15] and HumanEva [39] Dataset) are recorded by cameras with fixed and almost identical  $(\mathbf{f}, \mathbf{c})$ , which indicates a **global projection relation** existing between all 2D and 3D poses. The refinement model is trained towards **a single projection relation**. If video sequences are recorded by cameras with varied  $(\mathbf{f}, \mathbf{c})$ , we could feed the  $(\mathbf{f}, \mathbf{c})$  as inputs to guarantee the generalization ability of proposed model. As intrinsic parameters,  $(\mathbf{f}, \mathbf{c})$  are generally low cost to obtain [33]. This part is leaved as future work worth studying.

#### 3.2. Decomposed 3D pose estimation

Based on refined 2D joints, our second model (denoted as  $\phi_{3D}^{dcm}$ ) predicts corresponding 3D keypoints. As discussed in Sec. 1, 3D articulated motion involved in monocular video clip is structure constrained. Fig. 4 depicts this kinematics law more explicitly. The motion trajectory of children joint relative to its parent (defined by human skeleton) forms a spherical curve.

**Explicit Pose Decomposition**. Motivated by this, we decompose original coordinate regression problem into two complementary sub-tasks, *i.e.*, length and direction regression. Specifically, for a 3D sequence  $\mathbf{S} \in \mathbb{R}^{T \times J \times 3}$ , we first obtain the relative coordinate according to predefined skeleton topology, *i.e.*,  $\Delta \mathbf{S}^{j_c} = \mathbf{S}^{j_c} - \mathbf{S}^{j_p}$ , where  $j_c$  refers some child joint and  $j_p$  indicates its parent joint (shown in Fig. 4). Suppose the skeleton defined by joint pair  $\{j_c, j_p\}$  is of length  $l^{j_c}$ ,  $\Delta \mathbf{S}^{j_c}$  could be rewritten as  $\Delta \mathbf{S}^{j_c} = \{l^{j_c} \mathbf{r}_t^{j_c}\}_{t=1}^T$ , where  $\mathbf{r}_t^{j_c}$  is the unit vector representing direction of skeleton between  $(j_c, j_p)$  at time stamp t.  $l^{j_c}$  is kept constant across the whole video clip. Therefore we predict  $l^{j_c}$  and  $\mathbf{r}_t^{j_c}$  as intermediate results, which are composed together according to human skeleton for final estimation (Eqn. 5).

Global-local Combined 2D inputs. We extend inputs



Figure 5: Per-joint estimation error in terms of MPJPE. Notably, the estimation error of four limbs (indexed by 0/1/4/5/6/7/10/11 with red bar) is significantly higher than other joints. Dashed black line indicates mean MPJPE for all joints.

 $\tilde{\mathbf{P}}$  with similar manner as  $\mathbf{S}$ , *i.e.*,  $[\tilde{\mathbf{P}}, \Delta \tilde{\mathbf{P}}, ||\Delta \tilde{\mathbf{P}}||_2^2] \in \mathbb{R}^{T \times J \times 5}$ .  $\Delta \tilde{\mathbf{P}} \in \mathbb{R}^{T \times J \times 2}$  is obtained the same as  $\Delta \mathbf{S}$  and  $||\Delta \tilde{\mathbf{P}}||_2^2 \in \mathbb{R}^{T \times J \times 1}$  is calculated pixel length for each skeleton. Above operation combines both global and local information as inputs, which provides more structured information for 3D pose estimation.

Length & Direction Estimation. We adopt a twostream architecture for length and direction estimation, where two sub-modules are denoted as  $\phi_{3D}^{len}$  and  $\phi_{3D}^{dir}$  respectively. For length estimation, we first extract pose feature for each time stamp, and then conduct feature aggregation at middle level representation, which are finally used to predict skeleton length  $\tilde{\mathbf{I}} = {\tilde{U}^j}_{j=1}^J$ . In contrast, skeleton direction is estimated independently at each time stamp and the unit vector  $\tilde{\mathbf{r}}_t = {\tilde{\mathbf{r}}_t^j}_{j=1}^J$  is obtained through a L2 normalization layer. For detailed architecture of  $\phi_{3D}^{len}$  and  $\phi_{3D}^{dir}$ , please refer to supplementary material. Up to now we obtain  $\Delta \tilde{\mathbf{S}} = \tilde{\mathbf{I}}\tilde{\mathbf{R}}$ , where  $\tilde{\mathbf{R}} = {\tilde{\mathbf{r}}_t}_{t=1}^T$ . Final estimation  $\tilde{\mathbf{S}}$  is obtained through iterative summarization over  $\Delta \tilde{\mathbf{S}}$  according to human topology as follows:

$$\tilde{\mathbf{S}}^{j_c} = \Delta \tilde{\mathbf{S}}^{j_c} + \tilde{\mathbf{S}}^{j_p}.$$
(5)

Correspondingly, we adopt intermediate loss functions to facilitate the training procedure. For length estimation, we use L1 loss (denoted as  $\mathcal{L}_{3D}^{len} = |\tilde{\mathbf{l}} - \mathbf{l}|$ ) to obtain more accurate results. For direction estimation, a cosine similarity loss (denoted as  $\mathcal{L}_{3D}^{dir} = \langle \tilde{\mathbf{r}}, \mathbf{r} \rangle - 1$ ) is applied on  $\tilde{\mathbf{R}}$ , which penalizes angle difference rather than distance. For final composed prediction, we use L2 loss (denoted as  $\mathcal{L}_{3D}^{fin}$ ) for training. All three loss functions are shown as follows. For detailed architecture of  $\phi_{3D}^{dir}$  and  $\phi_{3D}^{len}$  please refer to supplementary material.

$$\mathcal{L}_{3D}^{dcm} = \mathcal{L}_{3D}^{len} + \mathcal{L}_{3D}^{dir}, \mathcal{L}_{3D}^{fin} = ||\tilde{\mathbf{S}} - \mathbf{S}||_2^2.$$
(6)

**Discussion on Pose Decomposition**. The most related work for this part is Sun *et al.* [41], which conducts pose

estimation in an compositional way. However, our work differentiates from Sun *et al.* [41] in following three aspects: (1) Our work concentrate on monocular pose estimation rather than single image. (2) Instead of direct coordinate regression, we explicitly decomposes output space with rigid body structure, whose dimension is reduced from  $3 \times T \times J$  to  $2 \times T \times J + J$ , where the first part is about direction estimation while the second part corresponds to length estimation. More compact output space facilitates 3D pose estimation model to obtain more rational results by a large margin. (3) We design targeted losses  $\mathcal{L}_{3D}^{dir}$  and  $\mathcal{L}_{3D}^{len}$  based on above length/direction decomposition, which reduces the learning difficulty by a large margin.

### 3.3. Pose Refinement as Trajectory Completion

Based on pose decomposition we estimate the skeleton direction at each time stamp independently, which needs further refinement. In this section, we consider above problem as trajectory completion task, where refinement is applied on unreliably estimated joints.

Which joints should be refined? Not all joints are estimated equally. As shown in Fig 5, we can observe that the estimation error of four limbs (*i.e.*, joints 0/1/4/5/6/7/10/11 also as shown in Fig. 4) is significantly higher than others. Therefore, we focus on four-limb regularization. Meanwhile, the confidence score  $\tilde{\mathbf{K}}$  (mentioned in Sec. 3.1) produced by 2D detectors is an informative indicator for unreliable estimation of joints location. To this end, we optimize four-limb joints assigned with low 2D confidence score.

Trajectory Completion with Reliable Estimation. Given estimated 3D joints  $\tilde{\mathbf{S}} \in \mathbb{R}^{T \times J \times 3}$ , we first apply a dropout layer [40] directly on the joints associated with four limbs. The dropout rate is  $1-\tilde{\mathbf{K}}$  rather than a constant value, *i.e.*, unreliable joints are excluded from  $\tilde{\mathbf{S}} \in \mathbb{R}^{T \times J \times 3}$  which are further completed with reliable ones. The completion model is denoted as  $\phi_{3D}^{ctn}$  consisting of a bi-directional LSTM [12] network (shown in Fig. 2). We denote completed output as  $\hat{\mathbf{S}}$ , which trained as follows:

$$\mathcal{L}_{3D}^{ctn} = ||\hat{\mathbf{S}} - \mathbf{S}||_{2}^{2} + ||\mathcal{H}(\hat{\mathbf{S}}) - \mathcal{H}(\mathbf{S})||_{2}^{2} + ||\mathcal{F}(\hat{\mathbf{S}}) - \mathcal{F}(\mathbf{S})||_{2}^{2},$$
(7)

where  $\mathcal{H}$  and  $\mathcal{F}$  refer to first and second order difference over temporal axis respectively. Intuitively, high-order continuity facilitates better modelling of dynamic structure for human subject.

### **3.4. Implementation Details**

Our model is end-to-end trainable and the overall loss function is  $\mathcal{L}_{2D}^{tem} + 0.1\mathcal{L}_{2D}^{proj} + 0.1\mathcal{L}_{2D}^{pel} + \mathcal{L}_{3D}^{dcm} + \mathcal{L}_{3D}^{fin} + 0.1\mathcal{L}_{3D}^{ctn}$ . We adopt PyTorch [29] to implement our proposed framework. During training phase, learning rate, learning decay and weight decay are set to  $1e^{-3}$ , 0.93,  $1e^{-4}$  respectively. Dropout rate is set to 0.25 except the one mentioned

Protocol 1: MPJPE	Dir.	Disc.	Eat	Greet	Phone	Photo	Pose	Purch.	Sit	SitD.	Smoke	Wait	WalkD.	Walk	WalkT.	Avg
Martinez et al. [25] ICCV'17 (T=1)	51.8	56.2	58.1	59.0	69.5	78.4	55.2	58.1	74.0	94.6	62.3	59.1	65.1	49.5	52.4	62.9
Luvizon et al. [24] CVPR'18 (T=1)	49.2	51.6	47.6	50.5	51.8	60.3	48.5	51.7	61.5	70.9	53.7	48.9	57.9	44.4	48.9	53.2
Hossain & Little [37] ECCV'18 (T=5)	48.4	50.7	57.2	55.2	63.1	72.6	53.0	51.7	66.1	80.9	59.0	57.3	62.4	46.6	49.6	58.3
Lee et al. [18] ECCV'18 (T=3)	40.2	49.2	47.8	52.6	50.1	75.0	50.2	43.0	55.8	73.9	54.1	55.6	58.2	43.3	43.3	52.8
Pavllo et al. [33] CVPR'19 (T=1)	47.1	50.6	49.0	51.8	53.6	61.4	49.4	47.4	59.3	67.4	52.4	49.5	55.3	39.5	42.7	51.8
Pavllo et al. [33] CVPR'19 (T=9)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	49.8
Cai et al. [1] ICCV'19 (T=1)	46.5	48.8	47.6	50.9	52.9	61.3	48.3	45.8	59.2	64.4	51.2	48.4	53.5	39.2	41.2	50.6
Cai et al. [1] ICCV'19 (T=7)	44.6	47.4	45.6	48.8	50.8	59.0	47.2	43.9	57.9	61.9	49.7	46.6	51.3	37.1	39.4	48.8
Ours, 1-frame	40.6	47.1	45.7	46.6	50.7	63.1	45.0	47.7	56.3	63.9	49.4	46.5	51.9	38.1	42.3	49.2
Ours, 7-frames	38.2	44.4	42.8	43.7	47.6	60.3	42.0	45.4	53.2	60.8	46.4	43.5	48.5	34.6	38.6	46.3
Ours, 9-frames	37.4	43.5	42.7	42.7	46.6	59.7	41.3	45.1	52.7	60.2	45.8	43.1	47.7	33.7	37.1	45.6

Protocol 2: PA-MPJPE	Dir.	Disc.	Eat	Greet	Phone	Photo	Pose	Purch.	Sit	SitD.	Smoke	Wait	WalkD.	Walk	WalkT.	Avg
Sun et al. [41] ICCV'17 (T=1)	42.1	44.3	45.0	45.4	51.5	53.0	43.2	41.3	59.3	73.3	51.0	44.0	48.0	38.3	44.8	48.3
Fang et al. [9] AAAI'18 (T=1)	38.2	41.7	43.7	44.9	48.5	55.3	40.2	38.2	54.5	64.4	47.2	44.3	47.3	36.7	41.7	45.7
Pavlakos et al. [30] CVPR'18 (T=1)	34.7	39.8	41.8	38.6	42.5	47.5	38.0	36.6	50.7	56.8	42.6	39.6	43.9	32.1	36.5	41.8
Hossain & Little [37] ECCV'18 (T=5)	35.7	39.3	44.6	43.0	47.2	54.0	38.3	37.5	51.6	61.3	46.5	41.4	47.3	34.2	39.4	44.1
Pavllo et al. [33] CVPR'19 (T=1)	36.0	38.7	38.0	41.7	40.1	45.9	37.1	35.4	46.8	53.4	41.4	36.9	43.1	30.3	34.8	40.0
Cai et al. [1] ICCV'19 (T=1)	36.8	38.7	38.2	41.7	40.7	46.8	37.9	35.6	47.6	51.7	41.3	36.8	42.7	31.0	34.7	40.2
Cai et al. [1] ICCV'19 (T=7)	35.7	37.8	36.9	40.7	39.6	45.2	37.4	34.5	46.9	50.1	40.5	36.1	41.0	29.6	33.2	39.0
Ours, 1-frame	33.6	37.4	37.0	37.6	39.2	46.4	34.3	35.4	45.1	52.1	40.1	35.5	42.1	29.8	35.3	38.9
Ours, 7-frames	31.7	35.3	35.0	35.3	36.9	44.2	32.0	33.8	42.5	49.3	37.6	33.4	39.6	27.6	32.5	36.7
Ours, 9-frames	31.0	34.8	34.7	34.4	36.2	43.9	31.6	33.5	42.3	49.0	37.1	33.0	39.1	26.9	31.9	36.2

Table 2: Quantitative comparisons of Mean Per Joint Position Error (MPJPE) in millimeter between the estimated pose and the ground-truth on Human3.6M under P1 and P2, where T denotes the number of input frames used in each method. Lower is better and best is bold highlighted.

Protocol 2		Walk			Jog		Box			
PA-MPJPE	S1	S2	<b>S</b> 3	<b>S</b> 1	S2	<b>S</b> 3	S1	S2	S3	
Pavlakos et al. [31]	22.3	19.5	29.7	28.9	21.9	23.8	_	_		
Pavlakos et al. [30]	18.8	12.7	29.2	23.5	15.4	14.5	-	_	-	
Lee et al. [18]	18.6	19.9	30.5	25.7	16.8	17.7	42.8	48.1	53.4	
Pavllo et al. [33]	13.9	10.2	46.6	20.9	13.1	13.8	23.8	33.7	32.0	
Ours,9-frames	13.2	10.2	29.9	12.6	12.3	13.0	13.2	18.1	20.4	

Table 3: Prediction accuracy on HumanEva Dataset [39] in terms of Protocol # 2 evaluation. Note that we train one model with all three actions (*i.e.*, Walk, Jog and Box) models. Lower is better and best is bold highlighted.

in Sec. 3.3. We adopt the same strategy for BN momentum decay as in [33]. Adam Optimizer [17] is used for all modules. The whole model is trained with 200 epoches.

## 4. Experiments

## 4.1. Datasets & Evaluation Metrics

Human3.6M Datasets [15]. In our work, we follow the experimental setup in previous researches [10, 45, 33]. More specifically, we use Subject 1/5/6/7/8 for training and Subject 9/11 for testing. Without access to action labels and camera parameters, all video sequences are used for training one single model.

	MPJPE(P1)	PA-MPJPE(P2)
Baseline	51.8	40.0
2D Refine	49.9	39.4
2D Refine + 3D Decompose	47.1	37.5
2D Refine + 3D Decompose + 3D Completion	45.6	36.2

Table 4: Ablation study on the contribution of proposed three modules in terms of both P1 and P2. Note that Baseline refers to single-frame results of Pavllo *et al.* [33].

HumanEva-I Datasets [39]. Compared to Human3.6M dataset [15], HumanEva-I [39] is more light-weight containing three erect actions: Walk, Jog, Box. We follow the same data preprocessing strategy used in [33] for train/test split. We report the estimation accuracy with T = 9.

**Evaluation Metrics.** Following the majority of previous works [24, 37, 18, 1, 33] we evaluate our model in terms of mean per joint position error (MPJPE, P1 for short) commonly denoted as protocol #1. Several researches [41, 9, 30, 37, 33, 1] estimate 3D pose after alignment involving rotation and translation (PA-MPJPE, P2 for short), which is termed as protocol #2. Both protocols are utilized in our work.



Figure 6: Visualization of predicted 3D poses on monocular video clip. Each row corresponds to one action sequence.

### 4.2. Quantitative Evaluation

Results on Human3.6M Dataset [15]. As shown in Tab. 2, we report pose estimation results in terms of Protocol #1 and #2. Note that previous works evaluate this task with different temporal length. For fairness we compare with them under the same inputs. When T = 1 trajectory completion model  $\phi_{3D}^{ctn}$  is nonfunctional. Benefited from 2D correction and 3D decomposition, our model outperforms prior art (Cai et al. [1]) under both P1 and P2 evaluation when T = 1. Boosted by explicit kinematics analysis, the estimation accuracy outperforms Pavllo et al. [33] by 8.4%(4.2mm) when T = 9. A notable performance improvement over Cai *et al.* [1] is also presented for T = 7, *i.e.*, 46.3mm v.s. 48.8mm. Regarding evaluation with action classes, our final model (T = 9) achieves best performance on the majority of them. Especially on several relatively harder actions, e.g, sitting and sitting down with severe occlusion, our model is robust enough to obtain better results compared to Pavllo et al. [33] which merely considers temporal smoothness rather than estimation reliability. This is further validated in our own model. From T = 1 to T = 9, estimation accuracy is enhanced constantly under both P1 and P2 evaluation, which is mainly facilitated by decomposed 3D pose estimation and 3D trajectory completion.

**Results on HumanEva Dataset [39].** As shown in Tab. 3, we report pose estimation results in terms of Protocol #2. Compared to Human3.6M Dataset [15], HumanEva Dataset [39] is relatively easier to learn, where estimation accuracy is near saturated. Still, performance gain is observed for all three actions over Pavllo *et al.* [33]. By explicitly incorporating kinematics analysis into deep models, reasonable spatial-temporal structure is well preserved and output space is more compact, which finally lead to higher estimation accuracy.

#### 4.3. Qualitative Evaluation

We further present direct visualization results of monocular 3D pose estimation. As illustrated in Fig. 6, three sequences with diverse actions are presented. Meanwhile, for each time stamp we demonstrate both refined 2D pose and

	1-Frame	3-Frames	5-Frames	7-Frames	9-Frames
Pavllo et al. [33]	51.80	-	-	_	49.80
Cai <i>et al</i> . [1]	50.62	49.08	48.86	48.78	-
Ours	49.21	47.87	46.83	46.26	45.61

Table 5: Prediction accuracy with different input length and in terms of MPJPE. We compare our model with Pavllo *et al.* [33] and Cai *et al.* [1].

corresponding 3D prediction. Our model makes it to produce visually natural estimation which is mainly benefited from explicit kinematics constraint. For example, sitting down sequence (second row in Fig. 6) is well estimated for both 2D and 3D joints, where the structure of four limbs is properly handled by our model (requiring awareness of human topology). More visual results are provided in supplementary material for reference.

### 4.4. Ablation Study

Analysis on all modules. Recall that our model consists of three modules:  $\phi_{2D}$ ,  $\phi_{3D}^{dcm}$  and  $\phi_{3D}^{ctn}$ . To validate the contribution of each module, we present corresponding ablation study on Human3.6M Dataset [15]. As shown in Tab. 4, both accuracy on P1 and P2 are reported. Baseline refers to single frame estimation model of Pavllo *et al.* [33]. We can notice that each module offers positive contribution under evaluation of P1 and P2. Notably, the most significant improvement comes from 3D decomposition module  $\phi_{3D}^{dcm}$ , which benefits from  $\phi_{2D}$  with more reasonable 2D/3D correspondence and further leads to more compact output space.

**Analysis on temporal length**. As shown in Tab. 5, we report the estimation accuracy w.r.t. different input lengths. We can notice that with the increase of temporal horizon, our model constantly performs better than those with shorter inputs. For the identical input length, our model also produces more accurate results than prior arts, *i.e.*, Pavllo *et al.* [33] and Cai *et al.* [1].

Analysis on projection based 2D correction. One remaining but critical problem is: how does projection based



Figure 7: Analysis on projection based 2D correction. A/C correspond to  $f_x$ ,  $c_x$  estimation without/with constraint of perspective projection. B/D correspond to two typical examples of projection correspondence between 2D and 3D joints without/with constraint of perspective projection.



Figure 8: Analysis on decomposed 3D estimation. The length (upper part) and direction (lower part) estimation of left shank (skeleton between joint 4 and joint 5) are presented.

2D correction facilitate 3D pose estimation? As shown in Fig 7(A and C), we plot estimated/ground thruth focal length  $f_x$  and point  $c_x$  on test set for evaluation. Fig 7A corresponds to training without  $\mathcal{L}_{2D}^{proj}$  while Fig 7C shows results trained with it. Orange dot corresponds to ground truth and blue cross are estimated results. Boosted by  $\mathcal{L}_{2D}^{proj}$ , the estimated projection structure in camera view is more accurate. Moreover, we present two typical examples of correspondence between 2D and 3D joints in Fig. 7 (B and D). Following Eqn. 2, X-axis represents  $\mathbf{x}/\mathbf{z}$  while Y-axis is a. Notation is used the same as Fig. 7 (A and C). All joints be-

	1-Frame	3-Frames	5-Frames	7-Frames	9-Frames
Full model w/o $\phi_{3D}^{ctn}$	7.80	5.11	4.03	3.57	3.29
Full model	7.80	3.70	2.45	2.13	2.01

Table 6: Prediction accuracy (Human3.6M Dataset [15]) with different input length in terms of MPJVE [33]. The first row corresponds to training without trajectory model  $\phi_{3D}^{ctn}$ , while the second row refers to full model. Note that  $\phi_{3D}^{ctn}$  is nonfunctional when T = 1, whose estimation accuracy is identical to the first row.

long to one single frame. Orange dots referring ground truth lie in a straight line. Similarly, Fig. 7D depicts test results trained with  $\mathcal{L}_{2D}^{proj}$  while Fig. 7B not. It clearly shows that 2D correction based on projection correspondence is more reasonable and accurate.

Analysis on decomposed 3D estimation. To analyze the contribution of  $\phi_{3D}^{dcm}$ , we present both length and direction results shown in Fig. 8. Red line corresponds to ground truth, blue line is single-frame estimation, green line refers to the results of Pavllo et al. [33] and orange line is ours. For length estimation, our model is robust to the variation of 2D poses. One the contrary, both single-frame estimation and the model of Pavllo et al. [33] fails to produce valid length estimation which should keep constant throughout the whole video clip. Based on accurate length estimation, our model is capable of finding joint angle within more compact space. As shown in Fig. 8B where the direction is calculated as angle between left shank and Y-axis, our model performs better than all other baselines by a large margin, i.e, estimated direction is closer to ground truth (red line) with smaller variation.

Analysis on 3D trajectory completion. Following Pavllo *et al.* [33], we evaluate trajectory estimation accuracy in terms of MPJVE, *i.e.*, velocity error, to further validate the contribution of  $\phi_{3D}^{ctn}$ . As shown in Tab. 6, facilitated by  $\phi_{3D}^{ctn}$  our model achieves lower velocity error with all experimented temporal lengths (from T = 3 to T = 9).

### 5. Conclusion

In this paper, we propose a deep kinematics analysis framework for monocular 3D pose estimation. By explicitly incorporating kinematics regularization into deep models, we achieves more reliable estimation with noisy 2D joints as inputs. Extensive experiments show that our model achieves state-of-the-art performance on two widely used 3D human action datasets.

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