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Zero-shot Referring Expression Comprehension via Structural Similarity Between Images and Captions

Zeyu Han¹, Fangrui Zhu¹, Qianru Lao², Huaizu Jiang¹ ¹Northeastern University ²Harvard University

{han.zeyu,zhu.fang,h.jiang}@northeastern.edu, estherbear17@gmail.com

Abstract

Zero-shot referring expression comprehension aims at localizing bounding boxes in an image corresponding to provided textual prompts, which requires: (i) a fine-grained disentanglement of complex visual scene and textual context, and (ii) a capacity to understand relationships among disentangled entities. Unfortunately, existing large visionlanguage alignment (VLA) models, e.g., CLIP, struggle with both aspects so cannot be directly used for this task. To mitigate this gap, we leverage large foundation models to disentangle both images and texts into triplets in the format of (subject, predicate, object). After that, grounding is accomplished by calculating the structural similarity matrix between visual and textual triplets with a VLA model, and subsequently propagate it to an instancelevel similarity matrix. Furthermore, to equip VLA models with the ability of relationship understanding, we design a triplet-matching objective to fine-tune the VLA models on a collection of curated dataset containing abundant entity relationships. Experiments demonstrate that our visual grounding performance increase of up to 19.5% over the SOTA zero-shot model on RefCOCO/+/g. On the more challenging Who's Waldo dataset, our zero-shot approach achieves comparable accuracy to the fully supervised model. Code is available at https://github. com/Show-han/Zeroshot REC.

1. Introduction

Visual grounding is a fundamental task across computer vision and natural language processing, where the goal is to find the correspondences between image content and textual descriptions. It has broad applications in image captioning [18, 53], visual question answering [43, 66], vision-language navigation [11], etc. Collecting detailed grounding annotations to train specialist models, however, is cumbersome. Therefore, **zero-shot visual grounding** [30, 38, 54] is an attractive alternative.



A man watches as a man shoots over a man

Figure 1. Illustration of how we disambiguate visual entities based on their interactions with other entities. The same entity or relationships in the image and caption are in the same color.

As a visual grounding task, the essence of referring expression comprehension (REC) is the alignment of text queries with corresponding image regions. To achieve this goal, it is critical for a grounding model to understand the relationships of entities[28], both within and cross different modalities (visual vs. textual), when identifying referred entities within an image. As shown in the upper part of Fig. 1, the touching relationship is the key to resolve the ambiguity of identifying the correct cat. Similarly, the lower part of Fig. 1 illustrates a more complex situation where multiple entities are engaged in various interactions. Both scenarios highlight the importance of relationship understanding within both the image and caption, where entities are not merely isolated elements but interact dynamically with others in the scene. In a zero-shot learning context, the task of understanding these relationships can be more challenging, as the model lacks exposure to specific training instances that could aid in interpretation.

Recent advances in zero-shot REC [30, 54, 65] have been largely driven by the integration of large-scale visionlanguage aligned (VLA) models such as CLIP [47] and FLAVA [52], which serve as bridges connecting text and image domain. These approaches, however, fall short in relationship understanding. On the one hand, in the textual domain, existing approaches adopt hand-crafted language parsers [54, 65] to decompose the input caption into a set of phrases, which are fragile and do not generalize well to long, complex captions in real-world applications, as shown in the bottom of Fig. 1. On the other hand, the visual relationship understanding capability of VLA models is inherently not good enough. Recent studies have revealed that VLA models behave like "bags-of-words" [67]. and demonstrated that they fail to perform beyond chance level at simple tasks requiring compositional understanding [7, 8, 12, 57, 67]. Some effort have been dedicated to mitigate this issue by generating hard negative prompts through word replacement [8, 20, 67], caption augmentation [7, 8], and feature augmentation [22]. These rule-based methods, however, are limited in producing diverse samples and have potential bias of design pattern, consequently restricting their generalization capabilities.

In this paper, we focus on the REC task by explicitly modeling the entity relations within both images and captions using the structural similarity between them to solve the zero-shot visual grounding problem. Specifically, we decompose the image and caption into two sets of triplets in the form of (subject, predicate, object), in which each triplet captures a pair of potential entities with their interrelation. By considering the similarity of subject, object, and predicate jointly, we can find better matchings of object proposals and their referrings. Compared with existing work [54], our approach is more principled and eliminates the ad-hoc post-processing spatial relation resolver. More importantly, to improve the relationship understanding in the caption, we resort to Chat-GPT and leverage its powerful in-context learning capability [56, 59] for the triplet decomposition to find all possible relation triplets given a sentence. In contrast to the dependency parser in [54], our parsing works better when dealing with long captions and do not restrict to spatial relationships (e.g., to the left of), which can fully capture the rich compositional semantics present in actions or interactions, such as walking or talking to.

To address the limitation of a VLA model's visual relationship understanding, we harness a curated collection of data sources rich in relational knowledge, which include human-object interaction datasets [3, 46] and image scene graph dataset [27]. Similar to our grounding pipeline, we isolate visual entities and construct triplets in both visual and textual sides and then implement a triplet-level contrastive learning objective to fine-tune the VLA model. Compared with the existing rule-based negative prompts construction, this design has two unique advantages. First, by decomposing a single image into multiple triplets, we can obtain more training instances and improve the diversity of the training data than simply using the entire image for fine-tuning. Furthermore, the isolation of entities removes the distraction of other content in the image, providing more useful supervision for the model fine-tuning. We fine-tune a VLA model in a parameter-efficient manner [15] using LoRA [19], improving its visual relationship understanding while preserving its powerful generic feature representations learned from large-scale data. Our resulting model is called **VR-VLA** (Visual Relationship VLA).

Experimental results show that on the standard Ref-COCO/g/+ datasets [42, 63], we can surpass the SOTA zeroshot baseline [54] up to 19.5%, and an average of 9.7%. On the challenging Who's Waldo dataset [6], whose captions are much longer and depict much richer interactions of humans, our zero-shot method significantly outperforms [54], achieving comparable accuracy to supervised methods. We also conduct ablation studies validating the effectiveness of our model design.

To summarize, our main contributions are three-folded. (1) A novel zero-shot visual grounding model, where we harness the powerful capabilities of foundation models (*e.g.*, ChatGPT and CLIP) to explicitly model the structural similarity between entities. (2) A novel recipe to improve a VLA model's visual relationship understanding by efficiently incorporating the supervision from a collection of curated data sources. (3) We report SOTA zero-shot visual grounding results on the REC datasets and also show promising results on the Who's Waldo dataset, where our zero-shot approach achieves comparable accuracy to the fully supervised method.

2. Related Work

Visual grounding. Based on the focus of the grounding task, visual grounding diverges into two main categories. The first emphasizes the noun properties of the query text. Precise understanding of the noun's meaning enables locating the corresponding grounding box in the image. Representative datasets contain MS-COCO [37], Object365 [49] (fixed-category), Flickr30K Entities [45] (open-vocabulary), etc. The second category emphasizes comprehending the interrelations among entities to localize the correct visual entity (potentially from among many similar ones) corresponding to the query text. Representative datasets contain RefCOCO/+/g [42, 63], Who's Waldo [6], etc. Our research of interest belongs to the second category, where relations are strong grounding clues.

Based on the use of grounding data, visual grounding can be classified into supervised and zero-shot categories. The majority of research [23, 35, 73] focuses on supervised visual grounding, where models are specifically designed and trained with grounding data for this purpose. Conversely, zero-shot visual grounding methods [30, 38, 54] adapt pre-existing vision-language models for grounding tasks. Our work is situated within this zero-shot visual grounding paradigm.

Visual relationship understanding. Images and texts are

constructed using fundamental elements — objects in images and noun spans in texts — along with their interactions and relationships. For a model to understand relationship, it must not only detect individual entities but also establish relational links between them. Research communities such as human-object interaction [3, 10, 24, 25, 34, 40, 46, 69– 71, 75] and visual scene graph [27, 33, 55, 60, 61, 68, 72, 76] emphasize the relational aspect for visual tasks.

Visual relationship understanding is also highly relevant to the *compositional reasoning* [8, 12, 17, 20, 22, 67] ability for VLA models. Although we anticipate that VLA models, trained via contrastive learning on extensive image-text pairs, would inherently develop a capacity for compositional reasoning, the reality is somewhat different. Most SOTA VLA models behave like "bags-of-words" [67]. They are capable of matching textual entities with corresponding visual elements, but falling short in interpreting their relationships or attributes. To address this, many studies have implemented strategies such as introducing negative text prompts [7, 8, 67] in training batches — including noun substitutions, attribute and verb modifications, caption augmentation — or integrating scene graphs [17] during training or inference. In our work, we show that finetune the VLA models on the visual relationship datasets can alleviate this problem. Furthermore, the explicitly defined structural representation also help strengthen the compositional reasoning for visual grounding tasks.

Language parsing. In the language side, structure prediction [1, 5, 44, 50] is well studied and aims for solving several problems including entity recognition [9, 32, 51], relation classification [14, 74], semantic role labeling [2, 16], event extraction [21, 31], coreference resolution [29, 58], etc. The acquired structural representation can be illustrated as either a language parsing tree [54] or a set of labels that indicate the respective roles of each word [50].

3. Proposed Approach

Our proposed grounding pipeline contains two stages. First, we decouple image and text entities and construct triplets in the format of (subject,predicate,object). Second, we calculate triplet-level similarity matrix and propagate it to the instance-level and then obtain the bounding box with the highest similarity score. The primary focus in our matching pipeline is to accurately model the relationship between entities, which is achieved by the the tripletlevel structural similarity, as shown in Fig. 2. We also provide a novel recipe to equip the VLA models with better compositional understanding ability.

3.1. Constructing Triplets

Given a caption, denoted by C, and its associated image, denoted by I, we postulate that both C and I comprise sets



Figure 2. Illustration of the triplet-level structural similarity. Visual and textual triplets are encoded by image encoder and text encoder, respectively. Then the structural similarity is calculated as the sum of cosine similarities between subject, predicate, and object.

of entities¹, denoted by $\mathcal{E}_T = \{e_i^T\}_{i=1}^M$ for the text and $\mathcal{E}_I = \{e_i^I\}_{i=1}^N$ for the image, where M and N represent the total number of entities in \mathcal{C} and \mathcal{I} , respectively. Interrelation of an entity pair is represented by $r^T(\cdot)$ for the text and $r^I(\cdot)$ for the image. In this stage, our objective is to construct entity-relation triplets for both modalities.

For text, we denote the triplets as:

$$\mathcal{T}_T = \{ t_{ij}^T = (e_i^T, r^T(e_i^T, e_j^T), e_j^T) \, | \, 1 \le k, l \le M \}.$$
(1)

For image, we denote the triplets as:

$$\mathcal{T}_{I} = \{ t_{kl}^{I} = (e_{k}^{I}, r^{I}(e_{k}^{I}, e_{l}^{I}), e_{l}^{I}) \mid 1 \le i, j \le N \}.$$
(2)

The cardinality of the above two sets are defined as M' for text and N' for image, respectively.

Textual triplets construction. Large language models have exhibited a powerful capacity for a range of downstream tasks. Here, we leverage its powerful in-context learning capability to parse a caption C into triplets T_T . Specifically, We design a prompt to instruct the ChatGPT to parse the caption text C. Fig. 3 provides an overview on how we design prompt for RefCOCO/+/g dataset, and further details are elaborated as follows. Note that the prompts can vary depending on datasets to accommodate different distributions of the data.

As shown in Fig. 3, the prompt can be divided into four parts: (i) general instruction; (ii) supporting details; (iii) in-context learning examples, and (iv) task instruction, followed by *LLM completion*, which yields the output of the LLM in the specified format and content. In part (i), we define a clear and general instruction for specific task. Then, we elaborate supporting details in part (ii), including the expected output format, essential elements, and preferences for what should or should not be included, etc. In part (iii), we curate several in-context learning examples to guide the

 $^{^{1}\}mbox{We}$ use "entities" to denote objects to differentiate from <code>object</code> in a triplet.

	General Instruction Given a sentence, first determine the main entity (with its attributes) that sentence is describing. Then analyze and extract all the spacial relation/act between the determined main entity with other entities.			
	Supporting Details	Return in the JSON format: {"entity": "xxx", "relations": [["xxx", "yy", "zz"], ["aa", "bb", "xxx"],]}. All the returned relations must be a triplet containing exactly three elements. The first The second The third You can make some guess if Your response must accurately follow the above instruction in both content and format, akin to the examples provided below, without any extra explanatory text.		
	In-context Learning Examples	##Examples##		
		INPUT: a woman wearing blue jeans sitting on a chair with a baby sitting in her lap		
		OUTPUT: {"entity": "a woman", "relations": [["a woman", "wearing", "blue jeans"], ["a woman", "sitting on", "a chair"], ["a baby", "sitting in", "a woman"]]}		
		INPUT:		
		OUTPUT:		
	Task Instruction	##Your Task##		
		INPUT: [user input, e.g., one small girl in white t-shirt is touching the elephant]		
		OUTPUT:		
	LLM completion	{"entity": "one small girl", "relations": [["one small girl", "wearing", "white t-shirt"], ["one small girl", "is touching", "the elephant"]]}		

Figure 3. Illustration of leveraging ChatGPT's powerful in-context learning capability to parse a caption into triplets.

LLM, which is immediately followed by part (iv), where we append the input caption \mathcal{T} . Finally, we feed the above input into LLM, and then decoupled textual triplets will be generated through the LLM completion. We also do a simple format check after the completion.

Visual triplets construction. In an image, entities are represented by bounding boxes, each enclosing an individual object. These boxes might be predefined by the dataset or extracted using a pre-trained object detector. Without prior knowledge about how these entities are related, we assume potential interactions can happen between every pair of entities. Therefore, we generate visual pairs using a Cartesian product, which includes all possible combinations of entities. A notable case is when a pair consists of the same entity (box) twice. This represents a self-relation, suggesting the entity's own attributes, such as color (*e.g.*, red) or self-actions (*e.g.*, walking). Then we use the union area of two entity boxes to represent $r^{I}(e_{i}^{I}, e_{j}^{I})$, the interrelation between entities.

Here, we derive triplets set \mathcal{T}_T and \mathcal{T}_I from caption and image, respectively. Before moving on, we filter out redundant triplets $t_{ij}^I \in \mathcal{T}_I$ based on heuristic rules similar to Re-CLIP [54]. Specifically, given a textual triplet t_{ij}^T , where its predicate contains keywords that reflect some spacial relationships, *e.g.*, to the left of. In such a case, we filter out visual box pairs where the central point of the former box (*i.e.*, subject) is in the right of the latter one (*i.e.*, object). This approach is much simpler than building complicated spatial semantic trees like in ReCLIP, yet it effectively adds spatial context and improves performance.

3.2. Grounding Based on the Structural Similarity

With the triplets derived from the image and caption, we can use them to solve the visual grounding problem, which allows us to leverage the structural similarity between both modalities to more accurately link the textual descriptions of their corresponding image regions.

We consider two grounding directions: text \rightarrow image and image \rightarrow text, each serving unique task requirements. The text \rightarrow image grounding is applied when identifying specific image regions based on a textual description (*e.g.*, RefCOCO/+/g [42, 63] dataset). Conversely, image \rightarrow text grounding involves locating relevant textual descriptions for a given image region (*e.g.*, Who's Waldo [6] dataset). Given their symmetrical nature, this section will primarily focus on the text \rightarrow image grounding scenario.

Triplet-level grounding. Given a text triplet $t_{ij}^T = (e_i^T, r^T(e_i^T, e_j^T), e_j^T)$, we separately feed $e_i^T, r^T(e_i^T, e_j^T)$, and e_j^T into a VLA text encoder to obtain three text embeddings, denoted as $(\mathbf{t}_i, \mathbf{t}_{i,j}, \mathbf{t}_j)$. Similarly, for a image triplet $t_{kl}^I = (e_k^I, r^I(e_k^I, e_l^I), e_l^I)$, we derive three image embeddings $(\mathbf{v}_k, \mathbf{v}_{k,l}, \mathbf{v}_l)$ using the image encoder. The similarity between these two triplets is then given by:

$$\mathbf{S}(t_{ij}^T, t_{kl}^I) = \cos(\mathbf{t}_i, \mathbf{v}_k) + \cos(\mathbf{t}_{i,j}, \mathbf{v}_{k,l}) + \cos(\mathbf{t}_j, \mathbf{v}_l), \quad (3)$$

where $\cos(\cdot, \cdot)$ denotes the cosine similarity function. $\mathbf{S} \in \mathbb{R}^{M' \times N'}$ is the similarity matrix between all text triplets with all image triplets. We subsequently get a binary indicator matrix $\mathbf{B} \in \{0, 1\}^{M' \times N'}$ by:

$$\mathbf{B}(t_{ij}^T, t_{kl}^I) = \begin{cases} 1 & \text{if } k, l = \arg\max_{m,n}(\mathbf{S}(t_{ij}^T, t_{mn}^I)). \\ 0 & \text{otherwise.} \end{cases}$$

Here, for each text triplet t_{ij}^T , the binary indicator matrix **B** assigns the value of 1 to the most similar image triplet t_{kl}^I and 0 to all others.



Figure 4. **Illustration of propagating the similarity scores from grounded triplets to the instance level.** Via the aggregation of the similarity scores from multiple grounded triplets, it helps find the instance-level correspondences more accurately. For instance, in the lower part, the referring expression a man and the blue bounding box appear in two different triplets, acting as the subject and object, respectively. Such structural similarity provide more useful cues to improve the instance-level grounding. (Best viewed in color.)

Instance-level grounding. Another substantial challenge in the visual grounding problem is that both the subject and object in a triplet may have multiple interactions with other entities. To this end, we design a novel method to propagate the triplet-level grounding results to the instances.

Specifically, based on the triplet-level grounding results, we can compute the instance-level structure-aware similarity matrix \mathbf{R} as follows:

$$\mathbf{R}(e_i^T, e_k^I) = \sum_{j,l} \mathbf{B}(t_{ij}^T, t_{kl}^I) \mathbf{S}(t_{ij}^T, t_{kl}^I) + \sum_{j,l} \mathbf{B}(t_{ji}^T, t_{lk}^I) \mathbf{S}(t_{ji}^T, t_{lk}^I).$$
(4)

The two terms in Eq. 4 consider both the cases where e_i^T and e_k^I appear as the subject and object in different triplets, as shown in lower part of Fig. 4. By aggregating the similarity scores from multiple grounded triplets, it helps find the instance-level correspondences more accurately.

Finally, for each text entity, we compute the most relevant image entity as follows:

$$\hat{e}_k^I = \operatorname{argmax}_m \mathbf{R}(e_i^T, e_m^I), \tag{5}$$

where \hat{e}_i^I denotes the corresponding visual entity for e_i^T . Notably, our approach can easily extend to the one-to-many grounding scenario if we implement a threshold-based selection in place of the argmax function in Eq. 4 and Eq. 5. We limit our discussion to one-to-one grounding for clearer understanding.

3.3. Enhanced Relational Understanding

In Equation 3, the interaction between two entities is represented by the term $\cos(\mathbf{t}_{i,j}, \mathbf{v}_{k,l})$. This term is crucial

as it attempts to quantify the relationship between entities through cosine similarity, under the assumption that VLA models can adequately grasp these relationships. Nevertheless, as indicated by other studies [54, 67], this assumption often falls short in practice. To address this issue, we finetuned VLA models using a combination of datasets rich in relational knowledge. These datasets include HICO-det [3], SWiG [46], and Visual Genome (VG) [27]. Notably, in the case of the VG dataset, we excluded all the images from COCO to maintain the integrity of the zero-shot protocol, aligning with our experiments based on RefCOCO/+/g.

The datasets mentioned provide annotation bounding boxes for objects together with their textual descriptions and relationships with other objects. So we can easily follow what we have done in the triplet-level grounding stage to create visual-textual triplets, and then utilize a contrastive learning loss on these triplets. To clarify, we use the same notation in Eq. 3 to calculate the similarity between two triplets. Assume t_{ij}^T and t_{kl}^I are two corresponding triplets, we define the contrastive loss as follows:

$$\mathcal{L} = \sum_{(t_{ij}^T, t_{kl}^I)} \left[\log \left(\frac{\mathbf{S}(t_{ij}^T, t_{kl}^I)}{\sum_{m,n} \mathbf{S}(t_{ij}^T, t_{mn}^I)} \right) + \log \left(\frac{\mathbf{S}(t_{ij}^T, t_{kl}^I)}{\sum_{m,n} \mathbf{S}(t_{mn}^T, t_{kl}^I)} \right) \right].$$
(6)

Through this refined approach, we aim to enhance the VLA models' ability to understand and accurately score the relationship between entities, thereby enhancing the zero-shot grounding capability.

Compared with the existing rule-based negative prompts construction [7, 8, 67], this design has two unique advan-

	RefCO	OCOg	R	RefCOCO)+]	RefCOCO)
Model	Val	Test	Val	TestA	TestB	Val	TestA	TestB
Random	18.12	19.10	16.29	13.57	19.60	15.73	13.51	19.20
Supervised SOTA [35]	88.73	89.37	85.24	89.63	79.79	92.64	94.33	91.46
CPT-Blk w/ VinVL [62]	32.10	32.30	25.40	25.00	27.00	26.90	27.50	27.40
CPT-Seg w/ VinVL [62]	36.70	36.50	31.90	35.20	28.80	32.20	36.10	30.30
CLIP (ViT-B/32)								
CPT-adapted [54]	21.77	22.78	23.46	21.73	26.32	23.79	22.87	26.03
GradCAM [48]	49.51	48.53	44.64	50.73	39.01	42.29	49.04	36.68
ReCLIP [54]	56.96	56.15	45.34	48.45	42.71	45.77	46.99	45.24
Ours	57.60	56.64	45.64	47.59	42.79	48.24	48.40	49.15
Ours+VR-CLIP	59.87	59.90	55.52	62.56	45.69	60.62	66.52	54.86
FLAVA								
Ours	60.95	<u>59.99</u>	48.89	50.02	46.86	49.37	47.76	51.68
Ours+VR-FLAVA	61.25	60.86	<u>50.79</u>	<u>53.35</u>	47.62	<u>52.46</u>	<u>52.66</u>	<u>52.92</u>

Table 1. Accuracy on the RefCOCOg, RefCOCO+ and RefCOCO datasets. Ours represents leveraging our triplet-to-instance pipeline for grounding. Ours+VR-CLIP/VR-FLAVA further replaces the original VLA model with our relationship-enhanced model. Except for the supervised method, the best results are highlighted in **bold**, and second-best results are <u>underlined</u>.

tages. First, by decomposing a single image into multiple triplets, we can obtain more training instances and improve the diversity of the training data than simply using the entire image for fine-tuning. Furthermore, the isolation of entities removes the distraction of other content in the image, providing more useful supervision for the model fine-tuning.

4. Experiments

4.1. Setup

RefCOCO/RefCOCO+[42]/RefCOCOg[63] are collected from MS-COCO [36]. RefCOCO includes 19,994 images with 142,210 referring expressions. RefCOCO+ has 19,992 images and 141,564 expressions. RefCOCOg contains 26,771 images with 104,560 expressions. In Ref-COCO and RefCOCO+, expressions are shorter, averaging 1.6 nouns and 3.6 words. In RefCOCOg, expressions are longer, averaging 2.8 nouns and 8.4 words.

Who's Waldo [6] introduces a person-centric visual grounding task, where all names in the captions are masked, forcing models to link boxes and the masked [NAME] tokens through attributes and interactions between visual entities. The captions are long and contain complex scene descriptions. We use its test split for evaluation, which contains 6741 images. Each caption contains about 30 words. **Evaluation metrics.** On RefCOCO/+/g, we follow previous work [54] to use accuracy as the grounding results, *i.e.*, if the IoU (Intersection over Union) value between the pre-

dicted box and ground truth region is larger than 0.5, it is a correct prediction. On Who's Waldo, following previous work [6], given the grounding results of person in textual descriptions to bounding boxes in the image, we report the accuracy against ground-truth links on the test set.

4.2. Implementation Details

RefCOCO/+/g On RefCOCO/+/g datasets, we adopt the test-time augmentation strategy outlined in ReCLIP [54], where they use both cropping and blurring for isolated visual entities. When blurring the union region, we separately process each box in the box pair, isolating only the area where the box is located, rather than directly using the union area, which helps to minimize distraction from other visual objects. We use the whole caption instead of the decoupled main entities before feeding into the text encoder since it produces better results. All the heuristic rules mentioned in Sec. 3.1 are also adopted from ReCLIP.

VLA fine-tuning We fine-tune the CLIP model based on the code from [8], where LoRA rank r = 4, batch size is 1024, learning rate is 5e - 6, and epoch is 20. We use the huggingface PEFT [41] for fine-tuning FLAVA, where we set lora rank r = 16 for 10 epochs. Since the SWiG dataset [46] does not contains triplet annotations, we use ChatGPT to convert the existing annotation into triplets.

Box generator Following ReCLIP, we use bounding boxes generated from MAttNet [64] as the box proposals on Re-fCOCO/+/g. On the Who's Waldo dataset, we use the box proposals provided in the annotations.

4.3. Main Results

RefCOCO/+/g We benchmark our approach against various zero-shot visual grounding models, including Colorful Prompt Tuning (CPT) [62], GradCAM [48], and ReCLIP [54]. CPT-adapted is introduced and adapted by [54]. Re-CLIP represents the latest SOTA in zero-shot REC methods.

As shown in Table 1, compared to other models utilizing the same CLIP architecture, our proposed method consis-

Method	Test Accuracy				
Supervised					
Who's Waldo [6]	63.5				
Pretrained on grounding data					
Gupta et al. [13] (COCO)	35.6				
Gupta et al. [13] (Flickr30K)	38.2				
SL-CCRF [39]	46.4				
MAttNet [64]	24.1				
UNITER [4]	34.2				
CLIP					
ReCLIP [54]	29.4				
Ours	60.8				
Ours+VR-CLIP	<u>61.3</u>				
FLAVA					
Ours	59.6				
Ours+VR-FLAVA	59.8				

Table 2. Accuracy on the Who's Waldo dataset. The best results are highlighted in **bold**, and second-best results are <u>underlined</u>.

tently outperforms all competitors across all splits. Specifically, our model exhibits a performance improvement of up to 19.53% over ReCLIP, with an average enhancement of 9.74%. Remarkably, even without fine-tuning the backbone CLIP model, our method can surpass the ReCLIP by up to 3.91%, with an average of 1.05%, showing that the structural similarity based on ChatGPT's parsing also contributes to the relational understanding.

In addition, we also extend our methodology to another VLA model, FLAVA [52], to verify the generalizability of our approach. Not surprisingly, when integrated into our matching pipeline, FLAVA demonstrates superior performance compared to the CLIP model. This can be attributed to FLAVA's inherently more robust architecture. After fine-tune the FLAVA, the resulting VR-FLAVA consistently improve the performance across all dataset splits, reinforcing the effectiveness of our method in enhancing the relation-ship understanding of various VLA models.

Who's Waldo We compare our approach with the models trained on grounding dataset, which include Gupta et al. [13], SL-CCRF [39], MAttNet [64] and UNITER [4]. The *Who's Waldo* method serves as a supervised baseline, as reported in its original paper [6]. Additionally, we adapte ReCLIP [54] for our dataset, utilizing their language parser to identify potential referring expressions, followed by grounding using their original approach².

As shown in Table 2, our approach outperforms all models trained on the grounding dataset, with a notable margin. Among these, SL-CCRF was the closest competitor, yet it falls behind our method by 14.9%. When compared to the supervised *Who's Waldo* method, our zero-shot setting only shows a 2.2% reduction in performance. This highlights

Triplet	VR-CLIP	Val	Test
X	X	55.35	54.33
X	1	56.90	56.81
✓	×	57.60	56.64
1	✓	59.87	59.90

Table 3. Effectiveness of each component of our grounding pipeline on RefCOCOg. Triplet means whether we use the triplet-to-instance grounding (instead of scoring-and-ranking). VR-CLIP represents whether we use fine-tuned VR-CLIP instead of the original CLIP model.

our method's effectiveness in visual grounding, especially in processing long and complex captions. Notably, performance of ReCLIP is no better than random choice. This is because their language parser fails to handle the real-world complex captions as in Who's Waldo. It validates our design choice of using the in-context learning capability of LLMs for better generalization ability.

We show visualization results in Fig. 5. The left two columns display results from RefCOCOg, while the rightmost column shows results from Who's Waldo. ReCLIP failed in all examples listed. Our approach, which explicitly models relationships (indicated by arrows in the images), provides more helpful information for grounding. Additionally, it is observed that ChatGPT consistently excels in parsing complex captions, such as those in Who's Waldo.

4.4. Ablation Studies

In this section, we conduct ablation studies on RefCOCOg. This dataset is particularly suitable for our evaluation because it has longer captions and rich entity interactions, making it an ideal testbed for assessing each component.

Effectiveness of components in the grounding pipeline. We explore two key variations: *Triplet* and *VR-CLIP*. The *Triplet* variation examines the impact of utilizing tripletto-instance matching as opposed to a basic scoring-andranking approach, i.e., scoring each isolated boxes using CLIP, than select one with the highest similarity. The *VR-CLIP* variant assesses the performance differences between the fine-tuned VR-CLIP and the original CLIP model.

As shown in Table 3, substituting the CLIP model with the VR-CLIP yields superior results because of the enhanced relational capability. Note that although we do not explicitly use the structural similarity in this context, we are still using the whole caption as the referring expressions, which inherently convey the relationship information. Further analysis reveals that if we replace the scoringand-ranking with our proposed triplet-to-instance matching pipeline, we can get better results through the relationship modeling. By combining both, we can achieve best results. **Effectiveness of triplet components.** We separately remove the subject, object and predicate terms in

²The experiment is conducted using the authors' released code.



Figure 5. **Zero-shot visual grounding results.** Left two columns are results from RefCOCO, where our predictions are in green box, distraction objects are in red box. The rightmost column shows results from Who's Waldo, where predicted annotation links are in the same color. Arrows represent relationships between visual objects, and the text on the images are the parsed triplets.

	Val	Test
full	59.87	59.90
w/o subject	48.35	47.83
w/o object	56.92	57.05
w/opredicate	56.90	56.81

 Val
 Test

 full
 59.87
 59.90

 w/o 1st term
 59.54
 59.37

 w/o 2nd term
 59.11
 59.26

Table 4. Effectiveness of each triplet component on Ref-COCOg. Each removal is done by set the corresponding term in Eq. 3 to 0. For w/o predicate, we also turn off the box pair filter to remove any spatial information provided in the caption.

Eq. 3 to explore their effectiveness in grounding performance. As shown in Table 4, the absence of subject or object leads to the loss of most noun information and its attributes, resulting in a clear accuracy drop. This impact is particularly significant for subject removal, since most main entities in RefCOCOg are represented as subject. Without predicate, meaning no interrelation between entities is considered, the accuracy degrades by about 3 points. It emphasizes the importance of our structural similarity in modeling the entity relationships.

Effectiveness of triplet- to instance-level grounding . We separately remove the first and second terms in Eq. 4 to validate our design of triplet- to instance-level grounding. The results are reported in Table 5, which shows that utilizing both pieces of information yields the best performance.

4.5. Limitations

While our method enhances the visual relationship understanding of VLA models, it sacrifices the model's zero-shot

Table 5. Effectiveness of different terms in Eq. 4 for triplet- to instance-level grounding on RefCOCOg.

capabilities as generalist models and downgrades them to specialist ones. For example, after fine-tuning, CLIP's zeroshot image classification accuracy decreases from 0.63 to 0.50 and the R@5 for image retrieval on COCO decreases from 0.57 to 0.54. A promising future direction is to apply large-scale unlabeled image-caption pairs during VLA finetuning, and probably we can generate region-text triplets using ChatGPT and SAM (Segment Anything Model) [26] as pseudo ground-truths.

5. Conclusion

In this paper, we proposed a novel zero-shot referring expression comprehension model by resorting to powerful capabilities of foundation models (*e.g.*, ChatGPT and CLIP) to explicitly model the structural similarity between entities and then find their correspondences by propagating the similarity from triplets to instances. We also introduced a novel recipe to improve a VLA model's visual relationship understanding by training from a collection of curated data sources. Experimental results on RefCOCO/+/g and Who's Waldo validate the effectiveness of our approach.

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