

# Learning Distortion Invariant Representation for Image Restoration from A Causality Perspective

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## Abstract

In recent years, we have witnessed the great advancement of Deep neural networks (DNNs) in image restoration. However, a critical limitation is that they cannot generalize well to real-world degradations with different degrees or types. In this paper, we are the first to propose a novel training strategy for image restoration from the causality perspective, to improve the generalization ability of DNNs for unknown degradations. Our method, termed **Distortion Invariant representation Learning (DIL)**, treats each distortion type and degree as one specific confounder, and learns the distortion-invariant representation by eliminating the harmful confounding effect of each degradation. We derive our **DIL** with the back-door criterion in causality by modeling the interventions of different distortions from the optimization perspective. Particularly, we introduce counterfactual distortion augmentation to simulate the virtual distortion types and degrees as the confounders. Then, we instantiate the intervention of each distortion with a virtual model updating based on corresponding distorted images, and eliminate them from the meta-learning perspective. Extensive experiments demonstrate the generalization capability of our **DIL** on unseen distortion types and degrees. Our code will be available at <https://github.com/lixinustc/Causal-IR-DIL>.

## 1. Introduction

Image restoration (IR) tasks [7, 8, 32, 51], including image super-resolution [11, 24, 43, 46, 56, 57], deblurring [41, 75], denoising [3, 23, 40], compression artifacts removal [28, 53], etc, have achieved amazing/uplifting performances, powered by deep learning. A series of backbones are elaborately and carefully designed to boost the

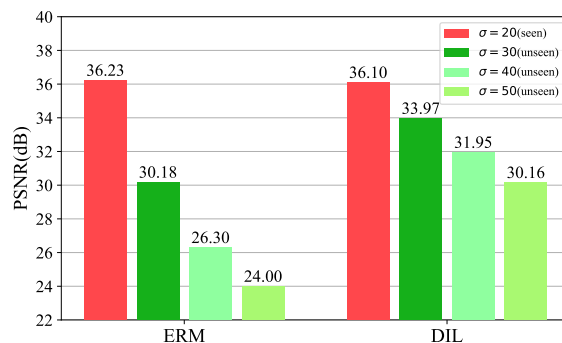


Figure 1. A comparison between ERM and our **DIL** with RRDB as backbone. The results are tested on Set5 with Gaussian noise.

restoration performances for specific degradation. Convolution neural networks (CNNs) [20] and transformers [12, 34] are two commonly-used designed choices for the backbones of image restoration. However, these works inevitably suffer from severe performance drops when they encounter unseen degradations as shown in Fig. 1, where the restoration degree in training corresponds to the noise of standard deviation 20 and the degrees in testing are different. The commonly-used training paradigm in image restoration, *i.e.*, empirical risk minimization (ERM), does not work well for out-of-distribution degradations. Particularly, the restoration networks trained with ERM merely mine the correlation between distorted image  $I_d$  and its ideal reconstructed image  $I_o$  by minimizing the distance between  $I_o$  and the corresponding clean image  $I_c$ . However, a spurious correlation [44] is also captured which introduces the bad confounding effects of specific degradation  $d$ . It means the conditional probability  $P(I_o|I_d)$  is also conditioned on the distortion types or degrees  $d$  (*i.e.*,  $d \not\perp I_o|I_d$ ).

A robust/generalizable restoration network should be distortion-invariant (*i.e.*,  $d \perp I_o|I_d$ ). For instance, given two distorted images with the same content  $I_c$  but different degradations  $d_1$  and  $d_2$ , the robust restoration network is expected to recover the same reconstructed image  $I_o$

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from these two distorted images (*i.e.*,  $P(I_o|I_d, d = d_1) = P(I_o|I_d, d = d_2)$ ), respectively. Previous works for the robustness of the restoration network can be roughly divided into two categories, distortion adaptation-based schemes, and domain adaptation/translation-based schemes. Distortion adaptation-based schemes [60] aim to estimate the distortion types or representations, and then, handle the different distortions by adaptively modulating the restoration network. Domain adaptation/translation-based schemes [13, 35, 48] regard different distortions as different domains, and introduce the domain adaptation/translation strategies to the image restoration field. Notwithstanding, the above works ignore the exploration of the intrinsic reasons for the poor generalization capability of the restoration network. In this paper, we take the first step to the causality-inspired image restoration, where novel distortion invariant representation learning from the causality perspective is proposed, to improve the generalization capability of the restoration network.

As depicted in [17, 44], *correlation is not equivalent to causation*. Learning distortion invariant representation for image restoration requires obtaining the causal effects between the distorted and ideal reconstructed images instead of only their correlation. There are two typical adjustment criteria for causal effects estimation [17], the back-door criterion, and the front-door criterion, respectively. In particular, the back-door criterion aims to remove the bad confounding effects by traversing over known confounders, while the front-door criterion is to solve the challenge that confounders cannot be identified. To improve the generalization capability of the restoration network, we build a structural causal graph in Fig. 2 for the image restoration process and propose the Distortion-Invariant representation Learning (DIL) for image restoration by implementing the back-door criterion from the optimization perspective. There are two challenges for achieving this. The first challenge is how to construct the confounder sets (*i.e.*, distortion sets). From the causality perspective [17, 44], it is better to keep other factors in the distorted image invariant except for distortion types. However, in the real world, collecting distorted/clean image pairs, especially with different real distortions but the same content is impractical. Inspired by counterfactual [44] in causality and the distortion simulation [55, 71], we propose counterfactual distortion augmentation, which selects amounts of high-quality images from the commonly-used dataset [2, 49], and simulate the different distortion degrees or types on these images as the confounders.

Another challenge of implementing DIL stems from finding a stable and proper instantiating scheme for the back-door criterion. Previous works [36, 37, 54, 64, 65] have incorporated causal inference in high-level tasks by instantiating the back-door criterion [17] with attention interven-

tion [64], feature interventions [66], etc, which are arduous to be exploited in the low-level task of image restoration. In this work, we theoretically derive our distortion-invariant representation learning **DIL** by instantiating the back-door criterion from the optimization perspective. Particularly, we model the intervention of simulated distortions for the restoration process by virtually updating the restoration network with the samples from the corresponding distortions. Then, we eliminate the confounding effects of distortions by introducing the optimization strategy from Meta-Learning to our proposed DIL. In this way, we can instantiate the causal learning in image restoration and enable the **DIL** based on the back-door criterion.

The contributions of this paper are listed as follows:

- We revisit the image restoration task from a causality view and pinpoint that the reason for the poor generalization of the restoration network, is that the restoration network is not independent to the distortions in the training dataset.
- Based on the back-door criterion in causality, we propose a novel training paradigm, **Distortion Invariant representation Learning (DIL)** for image restoration, where the intervention is instantiated by a virtually model updating under the counterfactual distortion augmentation and is eliminated with the optimization based on meta-learning.
- Extensive experiments on different image restoration tasks have demonstrated the effectiveness of our **DIL** for improving the generalization ability on unseen distortion types and degrees.

## 2. Related Works

### 2.1. Image Restoration

Image Restoration (IR) [7, 22, 26, 32, 33, 51, 67] aims to recover high-quality images from the corresponding distorted images, which plays a prominent role in improving the human visual experience. With the advancement of deep learning, a series of works have achieved remarkable progress in lots of IR tasks, including image denoising [3, 40, 73], deblurring [41, 50, 75], super-resolution (SR) [9, 11, 27, 58, 61, 62, 74], etc. Particularly, most of them are devoted to elaborately designing the frameworks for different IR tasks based on their degradation process, which can be roughly divided into two categories, CNN-based framework [9, 11, 74], and Transformer-based framework [7, 24, 32, 67]. Despite that, the above works only explore how to improve the ability of inductive bias toward specific degradation, which lacks enough generalization capability. To improve the model’s robustness, some works seek to incorporate the domain translation [13, 35, 48] or distortion-adaptive learning [60] into image restoration. In contrast, we introduce causal learning [17] to image restoration. We answer the reason for the bad robustness of the

restoration network and propose *distortion-invariant representation learning from a causality perspective*.

## 2.2. Causal Inference

Causal Inference is proposed to eliminate the harmful bias of confounders and discover the causal relationship between multiple variables [17]. A *do* operation is implemented with adjustment criteria, *e.g.*, front-door or back-door, to estimate the causal effects [44]. In recent years, deep learning has boosted the vast development of a series of intelligent tasks, *e.g.*, image classification [10, 12, 34], segmentation [19, 47], detection [6, 30], low-level processing [7, 51]. However, prominent works focus on fitting the *correlation* between inputs and their outputs while ignoring the *causation*. Due to the existence of confounders, the networks are easy to capture the spurious correlation between inputs and their outputs. For instance, if *most lions lie in the grass* in the training data, the model inevitably mistakes the grass for a lion. To get rid of the harmful bias of confounders, some studies seek to incorporate causal inference into deep learning. [54, 66] model the interventions of confounders from the feature perspective [64] integrate the front-door criterion to vision-language task from the attention perspective. To improve the generalization capability, [29, 36, 37, 65] introduce the causal learning to domain adaptation/generalization. However, the above causality-inspired methods merely focus on the high-level tasks. In this paper, for the first time, we investigate the causality-based image restoration, which aims to improve the generalization capability of restoration networks on different distortion types and degrees.

## 3. Methods

### 3.1. A Causal View for Image Restoration

Image restoration aims to restore the distorted images, of which the degradation process can be represented as a function  $I_d = g(I_c, D)$ . Here,  $I_c, I_d, D$  denote the clean, distorted images, and distortions, respectively.  $D$  contains distortion types  $D_t$  and degrees  $D_l$ . A restoration network  $f$  is trained with the loss function to minimize the difference between its ideal reconstructed images  $I_o$  and the original clean image  $I_c$ . We model this whole process with a structure causal graph as shown in Fig. 2. Here,  $D \rightarrow I_d \leftarrow I_c$  denotes the degradation process of  $I_d = g(I_c, D)$ .  $I_c \rightarrow I_o$  denotes  $I_o$  is learned with the supervision of  $I_c$  by maximizing the probability of  $P(I_c|I_o)$ . In addition,  $D \rightarrow I_o$  refers to the knowledge learned from  $D$  to  $I_o$ .  $I_d \rightarrow I_o$  means the restoration process with restoration network  $f$ .

From the causality perspective, the causal representation of image restoration requires that the restoration network  $f$  obtains the causal relationship between  $I_d \rightarrow I_o$ . However, there are two extra paths  $I_d \leftarrow D \rightarrow I_o$  and  $I_d \leftarrow I_c \rightarrow I_o$  introducing the spurious correlation to  $I_d$  and  $I_o$ , where  $I_c$  and  $D$  are confounders in causality. Importantly, the  $I_c$  are

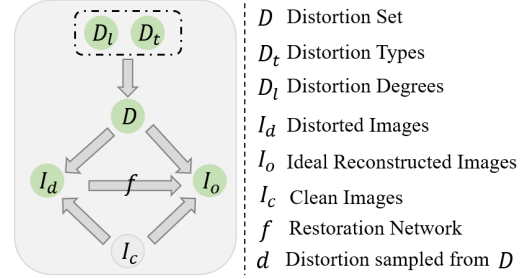


Figure 2. Structure causal graph for image restoration.

commonly diverse in the datasets and bring more vivid textures to reconstructed image  $I_o$ , which is a favorable confounder. We do not take into account the confounder  $I_c$  in our paper.

We aim to improve the robustness of the restoration network to unseen or unknown distortions, which are inhibited by the bad confounding effects from confounders  $D$ . But, *how do the confounders  $D$  limit the generalization capability of the restoration network?* As shown in Fig. 2, the existing of  $I_d \leftarrow D \rightarrow I_o$  causes the conditional probability  $P(I_o|I_d)$  learned by restoration network  $f$  is also condition on distortions  $D$ , *i.e.*, the fitting conditional probability of  $f$  is in fact as  $P(I_o|I_d, D)$ . Consequently, the restoration network  $f$  is not robust to different distortions due to that it is not independent of different distortions  $D$ .

A robust restoration network  $f$  should be independent of different distortions (*i.e.*,  $D \perp\!\!\!\perp I_o|I_d$ ). To achieve this, we adopt the back-door criterion in causal inference to realize distortion-invariant learning (DIL) through a “do” operation. Here, a “do” operation [17, 44] is exploited to cut off the connection from the distortion  $D$  to  $I_d$ , thereby removing the bad confounding effects of  $D$  to the path  $I_d \rightarrow I_o$ , and learning the distortion-invariant feature representation (*i.e.*,  $D \perp\!\!\!\perp I_o|I_d$ ). We formulate the back-door criterion in image restoration as Equ. 1.

$$P(I_o|do(I_d)) = \sum_{d_i \in D} P(I_o|I_d, d_i)P(d_i), P(d_i) = \frac{1}{n}, \quad (1)$$

where the causal conditional probability  $P(I_o|do(I_d))$  is the optimization direction for restoration network  $f$  towards distortion invariant learning. To simplify the optimization, we set the probability of each distortion  $d_i$  as  $1/n$ , where  $n$  is the number of distortion types and degrees that existed in confounders. From Equ. 1, two crucial challenges for achieving it arise. 1) *How to construct the virtual confounders (i.e., different distortion types or degrees)? since collecting different real distorted images with the same contents are nontrivial in the real world.* 2) *How to instantiate the intervention of different distortions to the reconstruction process (i.e., the  $P(I_o|I_d, d_i)$ ) in image restoration.* We achieve this through counterfactual distortion augmentation and distortion-invariant representation learning as described

in the following sections.

### 3.2. Counterfactual Distortion Augmentation

To learn the distortion-invariant representation for the restoration network, it is vital to construct the distortion set  $D$  (i.e., confounders). For instance, if we expect the restoration network to have the generalization capability for different distortion degrees, we require to construct the distortion set  $D$  with the distortions at different levels. Similarly, we can increase the generalization capability of the restoration network for unknown distortion types by constructing the  $D$  with different but related distortion types. Furthermore, to avoid the effects of different image contents, it is better for each clean image to have corresponding distorted images with various distortion types or degrees in  $D$ . However, it is non-trivial to collect datasets that satisfy the above principles in the real world, which is labor-intensive and arduous.

In this paper, we construct the distortion set  $D$  with synthesized distortions, which we can call virtual confounders in causality. Concretely, we collected a series of high-quality images  $I_c$ , and generated the distorted images by modifying the degradation process as  $I_d = g(I_c, d_i), d_i \in D$ . We can also prove the rightness of the above distortion augmentation from the counterfactuals in causality [17], where we answer the counterfactual question that “if  $D$  is  $d_i$ , what the  $I_d$  would be with  $I_c$  invariant?”. The proof can be found in the **Supplementary**.

### 3.3. Distortion-invariant Representation Learning

After constructing the virtual confounders/distortions set  $D = \{d_i | 1 \leq i \leq n\}$ . We are able to achieve the distortion-invariant representation learning by implementing the back-door criterion as Eq. 1 for image restoration. Let us first introduce the relationship between the probability  $P(I_o|I_d)$  and the commonly-used training paradigm ERM (empirical risk minimization). In image restoration, an ideal reconstruction  $I_o$  is expected to learn by maximizing the condition probability  $P(I_o|I_d)$  with loss function as  $\mathcal{L}(f_\theta(I_d), I_c)$ , where  $f_\theta$  is the restoration network with the parameters  $\theta$  and  $L$  denotes the loss function, such as the commonly-used  $\mathcal{L}_1$  or  $\mathcal{L}_2$  loss. The ERM is used to optimize the network  $f_\theta$  (with parameters denoted by  $\theta$ ) by minimizing the loss function overall training dataset  $\mathcal{D} = \{I_d, I_c | d \in D\}$  as:

$$\theta^* = \arg \min_{\theta} \mathbb{E}_{(I_d, I_c) \sim \mathcal{D}} [\mathcal{L}(f_\theta(I_d), I_c)], \quad (2)$$

where  $\theta^*$  enables the restoration network  $f$  to maximize the  $P(I_o|I_d) \approx P(I_c|I_d)$ . However, the above training process also leads the  $P(I_o|I_d)$  to be not independent to the distortions  $d \in D$  in the training dataset  $\mathcal{D}$ , which eliminate the generalization ability of  $f$  on the out-of-distribution distortions (i.e., when  $d \notin D$ ). To achieve the distortion-invariant representation learning, we aim to maximize the

causal conditional probability  $P(I_o|do(I_d))$  as instead of  $P(I_o|I_d)$ . The key challenge stems from how to model the conditional probability  $P(I_o|I_d, d_i)$  in Eq. 1 (i.e., how to model the intervention from the distortion  $d_i \in D$  for the restoration process  $P(I_o|I_d)$ ).

In this paper, we propose to model the intervention from  $d_i \in D$  to the restoration process (i.e.,  $P(I_o|I_d, d_i)$ ) through the optimization of the network parameters  $\theta$ . From the above analysis, we know that the restoration network  $f_\theta$  trained with ERM on the paired training data  $(I_{d_i}, I_c)$  is condition on the distortion  $d_i$ . This inspires us to instantiate the intervention of different distortion types or degrees  $d_i \in D$  through updating the model parameter  $\theta$  to  $\phi_{d_i}$  based on ERM with the training distorted-and-clean image pairs  $(I_{d_i}, I_c)$  as:

$$\phi_{d_i} = \theta - \alpha \nabla_{\theta} \mathcal{L}(f_{\theta}(I_{d_i}), I_c), \quad (3)$$

where  $\phi_{d_i}$  denotes the parameters of the restoration network after one-step update, which is conditioned on the confounder  $d_i$ . Consequently, *the maximum of the conditional probability  $P(I_o|I_d, d_i)$  can be obtained by minimizing the loss  $\mathcal{L}(f_{\phi_{d_i}}(I_d), I_c)$* . The optimization direction toward maximizing the causal condition probability  $P(I_o|do(I_d))$  in Eq. 1 can be derived as:

$$\theta^* = \arg \min_{\theta} \mathbb{E}_{(I_d, I_c) \sim \mathcal{D}} \left[ \sum_{d_i \in D} \mathcal{L}(f_{\phi_{d_i}}(I_d), I_c) \right], \quad (4)$$

where  $D$  denotes the confounder set which contains  $n$  distortion degrees or types. Based on the above optimization objective, we learn distortion-invariant representation learning from a causality perspective.

### 3.4. Implementations of DIL from Meta-Learning

An interesting finding is that the derived optimization direction of DIL from causality perspective in Eq. 4 is consistent with one typical meta-learning strategy termed as MAML [14], even they have different purposes. MAML aims to enable the fast adaptation capability of a network for few-shot tasks, while ours aims to improve the generalization capability of the restoration network. We facilitate our DIL in image restoration based on this meta-learning strategy.

However, it is arduous to directly incorporate the optimization direction of Eq. 4 into the practical training process, which is computationally prohibitive. The reason is that it requires multiple gradient computing and updating, which is expensive, especially for the pixel-wise image restoration. To simplify this process, we utilize the Talyor expansion and inverse expansion to derive Eq. 4 as:

$$\theta^* = \arg \min_{\theta} \mathbb{E}_{(I_d, I_c) \sim \mathcal{D}} [\mathcal{L}(f_{\phi_{\bar{d}}}(I_d), I_c)],$$

$$\text{where } \phi_{\bar{d}} = \theta - \alpha \nabla_{\theta} \sum_{d_i \in D} \frac{1}{n} \mathcal{L}(f_{\theta}(I_{d_i}), I_c), \quad (5)$$

Table 1. Quantitative comparison for image denoising on several benchmark datasets. Results are tested on three different unseen distortion degrees in terms of PSNR/SSIM on RGB channel. Best performances are **bolded**.

Datasets	Levels	Methods				
		ERM	DIL <sub>sf</sub>	DIL <sub>pf</sub>	DIL <sub>ss</sub>	DIL <sub>ps</sub>
CBSD68 [38]	30 ( <i>unseen</i> )	24.90/0.581	<b>30.29</b> <sup>(5.39↑)</sup> / <b>0.866</b>	29.92 <sup>(5.02↑)</sup> /0.858	27.48 <sup>(2.58↑)</sup> /0.809	29.14 <sup>(4.24↑)</sup> /0.802
	40 ( <i>unseen</i> )	21.12/0.400	<b>28.35</b> <sup>(7.23↑)</sup> / <b>0.825</b>	28.10 <sup>(6.98↑)</sup> /0.812	25.90 <sup>(4.78↑)</sup> /0.746	25.74 <sup>(4.62↑)</sup> /0.629
	50 ( <i>unseen</i> )	18.96/0.307	<b>26.64</b> <sup>(7.68↑)</sup> / <b>0.779</b>	26.61 <sup>(7.65↑)</sup> /0.766	24.63 <sup>(5.67↑)</sup> /0.686	23.34 <sup>(4.38↑)</sup> /0.501
Kodak24 [15]	30 ( <i>unseen</i> )	25.12/0.533	<b>31.39</b> <sup>(6.27↑)</sup> / <b>0.867</b>	30.87 <sup>(5.75↑)</sup> /0.858	27.92 <sup>(2.80↑)</sup> /0.801	29.86 <sup>(4.74↑)</sup> /0.782
	40 ( <i>unseen</i> )	21.22/0.352	<b>29.49</b> <sup>(8.27↑)</sup> / <b>0.831</b>	29.15 <sup>(7.93↑)</sup> /0.817	26.46 <sup>(5.24↑)</sup> /0.738	26.13 <sup>(4.91↑)</sup> /0.588
	50 ( <i>unseen</i> )	19.02/0.263	<b>27.76</b> <sup>(8.74↑)</sup> / <b>0.788</b>	27.67 <sup>(8.65↑)</sup> /0.775	25.24 <sup>(6.22↑)</sup> /0.677	23.60 <sup>(4.58↑)</sup> /0.457
McMaster [72]	30 ( <i>unseen</i> )	25.65/0.569	<b>31.70</b> <sup>(6.05↑)</sup> / <b>0.873</b>	31.04 <sup>(5.39↑)</sup> /0.853	28.15 <sup>(2.50↑)</sup> /0.794	30.09 <sup>(4.44↑)</sup> /0.800
	40 ( <i>unseen</i> )	21.73/0.373	<b>29.81</b> <sup>(8.08↑)</sup> / <b>0.831</b>	29.07 <sup>(7.34↑)</sup> /0.802	26.59 <sup>(4.86↑)</sup> /0.728	26.24 <sup>(4.51↑)</sup> /0.605
	50 ( <i>unseen</i> )	19.47/0.278	<b>28.02</b> <sup>(8.55↑)</sup> / <b>0.783</b>	27.31 <sup>(7.84↑)</sup> /0.749	25.20 <sup>(5.73↑)</sup> /0.664	23.60 <sup>(4.13↑)</sup> /0.466
Urban100 [21]	30 ( <i>unseen</i> )	25.46/0.648	<b>30.93</b> <sup>(5.47↑)</sup> / <b>0.898</b>	30.26 <sup>(4.80↑)</sup> /0.884	26.95 <sup>(1.49↑)</sup> /0.825	29.73 <sup>(4.27↑)</sup> /0.841
	40 ( <i>unseen</i> )	21.53/0.479	<b>28.82</b> <sup>(7.29↑)</sup> / <b>0.866</b>	28.32 <sup>(6.79↑)</sup> /0.848	25.26 <sup>(3.73↑)</sup> /0.767	26.25 <sup>(4.72↑)</sup> /0.691
	50 ( <i>unseen</i> )	19.28/0.389	<b>26.88</b> <sup>(7.60↑)</sup> / <b>0.829</b>	26.63 <sup>(7.35↑)</sup> /0.811	23.85 <sup>(4.57↑)</sup> /0.710	23.71 <sup>(4.43↑)</sup> /0.575
Manga109 [39]	30 ( <i>unseen</i> )	26.62/0.653	<b>31.97</b> <sup>(5.35↑)</sup> / <b>0.910</b>	31.14 <sup>(4.52↑)</sup> /0.901	26.02 <sup>(-0.6↑)</sup> /0.833	31.05 <sup>(4.43↑)</sup> /0.858
	40 ( <i>unseen</i> )	22.34/0.442	<b>29.02</b> <sup>(6.68↑)</sup> / <b>0.888</b>	28.53 <sup>(6.19↑)</sup> /0.875	24.31 <sup>(1.97↑)</sup> /0.784	27.29 <sup>(4.95↑)</sup> /0.704
	50 ( <i>unseen</i> )	19.95/0.342	<b>26.52</b> <sup>(6.57↑)</sup> / <b>0.860</b>	26.34 <sup>(6.39↑)</sup> /0.846	22.82 <sup>(2.87↑)</sup> /0.734	24.47 <sup>(4.52↑)</sup> /0.564

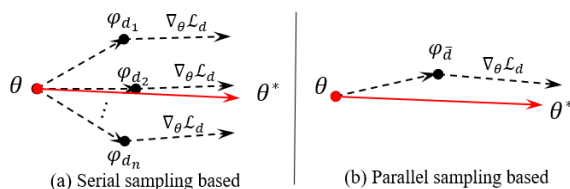


Figure 3. The comparison of serial sampling and parallel sampling.

where  $\phi_{\bar{d}}$  denotes the parameters of restoration network  $f$  that is virtually updated with loss function with samples overall all distortions  $D = \{d_i\}, 1 \leq i \leq n$ . We define it as *parallel sampling* for DIL, which reduces the complex training process of DIL to two steps. In this paper, we call the original sampling strategy as *serial sampling*. The comparison between *serial sampling* and *parallel sampling* are shown in Fig. 3. The detailed derivation for Eq. 5 are described in the **Supplementary**.

We also investigate two different gradient updating strategy for DIL. From Eq. 4 and Eq. 5, we can observe that they require the second-order gradient since the gradient is computed with two-step forward through  $\phi_{d_i}$ , which is shown in Fig. 3. To simplify it, Reptile [42] proposes an alternative strategy (*i.e.*, approximating the second-order gradient by the sequential parameter updating with one-order gradient. The optimization direction (*i.e.*, gradient) is computed with the deviation between the initial and last-step parameters. We integrate it into our DIL and call it first-order optimization. In contrast, the original optimization in Eq. 5 is termed second-order optimization. In summary, we propose four variants for DIL following the above two strategies. DIL<sub>sf</sub> adopts the serial sampling and first-order gradient optimization. DIL<sub>pf</sub> utilizes the parallel sampling and first-order optimization. DIL<sub>ss</sub>/DIL<sub>ps</sub> exploits the second-order optimization and serial/parallel sampling.

## 4. Experiments

In this section, we first describe the implementation details. Then, we validate the effectiveness of our DIL from two typical out-of-distribution settings, *i.e.*, Cross Distortion Degrees, and Cross Distortion Types. Particularly, for cross-distortion degrees, we train the restoration network with seen distortion degrees while testing it with unseen distortion degrees. For cross-distortion types, the restoration network is trained with synthesized distortions and validated on the corresponding real-world or other distortions.

### 4.1. Implementation

We adopt the typical RRDB [56] as our image restoration backbone, which has demonstrated remarkable performances towards various low-level image tasks [52, 55]. All the experiments are done with four NVIDIA 2080Ti GPUs. Adam optimizer is adopted to optimize network parameters in both ERM and DIL training paradigms. More details are given in the **Supplementary**.

### 4.2. Cross Distortion Degrees

**Results on Image Denoising.** For image denoising, the training data are composed of distorted images with noise levels [5, 10, 15, 20] and their corresponding clean images. After training the restoration network, we validate it on the test datasets with unseen noise degrees, including [30, 40, 50]. We compare the empirical risk minimization (ERM) and four variants of our proposed DIL, *i.e.*, DIL<sub>sf</sub>, DIL<sub>pf</sub>, DIL<sub>ss</sub>, and DIL<sub>ps</sub>, respectively.

The experimental results are shown in Table 1. We can observe that all four variants of DIL achieve great generalization ability on multiple unseen noise levels compared with commonly-used empirical risk minimization (ERM). On several typical scenarios, including natural im-

Table 2. Quantitative comparison for image deblurring on several benchmark datasets. Results are tested on the five unseen blur degrees [4.2, 4.4, 4.6, 4.8, 5.0] in terms of PSNR/SSIM on RGB channel.

Datasets	Methods	Levels				
		4.2 ( <i>unseen</i> )	4.4 ( <i>unseen</i> )	4.6 ( <i>unseen</i> )	4.8 ( <i>unseen</i> )	5.0 ( <i>unseen</i> )
Set5 [4]	ERM	29.31/0.844	26.55/0.776	24.43/0.709	22.96/0.648	22.00/0.602
	<b>DIL</b>	29.58(0.27↑)/0.848	27.52(0.97↑)/0.802	25.66(1.23↑)/0.751	24.38(1.42↑)/0.708	23.46(1.46↑)/0.671
Set14 [68]	ERM	27.22/0.781	24.93/0.726	23.16/0.671	21.89/0.624	20.88/0.583
	<b>DIL</b>	27.24(0.02↑)/0.778	25.78(0.85↑)/0.746	24.35(1.19↑)/0.708	23.23(1.34↑)/0.672	22.37(1.49↑)/0.640
BSD100 [38]	ERM	27.20/0.784	25.17/0.732	23.50/0.682	22.24/0.639	21.28/0.602
	<b>DIL</b>	27.37(0.17↑)/0.781	26.16(0.99↑)/0.753	24.91(1.41↑)/0.719	23.86(1.62↑)/0.686	23.02(1.74↑)/0.658
Urban100 [21]	ERM	24.95/0.797	22.41/0.723	20.59/0.657	19.33/0.606	18.40/0.565
	<b>DIL</b>	24.97(0.02↑)/0.793	23.26(0.85↑)/0.743	21.76(1.17↑)/0.693	20.70(1.37↑)/0.651	19.92(1.52↑)/0.618
Manga109 [39]	ERM	28.16/0.865	23.96/0.791	21.21/0.713	19.63/0.652	18.63/0.606
	<b>DIL</b>	28.09(-0.07↓)/0.867	25.41(1.45↑)/0.822	23.15(1.94↑)/0.771	21.69(2.06↑)/0.726	20.72(2.09↑)/0.691

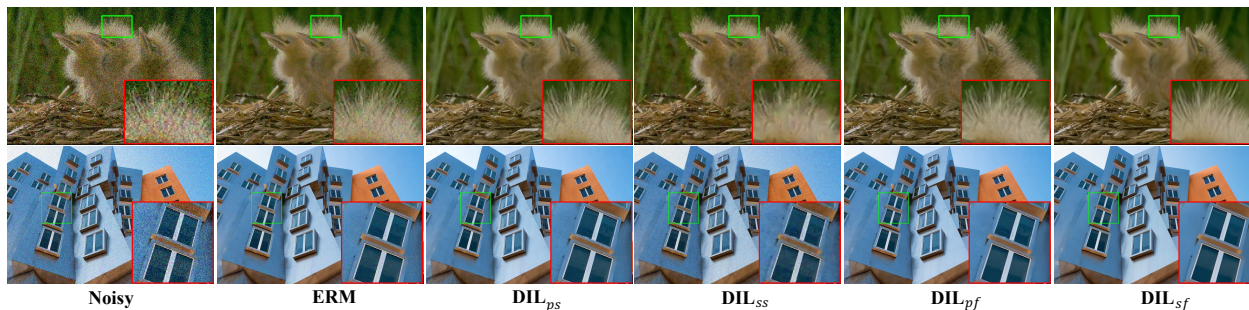


Figure 4. Visual comparison of the commonly-used ERM and our proposed four variants of DIL with the unseen noise level 30.

Table 3. Quantitative comparison for hybrid distortion removal. Results are tested on three different distortion levels in terms of PSNR/SSIM on Y channel.

Datasets	Methods	Distortion level		
		Mild ( <i>unseen</i> )	Moderate ( <i>unseen</i> )	Severe ( <i>seen</i> )
BSD100 [38]	ERM	25.31/0.687	24.62/0.642	25.27/0.617
	<b>DIL</b>	26.37/0.691	25.23/0.645	25.22/0.613
Urban100 [21]	ERM	23.97/0.736	22.51/0.674	23.38/0.655
	<b>DIL</b>	25.00/0.747	23.13/0.682	23.20/0.645
Manga109 [39]	ERM	27.43/0.863	24.85/0.808	26.50/0.815
	<b>DIL</b>	28.41/0.868	25.30/0.810	26.19/0.766
DIV2K [2]	ERM	26.19/0.766	25.94/0.744	27.42/0.742
	<b>DIL</b>	27.84/0.785	26.89/0.756	27.38/0.737

ages (*i.e.*, CBSD68 [38], Kodak24 [15], McMaster [72]), building images (Urban100 [21]), cartoon images (*i.e.*, Manga109 [39]), our DIL even outperforms the ERM by a promising/amazing gain of 8.74 dB at most. Moreover, with the increase of the distribution gap between training and testing data, ours can achieve larger improvements for ERM. Furthermore, for cross distortion degree,  $DIL_{sf}$  shows the best generalization capability compared with the other three variants by serial sampling and first-order optimization. We also visualize the reconstructed images of the above methods in Fig. 4. For the unseen distortion degree ( $\sigma = 30$ ), the ERM cannot remove the noise well and the reconstructed image also contains obvious noise distortion.

However, our  $DIL_{sf}$  enables the restoration network to recover more vivid and clean images from the unseen noise degrees, which validates the correctness and effectiveness of our proposed DIL.

**Results on Image Deblurring.** We also validate the generalization capability of our DIL on the challenging image deblurring. Under this scenarios, we train the restoration network with our proposed DIL with the gaussian blurring level [1.0, 2.0, 3.0, 4.0], and validate its generalization capability on the more severe and difficult blurring levels, including 4.2, 4.4, 4.6, 4.8, and 5.0.

As shown in Table. 2, we validate our DIL on five benchmark datasets, including Set5 [4], Set14 [68], BSD100 [38], Urban100 [21], and Manga109 [39]. With the increase of blurring level, the restoration network trained with ERM suffers from a severe performance drop, since the unseen blurring levels are far away from the blurring levels used for training. But our DIL can improve ERM on each unseen blurring level for five datasets. In particular, we achieve the gain of 2.09 dB for the cartoon scene Manga109 [39] on the blurring level 5.0.

**Results on Hybrid-distorted Image Restoration.** Except for the above single distortion, we also explore the generalization capability of our DIL on hybrid-distorted image restoration. Following [26], the hybrid distorted images are degraded with blur, noise, and Jpeg compression in a sequence manner. Based on the distortion degree, it can be divided into three levels from low to high, *i.e.*, mild, mod-

Table 4. Quantitative results of network generalization capability on real image denoising and synthetic image deraining tasks. Results are tested on Y channel in terms of PSNR/SSIM, except for DND where we obtain our results from official online benchmark.

Methods	Datasets (Real Denoising)		Datasets (Deraining)		
	SIDD [1]	DND [45]	Rain100L [63]	Rain12 [31]	Rain800 [70]
ERM	38.90/0.9379	38.67/0.9549	27.61/0.8577	31.44/0.8947	23.36/0.8199
DIL <sub>sf</sub>	39.96 <sub>(1.06↑)</sub> /0.9410	39.16 <sub>(0.49↑)</sub> /0.9531	28.15 <sub>(0.54↑)</sub> /0.8679	32.43 <sub>(0.99↑)</sub> /0.9163	23.41 <sub>(0.05↑)</sub> /0.8261
DIL <sub>ps</sub>	39.92 <sub>(1.02↑)</sub> /0.9385	39.03 <sub>(0.36↑)</sub> /0.9553	28.37 <sub>(0.76↑)</sub> /0.8739	33.07 <sub>(1.63↑)</sub> /0.9266	23.52 <sub>(0.16↑)</sub> /0.8281



Figure 5. Visual comparison of the commonly-used ERM and our proposed DIL for unseen hybrid-distorted (mild) image restoration.

erate, and severe. In this setting, the restoration network is trained with severe hybrid distortions and validated on the mild and moderate levels.

As shown in Table 3, our DIL achieves an average gain of 1.05 dB, and 0.66 dB on the mild-level, and moderate-level hybrid distortions than ERM, which has a large distribution gap with severe-level hybrid distortions. We can also notice that with the increase of the distribution gap, ours can preserve more performances on the restoration of the out-of-distribution distortions. We also conduct the subjective comparison of our methods with the commonly-used ERM in Fig. 5. We can observe that the restoration network trained with ERM suffers from new artifacts for unseen hybrid-distorted images. But our DIL can eliminate the artifacts well and generate more promising results.

### 4.3. Cross Distortion Types

In this section, we investigate the effects of our proposed DIL on the cross-distortion type setting, which is more challenging than the cross-degree setting.

**Results on Real Image Super-resolution** Real Image Super-resolution (RealSR) has attracted great attention since it is urgently required in real life, where the distorted image contains complex hybrid distortions, such as blurring, low resolution, noise, etc. However, the distorted/clean pairs for RealSR are hard to be collected. Simulating distortions like Real-world distortion has been a popular solution for RealSR [55, 71]. In this paper, we follow the Real-ESRGAN [55] and utilize its proposed RealSR distortion simulating to generate image pairs as training datasets. Then we test the restoration network on the out-of-distribution datasets, RealSR V3 [5], DRealSR [59], which are two commonly-used datasets for RealSR evaluation.

We show the experimental results on RealSR in Table. 5. Without access to any training samples in RealSR V3, DRealSR, our DIL<sub>sf</sub> can outperform the ERM by 0.29dB on RealSR V3 [5] and 0.26dB on DRealSR dataset [59].

Table 5. Quantitative results of the network generalization capability on RealSR tasks. Results are tested on the Y channel in terms of PSNR/SSIM.

Methods	Datasets	
	RealSR V3 [5] (unseen)	DRealSR [59] (unseen)
Real-ESRNet [55]	26.19/0.7989	28.22/0.8470
BSRNet [71]	27.46/0.8082	29.45/0.8579
ERM	27.65/0.8098	29.73/0.8628
DIL <sub>sf</sub>	27.94 <sub>(0.29↑)</sub> /0.8098	29.99 <sub>(0.26↑)</sub> /0.8648
DIL <sub>ps</sub>	28.12 <sub>(0.47↑)</sub> /0.8067	30.58 <sub>(0.85↑)</sub> /0.8712

Table 6. Quantitative results of our DIL on different backbones. Results are tested on the unseen noise level 30 in terms of PSNR/SSIM.

Models	Methods	Datasets		
		CBSD68 [38]	Kodak24 [15]	Urban100 [21]
RRDB	ERM	24.90/0.581	25.12/0.533	25.46/0.648
	<b>DIL</b>	30.28/0.866	31.39/0.867	30.93/0.898
SwinIR	ERM	24.22/0.551	24.22/0.493	24.73/0.618
	<b>DIL</b>	29.08/0.798	29.71/0.774	29.72/0.834

Particularly, we notice that DIL<sub>ps</sub> is more suitable for cross-distortion type scenarios than DIL<sub>sf</sub>, which exceeds the ERM by a 0.47dB on RealSR V3, and 0.85dB on DRealSR dataset. The reason for that we guess is that DIL<sub>ps</sub> is more capable of improving the generalization for the large distribution gap in image restoration. We also visualize the comparison corresponding to the subjective quality for different methods. As shown in Fig. 6, Real-ESRNet [55] and BSRNet [71] cause the overshooting at the edge of the text. But our DIL<sub>ps</sub> can eliminate the artifacts and achieve a high-quality restoration

**Results on Real Image Denoising.** We also study the generalization capability of our training paradigm DIL on the Real Image Denoising task. Concretely, we select four synthesized distortions based on four categories of color space among camera ISP process [18], and generate training image pairs from DF2K [2, 49] in an online manner. Then we verify its generalization on the commonly-used Real De-

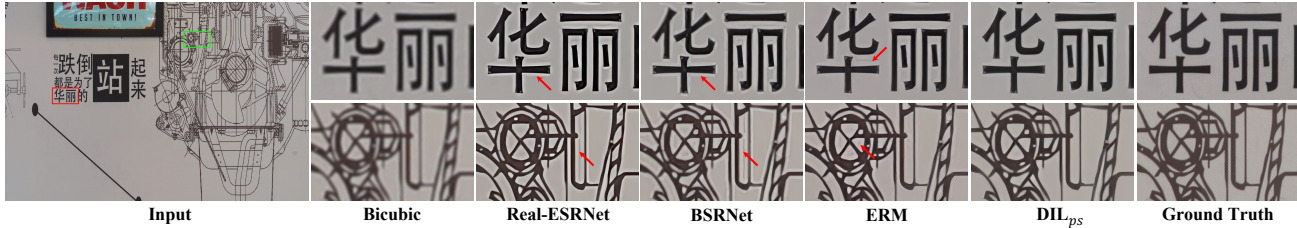


Figure 6. Visual comparison with state-of-the-art methods on DRealSR [59].

Table 7. Quantitative comparison between different distortion augmentation methods.  $D_1$  and  $D_2$  are the first order distortion and the second order distortion derived from [55] respectively. Results are tested on RealSR datasets in terms of PSNR/SSIM.

Augmentation	Methods	Datasets	
		RealSR V3 [5]	DrealSR [59]
$D_1$	ERM	27.65/0.8098	29.73/0.8628
	<b>DIL</b>	27.94/0.8098	29.99/0.8648
$D_2$	ERM	27.39/0.8077	29.41/0.8591
	<b>DIL</b>	27.65/0.8027	29.85/0.8677

noising dataset SIDD [1] and DND [45]. As Table 4 illustrated, our  $DIL_{ps}$  achieves the PSNR of 39.92 dB, which outperforms the ERM by 1.02dB, which is almost the same with  $DIL_{sf}$ .

**Results on Image Deraining.** As an extension experiment, we introduce our DIL to the experiments of image deraining task. Particularly, the raining types and degrees between different datasets are severely different in image deraining. Here, we optimize the restoration network with three image deraining datasets, including DID-MDN [69], Rain14000 [16], and Heavy Rain Dataset [25]. Then we validate the generalization capability of the restoration network on three unseen deraining datasets, *i.e.*, Rain100L [63], Rain12 [31], and Rain800 [70]. We report the experimental results in Table 4. Our DIL ( $DIL_{ps}$ ) enables the restoration network to have a better generalization capability than ERM, which obtains a gain of 0.76dB on Rain100L [63] and 1.63dB on Rain12 [31] dataset.

#### 4.4. Ablation Studies

**Impact of different restoration networks.** We demonstrate the effectiveness of DIL across different network backbones. In addition to the convolution-based RRDB [56] network, we also incorporate our DIL into the transformer-based SwinIR [32]. The performances are reported in Table 6, which reveals that our DIL can also improve the generalization capability of Transformer-based backbones. This study reveals our DIL is a general training paradigm for different backbones.

**Effects of different variants for DIL** As shown in Table. 1, and 4, we can observe that  $DIL_{sf}$  is more proper for cross-distortion degrees. But for cross-distortion types,  $DIL_{ps}$  achieves better performance for RealSR and Image Deraining. It is noteworthy that the distribution gap of dif-

ferent distortion types is larger than different degrees. The first-order optimization is more stable but lacks enough capability for a severe distribution gap compared to second-order optimization. But all of them are competent in improving the generalization capability.

### 5. Discussion on Limitations

**The performance on training data.** We also report the performance of our DIL on the seen training data in Table 3. It can be seen that our DIL will cause a slight performance drop but the generalization capability is improved obviously. The reason for that is our DIL implements distortion invariant representation learning, which prevents the restoration network from over-fitting to the training data.

**The impact of different distortion augmentation.** As shown in Table 7, despite that our DIL achieves the improvement of the generalization capability. The final generalization performance is still related to the distortion augmentation strategy. It is vital to find a universal distortion augmentation strategy, which requires more exploration. We believe it will be a potential/important direction to improve the generalization ability of the restoration network.

### 6. Conclusion

In this paper, we propose a novel *distortion invariant representation learning* (**DIL**) training paradigm for image restoration from the causality perspective. In particular, we provide a causal view of the image restoration process, and clarify why the restoration network lacks the generalization capability for different degradations. Based on that, we treat the distortion types and degrees as confounders, of which the confounding effects can be removed with our proposed **DIL**. Concretely, we produce the spurious confounders by simulating the different distortion types and degrees. Then, an instantiation of the back-door criterion in causality is introduced from the optimization perspective, which enables the restoration network to remove the harmful bias from different degradations. Extensive experiments on the settings, cross distortion degrees, and cross distortion types, have demonstrated that our **DIL** improves the generalization capability of the restoration network effectively.

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