Personalizing Human Video Pose Estimation

James Charles  
University of Leeds  
j.charles@leeds.ac.uk

Tomas Pfister  
University of Oxford  
tp@robots.ox.ac.uk

David Hogg  
University of Leeds  
d.c.hogg@leeds.ac.uk

Derek Magee  
University of Leeds  
d.r.magee@leeds.ac.uk

Andrew Zisserman  
University of Oxford  
az@robots.ox.ac.uk

Abstract

We propose a personalized ConvNet pose estimator that automatically adapts itself to the uniqueness of a person’s appearance to improve pose estimation in long videos.

We make the following contributions: (i) we show that given a few high-precision pose annotations, e.g. from a generic ConvNet pose estimator, additional annotations can be generated throughout the video using a combination of image-based matching for temporally distant frames, and dense optical flow for temporally local frames; (ii) we develop an occlusion aware self-evaluation model that is able to automatically select the high-quality and reject the erroneous additional annotations; and (iii) we demonstrate that these high-quality annotations can be used to fine-tune a ConvNet pose estimator and thereby personalize it to lock on to key discriminative features of the person’s appearance. The outcome is a substantial improvement in the pose estimates for the target video using the personalized ConvNet compared to the original generic ConvNet.

Our method outperforms the state of the art (including top ConvNet methods) by a large margin on three standard benchmarks, as well as on a new challenging YouTube video dataset. Furthermore, we show that training from the automatically generated annotations can be used to improve the performance of a generic ConvNet on other benchmarks.

1. Introduction

Recent advances in 2D human pose estimation exploit complex appearance models [2, 24, 35, 38] and more recently convolutional neural networks (ConvNets) [10, 13, 21, 23, 27, 32, 33, 44, 45]. However, even the state of the art ConvNets often produce absurdly erroneous predictions in videos – particularly for unusual poses, challenging illumination or viewing conditions, self-occlusions or unusual shapes (e.g. when wearing baggy clothing, or unusual body proportions). This is due to the lack of large quantities of annotated data, which is critical for training ConvNets; and, as we show below, the models failing to exploit person-specific information.

To address these issues, this paper proposes an occlusion-aware method for automatically learning reliable, person-specific pose estimators in long videos. Using the fact that people tend not to change appearance over the course of a video (same clothes, same body shape), we show that the large quantity of data in the video can be exploited to ‘personalize’ a pose estimator, thereby improving performance for unusual poses. The key idea is to ‘spread’ a small number of high quality automatic pose annotations throughout the video using spatial image matching techniques and temporal propagation (see Fig 1), and use this new annotation to fine-tune a generic ConvNet pose estimator. We demonstrate that such personalization yields significant improvements in detection performance over the original generic pose estimation method.

Our idea stems from the observation that current pose estimation methods fail to exploit person-specific information, such as jewelery, clothing, tattoos etc. For example, if one learns a person is wearing an item of clothing which is easily tracked, such as a necklace, then this information can be used to help localize the head and shoulders. Similarly, for a distinctive pattern or color on an item of clothing, or a tattoo/watch on a wrist. The personalization algorithm essentially ‘locks on’ to these person-specific features, and exploits them to more accurately determine the pose.

Operationalizing personalization requires a novel set of methods: (i) spatial matching for body parts; (ii) temporal propagation based on dense optical flow; and (iii) an occlusion-aware pose model for self-evaluation to verify or excise erroneous annotations. We evaluate the personalization algorithm on both long and short videos from YouTube, sign language TV broadcasts and cooking videos, and show that our method significantly outperforms state of the art generic pose estimators.

More generally, the approach provides a ‘production system’ for effortlessly and automatically generating copious quantities of high quality annotated pose data, for example starting from the abundant repository of long video sequences containing the same person on YouTube (e.g. comedy and cooking shows; DJs; single player sports such as golf, aerobics, gymnastics; training videos etc.). These an-
notations can be used for large scale training of a generic ConvNet pose estimator, thereby overcoming current limitations due to limited and restricted training regimes which rely upon manual annotation. The code, models and data are available at https://www.robots.ox.ac.uk/~vgg/research/personalization.

Related work. The fact that human appearance tends to stay unchanged through videos has been used in the past to aid pose estimation [1, 36, 41]. Ramanan et al. [36] train discriminative body part detectors by first detecting ‘easy’ poses (such as a ‘scissors’ walking pose) and then using the appearance learnt from these poses to track the remaining video with a pictorial structure model. Shen et al. [41] iteratively re-train a pose estimator from confident detections, and also include temporal constraints. In the same spirit as [36], we too initialize from high-precision poses and re-train a discriminative model (a ConvNet pose estimator) – but rather than training a personalized part detector from these poses alone, we first spread the initial annotation throughout the whole video [3] using image matching [42] and optical flow [8, 49] to generate far more annotated frames. Since long video sequences contain an abundance of data, we can simply delete poor pose annotations (rather than trying to correct them); and even if some of the remaining annotations are incorrect, our ConvNet is able to deal with the label noise. Prior work [22] has used evaluator algorithms to remove entire erroneous pose estimates, whereas here we evaluate individual body part annotations. Furthermore, in a similar manner to poselets [2, 18, 34, 40], our matching framework captures dependencies between both connected and non-connected body parts.

More generally, the idea of starting from general classifiers, and then ‘personalizing’ them has been used in other areas of computer vision, such as pedestrian detection [20] or object tracking [26]. Kalal et al. [26] proposed a tracking-learning-detection paradigm for learning a set of object templates online, e.g. for vehicles. Typically, in this type of approach, object models are initialized from a single frame [15, 25], and then matched to the next frame before being re-learnt. Supancic and Ramanan [43] improve this by proposing to revisit tracked frames and re-learn a model to correct previous errors. In a similar way, our approach utilizes the whole video to learn body part appearance, but differs to previous work in that we match to all frames in a video sequence in one step, and not just frame to frame.

Self-occlusion is a challenging problem for pose estimation, with some methods addressing the issue by incorporating a state in their body model to signal body part occlusion [12, 28], or by including an explicit occlusion part template [17]. Alternatively one can opt to use multiple body models, each one handling a different type of part occlusion [9, 46]. Fine-scale occlusion reasoning (pixel level) is also possible when the depth order is known [4] or unknown [12, 29]. Another approach is to train better discriminative part detectors which learn the occlusion patterns from large datasets [16]. In our case we use an occlusion-aware pose model trained only to signal body part occlusion. In this setting, occlusion inference and pose estimation are decoupled, resulting in fast inference while also handling occluded parts correctly.

2. Personalizing Pose Estimation

We start with an overview of the personalization algorithm before going into details below. Fig 1 shows an overview of the process, which has six distinct stages:

1. Initial pose annotation. Initial pose annotations for the video are obtained with generic pose estimators for a few frames (yellow regions in Fig 1). By design, these annota-

Figure 1. Personalized video pose estimation. Left: Overview. A few video frames are annotated with confident pose estimates from one or more generic pose estimators in stage 1. Pose annotations are spread throughout the video in two more stages: Stage 2 uses spatial matching (illustrated with the wrist joint), stage 3 propagates annotation temporally. Stage 4 self-evaluates the new annotations to discard errors. These stages are iterated, and resulting annotations used to train a personalized pose estimator. Right: the improvement in wrist accuracy after each stage on the YouTube Pose Subset dataset. Starting from a generic ConvNet based pose estimator [32], new annotations are generated over five iterations, and used to fine-tune the ConvNet. Note, the large improvement gains obtained by personalizing.
frames are matched (blue regions in Fig 2. Spatial matching. very small proportion of the frames in the video).

3. Temporal propagation. Pose annotations are spread from the annotated frames to temporally near-by (neighboring) frames, by propagating current annotation temporally along tracks using dense optical flow (pink regions in Fig 1). This forms a correspondence between annotated frames and matched frames, allowing the body joint annotations to be transferred to quite temporally distant frames in the video.

4. Annotation evaluation. In this stage, an evaluation measure discards annotations from the previous stages that are deemed to be poor. Multiple evaluation measures are employed, the two principal ones are: (i) consistency of overlapping annotations where regions in the video with multiple overlapping annotations (red regions in Fig 1) coming from different ‘sources’ (e.g. propagated from different initial annotations) are tested to see whether the annotations agree – this provides a very natural way to evaluate annotation correctness; and (ii) an occlusion-aware puppet model that renders a layout according to the predicted pose, and measures consistency with the image, similar to [4, 5, 49].

5. Iterating. To maximize frame annotation coverage, stages 2–4 are iterated, with the evaluator used to discard incorrect propagation histories, and propagate further those that are verified. Fig 3 demonstrates increased coverage and accuracy as our system iterates.

6. Personalizing a ConvNet. A generic ConvNet pose estimator is personalized by fine-tuning with the annotations acting as training data for the input video. This ConvNet can be applied to frames which the annotation process hasn’t reached. The caveat here is that the reasoning about self-occlusions in the annotation is lost, since the ConvNet pose estimator’s predictions are not occlusion-aware.

We next describe each of these stages in detail.

2.1. Generic pose estimator

In the first stage of the algorithm we obtain high-precision initial pose annotations for a small number of frames. These high-precision pose estimates are obtained by two approaches: first, by using very high confidence pose estimates from a ConvNet pose estimator [32] (we have determined empirically that the high confidence joint predictions (greater than 80% confidence) are quite accurate). The second approach is poselet like [2, 18, 23, 34, 40] and involves detecting specific limb poses using a Yang and Ramanan [48] pose detector. This is done by training the detector to only fire on a small number of poses [14, 36], such as those with no complex self-occlusions or extreme foreshortening of limbs.

In the case of the Yang and Ramanan [48] approach, we modify their release code to detect poses for the left and right arm separately. This effectively squares the total number of detectable upper-body poses, compared to learning separate models for each pose involving both arms. 15 arm models are trained, enabling us to detect up to 225 different poses with high precision. In general, this model captures more poses with arms above the head than the ConvNet.

Example high-precision detections from the arm pose-specific models, and the high confidence ConvNet pose estimates are shown in Fig 2. We next discuss how we propagate these pose annotations spatially and temporally.

2.2. Spatial matching

In this stage, we propagate the small number of high-precision pose annotations, from the generic pose estimators, to new frames using image patch matching. The
is above a significance threshold. For this verification step, an exemplar-SVM is trained to match patches with similar types of body joint configuration (i.e. bent elbow, or straight elbow). Configurations are found by k-means clustering RGB patches of annotated joints (typically 200 clusters per joint are used). One exemplar-SVM is trained per configuration medoid. A significance measure can then be computed as in [19], between a candidate patch and each exemplar-SVM. Candidate patches with maximum matching significance (over all centroids) falling below a threshold are discarded (see Fig 5(a-b)).

Annotation propagation and refinement. Annotations are then transferred to patches that match. However, due to imperfections in the personalized detector, the candidate body joint locations may be a small offset away from the correct location. To rectify this, as shown in Fig 5(c), propagated annotations are refined by registering the matched patches to the annotated patch using SIFTflow [30], and transforming the annotations using this registration.

2.3. Temporal propagation

In this stage, annotations (from initialization and spatial matching) are further spread temporally (as illustrated in Fig 4(c)). This is achieved by computing dense optical flow [47] for frames within a temporal window around the annotated frames. Starting from these annotated frames, body joint locations are temporally propagated forwards and backwards along the dense optical flow tracks. This propagation is inspired by [49]. The outcome of this stage is that all frames within the temporal window (of up to 30 frames before and after) now have pose annotations. Some annotations may be incorrect, however, we are able to filter these away as described next.

2.4. Self-evaluation

In this stage, the quality of the spatially and temporally propagated annotations is automatically evaluated, and incorrect annotations are discarded. To this end, we design a self-evaluation measure which, for a given annotated frame uses temporal information together with an occlusion-aware puppet model to detect erroneous annotation. Below we describe these evaluators in detail:

Annotation agreement. When there are multiple annotations per frame, originating from different 'initially annotated' frames in the video, we can use their level of agree-
To check for occlusion at head, lower arm puppet construction. The lower arm of a puppet is represented by a rectangle which can be oriented and scaled anisotropically (to model limb foreshortening) according to proposed lower arm joint locations. Two linear SVMs are jointly used to classify the image content encompassed by the rectangle as ‘passed’ or ‘failed’, one SVM uses HOG features and another using RGB features is applied. A low score from either SVM signifies an occluded joint. The SVMs are trained (a pair per joint) using initial un-occluded annotations, determined by considering the body part layout. Negative examples are generated from random offsets to these annotations. At run-time, if a joint is flagged as occluded we remove its track until flagged as un-occluded. The lower arm and occlusion detectors are retrained at each iteration using updated annotations.

Occlusion-aware puppet model. Due to errors in both the matching and temporal propagation stages, it is possible (particularly in cases of self-occlusion) for propagated detections to drift to background content or other non-joint areas on the person. Subsequent iterations of the system would then reinforce these locations incorrectly. Additionally, due to the independence assumption of the forest part detector, errors can occur due to confusion between left and right wrists. Both of these types of errors are alleviated by learning a puppet model for the lower arm appearance, and separate body joint occlusion detectors which check for self-occlusion at head, shoulder and elbow joints. A puppet model of the lower arms is used to infer likelihood of an arm given the position of lower arm joints. Akin to other puppet models [4, 5, 49], our lower arm puppets are ‘pulled’ around the image space according to proposed lower arm joints, and used to evaluate the underlying image content. In our case, the puppet is used to detect when a proposed lower arm position is incorrect or when head, shoulder and elbow joints become occluded.

Discarding annotations. The above self-evaluation measures are used to discard annotations that are considered ‘failed’. An annotation (per joint, per frame) is discarded if any one of the above measures falls below a threshold value or classified as ‘failed’ by the lower arm evaluator (see supplementary for details). The puppet model is also used to discard some initial annotations prior to subsequent stages.

Correcting failed annotations. Sometimes it is possible to correct lower arm joint detections ‘failing’ the puppet evaluation method. This is done by randomly sampling a pair of wrist and elbow points (25 combinations in practice) around the ‘failed’ detection and re-evaluating each pair with the lower arm model. If a pair of points ‘pass’ evaluation we accept them as new annotation. Correcting failed annotations is beneficial as this leads to improved propagation when iterating the system.

2.5. Personalizing a ConvNet pose estimator

The final distributed annotations are used to fine-tune (with back-propagation) the generic ConvNet-based pose estimator of Pfister et al. [32], with which we initialized our system. The ConvNet is fine-tuned using all annotated frames thereby personalizing the ConvNet to the input video. Examples of channels that adapt to detect personalized features for a particular video are shown in Fig. 6. The net is trained with a fixed learning rate of $1 \times 10^{-7}$ for 2,000 iterations using a batch size of 30 frames and momentum set at 0.95. This pose estimator is used to predict body joints for all frames of the video, possibly correcting any local mistakes that do persevere in the annotation process.

3. Experiments

We first present the datasets; then evaluate gains from each stage in our method; and finally present a comparison to state of the art. Experimental details are included in the supplementary material, and a demo video is online at https://youtu.be/YO1JF8aZ_Do.
3.1. Datasets and evaluation

Experiments are performed using three datasets that contain long videos suitable for personalization.

**YouTube Pose.** This new dataset consists of 50 videos of different people from YouTube, each with a single person in the video. Videos range from approximately 2,000 to 20,000 frames in length. For each video, 100 frames were randomly selected and manually annotated (5,000 frames in total). The dataset covers a broad range of activities, e.g., dancing, stand-up comedy, how-to, sports, disk jockeys, performing arts and dancing sign language signers.

**YouTube Pose Subset.** A five video subset from YouTube Pose. Example frames from the YouTube Pose Subset are shown in Fig 8(a), and further examples from YouTube Pose are shown in the supplementary material.

**MPII Cooking.** This dataset contains video sequences from [37] for recognizing cooking activities. Each video is on average approximately 20,000 frames. 21 videos come manually annotated with upper body pose, with 1,277 testing frames. Each video contains a single person (person varies between videos) captured with a static camera; all sequences are shot in the same kitchen.

**Upper-body YouTube Dancing Pose (UYDP).** This dataset [41] consists of 20 short video clips, each containing approximately 100 consecutive frames with annotations.

**BBC Pose.** This dataset [7] contains five one-hour-long videos each with different sign language signers, different clothing and sleeve length. Each video has 200 test frames which have been manually annotated with joint locations (1,000 test frames in total). Test frames were selected by the authors to contain a diverse range of poses. Additionally, we annotated the location of the nose-tip on test frames.

**Evaluation measure.** The accuracy of the pose estimator is evaluated on ground truth frames. An estimated joint is deemed correctly located if it is within a set distance of d pixels from the ground truth. Accuracy is measured as the percentage of correctly estimated joints over all test frames. For consistency with prior work, we evaluate on the UYDP dataset using the Average Precision of Keypoints (APK) [48] at a threshold of 0.2.

Since automatically propagated annotations may not reach all ‘test’ frames with manual ground truth, we measure accuracy of the annotation stages by fine-tuning a ConvNet [32] using all available annotations, and then evaluating this ConvNet’s predictions on all test frames. This ensures evaluation consistency and fairness, and is a good indirect measure for annotation performance (as higher-quality training annotations should lead to improved ConvNet pose predictions).

### Component evaluation

We first evaluate the stages of the method on the YouTube Pose Subset. Tab 1 and Fig 3 show the changes in accuracy (at a threshold of 20 pixels) and coverage as the iterations progress, whereas Fig 7 shows accuracy as the allowed distance from manual ground truth d is increased.

**Accuracy:** Each stage leads to a significant improvement in performance across all body joints. Even after Stage 1 (initialization) we improve upon the generic ConvNet of Pfister et al. [32], demonstrating that fine-tuning with relatively few annotations (from the generic ConvNet and Yang and Ramanan arm detection) brings benefits. Stage 2 (spatial matching) yields further gains in accuracy. One of the reasons spatial matching is so beneficial is that it helps propagate annotation to frames with similar poses but different local background content – in the YouTube videos the person moves against a static scene with some videos using a moving camera and containing shots from different angles. Personalizing a pose estimator from annotations at this stage, therefore, introduces more invariance to background content. Stage 3 (temporal propagation), is another mechanism for reaching unannotated frames containing different poses (more so than stage 2) from previous stages. Thus at this stage, we begin increasing the variation of poses that can be recognized. Again, this leads to an increase in performance.

The main causes of failure for Stage 3 are heavy self occlusion and optical flow errors, causing propagated annotation to drift to background content. In some cases annotations from different frames in the video can drift to the same background location, and (incorrectly) ‘pass’ the annotation agreement measure of Stage 4. However, the occlusion-aware puppet model effectively detects and removes these errors, permitting subsequent iterations to progress without propagating errors. This is evident from the increase in accuracy when iterating the stages, most notably for the wrist joints which reach near 90% after five iterations.

**Coverage:** The number of initially annotated frames across each video varies greatly and is highly dependent on the types of pose being performed and camera angle used. More initial annotations are obtained for videos where people have their hands down, such as the disc jockey sequences. For videos containing a high pose variation there is a greater
increase in coverage over the iterations.

Fig 3 shows the percentage of video frames (on Youtube Pose Subset) that have been annotated after each iteration. A typical video of 10,000 frames, starting with 500 initially annotated, can rapidly increase annotation coverage in just one iteration. Stage 2 (spatial matching) normally doubles the annotations. The biggest boost in coverage comes from stages 3 and 4 (temporal propagation followed by checking with self-evaluation), with annotated frames rapidly increasing to over 60% (6,000 frames) of the video. Gains in coverage after temporal propagation are dependent upon the size of the temporal window (a larger temporal window improves coverage but can result in decreased accuracy (before self-evaluation) as errors in optical flow compound). A temporal window of 30 frames is selected as the trade-off between coverage and accuracy. Subsequent iterations result in close to 100% of the frames being annotated for head and shoulder joints with wrist and elbow annotations covering 85% (8,500 frames) of the video. Relative gains in coverage decrease at each iteration because the system is tackling increasingly more difficult-to-detect poses.

**Timings:** Timings for training are amortized over the application costs per frame for a typical 10k frame video, processed on a single core Intel Xeon 2.60GHz. Stage 1 (the most expensive stage) takes ~15 seconds per-frame (s/f) for initialization as multiple arm-models have to be applied. Stage 2 performs both model training and matching in ~8s/f. Stage 3 computes in ~8s/f and self-evaluation in ~4s/f. Further iterations are quicker as less of the video requires spatial matching.

### 3.3. Comparison to baselines and state of the art

As baselines we compare against two ConvNet-based estimators from Chen & Yuille [10] and Pfister et al. [32], and the deformable parts-based model by Yang & Ramanan [48]. All baseline pose estimators are trained for upper-body pose detection on the FLIC dataset [39]. Additionally, on YouTube Pose we compare against Cherian et al. [11] (trained on FLIC); and to Charles et al. [7], Rohrbach et al. [37] and Shen et al. [41] on BBC Pose, MPII.

![Figure 7. Component evaluation on the YouTube Pose Subset dataset. The graphs show the improvement from each stage of the algorithm. Notice how each stage leads to a very significant increase in accuracy. Accuracy is shown (averaged over left & right body parts) as the allowed distance from ground truth is increased.](image_url)
and Fig 10 of poses, clothing, and body shapes in the YouTube videos.

Figure 8. **Example pose estimates** on frames from three datasets (a) YouTube Pose, (b) BBC Pose and (c) MPII Cooking. Note the variety of poses, clothing, and body shapes in the YouTube videos.

In comparing stages of the algorithm on YouTube Pose Subset (Tab 1 and Fig 3), by Stage 2 (spatial matching) the head and shoulder accuracy already exceeds all baselines. By Stage 3 (temporal propagation), the system outperforms all baselines across all body joints. As mentioned above, spatial matching helps propagate annotations to frames with similar poses but different local background content. This occurs frequently in the BBC Pose dataset since signers are overlaid on a moving background in broadcasts.

### 3.4. Boosting a generic ConvNet for other videos

The previous section showed the boost in performance through personalization on a target video. There remains the question of whether there is an additional benefit for generic pose estimation: if the ConvNet is fine-tuned on personalized annotations over many videos, does this improve pose estimation performance when applied to other videos and datasets?

This question is answered by attempting to boost performance of the generic ConvNet model by supplementing the training data with automatically annotated frames from the YouTube dataset (leaving out the YouTube Pose Subset for testing). For this we use a model that is pre-trained on the FLIC training set, and fine-tune using the full FLIC training set together with an equal number of annotated frames sampled from the YouTube videos.

The performance of the pre-trained and fine-tuned models is compared on the FLIC, YouTube and MPII Cooking test frames. There is a performance boost in all cases: for FLIC an increase in wrist & elbow accuracy of 4% & 6% respectively (at 0.1 normalized distance); for YouTube an increase in wrist & elbow accuracy of 8% & 5% respectively (at $d = 20$); and for MPII Cooking an increase of 5% & 8% respectively (at $d = 20$), demonstrating the benefit of using additional automatically annotated training material.

### 4. Summary and extensions

We have proposed a semi-supervised-like method for personalizing video pose estimation and have shown that this significantly improves performance compared to a non-personalized, ‘generic’, pose estimator, and beats the state of the art by a large margin on four challenging video pose estimation datasets.

The method can be used to boost the pose estimation performance on any long video sequence containing the same person, and we have also shown that the annotations generated by this personalization can be used to improve the performance of a ConvNet estimator for other videos.

It is straightforward to extend the method to estimate full body pose by adding the extra joints and limbs to the initialisation and the puppet model. The method can also be extended to deal with multiple people in a video and occlusion, given a suitable ConvNet model. For example, using the generated occlusion-aware annotations to train an occlusion-aware ConvNet pose estimator. One alternative formulation is to train from additional synthetic data as in [31], with the data generated using the puppet model. Given the recent success with training ConvNets on synthetic data, this would certainly be worth investigating.

**Acknowledgments.** Financial support was provided by the EPSRC grants EP/I012001/1 and EP/I01229X/1.
References


