

A Call to Reflect on Evaluation Practices for Age Estimation: Comparative Analysis of the State-of-the-Art and a Unified Benchmark

Jakub Paplham
 Department of Cybernetics
 Faculty of Electrical Engineering
 Czech Technical University in Prague
 paplhjak@fel.cvut.cz

Vojtěch Franc
 Department of Cybernetics
 Faculty of Electrical Engineering
 Czech Technical University in Prague
 xfrancv@cmp.felk.cvut.cz

Abstract

Comparing different age estimation methods poses a challenge due to the unreliability of published results stemming from inconsistencies in the benchmarking process. Previous studies have reported continuous performance improvements over the past decade using specialized methods; however, our findings challenge these claims. This paper identifies two trivial, yet persistent issues with the currently used evaluation protocol and describes how to resolve them. We offer an extensive comparative analysis for state-of-the-art facial age estimation methods. Surprisingly, we find that the performance differences between the methods are negligible compared to the effect of other factors, such as facial alignment, facial coverage, image resolution, model architecture, or the amount of data used for pretraining. We use the gained insights to propose using FaRL as the backbone model and demonstrate its effectiveness on all public datasets. We make the source code and exact data splits public on [GitHub](#) and in the supplementary material.

1. Introduction

Age estimation has received significant interest in recent years. However, a closer examination of the evaluation process reveals two underlying issues. First, no standardized data splits are defined for most public datasets, and the used splits are rarely made public, making the results irreproducible. Second, methods often modify multiple components of the age estimation system, making it unclear which modification is responsible for the performance gains.

This paper aims to critically analyze the evaluation practices in age estimation research, highlight the issues, and appeal to the community to follow good evaluation practices to resolve them. We benchmark and fairly compare recent deep-learning methods for age estimation from facial images. We focus on *state-of-the-art* methods that

adapt a generic architecture by changing its last layer or the loss function to suit the age estimation task. Although this may appear restrictive, it is essential to note that most of the methods proposed in the field fall into this category ($\approx 70\%$). By comparing methods that modify only a small part of the network, we aim to ensure a fair evaluation, as the remaining setup can be kept identical. Besides the usual intra-class performance, we also evaluate their cross-dataset generalization, which has been neglected in the age prediction literature so far. Surprisingly, we find that the influence of the loss function and the decision layer on the results, usually the primary component that distinguishes different methods, is negligible compared to other factors.

Contributions

- We show that existing evaluation practices in age estimation do not provide consistent results. This leads to obstacles for researchers aiming to advance prior work and for practitioners striving to pinpoint the most effective approach for their application.
- We define a proper evaluation protocol, offer an extensive comparative analysis for state-of-the-art facial age estimation methods, and publish our code.
- We show that the performance difference caused by using a different decision layer or training loss is significantly smaller than that caused by other parts of the prediction pipeline.
- We identify that the amount of data used for pre-training is the most influential factor and use the observation to propose using FaRL [30] as the backbone architecture. We demonstrate its effectiveness on public datasets.

2. Issues with Current Evaluation Practices

2.1. Data Splits

Publications focused on age estimation evaluate their methods on several datasets [1, 4, 20, 21, 23, 25, 29]. The most

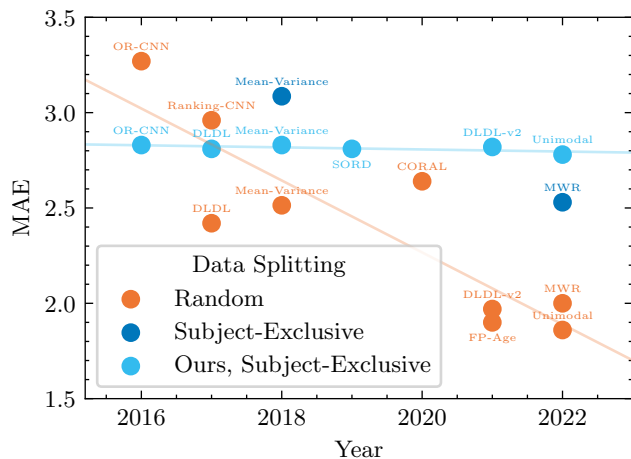


Figure 1. Mean Absolute Error (MAE) ↓ of age estimation methods on the MORPH dataset, as reported in the existing literature and measured by us, viewed over time. **Random splitting** remains the prevalent data splitting strategy. The consistent performance improvements over time are attributed in the literature to specialized loss functions for age estimation. **Subject-exclusive** (identity-disjoint) data splitting is rarely employed. With **unified subject-exclusive** data splitting and all factors except the loss function fixed, all evaluated methods yield comparable results, failing to achieve the performance gains promised by the random splitting.

commonly used of these is the MORPH [23] dataset. However, the evaluation procedures between the publications are not unified. For instance, OR-CNN [21] *randomly* divides the dataset into two parts: 80% for training and 20% for testing. No mention is made of a validation set for model selection. *Random splitting* (RS) protocol is also used in [3, 5, 12, 13, 19, 28], but the specific *data splits* differ between studies as they are rarely made public. Since the dataset contains multiple images per person (many captured at the same age), the same individual can be present in both the training and testing sets. This overlap introduces a bias, resulting in overly optimistic evaluation outcomes. The degree of data leakage can vary when using random splitting, making certain data splits more challenging than others. Further, this fundamentally changes the entire setup; rarely will one want to deploy the age estimation system on the people present in the training data. Consequently, comparison of different methods and discerning which method stands out as the most effective based on the published results becomes problematic.

Only some publications [22, 27] recognize this bias introduced by the splitting strategy and address it by implementing *subject-exclusive* (SE) [22] splitting. This approach ensures that all images of an individual are exclusively in the (i) training, (ii) validation, or (iii) testing part. The terminology here is not fully established. One might encounter either *identity-disjoint* or *person-disjoint* instead

of subject-exclusive in the literature.

To assess how prevalent *random splitting* (RS) on the MORPH dataset truly is, we conducted a survey of all age estimation papers presented at the CVPR and ICCV since 2013. We found 16 papers focused on age estimation, of which nine use RS, two use SE, five use specialized splits, and three do not utilize MORPH. We further surveyed other research conferences and journals, namely: IJCAI, BMVC, ACCV, IEEE TIP, Pattern Recognit. Lett., Pattern Anal. Appl., and find eight influential age estimation papers that use MORPH. Of those, seven use RS, and one uses a specialized split. By specialized splits, we are referring to non-standard strategies such as ethnically balanced partitions.

Altogether, we discover that only $\approx 10\%$ of papers that utilize MORPH use the SE protocol. This finding is concerning, as MORPH [23] is the most popular dataset used to compare age estimation approaches. Other datasets do not provide a reliable benchmark either, as standardized data splits are provided only for two public age estimation datasets: (i) the ChaLearn Looking at People Challenge 2016 (CLAP2016) dataset [1], which is relatively small, consisting of fewer than 8000 images, and (ii) the Cross-Age Celebrity Dataset (CACD2000) [4], which has noisy training annotations and is not intended for age estimation. Comparing methods using only these datasets is, therefore, not satisfactory either. Other popular datasets, AgeDB dataset [20] and Asian Face Age Dataset (AFAD) [21], also consist of multiple images per person, requiring SE splitting. However, they lack any data splits accepted by the community and often are used with the RS protocol. As such, they suffer from the same issues as MORPH [23].

2.2. Pipeline Ablation

To fairly compare multiple methods, an identical experimental setup should be used for each of them. The current state-of-the-art age estimation approaches adhere to a common framework encompassing: (i) data collection, (ii) data preprocessing, (iii) model design, including the decision layer and the loss function, and (iv) training and evaluation. Most novel approaches introduce distinct changes to the component (iii); namely they design a specialized loss function to exploit the ordinal nature of age. However, they frequently alter multiple components of the framework simultaneously, complicating the attribution of performance improvements to the claimed modifications.

To compare different loss functions, e.g., [3, 10, 12, 13, 16, 17, 21, 22], the other components of the framework should be kept constant, allowing us to isolate the impact of the selected method on the performance. This is trivial, yet the age estimation community mostly ignores it. Further, many publications hand-wave the other components and do not precisely specify them, making future comparisons meaningless. *It's important to question whether the*

reported enhancement in a research paper truly stems from the novel loss function it proposes or if it could be attributed to a different modification. We strongly advocate that each component be addressed in isolation and that the experimental setup be precisely described.

Over the past decade, numerous novel age estimation methods have been introduced, promising continuous performance improvements every year. However, motivated by these findings, we raise the question: how reliable are the published age estimation results? In Sec. 3 we aim to establish a proper evaluation protocol and use it in Sec. 4 to compare the methods [10, 12, 13, 17, 21, 22, 24] reliably. Figure 1 illustrates the contrast between the performance of state-of-the-art methods as reported in their respective studies and the outcomes as measured by our implementation.

3. Evaluation Protocol

We identified two trivial yet persistent issues that prevent a reliable comparison of age estimation methods. In this section, we address the initial challenge concerning consistent data partitioning. We provide clear guidelines for the evaluation protocol to ensure replicable and fair assessments. Specifically, the protocol should establish a reproducible approach for defining the data used in both (i) training and (ii) performance evaluation. When specifying the training data, one needs to state whether the training dataset is the sole source of information, or if the model was *pretrained* with additional data. Additionally, the evaluation can be subdivided based on the data used for *model evaluation* into *intra-dataset*, and *cross-dataset* results. We describe how to evaluate models in these settings below.

Intra-dataset performance To evaluate intra-dataset performance, a single dataset is used for both training and evaluation of the age estimation system. In this case one should (i) randomly split the dataset into *subject-exclusive* training, validation, and test set¹, (ii) train the model on the training set, (iii) measure the model’s performance on the validation set, (iv) possibly revert back to step (ii) and train the model again, (v) evaluate the model’s performance on the test set, then (vi) publish the results on the test set along with a detailed description of the system components and the data used. If the dataset consists of limited number of examples, it is possible to create multiple splits of the data into training, validation and test set through step (i). Following this, steps (ii) through (v) are iterated n times, where n is the number of generated splits. It is advisable to present the average test performance along with its standard deviation when reporting the results.

¹The generated training, validation and test sets will usually be a partition of the dataset, however, in any case their intersection must be empty.

Cross-dataset performance To evaluate cross-dataset performance, the data split in step (i) of the aforementioned evaluation process is generated from a collection of multiple datasets, ensuring that the complete chosen dataset must be employed entirely for evaluation, effectively constituting the designated test set. The remaining steps of the evaluation procedure remain unaltered.

Regardless of the scenario, whether it is intra-dataset or cross-dataset, each system needs to be evaluated against the test data only once, and the results published. All prior model development and hyperparameter tuning must be based solely on the results on the validation set. Furthermore, it should be indicated whether the training data are the only source of information used for training, or whether the model was pretrained with additional data. In the latter scenario, a detailed description of the additional data and their utilization should also be provided.

4. Comparative Method Analysis

This section applies the evaluation protocol to compare state-of-the-art age estimation methods. We maintain a consistent preprocessing procedure, model architecture, and dataset while selectively altering the decision layer and loss function to incorporate modifications proposed in prominent works such as [10, 12, 13, 17, 21, 22, 24].

4.1. Methodology

Datasets We evaluate the methods using 7 datasets: AgeDB [20], AFAD [21], CACD2000 [4], CLAP2016 [1], FG-NET [15], MORPH [23], and UTKFace [29]. We also use the IMDB-WIKI dataset [25] for pre-training with clean labels from Franc and Āech [11].

Data Splits For the CLAP2016 and CACD2000 datasets, we use the single data split provided by the dataset authors. For the remaining datasets, we create five subject-exclusive (SE) data splits. To generate the split, we partition the dataset such that 60% of the dataset is used for training, 20% for model selection (validation), and 20% for evaluating the model performance (test). Additionally, we ensure that each partition has the same age distribution. Due to its small size, we only use FG-NET for evaluation. We make our data splits and code public at [Facial-Age-Benchmark](https://github.com/paplhjak/Facial-Age-Estimation-Benchmark)².

Model Architecture & Weight Initialization We use ResNet-50 [14] as the backbone architecture. We always start the training of the methods from the same initialization. We run the experiments with (i) random initialization, (ii) weights pre-trained on ImageNet (TorchVision’s IMAGENET1K_V2), and (iii) weights pre-trained on ImageNet and then further trained on IMDB-WIKI for age estimation

²<https://github.com/paplhjak/Facial-Age-Estimation-Benchmark>

with cross-entropy. After the pre-training, the last layer of the model is replaced with a layer specific to the desired method. The models are then fine-tuned on the downstream dataset. It is important to note that for the baseline cross-entropy, we also replace the final layer before fine-tuning. This ensures that the experimental setup remains identical to that of the other methods.

Training Details We utilize the Adam optimizer with the parameters $\beta_1 = 0.9$, $\beta_2 = 0.999$. For pre-training on the IMDB-WIKI dataset, we set the learning rate to $\alpha = 10^{-3}$ and train the model for a total of 100 epochs. For fine-tuning on the remaining datasets we reduce the learning rate to $\alpha = 10^{-4}$ and train the model for 50 epochs. We use a batch size of 100. The best model is selected based on the MAE metric computed on the validation set. We utilize two data augmentations during training, (i) horizontal mirroring, and (ii) cropping out an 80% to 100% portion of the bounding box and resizing it to the model input shape. We do *not* tune the hyperparameters of the methods [10, 12, 13, 17, 21, 22] on the validation set. We apply them in the original configurations. We argue that if any of the loss functions is a significant improvement over the baseline, we should observe a performance improvement across a broad range of hyperparameters and preprocessing pipelines. We consider our training parameters to be reasonable and to provide a comparison of the methods as if employed *out-of-the-box*.

Preprocessing We use the RetinaFace model developed by Deng *et al.* [8] for face detection and facial landmark detection. We use complete *facial coverage*, i.e., the images encompass the entire head. We resize the images to a resolution of 256×256 pixels and normalize the pixel values of the images. To this end, we subtract the mean and divide by the standard deviation of colors on ImageNet [7].

Metrics We use the Mean Absolute Error (MAE) calculated on the test data as the performance measure. To determine whether any method is consistently better than others, we employ the Friedman test and the Nemenyi critical difference test (FN test) as described by Demšar [6]. The main statistic used in the test is the average ranking (1 is best) of a method computed on multiple datasets. Differences in the average ranking are then used to decide whether a method is significantly better than others or whether the improvement is due to randomness (the null hypothesis). We use a common significance level (p-value) of $\alpha = 5\%$.

4.2. Results

Intra-Dataset Performance The intra-dataset results can be seen in Tab. 6, highlighted with a grey background. When starting from random initialization, training with the

Unimodal loss [17] tends to be unstable. Excluding the Unimodal loss [17] from the evaluation, we apply the FN test. The results indicate that three methods: OR-CNN [21], DLDL [12], and the Mean-Variance loss [22], demonstrate a significant performance improvement over the baseline cross-entropy. *With limited data availability, when pre-training is not possible, it is advisable to utilize one of the aforementioned methods.*

With pre-training, either on ImageNet or IMDB-WIKI, none of the methods is significantly better than the cross-entropy. In other words, *we do not observe any systematic improvement by deviating from the standard approach.*

Cross-Dataset Generalization Cross-dataset results, shown in Tab. 6 with white background, were obtained by evaluating the performance of models on datasets that were not used for their training. The cross-dataset performance is unsurprisingly significantly worse than the intra-dataset performance for all of the methods. Using the FN test, we conclude that there is *no significant difference* in generalization capability between any of the methods [10, 12, 13, 17, 21, 22] and the cross-entropy, regardless of pre-training. In other words, though the loss functions may reduce overfitting, they do not help in the presence of covariate shift.

None of the methods perform well when evaluated on a different dataset than the one they were trained on. The best cross-dataset results are achieved by training on either UTKFace or CLAP2016. The worst performance across databases is observed when models are trained on AFAD or MORPH. This discrepancy can be attributed to UTKFace and CLAP2016 having a broader range of images, which allows them to generalize effectively to other datasets. Conversely, the limited diversity in MORPH or AFAD datasets, such as AFAD mainly comprising images of people of Asian ethnicity and around 80% of MORPH being composed of individuals of African American ethnicity, contributes to the poor knowledge transfer. The significant decrease in the performance of models trained on the MORPH dataset when applied to other age estimation datasets underscores the importance of not relying solely on the MORPH dataset as the benchmark for age estimation. To ensure a reliable evaluation of different methods, it is crucial to incorporate results from alternative datasets as well.

5. Component Analysis

In this section, we analyze the influence of the backbone architecture and the data preparation pipeline on model performance. We show that changes to these components can have a much more significant impact on the final performance than the choice of a loss function. When altering a component, we maintain all other components at their defaults, presented as the Cross-Entropy approach in Sec. 4.

We use the gained insight to propose a strong baseline age estimation model using the FaRL [30] backbone.

5.1. Model Architecture

Multiple different backbone architectures can be found in the age estimation literature. Among these architectures, VGG16 [10, 13, 17, 22, 27, 28] and ResNet-50 [2, 3, 19] stand out as the most common choice. We evaluate the influence of the architecture choice on the performance and extend the comparison to include more recent advancements, EfficientNet-B4 and ViT-B-16. We present our findings in Tab. 5. No backbone emerges as universally best across all datasets. Notably, changes in the backbone have a more substantial impact on performance than changes to the loss function, see Tab. 6. This highlights the importance of a thorough ablation, as changes in the backbone architecture could obscure the impact of the loss function.

5.2. Data Preparation Pipeline

Age estimation models require only a specific region of an image, specifically the person’s face, as input, rather than the entire image. However, the influence of this selection process on the model’s performance is not a priori known. Should the model be presented with a tight crop of the face or the entire head? Additionally, facial images can differ in terms of scale and resolution since they originate from various sources and as such need to be resized to a uniform resolution. In this section, we examine the impact of the aforementioned data preparation pipeline on the performance of age estimation models. We demonstrate that changes in the preprocessing have a more substantial impact on performance than changes to the loss function.

Facial Alignment Numerous studies lack an explanation of their facial alignment procedure. Others merely mention the utilization of facial landmarks. To assess whether a standardized alignment is needed for a fair comparison of multiple methods, we adopt three distinct alignment procedures and evaluate their effect on model performance. Firstly, we (i) perform no alignment and employ the bounding box proposed by the facial detection model [8] as the simplest approach. The bounding box sides are parallel to the axes of the image. Secondly, (ii) we utilize the proposed bounding box but rotate it to horizontally align the eyes. Lastly, (iii) we use an alignment procedure, which normalizes the rotation, positioning, and scale. For details, refer to the implementation. A visual representation of these facial alignment methods is depicted in Fig. 2. The performance of models trained using the various alignment procedures is presented in Tab. 1. When working with pre-aligned datasets like AFAD, we observe that procedure (iii) does not yield significant improvements compared to the simpler variants (i) or (ii). Similar results are obtained

on datasets collected under standardized conditions, such as the MORPH dataset. However, when dealing with in-the-wild datasets like AgeDB and CLAP2016, we find that alignment (iii) leads to noticeable improvements over the simpler methods. Interestingly, on the UTKFace dataset, which also contains in-the-wild images, approach (ii) of solely rotating the proposed bounding boxes achieves the best outcomes. However, the disparities among the various alignment procedures are not substantial. We therefore argue that any facial alignment technique that effectively normalizes the position, rotation, and scale of the faces would yield comparable results.

Facial Coverage While facial alignment defines the positioning, orientation, and scale of facial landmarks, the extent to which the face is visible in an image also needs to be specified. We refer to this notion as *facial coverage*. It measures how much of the face is shown in an image and can range from minimal coverage, where only the eyes and mouth are visible, to complete coverage, where the entire head is visible. Determining the optimal compromise between complete facial coverage and minimal coverage is not immediately clear. Complete facial coverage provides a comprehensive view of the face, allowing age estimation algorithms to consider a broader range of facial cues. On the other hand, partial coverage may help reduce overfitting by eliminating irrelevant facial cues and features with high variance. For a visual demonstration of various facial coverage levels, refer to Fig. 3. The concept of facial coverage has received limited attention in age estimation literature. Consequently, the extent of facial coverage utilized in previous studies can only be inferred from the images presented in those works. For instance, Berg et al. [2] seemingly employ minimal coverage, showing slightly more than just the mouth and eyes. The majority of other works [3, 12, 13, 17, 21, 27] tend to adopt partial coverage, where a significant portion of the face, including the chin and forehead, is visible, but not the entire head and hair. In the works of Pan et al. [22], Rothe et al. [24], and Zhang et al. [28], the entire head is shown.

The performance of models trained with the different coverage levels is presented in Tab. 2. Generally, complete facial coverage, which includes the entire head in the model input, yields the best results across the majority of datasets. However, specifically for AFAD dataset and the MORPH dataset, partial coverage performs better. It is important to note that the AFAD dataset contains preprocessed images that do not capture the entire head. Consequently, using complete facial coverage with this dataset results in the presence of black bars and a decrease in the effective pixel resolution of the face. It is then to be expected that increased facial coverage yields inferior results. The smallest coverage, limited to the facial region up to the eyes and mouth,

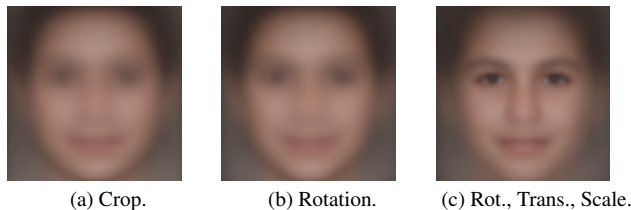


Figure 2. Comparison of different alignment methods using the average face from the FG-NET dataset.

consistently performs the worst. With sufficient pixel resolution, the full facial coverage performs the best.

Input Resolution To investigate the influence of input resolution on age estimation, we performed experiments using multiple resolutions on all datasets: specifically, 256×256 , 128×128 , and 64×64 pixels. The results are presented in Tab. 3. Our findings indicate that an increase in image resolution consistently results in improved model performance across all datasets. Hence, the best performance was achieved with a resolution of 256×256 pixels.

In the literature, one can find resolutions ranging from 60×60 to 256×256 pixels, where newer works tend to use larger resolution images. As the resolution increase can directly be observed to improve the results; and the resolutions increased with years; it is difficult to say whether the newly proposed methods are better overall, or whether they perform better due to using higher resolution images.

Input Transform Finally, we examined the input transformation proposed by Lin *et al.* [18], which involves converting a face image into a tanh-polar representation. This approach has shown large performance improvements in face semantic segmentation. Lin *et al.* then modified the network for age estimation, reporting impressive results [19]. We explored the potential benefits of applying this transformation for age estimation. However, our findings indicate that the transformation does not improve the results compared to the baseline, as shown in Tab. 4. Therefore, we conclude that the improved age estimation performance observed by Lin *et al.* [19] does not arise from the use of a different representation, but rather from pre-training on semantic segmentation or their model architecture.

5.3. FaRL Backbone

We observed that adjustments to the decision layer and loss function have minimal impact on the final model performance. Conversely, large performance disparities arise when modifying other components of the prediction pipeline. Notably, the pretraining data appear to be the most influential factor. Based on this insight, we opt against creating a specialized loss function to enhance the age esti-

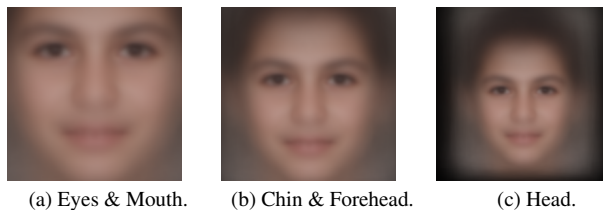


Figure 3. Comparison of different facial coverage levels using the average face from the FG-NET dataset.

Dataset	Alignment		
	Crop	Rotation	Rot. + Trans. + Scale
AgeDB	5.93	5.92	5.84
AFAD	3.12	3.11	3.11
CACD2000	4.01	4.00	4.00
CLAP2016	4.68	4.57	4.49
MORPH	2.81	2.78	2.79
UTKFace	4.49	4.42	4.44

Table 1. MAE \downarrow of ResNet-50 models with different facial alignment. The models were pre-trained on IMDB-WIKI.

Dataset	Facial Coverage		
	Eyes & Mouth	Chin & Forehead	Head
AgeDB	6.06	5.84	5.81
AFAD	3.17	3.11	3.14
CACD2000	4.02	4.00	3.96
CLAP2016	5.06	4.49	4.49
MORPH	2.88	2.79	2.81
UTKFace	4.63	4.44	4.38

Table 2. MAE \downarrow of ResNet-50 models with different facial coverages. The models were pre-trained on IMDB-WIKI.

Dataset	Image Resolution		
	64×64	128×128	256×256
AgeDB	8.43	6.90	5.81
AFAD	3.36	3.25	3.14
CACD2000	5.01	4.55	3.96
CLAP2016	11.34	5.90	4.49
MORPH	3.33	3.07	2.81
UTKFace	5.83	4.81	4.38

Table 3. MAE \downarrow of ResNet-50 models with different image resolutions. The models were pre-trained on IMDB-WIKI.

mation system. Instead, we leverage the FaRL backbone by Zheng *et al.* [30], utilizing a ViT-B-16 [9] model. The FaRL model is trained through a combination of (i) contrastive loss on image-text pairs and (ii) prediction of masked image patches. Training takes place on an extensive collection of facial images (50 million) from the image-text pair LAION dataset [26]. We retain the feature representation extracted by FaRL without altering the model’s weights. Our decision to use FaRL is driven solely by the extensive amount

Dataset	Transform	
	No Transform	RoI Tanh-polar [18]
AgeDB	5.81	5.93
AFAD	3.14	3.15
CACD2000	3.96	4.07
CLAP2016	4.49	4.71
MORPH	2.81	2.80
UTKFace	4.38	4.39

Table 4. MAE \downarrow of ResNet-50 models with different input transformations. The models were pre-trained on IMDB-WIKI [25].

Dataset	Backbone			
	ResNet-50	Eff.Net-B4	ViT-B-16	VGG-16
AgeDB	5.81	5.76	9.07	6.02
AFAD	3.14	3.20	4.04	3.22
CACD2000	3.96	4.00	6.22	3.92
CLAP2016	4.49	4.06	8.55	4.65
MORPH	2.81	2.87	4.35	2.88
UTKFace	4.38	4.23	6.88	4.64

Table 5. Intra-dataset MAE \downarrow with different backbone architectures. The models were pre-trained on IMDB-WIKI [25].

of pre-training data it incorporates, rather than specific characteristics of the backbone. Different image encoders could be trained in the same manner. However, due to the costs associated with training such models, we have chosen to use the available FaRL ViT-B-16 backbone. We employ a simple multilayer perceptron (MLP) over the FaRL-extracted features, consisting of 2 layers with 512 neurons each, followed by ReLU activation. Cross-entropy serves as the chosen loss function. For each downstream dataset, we pretrain the MLP on IMDB-WIKI or initialize it to random weights. We choose the preferred option based on validation loss on the downstream dataset. As previously, we replace the final layer before fine-tuning on downstream datasets.

This straightforward modification outperformed all other models on AgeDB, CLAP2016, and UTKFace datasets. It also achieved superior results on AFAD, matched the performance of other models on CACD2000, but demonstrated worse performance on MORPH. Applying the FN test revealed statistically significant improvements of this model over others in both intra-dataset and cross-dataset evaluations, see Tab. 6. We attribute the poor performance of FaRL on MORPH to the fact that the distributions of images in LAION [26] and MORPH [23] are vastly different. As we do not finetune the feature representation of FaRL [30], it is possible that the representation learned on LAION is superior on the other datasets but deficient on MORPH.

We do not claim this model to be the ultimate solution, but the results achieved with the FaRL backbone along with our public implementation offer a robust and straightforward baseline for a comparison with future methods.

6. Discussion and Conclusions

In this paper, we aimed to establish a fair comparison framework for evaluating various approaches for age estimation. We conducted a comprehensive analysis on seven different datasets, namely AgeDB [20], AFAD [21], CACD2000 [4], CLAP2016 [1], FG-NET [15], MORPH [23], and UTKFace [29], comparing the models based on their Mean Absolute Error (MAE). To determine if any method outperformed the others, we employed the Friedman test and the Nemenyi critical difference test. When pre-training the models on a large dataset, we did not observe any statistically significant improvement by using the specialized loss functions designed for age estimation. With random model initialization, we observed some improvement over the baseline cross-entropy on small datasets. Specifically, for Mean-Variance loss [22], OR-CNN [21], and DLDL [12]. These improvements can be attributed to implicit regularization provided by these methods.

Previously published results reported continuous performance improvements over time (as depicted in Fig. 1). Our findings challenge these claims. We argue that the reported improvements can be attributed to either the random data splitting strategy or hyperparameter tuning to achieve the best test set performance. Our analysis of the data preparation pipeline revealed that factors such as the extent of facial coverage or input resolution exert a more significant impact on the results than the choice of the age estimation specific loss function. Guided by these findings, we use the FaRL [30] model as a backbone for age estimation and demonstrated its effectiveness. In summary:

- We show that existing evaluation practices in age estimation do not provide a consistent comparison of the state-of-the-art methods. We define a proper evaluation protocol which addresses the issue.
- We show that improvements in age estimation results over recent years can not be attributed to the specialized loss functions introduced in [10, 12, 13, 17, 21, 22], as is claimed in the published literature.
- Using the insight gained from analyzing different components of the age estimation pipeline, we construct a prediction model with the FaRL [30] backbone and demonstrate its effectiveness.
- To facilitate reproducibility and simple future comparisons, we have made our implementation framework and the exact data splits publicly available.

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