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# ScoreHypo: Probabilistic Human Mesh Estimation with Hypothesis Scoring

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### Abstract

Monocular 3D human mesh estimation is an ill-posed problem, characterized by inherent ambiguity and occlusion. While recent probabilistic methods propose generating multiple solutions, little attention is paid to obtaining high-quality estimates from them. To address this limitation, we introduce **ScoreHypo**, a versatile framework by first leveraging our novel HypoNet to generate multiple hypotheses, followed by employing a meticulously designed scorer, ScoreNet, to evaluate and select high-quality estimates. ScoreHypo formulates the estimation process as a reverse denoising process, where HypoNet produces a diverse set of plausible estimates that effectively align with the image cues. Subsequently, ScoreNet is employed to rigorously evaluate and rank these estimates based on their quality and finally identify superior ones. Experimental results demonstrate that HypoNet outperforms existing state-of-the-art probabilistic methods as a multi-hypothesis mesh estimator. Moreover, the estimates selected by ScoreNet significantly outperform random generation or simple averaging. Notably, the trained ScoreNet exhibits generalizability, as it can effectively score existing methods and significantly reduce their errors by more than 15%. Code and models are available at https://xy02-05.github.io/ScoreHypo.

# 1. Introduction

Recovering 3D human mesh from a single 2D image presents a fundamental and challenging problem in various humancentered applications, such as motion analysis [1, 14] and avatar animation [68, 70, 79, 81]. Recent advancements in this field have primarily focused on enhancing



Figure 1. **Top:** Our proposed versatile framework ScoreHypo. HypoNet first generates multiple hypotheses that align with the image cues. Then ScoreNet evaluates and ranks them to identify superior estimates. **Bottom:** Qualitative comparison of (Random) randomly selected estimates to (Selected) the selected estimates by our ScoreNet. We visualize the projection view and two side views. The view setting is kept the same across different methods. Our selected result (green) exhibits the most reasonable poses compared to the randomly generated ones and previous works [31, 56]. Please zoom in to see the subtle differences.

the accuracy of producing a single deterministic estimate [8, 9, 22, 39, 46, 48, 76, 80]. Nonetheless, the process of mapping 2D to 3D inherently suffers from several issues including depth ambiguity and occlusion, which are prevalent in real-world environments. As a result, exploring multiple feasible solutions becomes a more appropriate and effective strategy for addressing the monocular mesh estimation challenge.

Recently, there has been an increasing interest in proba-

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bilistically modeling this task by leveraging generative techniques to produce multiple solutions. For instance, ProHMR [31] and HuManiFlow [56] both propose to map the image to a distribution of 3D human meshes using Normalizing Flows [27, 54]. Some approaches further employ diffusion models [20] to enhance the generation process [16]. However, a significant limitation of these probabilistic approaches is their limited emphasis on obtaining high-quality estimates from the generated hypotheses, which may encompass infeasible solutions. Currently, the selection mechanism typically involves either choosing the estimate with minimal error compared to the ground-truth (GT) [31] or simply averaging all the estimates [16]. Despite providing multiple possible estimates, the practical applicability of these methods in real-world scenarios is hindered by the absence of a robust mechanism for selecting more reliable estimates.

To overcome these limitations, we propose an innovative and versatile framework, named ScoreHypo, that not only enables the generation of multiple viable hypotheses but also incorporates a robust and generalized selection module, as illustrated in Figure 1 (top). To achieve this, we first employ HypoNet to generate multiple hypotheses by formulating the estimation problem as a progressive denoising process [20]. To effectively guide the denoising process, HypoNet conditions on the multi-scale image features and employs cross-attention mechanisms [65]. The multi-scale features provide both global and local pixel-aligned features which enables HypoNet to generate feasible estimates that visually align with 2D image cues. Nevertheless, these feasible solutions vary in probability when taking into account fine-grained visual cues and common sense. For example, consider the blue estimated result, where the human body exhibits a subtle forward inclination when observed from a side viewpoint in Figure 1. This subtle discrepancy contradicts the visual portrayal depicted in the image and poses challenges to the selection process.

In light of this, we develop a novel perspective to design a ScoreNet within the same framework. The ScoreNet functions as a critical scorer that ranks all the estimates and finally yields a single solution. To achieve this, we train the ScoreNet with a bundle set of diverse hypotheses generated by HypoNet. By incorporating the differentiable pairwise probabilistic ranking cost [7], we establish the probability distribution of each hypothesis pair's relative quality. Once trained, ScoreNet can score and rank over multiple estimates as shown in Figure 1. It can be seen that the selected estimate (green body) exhibits more reasonable orientations and inclinations. More importantly, our ScoreNet demonstrates strong generalizability, effectively scoring existing probabilistic methods [31, 56] to assist in selecting more reasonable results and significantly improve their performance (please refer to Table 3 in Section 4.4).

To conclude, our contributions are three-fold:

- We introduce ScoreHypo, a novel and versatile framework that combines probabilistic mesh estimation with a robust and generalized hypothesis selection module.
- We propose HypoNet, utilizing multi-scale image features and cross-attention mechanisms to generate feasible 3D estimates aligned with 2D image cues. It outperforms existing state-of-the-art methods on benchmark datasets.
- We present ScoreNet, a robust and generalizable module that effectively selects high-quality results. It is noteworthy that ScoreNet significantly improves the performance of existing probabilistic methods by more than 15%.

# 2. Related work

### 2.1. 3D Human Mesh Estimation

Deterministic estimation Most 3D human mesh estimation methods [22, 29, 43, 45, 64] output a single solution given a monocular image. Pioneer methods [6, 32, 53] optimize the 3D human parametric models such as SMPL [42] to align with 2D observations. For example, SMPLify [6] optimizes the SMPL parameters by minimizing the distance between the fitted 2D keypoints with the detected 2D keypoints. However, the optimization process is prone to get trapped in local optima due to the influence of initialization. Recent works [9, 22, 30, 33, 34, 37, 38, 73, 75] shift to using deep networks to estimate the human mesh and show promising results. Classical work HMR [22] proposes to learn the mapping from image space to the parameter space. However, the mapping is highly non-linear [33, 48, 75] which causes performance degradation. HybrIK [33] proposes to first estimate 3D human pose and then obtain the mesh using Inverse Kinematics, eliminating the difficulty of regressing the SMPL pose parameters.

**Probabilistic estimation** While multi-hypothesis 3D pose estimation has been extensively studied [13], there is relatively little research on probabilistic 3D human mesh estimation. Biggs *et al.* [5] extend HMR [22] to predict a discrete set of multiple hypotheses. Sengupta *et al.* [55] and ProPose [15] use the matrix Fisher distribution to model the distribution of pose rotations. ProHMR [31] and HuMan-iFlow [56] employ Normalizing Flows [27, 54] to model the plausible 3D human model parameter space. HMDiff [16] employs diffusion models [20] to estimate the plausible human meshes. In contrast, our method not only generates a set of plausible estimates but also provides a scoring module for selecting the more suitable estimates.

#### 2.2. Diffusion Models

Denoising Diffusion Probabilistic Models (DDPMs), which are first introduced by Sohl-Dickstein *et al.* [57], are a type of generative model for image generation and undergo significant improvements with the development of acceleration [20, 58], and enhancement [3, 50]. DDPMs learn the target distribution and generation by progressively introducing noise and denoising in both forward and reverse processes. This iterative denoising generation imparts knowledge about the distribution, ultimately yielding the generation of highquality samples. These advancements have contributed to the growing popularity of DDPMs, sparking increased exploration in various fields and tasks such as image inpainting [44], semantic segmentation [4, 71], video generation [19, 72], and motion generation [24, 63]. In the realm of 3D human mesh estimation, where inherent depth ambiguity poses a challenge, probabilistic generation methods are well-suited. Motivated by the promising performances of Diffusion Models, we leverage them to formulate the task of 3D human mesh estimation.

### 3. Method

To address the limitations of existing methods in 3D mesh estimation from single RGB images, we propose a versatile framework **ScoreHypo** as depicted in Figure 2. The framework comprises two key components: *HypoNet* and *ScoreNet*. The HypoNet and ScoreNet share the same architecture design within the versatile framework elegantly, comprising a LatentNet and a Transformer-based network named HypoFormer and ScoreFormer, respectively. This design allows for HypoNet to generate multiple hypotheses based on the RGB image input, and allows for ScoreNet to score and rank these estimates to select a more suitable hypothesis. In the following, we present the model design and workflow of HypoNet and ScoreNet in Sections 3.1 and 3.2, respectively.

# 3.1. HypoNet

**Problem formulation** Monocular 3D human mesh estimation poses significant challenges due to depth ambiguity and self-occlusions, often resulting in multiple feasible solutions. To address this challenge, we draw inspiration from recent advancements in diffusion models [20, 59], which have demonstrated exceptional capabilities in generating diverse and high-quality solutions. The diffusion models [20, 59] achieve this by decomposing the generation process into multiple intermediate denoising steps.

Motivated by this, we formulate the estimation process as a reverse diffusion process, where we progressively denoise a Gaussian noise conditioned on the input image to recover the 3D human mesh. The whole framework of *HypoNet* consists of two key processes: a *forward diffusion process* and a *reverse sampling process*. (1) The forward diffusion process perturbs the 3D human mesh from the data distribution towards a Gaussian prior distribution by gradually adding noise to the GT meshes. (2) On the other hand, the reverse sampling process involves sampling Gaussian noise and progressively denoising it step-by-step. This process allows us to obtain a feasible 3D mesh estimate from the data distribution. By formulating the mesh estimation task as a reverse sampling process conditioned on a single image, we leverage the denoising capabilities of HypoNet, which are learned from the forward diffusion process. In the following, we provide a formal introduction to both the forward diffusion and reverse sampling processes. Additionally, we present the architecture design and training details of HypoNet.

**Forward diffusion** Following [20], starting from  $\mathbf{x}_0$ , a sample drawn from the data distribution, we establish a time-dependent diffusion process by noisy samples  $\{\mathbf{x}_t\}_{t=0}^T$ , where T denotes the total number of timesteps. Over the course of this process, we introduce standard Gaussian noise to the GT data  $\mathbf{x}_0$ , gradually transforming it into a Gaussian distribution  $\mathbf{x}_T \sim p_T$ :

$$q(\mathbf{x}_{1:T}|\mathbf{x}_0) := \prod_{t=1}^T q(\mathbf{x}_t|\mathbf{x}_{t-1}),\tag{1}$$

$$q(\mathbf{x}_t | \mathbf{x}_{t-1}) := \mathcal{N}(\mathbf{x}_t; \sqrt{1 - \beta_t} \mathbf{x}_{t-1}, \beta_t \mathbf{I}), \qquad (2)$$

where  $\{\beta_t\}_{t=1}^T$  denotes the variance schedule. Thanks to the additivity of independent Gaussian distributions and reparameterization [26], the perturbation of  $\mathbf{x}_t$  can be formulated as:

$$q(\mathbf{x}_t|\mathbf{x}_0) := \sqrt{\overline{\alpha}_t}\mathbf{x}_0 + \sqrt{1 - \overline{\alpha}_t}\boldsymbol{\epsilon},\tag{3}$$

where  $\alpha_t := 1 - \beta_t$ ,  $\overline{\alpha_t} := \prod_{s=1}^t \alpha_s$ , and  $\epsilon \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$ .

**Generation through reverse sampling** By reversing the diffusion perturbing process [20], we can get a data sample  $\mathbf{x}_0$  by denoising from a Gaussian distribution  $\mathbf{x}_T \sim p_T$ . To expedite the reverse process, we leverage the Denoising Diffusion Implicit Models (DDIM) [58] framework, which allows for denoising with fewer steps. This is achieved by defining a subset  $\tau \subset \{0, ..., T\}$  that maintains denoising quality while reducing computational overhead. The reverse process can be defined as follows:

$$\mathbf{x}_{\tau_{i-1}} = \sqrt{\overline{\alpha}_{\tau_{i-1}}} \left( \frac{\mathbf{x}_{\tau_i} - \sqrt{1 - \overline{\alpha}_{\tau_i}} \hat{\boldsymbol{\epsilon}}_{\tau_i}}{\sqrt{\overline{\alpha}_{\tau_i}}} \right) + \sqrt{1 - \overline{\alpha}_{\tau_{i-1}} - \sigma_{\tau_i}^2} \hat{\boldsymbol{\epsilon}}_{\tau_i} + \sigma_{\tau_i} \boldsymbol{\epsilon}_{\tau_i},$$
(4)

where  $\tau_i, \tau_{i-1}$  are the adjacent timesteps in the subset  $\tau$ ,  $\sigma_{\tau_i}(\eta) = \eta \sqrt{(1 - \overline{\alpha}_{\tau_{i-1}})/(1 - \overline{\alpha}_{\tau_i})} \sqrt{1 - \overline{\alpha}_{\tau_i}/\overline{\alpha}_{\tau_{i-1}}}$ , and  $\epsilon_{\tau_i} \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$ . During the reverse process, we need to know  $\hat{\epsilon}_{\tau_i}$  for each timestep. Therefore, we train a neural network  $h_{\theta}(\mathbf{x}_t, t | \mathbf{c})$  to estimate it, where  $\theta$  denotes the parameters,  $\mathbf{c}$  denotes the image condition. We detail  $h_{\theta}(\mathbf{x}_t, t | \mathbf{c})$  in the following.



Figure 2. An overview of ScoreHypo, which consists of two core components, HypoNet and ScoreNet. HypoNet generates multiple estimations that align with image conditions through a diffusion process, while ScoreNet scores and selects a more suitable estimation based on the image cues.

Architecture design Figure 2 shows an overview of the whole framework. The noise estimator  $h_{\theta}(\mathbf{x}_t, t|\mathbf{c})$  is the core network of HypoNet, which estimates the noise from the noisy data input  $\mathbf{x}_t$ . The noise estimator  $h_{\theta}(\mathbf{x}_t, t|\mathbf{c})$  is composed of LatentNet, HypoFormer, and a decoder. We first introduce how we construct the data samples  $\mathbf{x}_0$  and thus define the noisy sample  $\mathbf{x}_t$ , then present how to process the image as a condition  $\mathbf{c}$ , and finally introduce the network designs.

We use the SMPL model [42] to represent 3D human mesh which is parameterized by the pose  $\theta \in \mathbb{R}^{72}$  and shape  $\beta \in \mathbb{R}^{10}$  parameters. Following [33], we decompose the SMPL pose parameters  $\theta$  into swing and twist representations. The swing representation could be derived from the 3D body joint positions  $\mathbf{J} \in \mathbb{R}^{J \times 3}$  [33] in a closed-form, where J is the number of SMPL joints. The twist representation  $\Phi \in \mathbb{R}^{\varphi \times 2} = \{(cos(\phi_i), sin(\phi_i))\}_{i=1}^{\varphi}$  denotes the twist rotation, where  $\varphi$  and  $\phi_i$  denote the number of body-parts and 1-DoF twist rotation around  $i^{th}$  body-part, respectively. We construct the data sample  $\mathbf{x}_0 = \{ \tilde{\mathbf{J}}, \tilde{\Phi} \}$  as the combination of GT 3D joint positions and twist, where "denotes GT. The forward diffusion process  $\{\mathbf{x}_t\}_{t=0}^T$  is then defined according to Eq. 3 for all timesteps  $t \in \{0, ..., T\}$ . We use an encoder which is a multilayer perceptron (MLP) to map  $\mathbf{x}_t$ to a high-dimensional feature vector  $\mathbf{F}^p \in \mathbb{R}^{C^l \times (J+\varphi)}$ .

To guide the diffusion process, we propose to use multiscale image features as the condition  $\mathbf{c} := \{\mathbf{F}^g, \mathbf{F}^l\}$ . Two convolutional heads are deployed to obtain the lowresolution *global* feature  $\mathbf{F}^g \in \mathbb{R}^{C^g \times H^g \times W^g}$  and the highresolution *local* feature  $\mathbf{F}^l \in \mathbb{R}^{C^l \times H^l \times W^l}$  after a CNN backbone, where  $C^*$  and  $H^* \times W^*$  denotes corresponding feature channel and feature resolution, respectively. We enforce the local feature  $\mathbf{F}^l$  to regress the 2D body joints  $\mathbf{J}^{2d} \in \mathbb{R}^{J \times 2}$ . Concretely, we obtain heatmaps by applying a convolution layer to  $\mathbf{F}^l$ , from which  $\mathbf{J}^{2d}$  is regressed through the spatial integral technique in a differentiable manner [61]. We omit this process for clarity in Figure 2. We sample the local feature  $\mathbf{F}^{l}$  according to the predicted 2D joint positions  $\mathbf{J}^{2d}$  and obtain pixel-aligned features for each joint. Additionally, we use the midpoint position of a 2D joint pair to sample pixel-aligned features for  $\varphi$  body limbs to get the twist features. The combined features for J joints and  $\varphi$  limbs are denoted as  $\hat{\mathbf{F}}^{l} \in \mathbb{R}^{C^{l} \times (J+\varphi)}$ .

The LatentNet outputs the concatenated features of  $\mathbf{F}^p$ and  $\hat{\mathbf{F}}^l$ , which is then fed into HypoFormer. The Hypo-Former is a Transformer-encoder [65] based network, containing *B* basic blocks. Each basic block is built upon three units: a Multi-Head Self Attention (MHSA) unit, a Cross-Attention (CA) unit, and a Feed-Forward-Network [65] unit. In the CA unit, HypoFormer treats the global image feature  $\mathbf{F}^g$  as the key and value features, while the output of the previous MHSA unit is the query feature. By using the cross-attention mechanism, we effectively guide the diffusion process to align with the image cues.

Finally, a decoder network [12] is deployed to estimate the noise  $\hat{\epsilon}_t$ . The decoder network is an MLP.

**Training losses** To train the HypoNet, we randomly sample a timestep  $t \in \{1, ..., T\}$  to get the perturbed noisy sample  $\mathbf{x}_t$  according to Eq. 3. The overall loss function of HypoNet is defined as:

$$\mathcal{L}^{H} = \lambda_{noise} \mathcal{L}_{noise} + \lambda_{\beta} \mathcal{L}_{\beta} + \lambda_{2d} \mathcal{L}_{2d}, \qquad (5)$$

where  $\mathcal{L}_{noise}$  is the Mean Squared Error (MSE) loss between the predicted noise  $\hat{\epsilon}_t$  and the sampled noise  $\epsilon$ :

$$\mathcal{L}_{noise} = \mathbb{E}_{t,\mathbf{x}_0,\boldsymbol{\epsilon}}[||\boldsymbol{\epsilon} - \hat{\boldsymbol{\epsilon}}_t||^2].$$
(6)

We estimate the SMPL shape parameters  $\beta \in \mathbb{R}^{10}$  directly from the image and define  $\mathcal{L}_{\beta}$  as:

$$\mathcal{L}_{\boldsymbol{\beta}} = ||\boldsymbol{\beta} - \boldsymbol{\beta}||^2, \tag{7}$$

where denotes the GT. Additionally, we enforce the MSE loss between the predicted and GT 2D joint coordinates:

$$\mathcal{L}_{2d} = ||\tilde{\mathbf{J}}^{2d} - \mathbf{J}^{2d}||^2.$$
(8)

 $\lambda_{noise}, \lambda_{\beta}$  and  $\lambda_{2d}$  are constant coefficients.

### 3.2. ScoreNet

Once the HypoNet is trained, according to Eq. 4, HypoNet can produce a diverse set of plausible estimates that align with the input image given a random noise. However, the inherent ambiguity in the 2D to 3D lifting and the demands of real-world applications make it crucial to assess the quality of the generated estimates and propose a more reasonable and reliable one. However, it is challenging because the generated samples are already reasonably aligned with the 2D observations and previous probabilistic works [5, 31, 56] pay little attention to this. The subtle differences necessitate the model to have a keen perception of both the 2D observations and the 3D mesh priors.

In response to this challenge, we propose a robust module within the same framework that could effectively select highquality results from multiple feasible hypotheses. We elegantly share the architecture design of HypoNet but simply change the input to the hypothesis **H** and the task-specific head to a Scorer network. We follow the same mesh decomposition and denote each  $\mathbf{H} = {\mathbf{J}, \Phi}$  as the combination of the denoised joint **J** and twist  $\Phi$ . ScoreNet assesses each hypothesis conditioned on the image features **c** in the same way as HypoNet does, and finally uses a Scorer network to assign a score *s*, unveiling its quality level. The Scorer is implemented as an MLP.

**Training** Given a set of hypotheses  $\{\mathbf{H}_m\}_{m=0}^M$  generated from HypoNet, where M represents the number of hypotheses, our goal is to train ScoreNet to assign a corresponding score  $\{s_m \in \mathbb{R}\}_{i=0}^M$  to each hypothesis conditioned on the corresponding image. We expect to assign higher scores to hypotheses with higher quality. We measure the hypothesis quality by utilizing common mesh evaluation metrics including Mean Per Vertex Error (MPVE)  $Q^v$  [33, 52] and Mean Per Joint Position Error (MPJPE)  $Q^j$  [22, 33, 38], which are defined as:

$$Q^{j} = \frac{1}{J} ||\tilde{\mathbf{J}} - \mathbf{J}||_{2}^{2}, \quad Q^{v} = \frac{1}{V} ||\tilde{\mathbf{V}} - \mathbf{V}||_{2}^{2}, \quad (9)$$

where  $\mathbf{V} \in \mathbb{R}^{V \times 3}$  denotes the mesh obtained by the SMPL models [42], and V denotes the number of vertices.

To ensure the score accurately reflects the subtle quality differences, we model the training process of ScoreNet as the learning of the probability distribution of the relative quality differences among different hypotheses. We adopt a differentiable pairwise probabilistic ranking cost function [7] to define the relative quality difference probability  $P_{mn}$  between hypotheses  $\mathbf{H}_m$  and  $\mathbf{H}_n$  based on their corresponding scores  $s_m$  and  $s_n$  as follows:

$$P_{mn} := P(\mathbf{H}_m \succ \mathbf{H}_n) = \frac{1}{1 + e^{-\sigma \cdot (s_m - s_n)}}, \qquad (10)$$

where  $\mathbf{H}_m \succ \mathbf{H}_n$  indicates that the quality of  $\mathbf{H}_m$  is higher than that of  $\mathbf{H}_n$ , and  $\sigma$  is a hyperparameter. The target probability  $\tilde{P}_{mn}$  is designed as:

$$\tilde{P}_{mn} = \begin{cases} 1, & \mathbf{H}_m \succ \mathbf{H}_n \\ \frac{1}{2}, & \mathbf{H}_m = \mathbf{H}_n. \\ 0, & \mathbf{H}_m \prec \mathbf{H}_n \end{cases}$$
(11)

During training, we use the cross-entropy cost function [7] to fit the learned probability to the GT probability:

$$C_{mn}(P_{mn}, \tilde{P}_{mn}) := -\tilde{P}_{mn} \log P_{mn} - (1 - \tilde{P}_{mn}) \log(1 - P_{mn}).$$
(12)

We define two target probabilities  $\tilde{P}_{mn}^j$  and  $\tilde{P}_{mn}^v$  based on MPVE  $Q^v$  and MPJPE  $Q^j$  quality measures, respectively. For  $\tilde{P}_{mn}^j$ , we define  $\mathbf{H}_m \succ \mathbf{H}_n$  when  $Q_m^j < Q_n^j$ , *i.e.*, hypothesis  $\mathbf{H}_m$  has a lower MPJPE error than hypothesis  $\mathbf{H}_n$ . Similarly, for  $\tilde{P}_{mn}^v$ , we define  $\mathbf{H}_m \succ \mathbf{H}_n$  when  $Q_m^v < Q_n^v$ . The training loss is defined as follows:

$$\mathcal{L}_{rank} = \sum_{m=0}^{M} \sum_{n=0,n\neq m}^{M} (\lambda_j \mathcal{L}_j + \lambda_v \mathcal{L}_v),$$

$$\mathcal{L}_j = C_{mn}(P_{mn}, \tilde{P}^j_{mn}),$$

$$\mathcal{L}_v = C_{mn}(P_{mn}, \tilde{P}^v_{mn}),$$
(13)

where  $\lambda_j$  and  $\lambda_v$  are constant coefficients of the two crossentropy costs.

The overall training loss of ScoreNet is defined as:

$$\mathcal{L}^{S} = \lambda_{rank} \mathcal{L}_{rank} + \lambda_{2d} \mathcal{L}_{2d}, \qquad (14)$$

where  $\lambda_{rank}$  and  $\lambda_{2d}$  denote constant coefficients of the respective loss.

**Inference** In the inference phase, given a set of hypotheses  $\{\mathbf{H}_m\}_{m=0}^M$  and the corresponding image I, ScoreNet outputs the corresponding scores  $\{s_m \in \mathbb{R}\}_{m=0}^M$ . We sort them based on the scores and select the top K hypotheses to aggregate the final output by taking the average.

#### 4. Experiments

#### 4.1. Datasets and Metrics

**H3.6M** [21] dataset is a large-scale indoor 3D human dataset, where SMPL parameters are obtained from MoSh [41]. We follow the standard train-test split, using subjects (S1, S5, S6, S7, S8) for training and (S9, S11) for testing. Consistent with previous works [10, 22, 38, 39], we report the Mean Per Joint Position Error (MPJPE) and PA-MPJPE for SMPL poses derived from the meshes. We also provide the Mean Per Vertex Error (MPVE) for the entire mesh.

M.d J		H3.6M		3DPW			
Method	MPVPE↓	MPJPE↓	PA-MPJPE↓	MPVPE↓	MPJPE↓	PA-MPJPE↓	
SMPLify [6] ECCV'16	-	-	82.3	-	-	-	
HMR [22] CVPR'18	96.1	88.0	56.8	152.7	130.0	81.3	
GraphCMR [30] CVPR'19	-	-	50.1	-	-	70.2	
SPIN [29] ICCV'19	-	-	41.1	116.4	96.9	59.2	
Pose2Mesh [10] ECCV'20	85.3	64.9	46.3	106.3	88.9	58.3	
I2L-MeshNet [48] ECCV'20	65.1	55.7	41.1	110.1	93.2	57.7	
HybrIK [33] CVPR'21	65.7	54.4	34.5	86.5	74.1	45.0	
METRO [39] CVPR'21	-	54.0	36.7	88.2	77.1	47.9	
PARE [28] ICCV'21	-	-	-	88.6	74.5	46.5	
PyMaf [76] ICCV'21	-	57.7	40.5	110.1	92.8	58.9	
CLIFF [37] ECCV'22	-	47.1	32.7	81.2	69.0	43.0	
FastMETRO [9] ECCV'22	-	52.2	33.7	84.1	73.5	44.6	
DeFormer [73] CVPR'23	-	44.8	31.6	82.6	72.9	44.3	
POTTER [78] CVPR'23	-	56.5	35.1	87.4	75.0	44.8	
ImpHMR [8] CVPR'23	-	-	-	87.1	74.3	45.4	
NIKI [34] CVPR'23	-	-	-	86.6	71.3	40.6	
Zolly [67] ICCV'23	-	49.4	32.3	76.3	65.0	39.8	
Biggs et al. [5] NeurIPS'20 ( $M = 10$ )	-	59.2	42.2	-	79.4	56.6	
Biggs <i>et al.</i> [5] NeurIPS'20 ( $M = 25$ )	-	58.2	42.2	-	75.8	55.6	
Sengupta <i>et al.</i> [55] CVPR'21 ( $M = 25$ )	-	-	-	-	75.1	47.0	
ProHMR [31] ICCV'21 ( $M = 10$ )	-	-	38.3	-	-	54.6	
HuManiFlow [56] CVPR'23 ( $M = 100$ )	-	-	-	-	65.1	39.9	
HMDiff [16] ICCV'23 ( $M = 25$ )	-	49.3	32.4	82.4	72.7	44.5	
<b>Ours</b> $(M = 10)$	52.5	42.4	29.0	79.8	68.5	41.0	
<b>Ours</b> ( $M = 100$ )	47.5	38.4	26.0	73.4	63.0	37.6	
<b>Ours</b> $(M = 200)$	46.4	37.4	25.3	71.9	61.8	36.1	

Table 1. Comparison to the state-of-the-arts on H3.6M [21] and 3DPW [66] datasets. The top and bottom blocks show deterministic and probabilistic methods, respectively.

**3DPW** [66] is an outdoor 3D human dataset that provides SMPL annotations. Following the previous works [28, 38, 39, 74], we use the training set of 3DPW for model training and evaluate its performance on the test set. We apply the same evaluation metrics as used for H3.6M [21].

#### 4.2. Implementation Details

Following previous work [17, 28, 39, 55], our approach is trained on a mixture of data with 3D and 2D annotations, including H3.6M [21], 3DPW [66], MPI-INF-3DHP [47], MPII [2], COCO [40] and UP-3D [32] datasets. Only the training sets are used, following the standard split protocols.

We employ HRNet [60] as the CNN backbone and use the GT box to crop the human region, resizing the image to  $256 \times 256$ . The sizes of the two feature maps are  $C^l = 256$ ,  $H^l = W^l = 64$ ,  $C^g = 512$ , and  $H^g = W^g = 8$ . The number of body joints and twists are J = 29 and  $\varphi = 23$ , respectively, and their definitions follow HybrIK [33]. Both HypoFormer and ScoreFormer have B = 6 basic blocks.

We train HypoNet for 50 epochs using the Adam optimizer [25]. The initial learning rates for the backbone and the HypoNet are set to 0.0002 and 0.0005, respectively. We decay them by 0.5 at epochs 20, 30 and 40. In the inference process, we employ the accelerated sampling strategy from DDIM [58], generating hypotheses in 4 steps, and set  $\eta = 0$ . We train ScoreNet for 10 epochs with the same initial learning rates, and each sample has M = 15 hypotheses. We decay the learning rates by 0.5 at epoch 5. For inference, we set the aggregate number K = 5.

### 4.3. Comparison to State-of-the-art

We compare our method to the state-of-the-art methods on H3.6M [21] dataset and 3DPW [66] dataset, as presented in Table 1. Following the conventions of standard multihypothesis approaches [5, 31, 36], we generate multiple estimates aligned with the image by HypoNet and report the minMPJPE, minMPVE of the M hypotheses. Our method consistently outperforms all probabilistic state-of-the-art methods, such as ProHMR [31] and HuManiFlow [56], by a substantial margin when sampling M = 10 and M = 100 hypotheses. As we increase the number of hypotheses, our method exhibits significant improvements, showcasing the scalability and superiority of our multi-hypothesis mesh estimator HypoNet. We offer additional comparisons, including using different training datasets and different methods for generating M hypotheses, in the supplementary material.



Figure 3. Qualitative results on challenging in-the-wild images. The yellow and blue-colored meshes are the generated results of HypoNet, while the green ones are the final results selected by ScoreNet. The last column overlaps the multiple estimates to unveil their differences.

Method	MPVPE↓	MPJPE↓	PA-MPJPE↓
(a) w/o $\mathbf{F}^g$	87.8	75.9	46.4
(b) w/o $\mathbf{F}^l$	93.1	80.8	47.8
(c) HypoNet (full)	86.6	74.1	44.8

Table 2. Evaluation of HypoNet components on 3DPW [66] testset.

#### 4.4. Ablation Study

Effectiveness of HypoNet To validate the effectiveness of the 2D image condition guidance in the diffusion process of HypoNet, we compare our approach to two baselines in Table 2 on the 3DPW test set. In baseline (a), we remove the introduction of the global feature  $\mathbf{F}^{g}$  as well as the crossattention unit to assess the role of global features. In baseline (b), we eliminate the local features  $\mathbf{F}^{l}$ . To mitigate the impact of randomness, we report metrics based on a single sample generated without any noise. Table 2 demonstrates the effectiveness of both global and local features to the generation capability of HypoNet, highlighting the effectiveness of incorporating multi-scale image features with cross-attention mechanisms [65]. In Figure 3, we showcase the multi-hypotheses generated by HypoNet on real-world images, all of which align well with the 2D observations. We also provide a side view to demonstrate the 3D feasibility. Notably, HypoNet exhibits robust generalization even in highly challenging and complex scenes, as exemplified by the first row depicting figure skating.

**Effectiveness of ScoreNet** To evaluate the effectiveness of our ScoreNet, we design four selection strategies on the 3DPW [66] dataset in Table 3. In strategies (a) and (b), the output results are samples generated from the Gaussian noise and zero noise  $\epsilon_0$  using the HypoNet, respectively. In strategy (c), we simply average the multi-hypotheses generated by HypoNet as the final output. In strategy (d), we use our



Figure 4. Qualitative comparison of (a) ProHMR [31], (b) HuManiFlow [56] and (c) our method on 3DPW [66] test set. The left and right columns denote the randomly selected estimate and the selected estimate by our ScoreNet, respectively. Side views (*w*. shadow) and the overlapped meshes are shown for a better view of subtle differences.

trained ScoreNet to select from M hypotheses generated by HypoNet. The rightmost column block shows the results of our framework, which shows that our ScoreNet can effectively select higher-quality hypotheses, outperforming all the other selection strategies. With an increase in the number of hypotheses, ScoreNet consistently enhances the performance.

Furthermore, ScoreNet demonstrates robustness and generalizability which could effectively improve the SOTA probabilistic methods, including ProHMR [31] and HuManiFlow [56], in a seamless plug-and-play manner. Without the need for fine-tuning, our ScoreNet significantly boosts their performance, reducing more than 13.7% and 17.2% on MPVE for these two methods compared to (a) random selection. Besides, the notable improvement also indicates that ProHMR [31] and HuManiFlow [56] exhibit inferior quality in generating multiple hypotheses compared to HypoNet, resulting

Method	М		ProHMR [31]		HuManiFlow [56]			Ours		
	111	MPVE↓	MPJPE↓	PA-MPJPE↓	MPVE↓	MPJPE↓	PA-MPJPE↓	MPVE↓	MPJPE↓	PA-MPJPE↓
(a) Random	1	120.7	105.1	66.4	112.9	93.8	60.9	93.8	78.3	49.2
(b) Zero noise $\epsilon_0$	1	111.0	98.1	59.0	100.8	86.3	53.5	86.6	74.1	44.8
(a) Avaraga	10	111.9	98.7	59.6	100.9	86.5	53.6	87.2	74.6	45.3
(c) Average	100	110.9	98.0	58.8	99.9	85.8	52.8	86.3	73.9	44.8
(d) SaaraNat	10	109.2	96.6	58.8	98.2	84.6	52.7	86.1	73.6	44.6
(u) scoremet	100	104.2	92.6	56.9	93.5	81.0	50.6	84.6	72.4	44.5

Table 3. Ablation study on the effectiveness of ScoreNet on 3DPW [66] dataset.

Method	MPVE↓	MPJPE↓	PA-MPJPE↓
I2L-MeshNet[48]	129.5	92.0	61.4
SPIN[29]	121.4	95.5	60.7
PyMAF[76]	113.7	89.6	59.1
ROMP[62]	-	91.0	62.0
OCHMR[23]	145.9	112.2	75.2
PARE[28]	101.5	83.5	57.0
3DCrowdNet[11]	101.5	83.5	57.1
JOTR[35]	92.6	75.7	52.2
Ours	89.8	73.9	48.7

Table 4. Comparison to the state-of-the-art methods on the challenging 3DPW-OC occlusion dataset [66, 77].

in more unreliable estimates.

In addition to Figure 1, Figure 4 displays another qualitative comparison of the 3DPW test set between (a) ProHMR [31], (b) HuManiFlow [56] and (c) our method. The left and right columns denote the randomly selected estimate and the selected estimate by our ScoreNet, respectively. It can be seen that the hypothesis generated by HypoNet exhibits higher quality compared to the other two methods, showing the powerful generation capabilities of HypoNet. The selected results by ScoreNet are more aligned on the 2D image and more reasonable in the 3D space. Please zoom in to observe our improvement over ProHMR [31], where the results selected by ScoreNet exhibit more accurate forward inclination angles of the body, demonstrating the strong generalization and robustness of ScoreNet. Since HuManiFlow [56] fails to generate any plausible estimates, our ScoreNet is unable to correct the estimates. Due to the page limit, please refer to the supplementary for more cases.

**Robustness to occlusion** To assess our robustness to occlusion, we conduct experiments on the object occlusion subset of 3DPW (3DPW-OC) [66, 77]. To ensure fairness, HypoNet and ScoreNet are not trained on the 3DPW training set. As shown in Table 4, our method achieves state-of-the-art performance on 3DPW-OC when using ScoreNet, highlighting its strong effectiveness in handling occluded scenarios. Figure 5 provides visualizations of qualitative results on the 3DPW-OC subset. Notably, HypoNet generates diverse and reasonable results (yellow and blue) even in highly self-occluded cases. ScoreNet further selects a more



Figure 5. Qualitative results of our method on 3DPW-OC subset [66, 77]. Yellow and blue-colored meshes denote the hypotheses generated by HypoNet, and green ones denote the selected estimate by ScoreNet.

plausible estimate (green), such as a more reasonable head orientation in the third row.

# 5. Conclusion

We present ScoreHypo, a versatile framework that combines probabilistic mesh estimation with a robust and generalized hypothesis selection module. We propose HypoNet, which leverages multi-scale image features to generate multiple accurate 3D estimates that align well with 2D image cues. HypoNet outperforms existing state-of-the-art methods on benchmark datasets, demonstrating its superior performance. In addition, we propose ScoreNet, a robust and generalizable module that effectively selects high-quality results. Notably, ScoreNet significantly improves the performance of existing probabilistic methods, showcasing its strong generalization ability and versatility. Moreover, our approach provides accurate and reliable solutions even in challenging real-world scenarios.

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