

SIFU: Side-view Conditioned Implicit Function for Real-world Usable Clothed Human Reconstruction

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Figure 1. With just a single image, SIFU is capable of reconstructing a high-quality 3D clothed human model, making it well-suited for practical applications such as 3D printing and scene creation. At the heart of SIFU is a novel **Side-view Conditioned Implicit Function**, which is key to enhancing feature extraction and geometric precision. Furthermore, SIFU introduces a **3D Consistent Texture Refinement** process, greatly improving texture quality and facilitating texture editing with the help of text-to-image diffusion models. Notably proficient in dealing with complex poses and loose clothing, SIFU stands out as an ideal solution for real-world applications.

Abstract

Creating high-quality 3D models of clothed humans from single images for real-world applications is crucial. Despite recent advancements, accurately reconstructing humans in complex poses or with loose clothing from in-the-wild images, along with predicting textures for unseen areas, remains a significant challenge. A key limitation of previous methods is their insufficient prior guidance in transitioning from 2D to 3D and in texture prediction. In response, we introduce **SIFU** (Side-view Conditioned Implicit Function for Real-world Usable Clothed Human Reconstruction), a novel approach combining a Side-view Decoupling Transformer with a 3D Consistent Texture Refinement pipeline. SIFU employs a cross-attention mechanism within the transformer, using SMPL-X normals as queries to effectively decouple side-view features in the pro-

cess of mapping 2D features to 3D. This method not only improves the precision of the 3D models but also their robustness, especially when SMPL-X estimates are not perfect. Our texture refinement process leverages text-to-image diffusion-based prior to generate realistic and consistent textures for invisible views. Through extensive experiments, SIFU surpasses SOTA methods in both geometry and texture reconstruction, showcasing enhanced robustness in complex scenarios and achieving an unprecedented Chamfer and P2S measurement. Our approach extends to practical applications such as 3D printing and scene building, demonstrating its broad utility in real-world scenarios.

1. Introduction

High-quality 3D models of clothed humans are crucial in diverse sectors, including augmented and virtual reality (AR/VR), 3D printing, scene assembly, and filmmaking. The traditional process of creating these models not only

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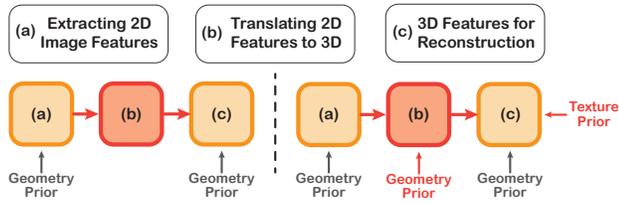


Figure 2. **Contrast between previous methods (Left) and ours (Right):** Our approach improves the reconstruction process by incorporating additional guidance on geometry and texture priors.

requires a considerable amount of time but also specialized equipment capable of capturing multi-view photographs, in addition to the reliance on skilled artists. Contrasting this, in everyday situations, we most often have access to monocular images of individuals, easily obtained through phone cameras or found on various web pages. Thus, a method that accurately reconstructs 3D human models from a single image could significantly cut costs and simplify the process of independent creation. While existing deep learning models [6, 11, 30, 69, 70, 81, 82, 85, 92, 93] show promise in this area, they struggle with complex poses and loose clothing, as illustrated in Fig. 3. Furthermore, these models fail to correctly texture hidden areas, resulting in less realistic outcomes. Therefore, there’s a significant need for models that can generalize across various scenarios and efficiently produce realistic, real-world applicable 3D clothed humans.

Through analyzing existing methods, we pinpointed two key challenges in this field: **(i) Insufficient Prior Guidance in Translating 2D Features to 3D:** The reconstruction of 3D objects from 2D images typically involves three main steps: (a) *extracting 2D image features*, (b) *translating 2D features to 3D*, and (c) *3D features for reconstruction*. As shown by Fig. 2, current approaches often add geometric prior (like SMPL-X [61]) to the first and last steps, focusing on techniques such as normal map prediction [81, 82, 85], SMPL-guided SDF [81, 85, 92], or volume features [10, 93]. While the use of priors for improving the transition from 2D image features to 3D is crucial, it remains underexplored. Currently, this transition is typically achieved by projecting features onto 3D points [6, 10, 11, 69, 70, 81, 85, 93] or by employing fixed learnable embeddings to generate 3D features [92]. These methods, however, do not fully harness the potential of priors in enhancing accuracy of 3D reconstruction. **(ii) Lack of Texture Prior:** While current methods [6, 11, 69, 70, 92] attempt to predict vertex colors, they struggle to accurately predict textures for unseen views, particularly with limited training data. This limitation highlights a need for additional texture priors in 3D human reconstruction.

In response to the challenges we’ve identified, we propose two refined strategies to enhance 3D human reconstruction. **Firstly**, we believe that enhancing the process of translating 2D features to 3D with additional guid-

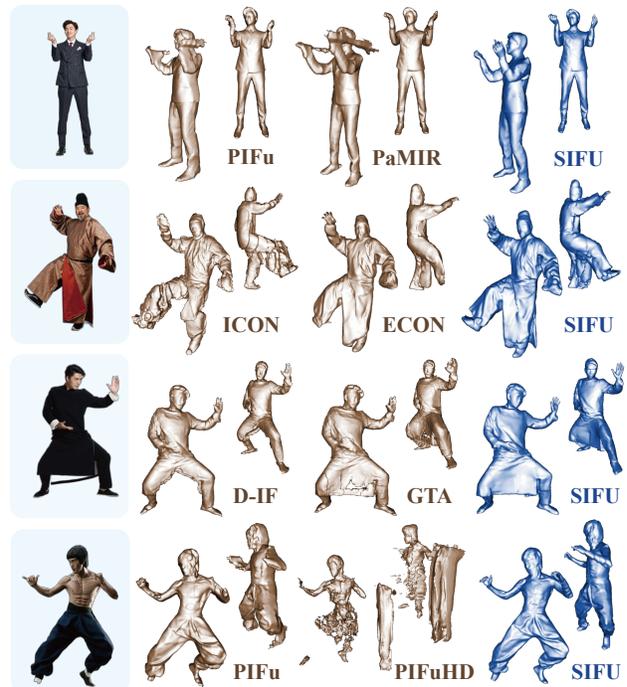


Figure 3. **Comparison of SIFU with State-of-the-Art (SOTA) Methods in 3D Human Inference from In-the-Wild Images.** Existing SOTA methods often struggle with complex poses and loose clothing, leading to a range of artifacts. These issues include the absence of human shapes (PIFu, PaMIR, PIFuHD), missing body parts (ECON), disrupted clothing (ICON, D-IF), and a lack of fine details (GTA). In contrast, SIFU effectively addresses these challenges, delivering high-quality, detailed results.

ance could significantly improve both the accuracy and efficiency of 3D reconstructions. To more effectively integrate prior guidance, such as SMPL-X [61], with image features, we utilize the cross-attention mechanism of the transformer [77]. This approach aims to optimize the fusion of geometry and image data, potentially leading to more precise and realistic 3D human models. **Secondly**, considering the impressive generative capabilities of pretrained diffusion models, as shown in recent studies [12, 13, 25, 57, 73] and their proficiency in learning rich 3D priors [48–51, 64, 65, 76], we suggest their incorporation as priors to enhance texture prediction, particularly for invisible regions. Besides, maintaining 3D consistency from different angles and matching the style of the input image is also crucial for creating realistic textures.

In this paper, we present SIFU (Side-view Conditioned Implicit Function for Real-world Usable Clothed Human Reconstruction), a novel approach employing a **Side-view Conditioned Implicit Function (§3.2)** with a **3D Consistent Texture Refinement (§3.3)** pipeline for precise geometry and realistic texture reconstruction. Our approach employs normals from SMPL-X as queries in a cross-attention mechanism with image features. This method effectively

decouples side-view features in the process of mapping 2D features to 3D, thereby enhancing the accuracy and robustness of reconstruction. Moreover, our texture refinement employs text-to-image diffusion models [68] and ensures uniform diffusion features across different perspectives, resulting in detailed, consistently styled textures.

Through extensive experiments, **SIFU** outperforms existing SOTA methods in geometry and texture quality, achieving an unprecedented Chamfer and P2S measurement of **0.6 cm** on THuman2.0 [87] (Tab. 1). Additionally, SIFU shows improved robustness in geometry reconstruction (Tab. 2), even with inaccurate SMPL-X estimations. SIFU handles complex poses and loose clothing well, producing realistic textures with consistent colors and patterns (Fig. 7). Its adaptability extends to practical applications like 3D printing and scene creation (Fig. 1), showcasing its broad practical utility. Key contributions include:

- A novel **Side-view Conditioned Implicit Function** that skillfully maps 2D image features to 3D with SMPL-X guidance. This is the first instance showcasing the efficacy of using human prior information to decouple side-view 3D features from the input image, significantly advancing the field of clothed human reconstruction.
- A **3D Consistent Texture Refinement** pipeline designed to generate realistic, 3D consistent textures on clothed human meshes. This approach has notably improved the quality and uniformity of textures, offering a substantial advancement in the field.
- Our proposed model achieves state-of-the-art performance in both geometry and texture reconstruction, facilitating **real-world applications** such as 3D printing and scene building, which were challenging to achieve with previous methods.

2. Related Work

Implicit-function-based Reconstruction. Implicit representations, such as occupancy and signed distance fields, are flexible with topology and can effectively depict 3D clothed humans across a variety of scenarios, including loose garments and complex poses. A series of studies have focused on regressing the implicit surface from a single input image directly in a streamlined process [1, 6, 21, 69, 70]. Others incorporate a 3D human body prior to enhance the process of 2D feature extraction and 3D feature for reconstruction [9–11, 23, 24, 29, 31, 47, 81, 82, 85, 92, 93]. Among these, GTA [92] utilizes transformers with fixed learnable embeddings to translating image features to 3D tri-plane features. As for texture reconstruction, methods like PIFu [69], ARCH [24, 31], PaMIR [93], and GTA [92] deduce full textures from a single image. Techniques such as PHORHUM [6] and S3F [11] go further by segregating albedo and global illumination. Nevertheless, these methods lack information from other views or prior knowledge

(such as diffusion models), resulting in unsatisfactory textures. HumanSGD [1] employs diffusion models for mesh inpainting but faces performance declines with mesh reconstruction inaccuracies. TeCH [29] uses diffusion-based models for visualizing unseen areas, yielding realistic results. Its limitations, however, include time-intensive per-subject optimization and dependence on accurate SMPL-X.

Explicit-shape-based Reconstruction. Recovering the human mesh from a single RGB image is a complex challenge that has received extensive attention. Many approaches [15, 16, 37–41, 43, 44, 46, 90, 91] adopt parametric body models [36, 52, 60, 83] to estimate the shape and pose of a 3D human body with minimal clothing [45, 71]. To incorporate clothing into the 3D models, methods often apply 3D clothing offsets [2–5, 42, 80, 94] or use adjustable garment templates [8, 16, 32] over the base body shape. Additionally, non-parametric forms like depth maps [17, 72], normal maps [82], and point clouds [89] are explored for creating representations of clothed humans.

Despite these advancements, explicit-shape approaches can be limited by topological constraints, which become apparent when handling diverse and complex clothing styles found in real-world settings, such as dresses, and skirts.

NeRF-based Reconstruction. The rise of Neural Radiance Fields (NeRF) has seen methods [18, 20, 33, 34, 56, 59, 62, 63, 78, 88] using videos or multi-view images to optimize NeRF for human form capture. Recent advancements like SHERF [26] and ELICIT [28] aim to generate human NeRFs from single images, with SHERF filling gaps using 2D image data and ELICIT employing a pre-trained CLIP model [66] for contextual understanding. While NeRF-based approaches are effective in creating quality images from various perspectives, they typically struggle with detailed 3D mesh generation from single images and often require extensive time for optimization.

Contrasting with these methods, SIFU stands out in reconstructing clothed human meshes across various scenarios, producing consistently realistic 3D textures suitable for real-world use. It leverages human body priors to decouple side-view features from input images during the 2D to 3D mapping process, thereby improving the accuracy of its implicit function. For texture refinement, SIFU adopts a coarse-to-fine approach, utilizing a pre-trained diffusion model, trained on a vast dataset, to predict textures in unseen areas. It also reconstructs texture from the input image for visible regions, ensuring uniform texture consistency.

3. Method

Given a single image, SIFU first reconstructs the 3D mesh and coarse textures using the Side-view Conditioned Implicit Function (Sec. 3.2). Subsequently, it employs a 3D Consistent Texture Refinement process (Sec. 3.3) to enhance textures, ensuring high quality and 3D consistency.

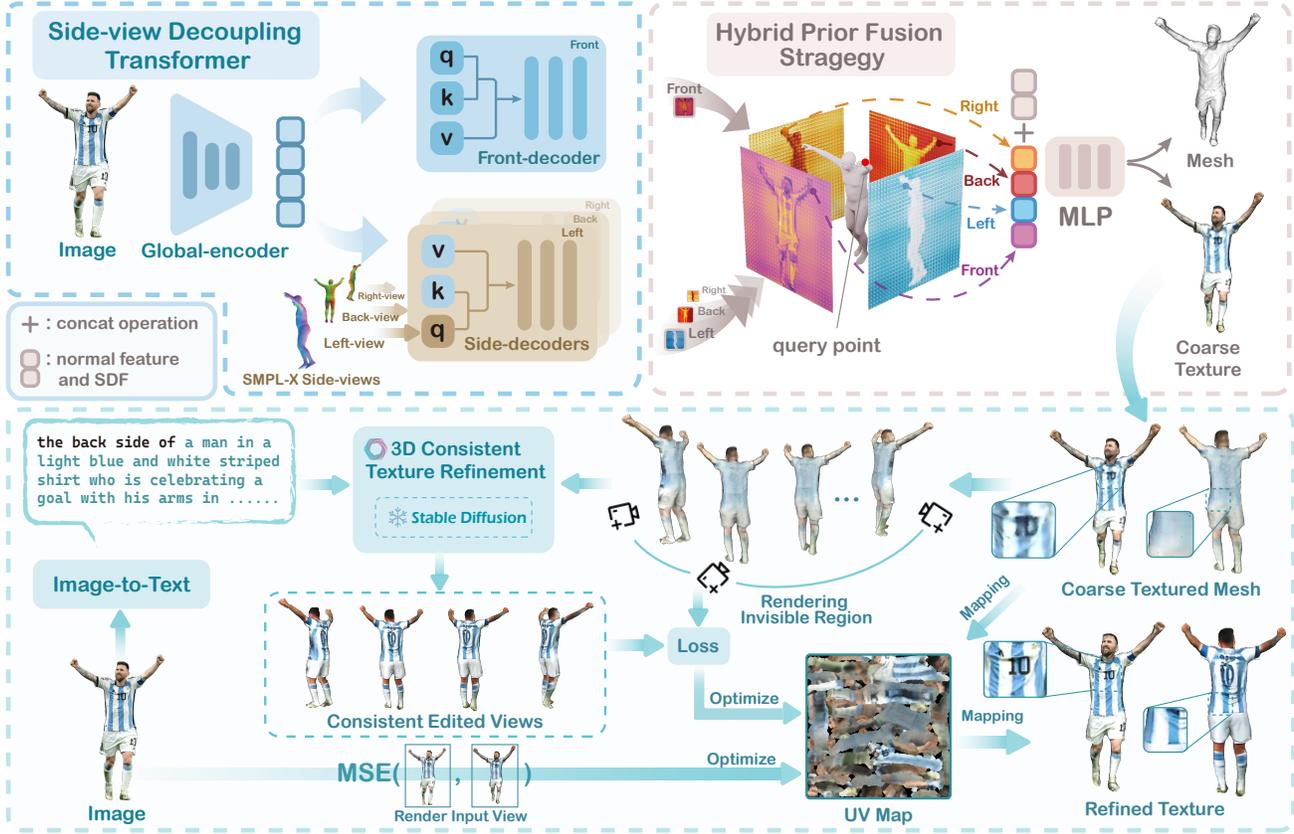


Figure 4. Given a single image, SIFU constructs a 3D clothed human mesh with coarse textures using a **Side-view Conditioned Implicit Function** (§3.2). This is followed by a step of **3D Consistent Texture Refinement** (§3.3) to generate detailed textures. Specifically, SIFU employs a side-view decoupling transformer to decouple features from the input image and the side-view normals of the SMPL-X model. Then, these features are combined at a query point through a hybrid prior fusion strategy, aiding in the reconstruction of both the mesh and its texture. Finally, the mesh with its basic textures undergoes a diffusion-based 3D consistent texture refinement, ensuring feature consistency in the latent space and resulting in high-quality textures.

Key preliminary concepts necessary for understanding our approach are briefly presented in [Sec. 3.1](#).

3.1. Preliminary

Implicit Function is a powerful tool for modeling complex geometries and colors with neural networks. We employ implicit function to predict an occupancy field to represent 3D clothed humans. Specifically, our implicit function \mathcal{IF} maps an input point \mathbf{x} to a scalar value representing the spatial field including occupancy and color fields. Our reconstructed human surface can be represented as \mathcal{S}_{IF} :

$$\mathcal{S}_{IF} = \{\mathbf{x} \in \mathbb{R}^3 \mid \mathcal{IF}(\mathbf{x}) = (\mathbf{o}, \mathbf{c})\} \quad (1)$$

where occupancy $\mathbf{o} = 0.5$ and color $\mathbf{c} \in \mathbb{R}^3$.

SMPL and SMPL-X. The Skinned Multi-Person Linear (SMPL) model [52] is a parametric model for human body representation. It uses shape parameters $\beta \in \mathbb{R}^{10}$ and pose parameters $\theta \in \mathbb{R}^{3 \times 24}$ to define the human body mesh \mathcal{M} :

$$\mathcal{M}(\beta, \theta) : \beta \times \theta \mapsto \mathbb{R}^{3 \times 6890} \quad (2)$$

Here, β controls body size, while θ affects joint positions and orientations. The SMPL-X model [61] builds upon SMPL, adding features for hands and face, enhancing facial expressions, finger movements, and detailed body poses.

Diffusion Models. Diffusion processes, notably represented by Diffusion Probabilistic Models (DPM) [12, 13, 25, 57, 73], are pivotal in image generation and have shown capabilities in human/avatar generation [27, 84]. These models aim to approximate a data distribution q through a progressive denoising process. Starting with a Gaussian i.i.d noisy image $\mathbf{x}_T \sim \mathcal{N}(0, I)$, the model denoises it until a clean image \mathbf{x}_0 from the target distribution q is obtained. DPMs can also learn a conditional distribution with additional guiding signals like text conditioning.

3.2. Side-view Conditioned Implicit Function

The Side-view Conditioned Implicit Function in our model comprises two key components: the **Side-view Decoupling Transformer** and the **Hybrid Prior Fusion Strategy**. The transformer initially uses rendered SMPL-X images from

various side views as queries to perform cross-attention with the encoded input image. This process effectively decouples features conditioned on the side views. The Hybrid Prior Fusion Strategy then integrates these features at each query point, which are later input into a Multi-Layer Perceptron (MLP) for predicting occupancy and color. We detail both components in the sections below.

Side-view Decoupling Transformer. Our method draws inspiration from the shared characteristics, such as material and color, between side views (like the back or left side) and the visible front view. Despite their different perspectives, these similarities in features are crucial. Therefore, we aim to effectively separate side-view features from the front view, utilizing the SMPL-X model [61] as a guide.

The process begins with a ViT-based global encoder [14], which encodes the input image I into a latent feature h , capturing the image’s globally correlated features. To decode these features, we employ two decoders: a front-view decoder, aligned with h , and a side-view decoder. The front-view decoder utilizes multi-head self-attention within a vision transformer to process the front view feature, represented as $F_{front} \in \mathbb{R}^{H \times W \times C}$.

To decouple side-view features, we render the side-view normal images N_i of SMPL-X as guidance, with $i \in \{left, back, right\}$ during the experiments. The side-view normals N_i are transformed to embeddings z_i , which then engage in a cross-attention operation as queries, with the latent feature h acting as both keys and values:

$$\text{CrossAttn}(z_i, h) = \text{SM}\left(\frac{(W^Q z_i)(W^K h)^T}{\sqrt{d}}\right)(W^V h) \quad (3)$$

where SM represents **SoftMax** operation, while W^Q , W^K , and W^V are learnable parameters and d is the scaling coefficient. Following the original transformer architecture [77], our model integrates residual connections [22] and layer normalization [7] after each sub-layer. The entire side-decoder contains multiple identical layers, and we deploy three such decoders to yield feature maps $F_i \in \mathbb{R}^{H \times W \times C}$ where $i \in \{left, back, right\}$.

Hybrid Prior Fusion Strategy. In our pipeline, we incorporate the Hybrid Prior Fusion Strategy from [92] to effectively merge features at a query point, utilizing both spatial localization and human body prior knowledge. We split the feature maps F_j (for $j \in \{front, left, back, right\}$) into two groups. For the spatial query group, we project query points onto the feature map to obtain pixel-aligned features F_j^S . We then combine these features from all planes using a mix of averaging and concatenation:

$$F^S(x) = F_f^S(x) \oplus \text{avg}(F_l^S(x), F_b^S(x), F_r^S(x)) \quad (4)$$

where f, l, b, r denote the front, left, back, and right respectively. For the other group, similar to the spatial query, we project the SMPL-X [61] mesh vertices onto the four

feature maps, obtaining the feature $F^S(v)$, $v \in \mathcal{M}$, where \mathcal{M} is the SMPL-X mesh. For each query point x , we find its nearest triangular face $t_x = [v_0, v_1, v_2] \in \mathbb{R}^{3 \times 3}$ and employ barycentric interpolation to integrate features for x , denoted as $F^P(x)$:

$$F^P(x) = uF^S(v_0) + vF^S(v_1) + wF^S(v_2) \quad (5)$$

where $[u, v, w]$ represents the barycentric coordinates of the query point x projected onto triangle t_x . We concatenate these two query features as the final point feature. Moreover, we incorporate the signed distance between the query point and SMPL-X mesh $SD\mathcal{F}(x)$ and pixel-aligned normal feature $F^N(x)$ as input to a Multilayer Perceptron (MLP) for prediction of occupancy and color:

$$(\mathbf{o}, \mathbf{c}) = \text{MLP}(F^S(x), F^P(x), SD\mathcal{F}(x), F^N(x)) \quad (6)$$

Training Objectives. We consider two sets of points as training data, denoted as G_o and G_c . G_c is sampled uniformly with a slight perturbation along the normals of the ground-truth mesh surface, whereas G_o is sampled according to the same strategy as in [69]. For the points in G_o , we employ the following loss function:

$$\mathcal{L}_o = \frac{1}{|G_o|} \sum_{x \in G_o} \text{BCE}(\hat{o}_x - o_x) \quad (7)$$

where \hat{o}_x denotes the model’s predicted occupancy, while o_x is the ground-truth occupancy. For the sampled points in G_c , we apply the following loss function:

$$\mathcal{L}_c = \frac{1}{|G_c|} \sum_{x \in G_c} |\hat{c}_x - c_x| \quad (8)$$

where \hat{c}_x denotes the predicted color, and c_x represents the corresponding ground-truth color. The total loss is the sum of these two separate losses, which is designed to fulfill a comprehensive training objective.

Mesh Extraction. We begin by densely sampling points in space and using our side-view conditioned implicit function to predict their occupancy values. The Marching Cubes algorithm [53] is then applied to extract the mesh, and following [82], we substitute the hands with SMPL-X models for enhanced visuals. Finally, these mesh points are processed through the implicit function again for color prediction.

3.3. 3D Consistent Texture Refinement

Upon extracting the mesh using our implicit function, we noted that color quality was coarse and areas not visible in the input were blurry, leading to a less realistic look (see Fig. 4). To address this, we developed a **3D Consistent Texture Refinement** pipeline, leveraging text-to-image diffusion priors to substantially enhance texture quality.

Pipeline. For a given input image and its reconstructed mesh M , we first utilize vision-to-text models (e.g., [54, 58,

Method	Publication	CAPE-NFP			CAPE-FP			THuman2.0		
		Chamfer ↓	P2S ↓	Normal ↓	Chamfer ↓	P2S ↓	Normal ↓	Chamfer ↓	P2S ↓	Normal ↓
<i>w/o SMPL-X body prior</i>										
PIFu* [69]	ICCV 2019	2.5609	1.9971	0.1023	1.8139	1.5108	0.0798	1.5991	1.4333	0.0843
PIFuHD [70]	CVPR 2020	3.7670	3.5910	0.1230	2.3020	2.3350	0.0900	-	-	-
<i>w/ SMPL-X body prior</i>										
PaMIR* [93]	TPAMI 2021	1.6313	1.2666	0.0730	1.481	1.1631	0.0727	1.2152	1.0582	0.0730
ICON [81]	CVPR 2022	0.8846	0.8569	0.0434	0.7247	0.6979	0.0371	0.9491	0.9846	0.0621
ECON [82]	CVPR 2023	0.9462	0.9334	0.0382	0.9039	0.8938	0.0373	1.2585	1.4184	0.0612
D-IF [85]	ICCV 2023	0.8237	0.8353	0.0575	0.7625	0.769	0.0503	1.1696	1.2900	0.0936
GTA [92]	NeurIPS 2023	0.8508	0.7920	0.0424	0.6525	0.6084	0.0349	0.7329	0.7297	0.0492
Ours	-	0.7725	0.7354	0.0378	0.6297	0.5980	0.0327	0.5961	0.6058	0.0407

Table 1. **Quantitative evaluation against SOTA (§4.1).** All models use a resolution of 256 for marching cubes and ground-truth SMPL-X models are used during testing. *Methods are re-implemented in [81] for a fair comparison. Top two results are colored as **first** **second**.

86]) to convert the image into a textual description P , and then back-project the mesh color onto a UV texture map T , following the approach in [75]. To visualize unseen mesh areas, differentiable rendering \mathcal{I} is employed on mesh M , generating images of these invisible views:

$$\mathbf{I} = \mathcal{I}(T, M, \mathbf{k}) \quad (9)$$

where $\mathbf{k} = \{k^1, \dots, k^n\}$ represent camera views and $\mathbf{I} = \{I^1, \dots, I^n\}$ are the corresponding rendered images.

Subsequently, a pretrained and fixed text-to-image diffusion model ϵ_θ refines the blurry images \mathbf{I} into enhanced images \mathbf{J} , using P as a condition. To ensure consistency among refined images, a **consistent editing** technique \mathcal{H} is applied to ϵ_θ , preserving the original semantic layout of \mathbf{I} :

$$\mathbf{J} = \mathcal{H}(\epsilon_\theta, P, \mathbf{I}) = \mathcal{H}(\epsilon_\theta, P, \mathcal{I}(T, M, \mathbf{k})) \quad (10)$$

where $\mathbf{J} = \{J^1, \dots, J^n\}$ corresponds to the refined views of \mathbf{I} . After obtaining \mathbf{J} , a pixel-wise Mean Squared Error (MSE) loss is computed between each J^i and I^i to optimize the texture map T . Additional losses include a perceptual loss \mathcal{L}_{vgg} [35] and a Chamfer Distance loss \mathcal{L}_{CD} [29], aimed at ensuring style similarity between \mathcal{J} and the input image. We also compute an MSE loss \mathcal{L}_{MSE}^f from the input view against the input image. These combined losses jointly optimize T , enhancing overall texture quality:

$$\min_T \lambda_1 \mathcal{L}_{MSE} + \lambda_2 \mathcal{L}_{vgg} + \lambda_3 \mathcal{L}_{CD} + \lambda_4 \mathcal{L}_{MSE}^f \quad (11)$$

where $\lambda_1, \lambda_2, \lambda_3, \lambda_4$ are the weights attributed to each loss. **Consistent Editing.** To achieve consistent image editing across different views, we adopt a method inspired by [19]. This involves enforcing consistency among diffusion features from various rendered views. We perform DDIM inversion [74] on the input image \mathbf{I} , extracting diffusion tokens across all layers. A set of key views is selected for joint editing [79], ensuring a unified appearance in the resultant features. These features are then propagated to all views using a nearest-neighbor approach to maintain coherence across them. Please refer to the SupMat for more detailed procedural insights and specific mechanisms.

Method	Backbone	Chamfer ↓	P2S ↓	Normal ↓
PaMIR [93]	CNN	1.3224	1.1349	0.0767
ICON [81]	CNN	1.2935	1.3949	0.0781
D-IF [85]	CNN	1.5262	1.7296	0.1191
ECON [82]	-	2.1195	1.8074	0.1029
GTA [92]	Transformer	1.0473	1.0780	0.0649
Ours	Transformer	0.9937	1.0645	0.0599

Table 2. **Assessing model robustness to SMPL-X (§4.1).** To evaluate the models’ robustness in reconstruction, we used the THuman2.0 dataset [87] and introduced random noise to the ground-truth SMPL-X models. This approach simulates inaccuracies in poses and shapes for robustness testing.

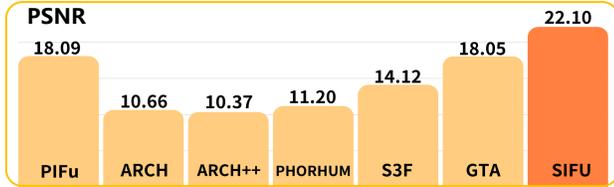
4. Experiment

Datasets. We trained our model on the THuman2.0 dataset [87], comprising 526 human scans, with 490 used for training, 15 for validation, and 21 for testing. Ground-truth SMPL-X models were used during training, and PIXIE [15] was employed for inference. Our main evaluations were conducted on the CAPE [55] and THuman2.0 datasets. To test our model’s versatility with different poses, we divided the CAPE dataset into ”CAPE-FP” and ”CAPE-NFP” subsets. Further details on datasets and implementation are available in the SupMat.

4.1. Evaluation

Metrics. Our model’s reconstruction quality for geometry is quantitatively evaluated using Chamfer and P2S distances, comparing reconstructed meshes with ground-truth. We also measure L2 Normal error between normal images from both meshes, assessing surface detail consistency by rotating the camera at $\{0^\circ, 90^\circ, 180^\circ, 270^\circ\}$ relative to the input view. For texture quality, we report the PSNR on colored images rendered similarly to normal images.

Quantitative Evaluation. In geometry evaluation, our experiments utilize the ground-truth SMPL-X model for methods using a ”SMPL-X body prior,” as shown in Tab. 1. SIFU establishes a new standard in all metrics, especially excelling on the THuman2.0 dataset with an unprecedented Chamfer and P2S of **0.6 cm**. This highlights SIFU’s proficiency in accurate reconstructions across diverse scenarios,



(a) Quantitative comparison of texture quality on THuman2.0 [87].



(b) Qualitative results on Thuman2.0 [87]

Figure 5. **Texture comparison against SOTAs (§4.1).** We quantitatively and qualitatively compare texture quality on THuman2.0 [87]. PIXIE [15] used for SMPL-X estimation during testing. Please **Q zoom in** for details.

benefiting from our side-view conditioned approach.

For texture reconstruction, SIFU surpasses PIFu [69] by **22.2%** in PSNR, demonstrating its superior texture quality. For visual comparisons, refer to Fig. 5 and the SupMat.

Robustness to SMPL-X. In real-world scenarios, encountering in-the-wild images lacking precise SMPL-X parameters is common. The ability to handle SMPL-X estimation errors is crucial for high-quality reconstructions. We evaluated our model’s resilience by introducing noise (scaled by 0.05) to the pose and shape parameters of the ground-truth SMPL-X models. As shown in Tab. 2, SIFU demonstrates significant robustness, indicating strong practical utility.

Qualitative Results. Our results showcase the model’s strong performance on in-the-wild images. As depicted in Fig. 7, our model is capable of handling complex scenarios such as loose clothing and challenging poses with proficiency. Further examples are provided in the SupMat.

4.2. Ablation Studies

Different Backbone Analysis. In validating the effectiveness of our side-view decoupling transformer, we experimented with various alternative architectures. As per the results in Tab. 3, self-attention and learnable embeddings, without SMPL-X guidance, led to significant errors, and even convolutional networks with similar capacities were unable to effectively link input images with SMPL-X conditioned views. This ablation study clearly demonstrates that our custom transformer architecture excels, delivering superior reconstruction results.

Different Feature Plane Analysis. In assessing the effect

Method	Chamfer ↓	P2S ↓	Normal ↓
<i>A - Different Backbone</i>			
no cross-attention	0.9846	0.8672	0.0477
learnable embedding	0.9860	0.8538	0.0471
use convolution network	0.8699	0.8221	0.0387
<i>B - Different Feature Plane</i>			
only front plane	1.1165	0.9574	0.0558
front and back planes	0.9929	0.9189	0.0464
w/o left plane	0.7941	0.7576	0.0387
w/o right plane	0.8058	0.7671	0.0386
<i>C - Different Query Strategy</i>			
pixel-aligned	0.8111	0.7615	0.0400
Ours	0.7725	0.7354	0.0378

Table 3. **Ablation study (§4.2).** We quantitatively evaluate the contribution of each component in our model. The evaluation is performed on the CAPE-NFP dataset, with ground-truth SMPL-X models provided during the testing phase.



Figure 6. **Ablation on texture refinement (§4.2).** We compare our 3D consistent texture refinement with other diffusion-based methods on in-the-wild images. Please **Q zoom in** to see details.

of various numbers of side-view feature planes, we found, as shown in Tab. 3, that adding just the left or right side-view planes most significantly improved accuracy, reducing the Chamfer by about 0.2 cm. The inclusion of all four planes offered a smaller error reduction, approximately 0.03 cm. Considering the minor improvements from more planes against the added complexity, we chose a balanced approach with four planes, as shown in Fig. 4.

Query Strategy Efficacy. We compared the hybrid prior fusion strategy with the pixel-aligned method [69, 70, 81]. As shown in Tab. 3, the hybrid approach consistently outperforms the conventional method in all evaluation metrics.

Different Texture Refinement. In comparing our approach with diffusion-based methods like TEXTure [67] and DreamGaussian [75] (using Zero123 XL [50]), and also against our model without refinement, it is evident from Fig. 6 that our 3D Consistent Texture Refinement method excels in both texture quality and consistency.

4.3. Applications

Texture Editing. With the powerful ability of text-to-image diffusion models, we can change the text prompt to easily generate edited textures in the 3D consistent texture refinement. The edited results are shown in Fig. 1 and Fig. 8.

Scene Building and 3D Printing. The model’s accurate ge-



Figure 7. **Qualitative results on in-the-Wild images (§4.1):** The first two rows present results for humans wearing loose clothing, and the subsequent two rows display outcomes for humans in challenging poses. (**Q Zoom in** for detailed view)



Figure 8. **Texture editing (§4.3).** We edit the texture of the individual in Fig. 4 to achieve diverse outcomes by changing the text prompt in our 3D Consistent Texture Refinement.

ometry and refined textures make it ideal for virtual scene creation and 3D printing (see Figs. 1 and 9 and SupMat). It enhances realism in simulations and games and streamlines the 3D printing process, reducing the need for complex scanning. This has potential applications in rapid prototyping, educational resources, and custom 3D figurines.

5. Conclusion

We introduce SIFU, a novel method for reconstructing high-quality 3D clothed human meshes, complete with detailed textures. Our method employs SMPL-X normals [61] as queries in a cross-attention mechanism with image features, efficiently decoupling side-view features during the conversion of 2D features to 3D. This process significantly improves geometric accuracy and robustness in our 3D reconstructions. Moreover, we design a 3D Consistent Texture



Figure 9. **Building scenes with SIFU reconstructed humans (§4.3).** We showcase examples of building impressive scenes with SIFU reconstructed humans. Please **Q zoom in** to see details.

Refinement process, which employs text-to-image diffusion priors while maintaining consistency among diffusion features in the latent space. This innovative approach ensures the creation of realistic textures, particularly in regions that are not visible in the initial input. SIFU distinctly outperforms existing methods in terms of both geometric and textural fidelity, showcasing exceptional capabilities in handling complex poses and loose clothing. These qualities make SIFU highly suitable for real-world applications.

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