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# Forecasting of 3D Whole-body Human Poses with Grasping Objects

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#### Abstract

In the context of computer vision and human-robot interaction, forecasting 3D human poses is crucial for understanding human behavior and enhancing the predictive capabilities of intelligent systems. While existing methods have made significant progress, they often focus on predicting major body joints, overlooking fine-grained gestures and their interaction with objects. Human hand movements, particularly during object interactions, play a pivotal role and provide more precise expressions of human poses. This work fills this gap and introduces a novel paradigm: forecasting 3D whole-body human poses with a focus on grasping objects. This task involves predicting activities across all joints in the body and hands, encompassing the complexities of internal heterogeneity and external interactivity. To tackle these challenges, we also propose a novel approach:  $C^{3}HOST$ , cross-context crossmodal consolidation for 3D whole-body pose forecasting, effectively handles the complexities of internal heterogeneity and external interactivity.  $C^{3}HOST$  involves distinct steps, including the heterogeneous content encoding and alignment, and cross-modal feature learning and interaction. These enable us to predict activities across all body and hand joints, ensuring high-precision whole-body human pose prediction, even during object grasping. Extensive experiments on two benchmarks demonstrate that our model significantly enhances the accuracy of whole-body human motion prediction. The project page is available at https://sites.google.com/view/c3host.

## 1. Introduction

Forecasting upcoming 3D human poses, conditioned on the historical ones, is an essential task in human-robot interaction (HRI) [5,6,21,22,25,30,33,34,39,50,62,65].

Although this attractive domain has achieved commendable success, it remains a major limitation, *i.e.*, existing



Figure 1. Previous studies focus solely on predicting the motion of the main joints of body, neglecting hand actions and environmental factors. To address this gap, this paper introduces a new task: the forecasting of 3D whole-body human poses with grasping objects.

methods concentrate on forecast major human body (17 or 25 joints), neglecting the fine-grained gestures and their interaction with objects [24, 33, 34, 43, 46]. For person-toobject interaction, hand activities present the pivotal significance, especially in the context of activities involving object grasping, *e.g.*, lifting a water bottle. Furthermore, we note that human hand, in combination with major body activities, is a more precise expressions of human poses, reflecting the behaviors of grasping/manipulating objects, instructions for robots, and human underlying intentions [4, 13, 35, 40, 64].

This work aims to address this meaningful issue, simultaneous predicting activities across all joints in both body and hands, with a particular emphasis on human grasping of objects, as shown in Figure 1. For this novel task, the following aspects need to be solved:

- *Internal Heterogeneity:* Gestures are governed by the physical structure of human body; but meanwhile, these elements involve the heterogeneous motion patterns, including magnitude, motion dynamics, *etc.*
- *External Interactivity:* The modalities of human motion and object are distinct, and the human-object interaction undergoes dynamic fluctuations across the various timestamps and human components (sometimes left hand, sometimes right hand). This intricacies gives rise to varying physical interactions.

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To address these challenges, we introduce a novel method, C<sup>3</sup>HOST, cross-context cross-modal consolidation for 3D whole-body pose forecasting with grasping objects. It comprises three main steps: heterogeneous internal motion context encoding, cross-context alignment, and crossmodal external interaction learning. Considering the diverse motion contexts, we initially partition the entire human body into three components: body, left hand, and right hand. This allows us to extract separate spatiotemporal correlations to mitigate mutual interference. The rationale behind this lies in the fact that the movement patterns of the left and right hands interact and influence each other, particularly during object interactions, where the interaction intensity between both hands and the object varies. We therefore employ the maximum mean discrepancy [9, 18] for aligning and smoothing the features of these components to eliminate feature heterogeneity. We also introduce a circular cross-attention structure to capture correlations between different body parts during motion [10, 37, 42]. Concerning external human-object features, we extract spatial structural features of objects and align them with the skeletal features of the whole-body human in the same spatial context. Finally, we incorporate a graph attention network (GAT) to aggregate information from four different modalities and contexts (object, body, two hands) [55, 57]. It facilitates the interaction between various modalities while avoiding information redundancy resulting from direct feature fusion. Moreover, the attention mechanism is employed to differentiate the strength of correlations between different modal features. Additionally, we integrate gated distance information to capture the evolving impact of objects on the major body and both hands over time. It is worth noting that the proposed C<sup>3</sup>HOST framework can simultaneously consider the interaction of heterogeneous motion contexts within the internal body and the interaction of external human-object modal features, thereby achieving high-precision wholebody pose prediction when grasping objects.

Our main contributions are: 1) We propose to solve the task of forecasting 3D whole-body human motions, encompassing object interactions and involving the entire human body and hands. 2) To address feature interactions within the body-hand context and human-object interactions, we propose two novel approaches: heterogeneous internal motion context encoding/alignment and cross-modal external interactivity learning. 3) Extensive experiments demonstrate that our model significantly enhances the accuracy of whole-body motion prediction.

## 2. Related Work

**Human Motion Forecasting.** Recent research has witnessed a surge of innovative methods tackling human motion prediction from diverse perspectives [7, 11, 12, 19, 29, 33, 46, 50, 59, 61]. Among these, GCNs have recently gar-

nered considerable attention [14, 15, 35, 36, 41, 44]. [44] employs GCNs to encode spatial information, thereby enhancing the extraction of joint spatial features and proposing a straightforward 3D pose prediction network. [15, 36] explore the abstraction of spatial features from human body joints, yielding posture features at various scales. Multiscale residual graph convolution network [15], comprising an ensemble of GCNs, integrates and decodes these multi-scale features. Further contributions [12, 13, 64] have extended the application to real-world scenarios. [13] addresses the occlusion issue in motion prediction, while [12], for the first time, considers leveraging environmental feature to constrain motion prediction. [64] incorporate scene understanding and human gaze as distinct modalities, applying them as prior knowledge to enforce constraints related to the physical environment.

Despite these advancements, the primary focus has been on predicting body motion, with scant attention to the nuanced analysis of human gestures and object interactions. Given the practical HRI implications, achieving precise whole-body motion prediction is a critical research goal. Our work recognizes this gap and aspires to offer a comprehensive solution.

Cross-modal Feature Learning. Multimodal feature integration is crucial for a holistic comprehension of the impact of various object modalities on human motion. Transformer encoders have demonstrated efficacy in fusing multimodal features [31, 49, 54]. In a parallel vein, [38] employs maximum mean discrepancy to adjust the statistical distribution of dual modality data, thereby aligning the distributions and enhancing the fusion of multimodal information [9, 18]. Nevertheless, multimodal fusion in the context of human-object interaction encounters distinct challenges. While object modalities remain static across motion sequences, the intensity of interaction between human motion modalities and object modalities fluctuates dynamically. To tackle this, we introduce a cutting-edge technique termed cross-modal external interaction learning. It advocates a multimodal fusion strategy predicated on graph attention networks, leveraging weight and distance optimizations to catalyze inter-modality feature amalgamation, thus optimizing the correlation and complementarity between heterogeneous modalities.

**Contextual Interaction.** The human body's movement is intrinsically connected with its surroundings, characterized by ongoing interactions with the environment and objects. By integrating contextual interactions, including environmental cues and object-related factors, we can constrain human pose, position, and trajectory [1, 2, 27, 58, 63]. In motion generation, environmental context is commonly employed as a conditional signal. Works such as [20, 52, 60] harness diverse inputs like environmental context and motion directives to synthesize credible, virtual, and varied



Figure 2. Overall framework of C<sup>3</sup>HOST. Starting with the input of whole-body sequences X and object mesh S, we independently extract spatiotemporal feature of the body, left hand and right hand  $\{X_l, X_b, X_r\}$ . Considering the heterogeneity and multimodality of data, we introduce two key components: internal-context encoding and cross-modal external interaction learning. The former mines the cross-context features to yield homogeneous features  $\{\tilde{X}'_l, \tilde{X}'_b, \tilde{X}'_r\}$ , while the latter aims to learn cross-modal external interaction between human and object. Moreover, we also calculate the distance information between the human and object, aligning object features with human joint features in the temporal domain. This alignment is crucial for capturing the nuanced dynamics of human-object interactions. Finally, the obtained features  $\{\hat{X}_l, \hat{X}_b, \hat{X}_r\}$  are decoded to predict future whole-body sequences  $\{\hat{Y}_{l,b,r}\}$ .

full-body human motions. Several researches [12, 64] have also highlighted the benefits of incorporating contextual interactions. For example, [23, 56] concentrate on interpersonal interactions and limb coordination. However, these methods often prioritize forecasting the movements of major body joints, frequently neglecting the significance of intricate hand movements within these interactions. To capture contextual interactions between humans and objects with greater precision, our methodology distills interaction information among various human limb segments, ensuring synchronized limb movements. Concurrently, we incorporate object-specific attributes, like shape, size, and position, to set constraints on hand movements, which enables the precise predictions of 3D whole-body human poses within sophisticated interactive settings.

## 3. Proposed Method

## 3.1. Problem Setup

Let  $X_{1:T} = [p_1, p_2, ..., p_T]$  be a historical human motion sequence with T poses,  $Y_{T+1,T+\Delta T} = [p_{T+1}, p_{T+2}, ..., p_{T+\Delta T}]$  be the future poses of length  $\Delta T$ , human pose forecasting is to learn a mapping function  $\mathcal{F} : X_{1:T} \rightarrow Y_{T+1,T+\Delta T}$ . In the following, for simplicity, X, Y are used to represent  $X_{1:T}, Y_{T+1,T+\Delta T}$ .

Standard methods typically consider the major joint without the fine-grained hand gestures [14, 36, 44]. Our work expands it to encompass a unified prediction of wholebody motion, including left hand, the body, and right hand. To simplify, we use variables l, b, and r to represent these three parts. In addition, we also aim to learn the humanobject grasping, marked as  $S \in \mathbb{R}^{3O}$ , where O is the number of vertices of the object mesh. Informally, this task can be defined as learning a new mapping  $\mathcal{F}_{new}$ :

$$\mathcal{F}_{\text{new}}: \{ \boldsymbol{X}_{l,b,r}, \boldsymbol{S} \} \to \{ \boldsymbol{Y}_{l,b,r} \},$$
(1)

where  $X_l \in \mathbb{R}^{3N_l \times T}$ ,  $X_b \in \mathbb{R}^{3N_b \times T}$ ,  $X_r \in \mathbb{R}^{3N_r \times T}$ , and  $N_l$ ,  $N_b$ ,  $N_r$  are the number of joints.

#### 3.2. Method Overview

Figure 2 illustrates the overall pipeline of the proposed C<sup>3</sup>HOST. Given the whole-body motion sequences  $\{X_l, X_b, X_r\}$  and object mesh S, we first employ DCT [3] and GCN [44] to extract separate spatiotemporal information of the major body, left hand and right hand  $\{X'_l, X'_b, X'_r\}$ , and use the pre-trained PointNet++ [48] to encode the object S'. Due to the heterogeneity of human internal-contexts, we propose a cross-context alignment based on maximum mean discrepancy to obtain homogeneous features for the body and hands. Then, we propose

a circular cross-attention structure to capture internal correlations between different body parts during motion. We also suggest that the distance between the human and object is a substitute for capturing the external human-object interaction. To this end, we calculate the distance information  $\{d_{l\leftrightarrow o}, d_{b\leftrightarrow o}, d_{r\leftrightarrow o}\}$  between different human parts and object, and propose a gated sharing unit to decide the importance of distance information to the human-object interaction. Meanwhile, the distribution normalization is used to align the object features and human joint features in the temporal domain. Then, we utilize the graph attention network to aggregate information from 4 different modalities and contexts (object, body, two hands), and to learn the human-object interaction. Finally, the obtained expressive features are decoded by inverse discrete cosine transform (IDCT) to predict future whole-body sequences  $\{\hat{Y}_{l,b,r}\}$ .

### 3.3. Internal-context Encoding

**Heterogeneous contexts extraction.** For different human parts, hand joints exhibits significant variations with limited motion ranges, and distinct motion patterns exist between the two hands and the body. Therefore, we consider the joints of the body, left hand, and right hand as diverse motion contexts, and separately extract the spatiotemporal information. Concretely, based on prior research [24, 34, 44], discrete cosine transform (DCT) is first used to encode temporal correlations of motion sequences:

$$X_l' = X_l C, \ X_b' = X_b C, \ X_r' = X_r C,$$
 (2)

where C is the DCT matrix, and  $X'_l$ ,  $X'_b$ ,  $X'_r$  denote the transformed sequence from DCT.

Then, we employ the fully-connected GCN as in [44] to individually encode their spatial features  $X_{l}'', X_{b}'', X_{r}''$ .

**Cross-context alignment (CCA).** To enable information exchange between these diverse context, it is essential to align the information from each of them. Distribution disparities between different motion context manifest in misalignment of elements, including variations in joint density, joint motion range, and degrees of freedom in different body parts [33]. For this issue, we utilize a loss function based on maximum mean discrepancy (MMD) [51] to minimize the distance in feature space between average embeddings:

$$MMD(\mathbf{X}_{l}'', \mathbf{X}_{b}'') = \left\| \frac{1}{N_{l}} \sum_{i=1}^{N_{l}} \phi(\mathbf{X}_{l,i}'') - \frac{1}{N_{b}} \sum_{j=1}^{N_{b}} \phi(\mathbf{X}_{b,j}'') \right\|_{\mathcal{H}}^{2},$$
  

$$MMD(\mathbf{X}_{b}'', \mathbf{X}_{r}'') = \left\| \frac{1}{N_{b}} \sum_{i=1}^{N_{b}} \phi(\mathbf{X}_{b,i}'') - \frac{1}{N_{r}} \sum_{j=1}^{N_{r}} \phi(\mathbf{X}_{r,j}'') \right\|_{\mathcal{H}}^{2},$$
  

$$MMD(\mathbf{X}_{r}'', \mathbf{X}_{l}'') = \left\| \frac{1}{n_{r}} \sum_{i=1}^{N_{r}} \phi(\mathbf{X}_{r,i}'') - \frac{1}{N_{l}} \sum_{j=1}^{N_{l}} \phi(\mathbf{X}_{l,j}'') \right\|_{\mathcal{H}}^{2},$$
  

$$(3)$$

where  $\phi(\cdot)$  is a Gaussian kernel function that fit any distribution into the Hilbert space  $\mathcal{H}$ . We use  $\phi(\cdot)$  to map two joint distributions into high-dimensional space, and then calculate the mathematic expectation between the two distributions to obtain the maximum mean discrepancy.

**Cross-context interaction (CCI).** Within the human body, a person's torso, head, and limbs engage in internal interactions (*e.g.*, eating). Particularly for grasping movements, these interactions involve semantic interactions between the two hands (cooperative execution of grasping actions by both hands) and constraint interactions between the torso and hands (the physical connection of the torso to the hands). Moreover, the intensity of these internal interactions varies over time and with changes in the distance between the person and the object. Therefore, we propose a circular cross-attention mechanism [26] to model these internal interactions among body components. Taking the homogeneous context interaction between the left and right hands as an example, the process is as follows:

$$\tilde{\boldsymbol{X}}_{l}^{\prime} = \boldsymbol{X}_{l}^{\prime\prime} + \operatorname{softmax}(\frac{\boldsymbol{X}_{l}^{\prime}\boldsymbol{W}_{q}\cdot\boldsymbol{X}_{r}^{\prime}\boldsymbol{W}_{k}}{\sqrt{d}})\boldsymbol{X}_{l}^{\prime}\boldsymbol{W}_{v}, \quad (4)$$

where  $W_q$ ,  $W_k$ ,  $W_v$  are learnable weights of crossattention, d is the dimension. Similarly, we can obtain  $\tilde{X}'_b$ and  $\tilde{X}'_r$  based on the above method, respectively.

#### 3.4. Cross-modal External Interaction Learning

Object feature extraction. To enhance the features of the hand with object information, this work employs Point-Net++ [48] to extract shape features of objects and map them to a higher-dimensional space, denoted as S'. To establish temporal correspondence between objects and human joints, we leverage the human-object distance to modulate the variations in internal interaction information that accompany changes in distance. This acts as a surrogate for temporal correlations between humans and objects. In essence, time affects the distance between humans and objects, and this distance, in turn, influences the strength of the interaction. To more accurately utilize human-object distance information, we refine the set  $\{d_{b\leftrightarrow o}, d_{l\leftrightarrow o}, d_{r\leftrightarrow o}\}$ , which represents the minimum distance between the joints of various human body parts and the object at each time step. We introduce a gated sharing unit to capture the dynamic influence of objects on the major body and both hands over time, defined as follows:

$$d'_{l\leftrightarrow o} = \sigma(d_{l\leftrightarrow o}\boldsymbol{W}_{l} + \boldsymbol{b}_{l}) \otimes \delta(d_{l\leftrightarrow o}\boldsymbol{U}_{l} + \boldsymbol{c}_{l}),$$
  

$$d'_{b\leftrightarrow o} = \sigma(d_{b\leftrightarrow o}\boldsymbol{W}_{b} + \boldsymbol{b}_{b}) \otimes \delta(d_{b\leftrightarrow o}\boldsymbol{U}_{b} + \boldsymbol{c}_{b}), \quad (5)$$
  

$$d'_{r\leftrightarrow o} = \sigma(d_{r\leftrightarrow o}\boldsymbol{W}_{r} + \boldsymbol{b}_{r}) \otimes \delta(d_{r\leftrightarrow o}\boldsymbol{U}_{r} + \boldsymbol{c}_{r}),$$

where  $\sigma$  is the sigmoid function,  $\delta$  is LeakyReLU with a slope of 0.2. W, U, b, c are the learnable weight and bias, respectively,  $\otimes$  represents element-wise product. After adding distance information along the joint coordinate dimension, the human posture features are represented as:

$$\begin{split} \tilde{\boldsymbol{X}}_{l}^{\prime\prime} &= \operatorname{concat}(\boldsymbol{d}_{l\leftrightarrow o}^{\prime}, \, \tilde{\boldsymbol{X}}_{l}^{\prime}), \\ \tilde{\boldsymbol{X}}_{b}^{\prime\prime} &= \operatorname{concat}(\boldsymbol{d}_{b\leftrightarrow o}^{\prime}, \, \tilde{\boldsymbol{X}}_{b}^{\prime}), \\ \tilde{\boldsymbol{X}}_{r}^{\prime\prime} &= \operatorname{concat}(\boldsymbol{d}_{r\leftrightarrow o}^{\prime}, \, \tilde{\boldsymbol{X}}_{r}^{\prime}). \end{split}$$
(6)

We note that  $d'_{l\leftrightarrow o}, d'_{h\leftrightarrow o}, d'_{r\leftrightarrow o} \in \mathbb{R}^{1\times T}, \quad \tilde{\boldsymbol{X}}''_{l} \in \mathbb{R}^{(3N_{l}+1)\times T}, \quad \tilde{\boldsymbol{X}}''_{b} \in \mathbb{R}^{(3N_{l}+1)\times T} \text{ and } \quad \tilde{\boldsymbol{X}}''_{r} \in \mathbb{R}^{(3N_{l}+1)\times T}.$ 

**Cross-modal alignment (CMA).** Objects exert a substantial enlightening influence on human motion. However, a discrepancy often arises in the marginal distributions of human and object modal features post feature mapping, causing a separation that belies their inherent relevance [45]. To address this issue, we incorporate a learnable factor  $\alpha$  within the range [0.5, 1] to modulate the distribution shift for elements exhibiting high-confidence correlations. This adjustment strategy harmonizes the mean and variance of multi-modal feature distributions within an unsupervised framework, striving to render the learned source and target representations maximally similar. Because the human body and objects are in the same feature space, we aggregate the features of the three parts of the human body, represented as  $\tilde{X}'' = {\tilde{X}''_l, \tilde{X}''_b, \tilde{X}''_r}$ .

The process of aligning the feature of the human joints and object can be achieved. Assume  $\tilde{\boldsymbol{Q}}_p$  and  $\tilde{\boldsymbol{S}}_o$  are the distribution of human pose feature  $\tilde{\boldsymbol{X}}''$  and object shape  $\boldsymbol{S}'$ , we use the factor  $\alpha$  to mix context distributions:  $\tilde{\boldsymbol{Q}}_{po} = \alpha \tilde{\boldsymbol{Q}}_p + (1-\alpha)\tilde{\boldsymbol{Q}}_o$ , similarly,  $\tilde{\boldsymbol{Q}}_{op} = \alpha \tilde{\boldsymbol{Q}}_o + (1-\alpha)\tilde{\boldsymbol{Q}}_p$ . Then, we calculate the mean and variance of the mixed distribution:  $\mu_{po,\alpha} = Avg(\tilde{\boldsymbol{Q}}_{po}), \ \sigma^2_{op,\alpha} = Var(\tilde{\boldsymbol{Q}}_{op})$ , and  $\mu_{po,\alpha} = Avg(\tilde{\boldsymbol{Q}}_{po}), \ \sigma^2_{op,\alpha} = Var(\tilde{\boldsymbol{Q}}_{op})$ . The aligned distribution can be represented as:

$$\tilde{\boldsymbol{Q}}_{p} = \frac{\boldsymbol{Q}_{p} - \mu_{po,\alpha}}{\sqrt{\epsilon + \sigma_{po,\alpha}^{2}}}, \quad \tilde{\boldsymbol{Q}}_{o} = \frac{\tilde{\boldsymbol{Q}}_{o} - \mu_{op,\alpha}}{\sqrt{\epsilon + \sigma_{op,\alpha}^{2}}}, \quad (7)$$

where  $\epsilon = e^{-5}$  is a small number to avoid numerical issues in case of zero variance.  $\tilde{Q}_p$  and  $\tilde{Q}_o$  are the aligned feature distribution of human pose and object.

Human-object interaction learning (HOIL). In the context of grasping motions, a strong interaction exists between objects and the hands. However, in contrast to human skeletal features, object features exhibit a clear granularity difference. Furthermore, in the temporal domain, human skeletal features represent time-varying sequences, whereas object features remain constant. Dramatically different modalities often exhibit pronounced feature redundancy, making direct fusion a challenging endeavor for enhancing feature representations. Consequently, we propose a multi-modal fusion method based on the graph attention network [55]. In this approach, the major body, left hand, right hand, and distance are treated as graph nodes, with attention weights employed to discern the significance and relevance of neighboring nodes during the aggregation of information. This indirect information interaction effectively eliminates redundant features between modalities, thereby facilitating the acquisition of improved feature representations. Taking homogeneous human internal-context  $\{\tilde{X}_{l}^{''}, \tilde{X}_{b}^{''}, \tilde{X}_{r}^{''}\}$  and human-object external modal features  $\tilde{S}_{o}$  as the input, the whole process is described as:

$$\alpha_{i,j} = \operatorname{softmax}(\frac{\exp(\delta(V_i \boldsymbol{h}_i, V_j \boldsymbol{h}_j))}{\sum_{k \in \mathcal{N}_i} \exp(\delta(V_j \boldsymbol{h}_i, V_j \boldsymbol{h}_k))}), \quad (8)$$

where  $\alpha_{i,j}$  is the weight coefficient of attention,  $\delta$  is LeakyReLU with a slope of 0.2.  $\mathcal{N}_i$  is the number of adjacent nodes of *i*.

Taking interaction of the left hand as an example, we calculate the interaction between the left hand and the major body, right hand, and object:

$$\hat{\boldsymbol{X}}_{l} = \sigma(\alpha_{r,l} \boldsymbol{W}_{r,l} \tilde{\boldsymbol{X}}_{r}^{\prime\prime} + \alpha_{b,l} \boldsymbol{W}_{b,l} \tilde{\boldsymbol{X}}_{b}^{\prime\prime} + \alpha_{l,s} \boldsymbol{W}_{l,s} \tilde{\boldsymbol{S}}),$$
(9)

where  $W_{r,l}$ ,  $W_{b,l}$ ,  $W_{l,s}$  are learnable weight. Also, we can obtain the other human pose features  $\hat{X}_b$  and  $\hat{X}_r$ . The resulting features  $\{\hat{X}_l, \hat{X}_b, \hat{X}_r\}$  are then followed by a predictor composed of a MLP and IDCT to regress the final features into the predicted sequence  $\{\hat{Y}_{l,b,r}\}$ .

### 3.5. Training Losses

**Joint Loss.** We first use  $L_2$  loss to calculate the average error of each predicted joint [41, 50, 62]:

$$\mathcal{L}^{p} = \frac{1}{N\Delta T} \sum_{n=1}^{N} \sum_{t=1}^{\Delta T} ||\hat{\boldsymbol{p}}_{n,t} - \boldsymbol{p}_{n,t}||_{2}, \qquad (10)$$

where  $\hat{p}_{n,t}$  denotes the predicted *n*-th joint in *t*-th frame,  $p_{n,t}$  is the corresponding ground truth.  $N = N_b + N_l + N_r = 55$  is the number of joints of the whole body.

**Bone Length Loss.** To further account for the connectivity within the human body, we introduce the bone length loss as a physical constraint [14, 33, 44]:

$$\mathcal{L}^{b} = \frac{1}{(N-1)\Delta T} \sum_{n=1}^{N-1} \sum_{t=1}^{\Delta T} \|\hat{\boldsymbol{b}}_{n,t} - \boldsymbol{b}_{n,t}\|_{1}, \quad (11)$$

where  $\hat{b}_{n,t}$  denotes the length of the *n*-th bone in *t* predicted frame,  $b_{n,t}$  is the corresponding ground truth.

**Distance Loss.** As the distance changes, the interaction strength of hand-object modal features also varies. To obtain more precise predictions, we use a distance loss ensure the reasonable distance between the hands and the object:

$$\mathcal{L}_{l}^{d} = \frac{1}{\Delta T} \sum_{t=1}^{\Delta T} \left\| \hat{d}_{l\leftrightarrow o,t} - d_{l\leftrightarrow o,t} \right\|_{1}, \qquad (12)$$

where  $\hat{d}_{l\leftrightarrow o,t}$  refers to the minimum distance between the 15 joints of the fingers to the object in t frame. Similarly, we can also calculate  $\mathcal{L}_b^d$  and  $\mathcal{L}_r^d$ , to form the final distance loss  $\mathcal{L}^d = \frac{1}{3}(\mathcal{L}_l^d + \mathcal{L}_b^d + \mathcal{L}_r^d)$ .

Body Parts		]	Majo	r bod	у		Lef	t Hand			Righ	t Hand	1	Le	ft Ha	nd (A	.W)	Rig	ht Ha	nd (A	W)		Who	e Bod	у
	Time(sec)	0.2	0.4	0.8	1.0	0.2	0.4	0.8	1.0	0.2	0.4	0.8	1.0	0.2	0.4	0.8	1.0	0.2	0.4	0.8	1.0	0.2	0.4	0.8	1.0
çt	LTD [44]	8.7	18.9	39.2	48.7	19.7	57.0	143.3	181.5	33.3	77.5	159.1	195.6	9.1	18.3	33.8	41.4	17.2	28.3	46.1	53.1	18.3	45.6	101.5	126.1
bje	DMGNN [36]	11.2	23.1	43.8	53.5	24.8	62.0	153.2	190.1	38.1	83.0	166.7	205.7	10.0	21.7	39.1	44.4	21.6	32.6	49.7	60.5	23.0	55.7	107.7	131.4
/0 0	PGBIG [40]	10.4	21.7	44.0	52.8	22.8	61.5	149.9	186.7	37.6	82.4	164.5	203.9	10.5	22.2	38.7	43.5	21.5	31.1	48.8	58.7	22.6	53.6	104.3	129.6
3	SPGSN [35]	9.3	21.0	43.2	52.6	25.3	61.1	129.8	164.2	37.2	81.5	165.9	202.8	9.3	18.5	34.0	41.6	16.1	28.8	49.3	56.9	21.2	48.4	100.3	124.0
	LTD [44]	8.5	20.3	38.5	47.3	18.9	56.9	140.5	177.4	32.6	76.4	157.5	187.0	9.0	17.8	35.6	43.7	17.1	27.8	47.8	52.0	17.9	44.8	98.4	119.7
ect	DMGNN [36]	10.0	22.2	42.7	50.5	23.3	60.9	148.9	188.4	36.7	81.7	163.0	187.0	9.7	20.4	37.4	42.2	19.4	31.8	47.3	57.5	21.1	52.7	102.6	126.4
įdo	PGBIG [40]	10.1	19.9	41.6	49.5	20.6	57.8	144.3	178.5	37.4	80.3	157.7	194.2	9.8	21.6	36.6	41.7	20.8	30.6	47.3	55.8	21.1	50.2	98.8	121.4
W/	SPGSN [35]	9.0	20.3	41.5	50.5	23.6	58.9	126.5	157.5	35.4	79.3	140.4	169.3	9.0	17.1	32.6	38.7	15.7	26.6	46.8	53.4	20.0	46.1	95.7	120.0
	C <sup>3</sup> HOST	8.7	18.9	37.5	46.1	26.5	56.5	117.9	153.3	29.6	66.0	128.5	161.5	12.4	21.0	35.5	42.7	14.9	26.4	42.1	49.4	19.2	42.0	84.3	106.8

Table 1. Comparison of the average results of all actions on the GRAB dataset [53]. The best results are highlighted in bold.

**MMD Loss.** To alleviate the features heterogeneity of body's internal context, we utilize the MMD loss in Eq. 3 as an alignment constraint [9, 18].

 $\mathcal{L}^{MMD} = \mathrm{MMD}(\mathbf{X}'_{l}, \mathbf{X}'_{b}) + \mathrm{MMD}(\mathbf{X}'_{b}, \mathbf{X}'_{r}) + \mathrm{MMD}(\mathbf{X}'_{r}, \mathbf{X}'_{l}).$ (13)

Final Loss, is the weighted sum of the above losses:

$$\mathcal{L} = \lambda_1 \mathcal{L}^p + \lambda_2 \mathcal{L}^b + \lambda_3 \mathcal{L}^d + \lambda_4 \mathcal{L}^{MMD}, \qquad (14)$$

where  $\lambda_1, \lambda_2, \lambda_3, \lambda_4$  are the trade-off parameters.

#### **3.6. Implementation Details**

We utilize 4 NVIDIA RTX 3090 GPUs with the Distributed Data Parallel (DDP) training approach and train the model using the AdamW optimizer. The weight decay is set to the default value of 0.01. A total of 50 epochs are conducted, with a batch size of 64 on each GPU, an initial learning rate of  $0.001 \times 4$  on each GPU, and a learning rate decay of 0.96 every two epochs. To prevent the occurrence of overfitting during training, every layer of the entire model was equipped with a Batch Normalization (BN) layer, and a dropout of 0.5 was applied. The trade-off parameters { $\lambda_1, \lambda_2, \lambda_3, \lambda_4$ } are set as {1, 0.1, 0.1, 0.1}

#### 4. Experiments

### 4.1. Datasets

**Dataset-1:** GRAB [53] is a recently released dataset with  $\approx 1.6M$  frames of 10 actors performing a total of 29 actions. It annotates the whole-body SMPL-X parameters [47] using high-precision MoCap techniques, in which 25 joints (3D coordinates) are defined as the body ( $N_b = 25$ ), and each hand is denoted as 15-joints ( $N_l = N_r = 15$ ). Consistent with [16, 17, 32], we down-sample all sequences to 30 fps, and remove both start and end T-pose (1 second). The length of the observation and prediction is equal, *i.e.*,  $T = \Delta T = 30$  (1 second). We split subject-10 (S10) as the test, S2-S9 as the training, and S1 as the validation set. The GRAB dataset includes 50 objects. We extract its point cloud data and downsample the number of vertices of the object mesh to O = 1024 as the shape feature.

Time(sec)	0.2	0.4	0.8	1.0	Average
LTD [44]	21.0	48.7	106.9	131.7	77.1
PGBIG [40]	24.2	55.3	112.6	140.1	83.0
SPGSN [35]	21.8	48.1	108.1	135.6	78.4
C <sup>3</sup> HOST	21.4	45.9	97.5	114.1	69.7

Table 2. Comparison of the average results of whole body on the BEHAVE dataset (*w*/ object).

**Dataset-2:** BEHAVE dataset [8] includes 386 samples captured over 15,000 frames using 4 Kinect RGB-D cameras at a frame rate of 30 fps. The dataset involves the observation of 17 types of Human-Object Interactions (HOI) across 8 subjects and 20 objects. Each pose is represented by a 67-joint skeleton, with 25 joints for the body and 21 for each hand. According to the official documentation, the dataset is divided into training subsets consisting of 231 sequences and testing subsets comprising 90 sequences. However, it is noteworthy that 295 out of the total 321 sequences contain fewer than 60 frames.

#### 4.2. Baselines and Evaluation Metrics

Baselines: Due to the absence of whole-body motion prediction methods, we compare our approach with the standard ones, including LTD [44], DMGNN [36], PG-BIG [40], SPGSN [35]. LTD [44] proposes a GCN with a learnable adjacency matrix. DMGNN [36] upsamples human features and constructs a GCN-based multi-scale feature pyramid. PGBIG [40] designs a two-stage prediction framework, where the initial network provides a 'initial guess' for the main network. SPGSN [35] introduces an adaptive graph scattering technique. For an unbiased comparison, we use the following strategies: (1) We expand the predicted joint count from 17 or 25 to 55, encompassing the body, left hand, and right hand. This demonstrates the effectiveness of cross-context alignment. (2) We introduce object information into the network input while disregarding heterogeneous external cross-modal information. This affirms the effectiveness of human-object interaction learning. The baselines are retrained according to the aforementioned strategies, while maintaining consistency with other aspects. It is confirmed that ours re-trained baseline out-

	Action		A1	cook			A	2 eat			A3	drink			A	4 lift			A5	wear			A6 s	queez	e
	Time(sec)	0.2	0.4	0.8	1.0	0.2	0.4	0.8	1.0	0.2	0.4	0.8	1.0	0.2	0.4	0.8	1.0	0.2	0.4	0.8	1.0	0.2	0.4	0.8	1.0
y	LTD [44]	13.6	28.9	48.1	55.4	12.1	28.0	56.2	71.7	12.2	23.4	37.6	40.1	7.9	20.3	45.4	54.9	6.3	14.6	29.3	35.3	5.6	12.7	22.2	26.6
or Bod	DMGNN [36]	16.4	30.2	49.5	60.2	17.9	37.6	68.9	88.4	14.5	32.1	44.8	58.0	12.1	26.3	51.1	61.5	13.2	38.0	54.8	65.5	23.1	48.1	64.2	75.4
	PGBIG [40]	14.9	30.4	48.7	54.8	17.5	36.5	66.4	83.2	15.7	30.2	42.6	53.2	11.4	24.3	48.9	62.4	12.1	28.7	46.9	57.7	21.5	46.2	60.3	72.4
Jaj	SPGSN [35]	13.2	29.1	46.9	53.4	18.4	34.8	65.1	82.0	15.6	28.9	40.0	48.6	10.6	22.6	44.0	51.6	7.4	16.9	28.8	36.1	7.9	13.8	23.6	27.9
4	C <sup>3</sup> HOST	14.4	29.3	46.8	52.7	7.2	15.2	27.4	32.4	6.9	16.6	37.9	48.1	7.3	15.5	30.5	37.6	6.5	14.4	27.9	34.0	5.4	11.2	21.5	27.4
	LTD [44]	22.3	60.3	131.6	164.8	21.7	52.5	129.4	187.5	51.8	123.4	189.9	185.8	21.0	66.3	145.7	163.8	22.3	67.7	155.3	187.8	18.1	35.6	41.9	54.6
and	DMGNN [36]	27.7	64.9	135.8	174.6	38.6	87.5	178.3	234.4	56.2	128.8	210.5	265.4	22.2	68.7	152.5	181.2	34.1	70.6	175.3	200.2	24.1	49.3	60.2	73.1
ìμ	PGBIG [40]	26.5	66.3	133.7	169.5	36.9	88.2	156.2	225.6	56.7	126.4	215.7	264.6	23.1	66.9	154.0	178.4	33.0	69.2	169.3	193.8	23.0	45.6	56.7	72.4
Lef	SPGSN [35]	24.8	61.1	129.7	150.5	36.5	94.6	206.1	263.6	51.4	119.8	219.3	242.7	20.3	65.2	152.9	175.5	27.7	68.6	160.4	172.5	22.9	47.3	55.2	70.3
	C <sup>3</sup> HOST	26.8	60.3	117.7	143.6	28.5	62.6	113.5	130.9	18.3	46.4	114.2	153.8	28.1	56.2	111.1	142.0	30.2	65.1	122.3	148.4	18.3	30.8	53.3	71.6
	LTD [44]	55.8	126.0	185.6	215.5	35.3	79.3	152.1	204.3	22.9	82.2	171.7	167.2	25.5	81.5	192.9	229.1	17.7	53.8	133.3	152.5	25.1	47.8	81.0	93.7
and	DMGNN [36]	62.2	136.5	208.6	239.5	37.5	78.3	156.5	215.0	23.5	85.8	211.6	221.4	27.3	83.4	194.5	231.0	33.3	89.6	177.6	210.2	26.4	54.2	92.1	103.7
ht h	PGBIG [40]	59.7	131.8	199.3	220.2	34.2	76.4	152.3	212.5	24.0	87.6	208.3	210.5	26.1	82.5	195.7	233.7	30.6	81.3	173.2	199.9	25.7	54.0	91.4	102.5
Zig]	SPGSN [35]	60.2	120.5	146.7	156.7	31.8	59.5	146.3	207.6	22.5	92.0	213.3	249.4	21.3	76.4	185.5	215.6	25.6	65.4	140.8	182.1	24.7	52.6	89.7	98.7
	C <sup>3</sup> HOST	60.1	118.1	145.0	155.0	22.0	51.6	107.3	140.7	18.7	51.1	124.8	171.1	26.1	54.1	99.9	124.0	24.0	61.1	121.0	151.6	21.9	45.6	81.5	101.6
y.	LTD [44]	28.7	66.6	112.7	133.9	21.0	48.7	102.3	139.4	25.9	66.7	115.7	114.5	16.3	49.5	113.0	132.1	11.8	31.1	87.9	112.3	14.3	28.5	43.6	52.6
poc	DMGNN [36]	33.5	71.4	120.9	145.8	29.4	60.2	129.0	170.6	30.0	74.4	138.3	163.7	18.2	54.3	118.9	144.3	22.5	51.0	79.8	91.0	18.4	36.6	58.3	62.3
leł	PGBIG [40]	31.6	70.6	117.4	136.2	25.3	58.3	118.9	169.3	28.2	72.1	131.5	159.9	17.1	51.6	116.5	136.4	21.4	49.4	76.3	85.6	17.4	35.7	54.2	61.0
Vho	SPGSN [35]	30.4	65.4	101.0	112.9	27.0	57.9	125.7	165.8	27.2	70.9	136.2	156.3	16.2	48.9	112.3	130.1	13.7	36.8	89.5	112.2	16.6	33.5	50.2	58.8
⊳	C <sup>3</sup> HOST	30.3	62.0	86.1	105.3	17.0	38.0	72.6	88.8	13.2	34.2	82.4	110.5	18.1	37.1	71.4	89.6	17.7	41.0	79.0	97.3	13.4	26.0	46.5	60.0

Table 3. Comparison of the detailed results of each action categories on the GRAB dataset.

performs the publicly available baseline one (7.6mm error reduction), indicating the fairness of the re-training strategy.

**Evaluation Metrics:** In accordance with previous work [14, 17, 36, 44], we use mean per joint position error (MPJPE) [28] measured in mm to assess the 3D prediction accuracy. However, MPJPE is unable to capture subtle movements and semantic information in the hands. Therefore, we utilize wrist joint alignment with hand joints, and calculate the MPJPE-AW [17].

### 4.3. Results Analysis

 $C^{3}$ HOST v.s. Baselines. Table 1 shows a quantitative comparison between the baseline models and our approach. In scenarios without interacting with objects, our results outperform the baseline model in most cases. Two distinct data trends can be observed: (1) The superiority of our method becomes more pronounced with an increase in prediction time. This is because, in short-term predictions, other methods can rely on the inertia of movements and spatial continuity of joints to achieve good predictive results. However, over time, this inertia and spatial continuity become less evident and may even produce adverse effects. At this point, as the human body's movements become more closely intertwined with external interactions with objects, our approach can extract partial action intentions from these external interactions, thereby achieving accurate long-term predictions. (2) Predictions of right-hand movements are more accurate compared to those of left-hand and body movements. The prevalence of right-hand interactions with objects in the GRAB is the contributing factor to this observation. It also indicates that our approach can effectively extract interaction information between humans and objects.

When interacting with objects, it is evident that all baselines showed improved performance, and our approach still outperforms the comparative methods. This is attributed to the fact that other comparative methods neglect the heterogeneity of human internal-context and human-object modalities, making them ineffective in learning interaction information. This indicates that our proposed cross-context alignment and human-object interaction learning demonstrate a significant impact in aligning heterogeneous features, and facilitates cross-context and cross-modal interaction learning. We present the results of validation experiments involving object interactions on the BEHAVE dataset in Table 2. In the majority of cases, our method consistently produces the smallest errors. These findings affirm that our proposed approach demonstrates strong generalization and robustness across diverse datasets.

**Comparison of Specific Actions.** To validate the compatibility of our method, we select the 6 common daily actions. Table 3 reports more detailed prediction results for these six action sets. We observe that our method outperforms the baseline approaches in most cases, which evidences the effectiveness of enhancing human motion prediction through the extraction of human-object interaction features. Furthermore, the compatibility of our method has been validated by considering various motion patterns and interacting objects.

**Visualization.** As shown in Figure 3, we present qualitative results of the 'teapot-pour' and 'banana-eat' actions. We select the LTD, which performs the best in the baseline models, for comparison. However, our method shows closer predictions to the ground truth for the upper limbs and hands between 0.8s and 1.0s, as evident in the detailed



Figure 3. Visualizations of the predicted whole-body human poses. In each sub-figure, the left is past observed sequence, the middle are predicted poses, and the right, within the circles, are magnified hand details. The prediction and ground truth are represented by red and blue skeletons, respectively. Objects are depicted as yellow mesh images. We observe from the hand detail that compared to the ground truth, the baseline method distorts the hand joints, whereas our method accurately restore the hand movements.

CCA	CCI	0.2s	0.4s	0.8s	1.0s	Average
		19.2	44.5	92.0	117.0	68.2
	$\checkmark$	19.0	42.6	88.8	111.3	65.4
$\checkmark$	$\checkmark$	19.1	42.0	87.3	110.7	64.8

Table 4. Ablation experiment of internal interaction.

fine-grained hand prediction images. This indicates that incorporating information from objects interacted with by human can effectively enhance the results of whole-body (especially hands) movements. It also validates the importance of the collaborative analysis of cross-motion internal context and cross-modal external interaction for the forecasting of 3D whole-body human poses with grasping objects.

### 4.4. Ablation Studies

We conduct ablation experiments on the model to study the impact of several key components on  $C^3HOST$ . The facilitation of various components in internal interactions are confirmed in Table 4. The average error is 68.2mm when diverse motion contexts are not considered. When considering only context interaction, the average error decreases to 65.4mm, indicating a noticeable improvement in performance. Simultaneously considering the alignment and interaction of context, the average error further decreases to 64.8mm. This suggests that context interaction can enhance model performance, with interaction being relatively more important than alignment.

The result in Table 5 indicates the impact of objects on the model. When object information is not considered, the average error is 64.8mm. Directly incorporating object shape information results in a noticeable increase in the average error to 65.6mm. This indicates significant differences in the feature distribution between objects and human motion joints, and direct feature fusion can lead to feature contamination. After aligning object features with hu-

CMA	HOIL	gated sharing unit	0.2s	0.4s	0.8s	1.0s	Average
			19.1	42.0	87.3	110.7	64.8
	$\checkmark$		17.1	41.6	89.8	113.9	65.6
$\checkmark$	$\checkmark$		18.3	42.5	86.6	111.1	64.6
$\checkmark$	$\checkmark$	$\checkmark$	19.2	42.0	84.3	106.8	63.0

Table 5. Ablation experiment of external interaction.

man joints features, the average error decreases to 64.6mm. Moreover, with the addition of gated sharing unit, the average error further decreases to 63.0mm.

## **5.** Conclusion

In this work, we introduce a novel framework to address the challenge of forecasting 3D whole-body human poses with grasping objects. It is designed to refine the alignment and integration of features across different contexts and modalities. We incorporates gated human-object distance information, which establishes the interaction strength between human and object features over time. This temporal interaction modeling is essential for accurately capturing the dynamic nature of human-object interactions. Compared to conventional models, our method fosters enhanced cross-contextual intra-body and cross-modal human-object feature interactions. It emphasizes the importance of considering the body's internal dynamics and the external environment's influence on human motion. Our comprehensive set of experiments confirms the efficacy of this novel approach. This advancement marks a major step forward in the field of human motion prediction, particularly in scenarios where detailed interaction with objects is critical.

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