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# Learning Expressive Prompting With Residuals for Vision Transformers

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# Abstract

Prompt learning is an efficient approach to adapt transformers by inserting learnable set of parameters into the input and intermediate representations of a pre-trained model. In this work, we present Expressive Prompts with Residuals (EXPRES) which modifies the prompt learning paradigm specifically for effective adaptation of vision transformers (ViT). Our method constructs downstream representations via learnable "output" tokens (shallow prompts), that are akin to the learned class tokens of the ViT. Further for better steering of the downstream representation processed by the frozen transformer, we introduce residual learnable tokens that are added to the output of various computations. We apply EXPRES for image classification and few-shot semantic segmentation, and show our method is capable of achieving state of the art prompt tuning on 3/3 categories of the VTAB benchmark. In addition to strong performance, we observe that our approach is an order of magnitude more prompt efficient than existing visual prompting baselines. We analytically show the computational benefits of our approach over weight space adaptation techniques like finetuning. Lastly we systematically corroborate the architectural design of our method via a series of ablation experiments.

# 1. Introduction

Scaling up of neural nets in the past few years has steadily improved performance on wide variety of downstream visual tasks. However, model adaptation is often necessary to achieve the best performance in downstream tasks like fine-grained recognition [89], semantic segmentation [8] or object recognition [34]. While traditional techniques like full-model finetuning have become the de-facto approach to adaptation, they are not well suited for many scenarios. For example, finetuning is susceptible to catastrophic forgetting [37] as it modifies model parameters without the knowledge of future domains, and potentially losing prior



Figure 1. Adapting large vision models is crucial to solving downstream tasks with wide variety of semantics (*e.g.*, image classification, semantic segmentation *etc.*) as well as dataset sizes (few-shot, low-shot, full-shot). In this work, we propose a novel adaptation technique for large vision models that is capable of achieving the desired goal.

knowledge of current adaptation. Moreover, finetuning all of the model parameters of a large vision model with just a few training examples can lead to poor generalization. This is in contrast to human intelligence that is capable of solving wide variety of downstream tasks with extremely few exemplars.

Motivated by the need for better adaptation, parameter efficient techniques like partial-finetuning or adapters [64, 101] have been developed to constructively adapt large models without significant parameter overhead. While serving as effective alternatives to finetuning, most parameter efficient techniques have been designed with convolutional architectures in mind. In light of recent works [15] that demonstrate that Vision Transformers are more suitable for scaling up than CNNs, designing adaptation techniques that exploit the Transformer architecture can be extremely useful. To that end, visual prompt tuning (VPT) [32] has been proposed as a way to constructively adapt transformers by introducing learnable tokens at every layer that interact with the patch and class tokens and are optimized together with a classi-

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fier head. While being effective in practice, VPT allows only partial interactions between prompts and the remaining tokens, thus, leveraging only a part of the prompt capacity. Moreover, it often requires a large number of inserted prompts to achieve optimal performance but that significantly increases the computation costs due to the quadratic computational complexity of the self-attention layer.

In this work, we explore an alternate design to prompting motivated by the potential for greater prompt capacity. We propose ExPRes, an expressive prompt tuning method with residual tokens that inherits the strengths of parameter efficient adaptation while significantly improving downstream performance. Our prompt design is inspired by the two key observations - propagation of prompts by multilayered interaction with other tokens is crucial for strong capacity and learnable residual tokens can modulate the propagated prompts to favour task-specific relations (unlike in [32]). We first propagate *shallow* prompts through the encoder that are average pooled at the last layer to yield semantic image-level representations. Shallow prompts by themselves have limited capacity since they cannot specifically modulate token-token relations at higher layers. Therefore to harness the prompts, we add residual tokens to propagated prompts at various layerwise computations of the Transformer encoder including LayerNorm, self-attention and multi-head projection to facilitate layerwise modulation without increasing the number of prompts per layer. This results in enhanced prompt capacity at almost no additional computational cost.

We empirically validate the effectiveness of our method on a variety of downstream tasks including fine-grained recognition and semantic segmentation. Our use of additional learnable parameters in the form of residual and shallow prompts allows the retention of prior knowledge in the form of frozen encoder weights while being extremely parameter efficient (prompts are  $\leq 1\%$  of the total parameters). Thus, our method is highly suited for real world adaptation that requires information retention at low memory and computational overheads. Additionally, we show that in most cases we require fewer prompts than VPT to achieve the same or better performance, making it more suitable for limited data settings. Our main contributions can be summarized as follows:

- We propose a novel prompting technique: EXPRES, that uses a combination of shallow and deep residual prompts to facilitate constructive adaptation to down-stream tasks with limited labelled datasets.
- Our method significantly outperforms full-finetuning based adaptation by 4.6% on VTAB-1k. Moreover, our method outperforms state-of-the-art prompting approach [32] on the same benchmarks with significantly fewer prompts, suggesting that prompt design is cru-

cial to extracting more capacity at a given parameter/computational budget.

• To the best of our knowledge, we are the first to demonstrate the effectiveness of prompting for diverse applications such as few-shot semantic segmentation. Our method outperforms strong adaptation baselines by 25% and achieves competitive performance with respect to language-assisted segmentation [40] despite training on significantly less data with dense annotations.

# 2. Related work

Large Vision Models: With the advent of Transformer models [80] and adoption to various computer vision tasks, including image classification [15, 51], object detection [7, 44], semantic and panoptic segmentation [76,85,102], video understanding [18, 25, 87] and few-shot learning [13], the scale of vision models have increased by orders of magnitude. Typically trained using large labelled data, either unimodal like ImageNet-21K [65] or multimodal, these models demonstrate superior performance on wide variety of visual tasks. Given their superior performance and much larger scale compared to ConvNets, the question of adaptating such models efficiently becomes crucial. Motivated by the need, our work is primarily focussed on adaptation of Vision Transformers.

Transfer Learning has been extensively studied for vision tasks in the context of ConvNets [105] and many techniques have been introduced including side tuning [101]. residual adapter [63], bias tuning [6], etc. However, Transformer specific adaptation for visual tasks has received relatively less attention. At the same time, in the NLP domain, the dominance of large-scale pre-trained Transformer-based Large Language Models (LLM) [4, 11, 61], has paved way for many approaches [26, 29, 31] that efficiently fine-tune LLMs for different downstream NLP tasks [82, 83]. In this work we compare with the most representative methods for fair benchmarking. For example, Adapters [30] insert extra lightweight modules inside each Transformer layer. One adapter module generally consists of a linear down-projection, followed by a nonlinear activation function, and a linear up-projection, together with a residual connection [58, 59]. Instead of inserting new modules, [6] proposed to update the bias term and freeze the rest of backbone parameters when fine-tuning ConvNets. BitFit [3] applied this technique to Transformers and verified its effectiveness on LLM tuning. Through our experiments that we demonstrate that our method, EXPRES provides a more effective way of adapting Transformers compared to prior approaches.

**Prompting:** An alternative to traditional adaptation methods is prompting [48] - originally proposed as a way of



Figure 2. **EXPRES Architecture in detail:** EXPRES optimizes two types of prompts, shallow prompts (*e.g.*,  $p_i$ ) and residual prompts (*e.g.*,  $\nabla_{LN,i}$ ), to construct task specific representation without updating the pretrained encoder weights. Each residual prompt is a learnable vector that is added to the output of various computations such as Layer Norm, Query-Key-Value projections, and linear projection after the MSA operation.

prepending language instruction to the input text so that a pre-trained LLM can "understand" the task. Through trial and error selection of appropriate prompts, GPT-3 shows strong generalization to downstream transfer learning tasks even in the few-shot or zero-shot settings [4]. This was followed up by other works on better prompt construction [33, 71]. Recent works [39, 43, 50] propose to treat the prompts as task-specific continuous vectors and directly optimize them via gradients during fine-tuning. Such approaches, named "Prompt Tuning" achieve performance comparable to finetuning but with  $1000 \times$  less parameters in some cases. Following the success in LLMs, prompt have also been adopted for vision-language models [22, 35, 60, 96, 103]. Nonetheless, all the above methods prompt the text encoders and hence are tied to language as input. However, many realistic visual tasks such as dense prediction may not be well aligned with the language modality. Thus, it becomes imperative to develop prompting approaches that can work in the visual modality. To that end, recent work on visual prompting [2, 10, 32, 66, 88] provides encouraging results. In particular, [32] demonstrate that even in the visual domain, adaptation based on continuous prompting can outperform finetuning, especially when the training datasets are small. Our work however shows that current prompting methods do not fully exploit the capacity of prompting for a vision transformer. Through a principled approach to prompting, we derive a more effective prompting technique that achieves state-of-the-art performance at much smaller computational overhead.

Few-Shot Classification: Few-shot classification has received a lot of attention in recent years. While a variety of approaches [75] have been proposed, the most successful ones seek to transfer positive knowledge either by finetuning [1, 12, 79] or meta-learning [17, 19, 21, 24, 38, 62, 74, 77, 81]. Finetuning based few-shot learners can be viewed as specialists that perform well on the target domain [9,27,79], but suffer from catastrophic forgetting [70] on the base domain. Meta-learning approaches, on the other hand, can be seen as generalists that enjoy complete immunity against forgetting but at the cost of somewhat lower performance in the target domain. In this work, we propose EXPRES as a constructive adaptation technique that is immune to forgetting but at the same time benefits from task specific parameter tuning, thus, leveraging the best of both worlds. One of our key contribution is to demonstrate the transferability of Transformers from classification to dense prediction tasks (semantic segmentation) when adapted with EXPRES.

**Few-Shot Semantic Segmentation:** This task was originally proposed in [68]. Most works after that follow the metric learning paradigm [14] with various novelties from improved support-query matching [47,72,95] to better optimization [46, 104], memory modules [90,93], graph neural networks [84, 92, 99], and more [28, 42, 45, 52, 53, 78, 98, 106]. Some methods generate representative support prototypes with attention mechanism [20, 100], adaptive prototype learning [41, 57, 73], or various prototype generation

techniques [49, 54, 86, 94]. In contrast, our approach directly adapts a model pretrained on image classification to few-shot semantic segmentation without intermediate pretraining on densely-annotated datasets.

### 3. Approach

## 3.1. Preliminaries

Consider an input space  $\mathcal{X}$  and a categorical label set  $\mathcal{Y}$ where each class is represented via a one-hot encoding. A representation  $\mathcal{R} \subset \mathbb{R}^d$  of the input is defined by the composition of an augmentation function  $\mathcal{A} : \mathcal{X} \to \mathcal{X}$  and an encoder model  $E_{\theta} : \mathcal{X} \to \mathcal{R}$ , parameterized by  $\theta$ . The augmentation function is a composition of standard image transformations such as random cropping, horizontal flipping *etc*. A general recognition task  $\mathcal{T}$  can be defined in terms of a finite training set,  $\{(x_i, y_i)\}_{i \in \mathcal{D}_{train}}$  and  $N_c$  categories such that,  $y_i \in [N_c]$ . The goal, is to leverage a pretrained encoder,  $E_{\theta^*}$  and the training set to obtain a classifier for the task  $\mathcal{T}$ .

# 3.2. Overview of Vision Transformers (ViT)

In a typical ViT, the image,  $x \in \mathbb{R}^{h \times w \times 3}$  is uniformly divided into N fixed-sized patches, each of which are projected to a d-dimensional embedding and are added a positional embedding, resulting in a patch token  $z_n \in \mathbb{R}^d$ . Additionally, a class token  $z_{\text{cls}} \in \mathbb{R}^d$  is concatenated to the sequence of the patch tokens to form the input,  $Z^0 \in \mathbb{R}^{(N+1)\times d}$ . Starting from layer l = 0, the incoming activations at each layer,  $z^{l-1}$  are first normalized using LayerNorm (LN), and then processed by a multi-headed self-attention block (MSA) followed by an MLP block. At the last layer, the resulting class token is normalized to yield the final representation. The overall computations in a ViT encoder can be summarised as

$$Z^{0} = [z_{cls}, z_{0}, ..., z_{N-1}]$$
  

$$H^{l-1} = MSA(LN(Z^{l-1})) + Z^{l-1} \quad l = 0, ..., L - 1$$
  

$$Z^{l} = MLP(LN(H^{l-1})) + H^{l-1} \quad l = 0, ..., L - 1$$
  

$$y = LN(Z^{L}_{cls})$$

where L represents the number of encoder layers. The multi-headed self-attention mechanism (MSA) abstracts patchwise representation by aggregating the right context at each layer. The context aggregation is facilitated by softmax attention that relies on patch-to-patch similarities and its parameters are governed by the pre-training task objective. During adaptation, however, the representations for downstream task might benefit from aggregating a slightly different context at each layer. Our prompt tuning approach facilitates task specific modulation of this context by augmenting and learning layerwise patch tokens.

#### 3.3. Expressive Prompt Tuning

At the input layer of the ViT, we introduce prompt tokens,  $P^0 \in \mathbb{R}^{M \times d}$  which are M parameterized vectors of dimension d concatenated to the input token sequence,  $Z^0$ , of the ViT. Input-level prompts, also referred to as *shallow* prompts, are propagated through the encoder together with the class and patch tokens such that at every layer, each token interacts with every other token through the selfattention layers. The propagated prompts at the last layer are average-pooled to obtain the final representation. The insertion and propagation of the prompts described above can be expressed as

$$\begin{split} \tilde{Z}^{0} &= [Z^{0}||P^{0}] \quad (1) \\ \tilde{H}^{l-1} &= \mathrm{MSA}(\mathrm{LN}(\tilde{Z}^{l-1})) + \tilde{Z}^{l-1} \quad l = 0, ..., L-1 \\ \tilde{Z}^{l} &= \mathrm{MLP}(\mathrm{LN}(\tilde{H}^{l-1})) + \tilde{H}^{l-1} \quad l = 0, ..., L-1 \\ Z^{L}, P^{L} &= \mathrm{chunk}(\tilde{Z}^{l}) \\ \tilde{y} &= \mathrm{AvgPool}(P^{L}) \\ y &= LN(\tilde{y}) \end{split}$$

we use || to denote the concatenation along the sequence axis and chunk to denote the splitting of the propagated sequence of length N + M + 1 into the N + 1 tokens and Mprompts. Shallow prompts are capable of modeling some of the desired token relations for a task. However, they have limited capacity due to the inability to alter for specific perlayer interactions with the class and image tokens.

To enhance the prompt capacity, we introduce layer-wise residual prompts,  $\Delta^l \in \mathbb{R}^{M \times d}$  that are added to the propagated prompts at various computations within the MSA block for an intermediate layer l. This includes the output of attention LayerNorm, query-key-value projections and linear multi-head projection. We summarise the MSA computations at layer l with  $N_h$  heads and input Z

$$Z' = LN(Z)$$

$$Q_{h} = Z'W_{h}^{Q}; K_{h} = Z'W_{h}^{K}; V_{h} = Z'W_{h}^{V}$$

$$g_{h} = Att(Q_{h}, K_{h}, V_{h}) \quad i = 1, ..., N_{h} \quad (2)$$

$$O = [g_{1}||...||g_{N_{h}}|W^{\text{proj}}$$

above h is used to represent the head index of  $W^Q, W^K, W^V$  and  $W^{\text{proj}}$  denotes the projection matrix of the MSA block. The residually prompted computations can then be expressed as

$$Z' = LN(Z) + [\bar{\mathbf{0}}||\mathbf{\Delta}_{\mathbf{LN}}]$$
$$\tilde{Q}_h = Q_h + [\bar{\mathbf{0}}||\mathbf{\Delta}_{\mathbf{Q}}]$$
$$\tilde{K}_h = K_h + [\bar{\mathbf{0}}||\mathbf{\Delta}_{\mathbf{K}}]$$
$$\tilde{V}_h = V_h + [\bar{\mathbf{0}}||\mathbf{\Delta}_{\mathbf{V}}]$$
$$\tilde{O} = O + [\bar{\mathbf{0}}||\mathbf{\Delta}_{\mathbf{proj}}]$$

where the concatenation of  $(N + 1) \times d$  dimensional zero matrix,  $\overline{\mathbf{0}}$  with the residual-prompts, signifies that the residuals  $\Delta$  are added only at the propagated prompt positions and not to the image patch or class token positions. The above residual computations occur at every layer with independently learned residual prompts, and we drop the layer indices in the equations for brevity. The overall EXPRES architecture is visualized in Figure 2.

#### 3.4. Interpreting Residual Prompting

We take a closer look at residual prompting for selfattention and interpret it's functionality. The Att operation in Eq. (2) facilitates weighted aggregation over all "value" tokens where the weights are computed using the "query" and a "key" tokens as  $w_{ij} \propto \exp\left(\frac{q_i^T k_j}{\sqrt{d/N_h}}\right)$ . When prompted with residual tokens, the expression for the weights that aggregate information for a patch token  $q_i$  can be factored as,

$$\tilde{w}_{ij} \propto \exp\left(\frac{q_i^T(k_j + \boldsymbol{\Delta}_{K,j})}{\sqrt{d/N_h}}\right)$$
$$= \exp\left(\frac{q_i^T k_i}{\sqrt{d/N_h}}\right) \exp\left(\frac{q_i^T \boldsymbol{\Delta}_{K,j}}{\sqrt{d/N_h}}\right) \qquad (3)$$
$$= w_{ij} * \alpha_{ij},$$

Based on Eq. (3), residual prompts facilitate task-specific reweighting of the attention weights independently at every layer, allowing the modulation of context aggregated per patch token. Such layerwise modulation can lead to better adaptation of the final representation compared to shallow prompting that restricts the modulation to the input layer. Moreover, the two-way interaction between prompts and patch tokens leads to greater flexibility than other forms of multilayered prompting [32, 67] that allow for only partial interaction. For instance, [32] restrict the prompts to act only as keys and never as queries.

Residual prompt based attention reweighting is also interesting from parameter efficiency perspective as it circumvents the need for updating the attention weight matrices (done in finetuning approaches) to achieve the same goal of task specific adaptation. Specifically, each layer of a ViT consists of three attention weight matrices, each with  $d \times d$  dimensions, resulting in  $\mathcal{O}(d^2)$  learnable parameters. In contrast, each prompt is d dimensional so, only  $\mathcal{O}(d)$  parameters need to be adapted even with M prompts, where M << d. We empirically validate that the high capacity as well as parameter efficiency of our prompting approach is crucial for achieving good adaptation performance in limited labelled data settings.

#### **3.5. Learning the Prompts**

In this work, we are mainly interested in two types of downstream tasks - image classification and semantic segmentation. To train the prompts for classification, we optimize a standard cross entropy loss with respect to the representation, y in Eq. (1) and the corresponding ground-truth label, y\*. In the case of semantic segmentation, we adapt the model as well as the objective to perform dense predictions. At the final layer of the encoder, we extract the keys corresponding to the patch tokens and pass them through the classifier. The sequence outputs are then reshaped into a 2d map and resized to original image resolution using bilinear interpolation, resulting in a pixel wise prediction. Finally, to optimize the prompts with the classifier head, we use a dense cross entropy loss as follows

$$\{p_m^*\}, \{\mathbf{\Delta}^*\} = \operatorname*{arg\,min}_{\{p_m\},\{\mathbf{\Delta}\},C} \sum_{j \in I_{\text{ctxt}}} \sum_{h,w} L_{\text{CE}}(y_{jhw}, y_{jhw}^*)$$

where, h, w are used to index the spatial positions at the resolution,  $H \times W$  of the input image.

## 4. Experiments

We validate the effectiveness of EXPRES on a variety of benchmarks consisting of wide variety of tasks and dataset sizes. We also analyse the importance of various model components and design decisions.

Datasets: To evaluate EXPRES, we use two different benchmarks, VTAB-1k [97] and FGVC [32]. The VTAB-1k benchmark consists of 19 different visual classification tasks categorized under three groups: Natural - tasks with natural images captured with standard cameras; Specialized - tasks with images captured under specialized settings (medical and satellite imagery); and *Structured* - tasks that requires understanding scene geometry, like object distance. Each task-specific dataset contains 1000 training examples with varying number of samples per class, depending on the number of classes. For validation purposes and hyperparameter selection, we use a 800 - 200 split of the training set and then train on all 1000 examples for final results, which are based on evaluation on the entire test set. The FGVC benchmark consists of the finegrained datasets including CUB [89], Oxford Flowers [55], Stanford Dogs [36] and Stanford Cars [23]. In conjunction with VTAB-1k, we use the FGVC datasets to conduct key ablation studies for EXPRES. A random 90 - 10 split of each dataset is used for hyperparameter selection. For few shot segmentation, we use the standard **PASCAL**  $-5^{i}$  [69] benchmark that was created from PASCAL VOC 2012 [16] with extra mask annotations for 20 object classes, evenly divided into 4 folds:  $\{5^i : i \in \{0, 1, 2, 3\}\}$ . Following prior works for evaluation scheme, we randomly sample 1000 episodes per fold and report the average performance over all episodes

	natural							specialized					structured									
	CIFAR-100	Caltech101	DTD	Flowers102	Pets	NHAS	Sun397	Mean	Patch Camelyon	EuroSAT	Resisc45	Retinopathy	Mean	Clevr/count	Clevr/distance	DMLab	KITTI/distance	dSprites/location	dSprites/orientation	SmallNORB/azimuth	SmallNORB/elevation	Mean
Linear	63.4	85.0	63.2	97.0	86.3	36.6	51.0	68.93	78.5	87.5	68.6	74.0	77.16	34.3	30.6	33.2	55.4	12.5	20.0	9.6	19.2	26.84
MLP-2	63.2	84.8	60.5	97.6	85.9	34.1	47.8	67.70	74.3	88.8	67.1	73.2	75.86	45.2	31.6	31.8	55.7	30.9	24.6	16.6	23.3	32.47
MLP-3	63.8	84.7	62.3	97.4	84.7	32.5	49.2	67.80	77.0	88.0	70.2	56.1	72.83	47.8	32.8	32.3	58.1	12.9	21.2	15.2	24.8	30.62
MLP-5	59.3	84.4	59.9	96.1	84.4	30.9	46.8	65.98	73.7	87.2	64.8	71.5	74.31	50.8	32.3	31.5	56.4	7.5	20.8	14.4	20.4	29.23
MLP-9	53.1	80.5	53.9	95.1	82.6	24.4	43.7	61.90	78.5	83.0	60.2	72.3	73.49	47.5	27.9	28.9	54.0	6.2	17.7	10.8	16.2	26.15
Sidetune [101]	60.7	60.8	53.6	95.5	66.7	34.9	35.3	58.21	58.5	87.7	65.2	61.0	68.12	27.6	22.6	31.3	51.7	8.2	14.4	9.8	21.8	23.41
Biastune [6]	72.8	87.0	59.2	97.5	85.3	59.9	51.4	73.30	78.7	91.6	72.9	69.8	78.25	61.5	55.6	32.4	55.9	66.6	40.0	15.7	25.1	44.09
Adapter-256	74.1	86.1	63.2	97.7	87.0	34.6	50.8	70.50	76.3	88.0	73.1	70.5	76.98	45.7	37.4	31.2	53.2	30.3	25.4	13.8	22.1	32.39
Adapter-64	74.2	85.8	62.7	97.6	87.2	36.3	50.9	70.65	76.3	87.5	73.7	70.9	77.10	42.9	39.9	30.4	54.5	31.9	25.6	13.5	21.4	32.51
Adapter-8	74.2	85.7	62.7	97.8	87.2	36.4	50.7	70.67	76.9	89.2	73.5	71.6	77.80	45.2	41.8	31.1	56.4	30.4	24.6	13.2	22.0	33.09
Partial-1	66.8	85.9	62.5	97.3	85.5	37.6	50.6	69.44	78.6	89.8	72.5	73.3	78.53	41.5	34.3	33.9	61.0	31.3	32.8	16.3	22.4	34.17
FT-all	68.9	87.7	64.3	97.2	86.9	87.4	38.8	75.88	79.7	95.7	84.2	73.9	83.36	56.3	58.6	41.7	65.5	57.5	46.7	25.7	29.1	47.64
VPT-shallow [32]	77.7	86.9	62.6	97.5	87.3	74.5	51.2	76.81	78.2	92.0	75.6	72.9	79.66	50.5	58.6	40.5	67.1	68.7	36.1	20.2	34.1	46.98
VPT-deep [32]	78.8	90.8	65.8	98.0	88.3	78.1	49.6	78.48	81.8	96.1	83.4	68.4	82.43	68.5	60.0	46.5	72.8	73.6	47.9	32.9	37.8	54.98
EXPRES (ours)	78.0	89.6	68.8	98.7	88.9	81.9	51.9	79.7	84.8	96.2	80.9	74.2	84.0	66.5	60.4	46.5	77.6	78.0	49.5	26.1	35.3	55.0

Table 1. VTAB-1k benchmark: Per task adaptation results with ViT-B/16 model pretrained on ImageNet-21k..

Method	Im-Pre	Dense-Pre	Backbone	$ 5^{0}$	$5^{1}$	$5^{2}$	$5^{3}$
SPNET [91]	In-1k	$\checkmark$	ResNet-101	23.8	17.0	14.1	18.3
ZS3Net [5]	In-1k		ResNet-101	40.8	39.4	39.3	33.6
LSEG [40]	In-1k		ViT-L/16	<b>61.3</b>	<b>63.6</b>	43.1	41.0
Linear	In-21k	-	ViT-B/16	5.1	43.9	28.1	29.1
FT-all	In-21k	-	ViT-B/16	18.3	31.9	27.9	23.2
Biastune	In-21k	-	ViT-B/16	2.4	39.2	13.9	20.1
VPT-deep [32]	In-21k	-	ViT-B/16	33.4	56.2	49.8	47.7
EXPRES ( <i>Ours</i> )	In-21k		ViT-B/16	41.8	60.2	<b>52.4</b>	<b>51.4</b>

Table 2. Five-Shot Semantic Segmentation on PASCAL  $-5^{i}$ : Per fold adaptation results with ViT-B/16 model pretrained on ImageNet-21k.

of the corresponding fold. However, unlike prior works, we tune our EXPRES model on few-shot training examples and cross-validate the hyperparameters (*e.g.* number of prompts, M) on a validation set with fold-exclusive categories. In all our experiments, we use a reasonably small budget for hyperparameters (see supplementary) following recent studies [56] that highlight the likelihood of overoptimistic results in limited-labelled data settings due to excessive hyperparameter tuning on large validation sets.

**Implementation Details:** In all our experiments, we use a fixed encoder, ViT-B/16 pretrained on ImageNet-22K [65]. This model is effective on wide variety of tasks and allows direct comparison with prior works. For each downstream task, we train for a total 100 epochs with an initial warmup of 10 epochs. We use AdamW as our default optimizer with a suitable learning rate and fixed weight decay of 1e-4. For VTAB-1k and FGVC experiments, we use a fixed batch size of 64. For segmentation experiments, since overall training set sizes are extremely small ( $\leq 10$  images in total, we use the entire training set per batch. We use input image reso-

lution of  $224 \times 224$  for classification tasks and  $384 \times 384$  for semantic segmentation tasks as dense prediction usually benefits from larger resolution. Since, ViT-B/16 is pretrained on standard  $224 \times 224$  resolution images, we use interpolated positional embeddings to accommodate larger resolutions in the case of segmentation. Finally, we use standard data augmentations for classification benchmarks *i.e.*, Resize  $\rightarrow$  Random-Crop  $\rightarrow$  Horizontal-Flip during training and Resize  $\rightarrow$  Center-Crop during evaluation while for segmentation we only use Resize.

**Evaluation Metrics** For classification experiments, we use accuracy as our performance metric. For evaluating segmentation masks, we use mean intersection over union (mIoU) that averages over the intersection over union curves per class.

#### 4.1. Main Results

We compare EXPRES with a number of commonly used adaptation techniques on VTAB-1k. The adaptation methods can be categorized as *head-oriented*, *backbone-oriented* 

and *prompt-based*. Under the first category, *Linear* only optimizes a linear classifier for the downstream task while *MLP-k* uses a k-layer multilayer perceptron (MLP) as the classifier head. As an example of the second category, Sidetune [101] uses features that are linearly interpolated between pretrained features and features from a "side" network trained on downstream data. While *Biastune* [6] adapts only the bias terms of an otherwise frozen backbone. Adapter-d [30, 58, 59] introduces lightweight MLP modules inserted between Transformer layers. Partial-k finetunes the last k layers while keeping the rest of the backbone frozen, finally FT-all finetunes all the layers. VPTshallow [32] additionally optimizes a linear classifier with the learnable input prompts propagated through the encoder. VPT-deep [32] introduces more capacity by replacing the propagated prompts with a new set of learnable prompts at each layer.

VTAB-1k Results (Table 1): Across all three splits of VTAB-1k, our method significantly outperforms the best head-oriented techniques: +11% (natural), +7% (spe*cialized*) and +23% (*structured*). Similar trends hold even when comparing with the more powerful class of backboneoriented techniques. While FT-all has been widely adopted as an effective technique for most adaptation scenarios, our method consistently outperforms it by a significant margin of +4% (natural), +1% (specialized) and +7% (structured). Most interestingly our method even outperforms other powerful prompting techniques like VPT-deep on 12 (out of 19) datasets by a margin of about +1% (*natu*ral), +2% (specialized) and +0.02% (structured). The performance gains are particularly impressive when considered from the perspective of computation vs performance tradeoff. Compared to VPT-deep that uses 53 prompts for natural and 108 prompts for structures, our method only requires 10 and 29 prompts for the respective splits. A more detailed summary is provided in the supplementary.

# 4.2. Few-Shot Semantic Segmentation Without Dense Pretraining

We test the efficacy of EXPRES on a novel adaptation setup where the backbone, pretrained on classification tasks, is directly adapted for few-shot semantic segmentation task without additional training on large denselyannotated datasets. This is in contrast with most works that follow a two-stage pretraining procedure *i.e.*, training on ImageNet-1k with image level labels followed by metalearning on densely annotated datasets constructed from the train folds of PASCAL –  $5^i$ . In contrast, we only perform the first stage pretraining on a sufficiently diverse dataset (ImageNet-21k in our case) with no meta-learning stage. During evaluation, each few-shot episode randomly samples a target image with a segmentation mask that assigns a label 1 to the pixels corresponding to one of the object cate-



Figure 3. **Prompt Propagation:** Effect of propagating prompts with modulation upto a layer,  $l = \{2, ..., 12\}$  of the ViT-B/16 encoder with total 12 layers. The datasets are sampled from the FGVC benchmark.

gories in that image and a label 0 to remaining pixels (background). From the same object category, a set of five images are randomly sampled to form the training set where the mask of each image is annotated in the same way as the target. Our method as well as all baselines that perform metalearning are optimized given a context set to yield a binary classifier for the target image. For dense representations, we use the last layer keys of the MSA-block as we found them to be more accurate than the typical MLP-block output. We observe that our method consistently outperforms the baselines (by 25%) as well as other prompt techniques such as VPT-deep (by 5%). Surprisingly, our method even outperforms [40] that leverages densely annotated datasets (training data per fold) with large language models for a second stage of pretraining. Specifically, on 2/4 folds, EX-PRES outperforms [40] by 10% despite training on a significantly smaller densely-annotated dataset (five images). These results are particularly significant as they suggest that highly competitive results can be achieved with models pretrained on image classification. Consequently, results may be further improved by scaling up the image-level annotated datasets which are cheaper to scale than the densely annotated datasets. In the supplementary, we provide visualizations of the segmentation mask predictions by our method as well as Linear, FT-all and VPT-deep methods.

#### 4.3. Ablation Studies

We conduct extensive ablations to evaluate key design decisions used to develop EXPRES such as feature construction, residual prompting, number of prompts *etc.* For all ablations, we use the same ViT-B/16 backbone. When



Figure 4. Residual Prompt Types: Evaluating the importance of different type of residual prompts on FGVC datasets.



Figure 5. **Computational Efficency Plots:** Comparing Accuracy vs Number of Prompts for VPT and EXPRES

using FGVC datasets, we use only 10% of each dataset with official splits provided in [32].

**Prompt Propagation:** We evaluate the importance of propagating prompts through the ViT-B/16 encoder with layerwise modulation. Specifically, upto a layer l, we allow all tokens (patch, class and prompt) to attend to each other at every layer. Beyond l, prompts are not allowed to interact with other tokens at all; they are simply projected by the value heads of MSA-block followed by MLP processing at every layer. In our experiments, we fix the number of prompts to 10 irrespective of the dataset. From Figure 3, we observe that downstream performance depends directly on the extent of prompt propagation with modulation: accuracy improves as more layers allow prompts to interact with other tokens. These results motivate our method, EX-PRES, that facilitates finegrained layerwise modulation via residual tokens.

**Residual Prompt Type:** In Figure 4 we evaluate the importance of different residual prompt types (one-at-a-time) including attention, LayerNorm (LN), query-key-value projections (QKV) and linear multi-head projection (Proj). We also evaluate residual prompting in the MLP block: after LayerNorm (LN,mlp), first linear projection (L1,mlp) and second linear projection (L2,mlp). We evaluate the composite effect of multiple prompt types within a computational block *i.e.*, *Att* (MSA block) and *MLP* (MLP block) As a baseline, we provide the per-dataset results for shallow

prompting, referred to as *None* in the figure. The number of prompts at each layer are fixed at 10. We observe that, within the MSA block, adding residual prompts to Layer-Norm and query-key-value projections yields the most improvements (3.5% and 2.8% on an average respectively) over *None*. Moreover, LayerNorm prompts in the MLP block are also more effective than prompting the two linear layers. Comparing blockwise performance, prompting the MSA block (*Att*) yields significantly better performance (by 1.6%) than prompting the MLP block (*MLP*). The performance gap between *Att* and *MLP* highlights the importance of directly modulating layerwise interaction between tokens for better adaptation. Consequently, we use *Att* as our default setting for all experiments.

**Computational Efficiency of Prompting**: In prompting techniques, the primary computational overhead arises from the quadratic complexity (in number of tokens) of the transformer encoder. So to evaluate computation efficiency of prompting, we investigate the rate at which performance improves with number of prompts and provide comparisons between our method and VPT in Figure 5. We evaluate on two different datasets sampled from different categories of VTAB-1k. For a given accuracy, *e.g.* 58.5% on Clevr-Distance, EXPRES requires an order less prompts than VPT, resulting in 2 orders less computations. Overall EXPRES achieves higher optimal performance with far fewer prompts than VPT.

# 5. Conclusion

In this work we propose a novel prompting technique for adapting large vision models. Our method demonstrates strong performance across variety of downstream tasks with varying dataset sizes. Further, our method outperforms commonly used finetuning approach as well as the recently proposed VPT method on standard benchmarks. We also demonstrate diverse adaptation ability of our method from classification to semantic segmentation tasks in the few-shot setting. Lastly, our method is more parameter efficient that existing weight-space and prompt based adaptation techniques. In the future, we plan to extend our method to additional settings including vision-language learning.

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