

# HandX: Scaling Bimanual Motion and Interaction Generation

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<https://handx-project.github.io>

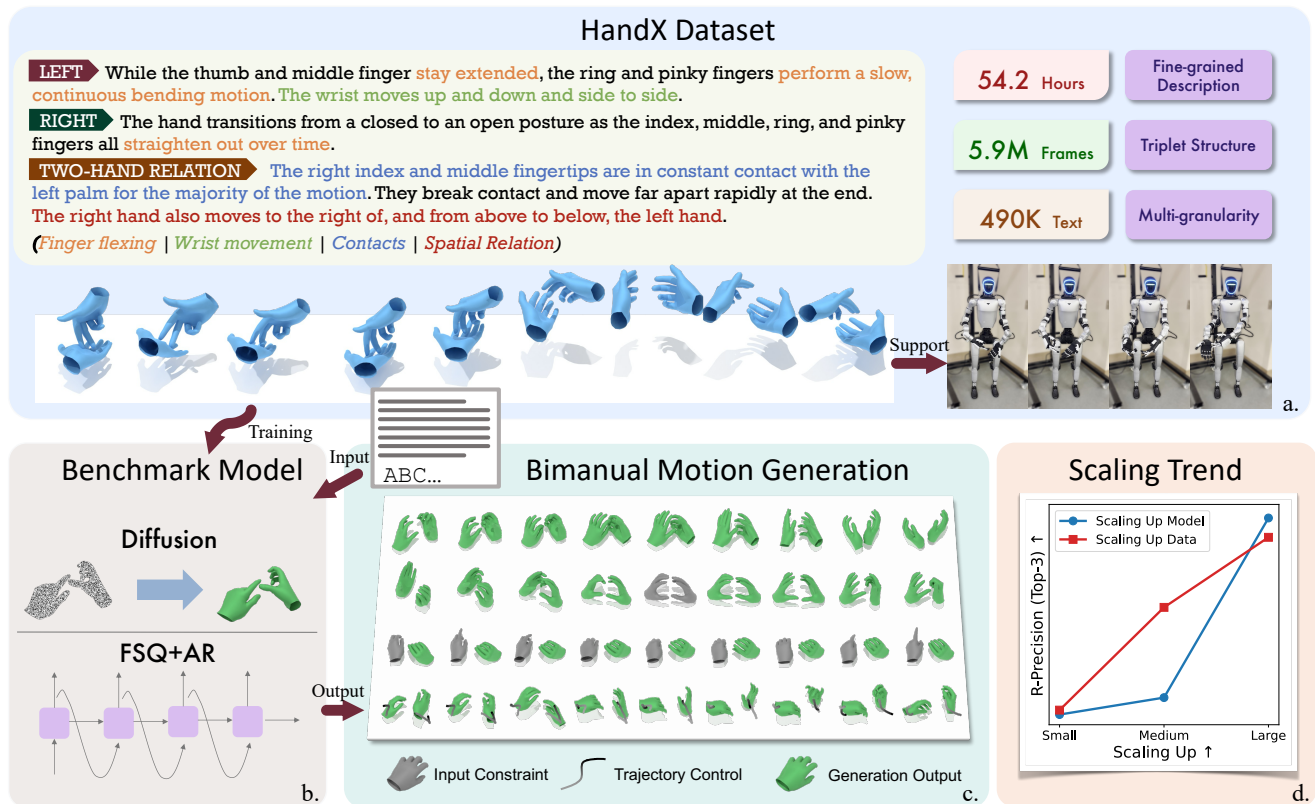


Figure 1. (a) We introduce **HandX**, a large-scale dataset of *bimanual* and *dexterous* motions paired with *fine-grained* textual descriptions. The examples highlight the high-fidelity captures produced by our motion capture system (Figure A), and demonstrate instantiation on a real-world humanoid with dexterous hands. (b) We benchmark two generative paradigms: diffusion-based and autoregressive (AR) models. (c) Our models support flexible conditioning and synthesize highly dynamic, expressive hand motions. (d) We observe clear scaling trends: increasing dataset size and model capacity yields substantial performance gains.

## Abstract

Synthesizing human motion has advanced rapidly, yet realistic hand motion and bimanual interaction remain under-explored. Whole-body models often miss the fine-grained cues that drive dexterous behavior, finger articulation, contact timing, and inter-hand coordination, and existing re-

sources lack high-fidelity bimanual sequences that capture nuanced finger dynamics and collaboration. To fill this gap, we present **HandX**, a unified foundation spanning data, annotation, and evaluation. We consolidate and filter existing datasets for quality, and collect a new motion-capture dataset targeting underrepresented bimanual interactions with detailed finger dynamics. For scalable annotation,

*we introduce a decoupled strategy that extracts representative motion features, e.g., contact events and finger flexion, and then leverages reasoning from large language models to produce fine-grained, semantically rich descriptions aligned with these features. Building on the resulting data and annotations, we benchmark diffusion and autoregressive models with versatile conditioning modes. Experiments demonstrate high-quality dexterous motion generation, supported by our newly proposed hand-focused metrics. We further observe clear scaling trends: larger models trained on larger, higher-quality datasets produce more semantically coherent bimanual motion. Our dataset is released to support future research.*

## 1. Introduction

Natural communication and skilled manipulation rely heavily on the hands. Despite impressive advances in human animation [52], human-object interaction [65], and video generation [48], most methods still treat hands as an afterthought. As a result, they often miss the fine-grained cues that make hand motion both believable and functional, including precise finger articulation, well-timed contact, and smooth bimanual coordination under semantic intent. These limitations hinder deployment in immersive media, telepresence, embodied AI, and human-computer interaction, where realistic hand motion is essential.

A key bottleneck is the lack of suitable data and an established evaluation protocol. Most human motion and interaction datasets [21, 64] emphasize locomotion and locomanipulation but provide limited hand detail, while hand-centric datasets [19, 26, 29, 38, 76] focus narrowly on object interaction, miss fine-grained finger dynamics, or use coarse annotations. In addition, mismatched skeletons, frame rates, and annotation protocols hinder unifying data across sources. Finally, existing metrics rarely evaluate hand fidelity or bimanual coordination, making it hard to diagnose failures and measure progress.

To tackle these challenges, we build a unified data foundation for bimanual motion generation, which we call **HandX**. We consolidate large egocentric and human-object interaction datasets into a standardized corpus with strict quality control (Figure 1), converting all sequences to a shared representation and filtering implausible or inactive segments. Even after consolidation, a key gap remains: existing data lack high-fidelity bimanual motion that captures fine finger coordination and contact dynamics. We therefore collect a complementary motion-capture dataset of dexterous two-hand interactions (Figure A). To scale semantic annotations over all these data, we propose a two-stage paradigm that decouples motion understanding from language generation: we first extract structured event descriptors, e.g., touch, slide, and release, then leverage large

language model (LLM) reasoning to produce fine-grained descriptions aligned with these events. This enables scalable, consistent annotation with minimal manual effort.

Building on HandX, we benchmark two representative paradigms for hand-centric motion generation: a diffusion-based model and an autoregressive, token-based model. To increase versatility, we leverage masked conditioning so a single model supports diverse control modes, including hand reaction generation, motion in-betweening, and keyframe-guided synthesis. We additionally introduce contact-focused metrics to evaluate interaction fidelity. Crucially, we exploit HandX to study scaling behavior: in our core text-to-motion benchmark, increasing model capacity and training data consistently improves text alignment and contact accuracy. We further demonstrate that the learned dexterous skills transfer to a humanoid platform equipped with dexterous robot hands, as shown in Figure 1.

In summary, we establish a unified framework for bimanual motion and interaction generation. We (a) build a hand-centric corpus by consolidating large-scale datasets, and complement it with a new motion-capture dataset emphasizing dexterous two-hand interactions; (b) develop a scalable annotation paradigm that produces structured, fine-grained descriptions via feature extraction and LLM reasoning; and (c) benchmark diffusion and autoregressive models with scaling trend analysis on model and data sizes. These contributions provide a foundation for future research on expressive hand motion and interaction synthesis.

## 2. Related Work

**Human Motion Generation.** Human motion generation has evolved through several stages. Early work uses latent-variable models and recurrent architectures to map language to motion sequences [2, 3, 21, 41]. Later methods explore autoregressive generation [25, 37, 58, 71, 82] in parallel with diffusion models [47, 52, 56, 60, 61, 64, 66, 74, 75], emerging as the predominant approaches due to their fidelity and controllability. Despite this progress, most text-to-motion models do not capture fine-grained hand motion because widely-used datasets [21, 64] lack articulated hands and instead treat them as rigid end-effectors in SMPL [35]. Human-object interaction work that includes hand pose and contact [56, 60, 62] typically emphasizes object manipulation, with limited coverage of bimanual coordination and inter-hand contact dynamics. Consequently, current methods remain insufficient for generating realistic, semantically grounded two-hand motion with dexterous contact.

**Hand Motion Generation.** Hand motion synthesis has been studied under a variety of conditioning modalities. A substantial body of work focuses on audio-driven co-speech gestures [1, 10, 17, 20, 30, 31, 46, 67, 81]. Other directions include motion-to-motion generation conditioned on past motion or trajectories [29, 57], body- or object-conditioned

motion synthesis and correction [50, 54, 59, 63, 73, 77, 79, 80], and vision-based motion forecasting [32, 43]. Hand motion reconstruction [15, 18, 69, 70, 72] can also be viewed as a form of synthesis. Despite their effectiveness, these methods are not designed to generate hand motion directly from free-form natural language. Text-driven hand motion synthesis remains relatively underexplored. Recent progress in text-conditioned hand-object interaction adopts diffusion [9, 11, 27, 78] or autoregressive models [24]. However, these methods are largely restricted to object-centric settings and offer limited coverage of inter-hand coordination and bimanual contact dynamics. Text-guided gesture and sign-language generation [4, 6, 16, 83] targets communicative motion, prioritizing expressive or linguistic intent over general-purpose motion, and therefore lacks the finger-level dexterity and interaction diversity needed for bimanual synthesis. Concurrently, CLUTCH [53] generates in-the-wild hand motion from text using an autoregressive model and shows promising coverage of everyday actions, but its action-level input limits motion granularity. Overall, there remains a clear gap in generating fine-grained bimanual hand motion from text, particularly for actions requiring coordinated interaction and contact-aware reasoning.

**Hand Motion Datasets.** The limitations of text-driven models are partially from existing datasets. Full-body motion datasets with articulated hands, such as Motion-X [28] and InterAct [64], provide textual annotations mainly for whole-body motion rather than fine-grained hands. In contrast, hand-centric datasets often either lack language supervision, such as InterHand2.6M [38] and HandDiffuse [29], or provide annotations limited to specific domains. A major example is hand-object interaction datasets [14, 23, 26, 33, 34, 49], which are largely object-centric and typically annotated with categorical action labels rather than descriptive, general-purpose text. GigaHands [19] offers richer text supervision, but still focuses mainly on object manipulation or predefined gestures, leaving broader bimanual motion and nuanced hand-hand contact underexplored. Sign language datasets [7, 8] also pair text with hand motion, but their data are highly structured and specialized for communication. Recent efforts have begun to scale hand motion data. BOTH2Hands [76] provides 8.31 hours of bimanual motion with finger-level text annotations. Concurrently, BOBSL3DT [6] builds over 1M motion-text pairs for sign language from monocular reconstruction, while CLUTCH [53] reconstructs 32K in-the-wild hand motion sequences with annotations by vision-language models. However, BOBSL3DT remains specialized to sign language with limited bimanual interaction, CLUTCH uses action-level descriptions with limited granularity, and both are constrained by monocular reconstruction noise. Overall, existing datasets still lack the precision, diversity, and rich inter-hand contact needed for learning fine-

grained bimanual motion from text. HandX is proposed to bridge this gap.

### 3. Dataset

Most existing motion datasets are not well suited for fine-grained bimanual text-to-motion synthesis, because they lack sufficient hand detail, scale, or interaction richness. To address this gap, we introduce HandX, a large-scale benchmark for fine-grained bimanual text-to-hand motion generation. We build HandX in two steps: **(a)** *aggregating high-quality open-source data* with bimanual motion [5, 14, 19, 26, 55], canonicalized into a unified skeletal representation and coordinate system for consistency across heterogeneous sources, while filtering out low-quality sequences; and **(b)** *capturing high-quality bimanual interaction* with a marker-based optical motion capture system to record dexterous two-hand motion and rich inter-hand contact in natural daily activities. As shown in Table 1, HandX is distinguished by its dynamic and comprehensive collection of *contact-rich* interactions. We further segment all sequences into clips and apply an *intensity-aware* filter based on joint angular velocity, removing dominated static or near-static segments that may cause generative models to *freeze*, and retaining only meaningful interactions, as detailed in Sec. A.4 of the supplementary material.

**Capturing New Data.** We collect new data using a 36-camera OptiTrack optical motion-capture system in a dedicated studio, which provides dense coverage for complex bimanual interactions with occlusion and rapid finger motion. Each actor wears 25 reflective hand markers to capture fine-grained articulation of the wrist, palm, fingers, and fingertips (Figure A). From the resulting marker trajectories, we reconstruct the hand skeleton by estimating joint centers and enforcing *anatomical constraints* on bone lengths, with *per-frame refinement* for improved kinematic consistency. Additional details on the *studio setup* and *optimization* are provided in Sec. A.1 of the supplementary material.

### 4. Bimanual Motion Captioning

Given the scale of our dataset (Table 1), manually annotating bimanual motion sequences is prohibitively expensive. Many large foundation models are strong at language understanding and generation; they are inherently text-centric and are not directly effective in modeling continuous, high-dimensional motion data. To address this challenge, we propose an automatic annotation framework with two stages: **(a)** extract structured kinematic features from raw hand motion motivated by [12, 68], and **(b)** use a large language model (LLM) to reason over these features and generate coherent textual descriptions. As summarized in Table 1 and illustrated in Figure 1, this framework enables HandX to produce large-scale, multi-level,

Dataset	Duration (h)	Frames (M)	Text Granularity	Text (K)
Motion-X [28]	144.2	15.6	coarse	8.1
InterAct [64]	30.7	3.3	coarse	48.6
<i>Hand motion datasets</i>				
BOTH2Hands [76]	8.31	1.8	coarse	23.5
HandDiffuse [29]	2.0	0.25	–	–
InterHand2.6M [38]	24.0	2.6	–	–
<i>Hand-object / egocentric datasets</i>				
GigaHands [19]	2.58 (34.0)	0.28 (3.7)	coarse	84
HOT3D [5]	0.44 (3.90)	0.05 (0.42)	–	–
ARCTIC [14]	1.06 (2.02)	0.11 (0.22)	action	–
H2O [26]	0.47 (1.06)	0.05 (0.11)	action	–
HoloAssist [55]	49.3 (161.2)	5.32 (17.4)	coarse	1.8
<b>HandX (Ours)</b>	<b>54.2</b>	<b>5.9</b>	<b>fine-grained</b>	<b>485.7</b>

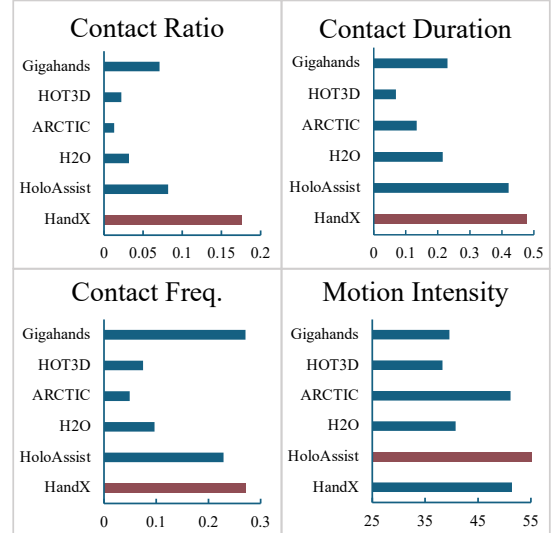


Table 1. **Comparison of major hand motion datasets.** **Left:** Dataset scale. Values are reported as *HQ* (*Raw*) where “HQ” denotes high-quality filtered data (Sec. A.4) and “Raw” (when available) indicates the original data. “Coarse” denotes short descriptions without articulation detail, while “action” denotes only categorical labels. HandX provides fine-grained, multi-level language descriptions. **Right:** Statistics of bimanual motion quality. Metrics are defined in Sec. A.5. HandX provides contact-rich bimanual motions.

and fine-grained annotations. Unlike template-based labeling [9], our method generates descriptions grounded in motion dynamics while introducing diversity. Compared with concurrent work [6, 53], our annotations further capture fine-grained bimanual interactions, especially detailed hand-hand relations.

**Kinematic Feature Extraction.** The goal of kinematic feature extraction is to convert high-dimensional, continuous bimanual motion sequences into structured, semantically meaningful representations that LLMs can reliably interpret. (a) We first compute a set of kinematic *descriptors*, e.g., finger flexion and finger-palm distances, which characterize the detailed pose of both hands *at each frame*, along with their inter-hand spatial relationships, in a structured form. (b) We then analyze the temporal evolution of these descriptors by segmenting the motion into *events*, where each event corresponds either to a change or to a stable interval of a descriptor. This event-based representation captures both dynamic transitions and steady states over time. We organize the events into a structured JSON format (Figure C), making them readily accessible for LLM parsing and interpretation. Formal definitions of the descriptors and details of descriptor computation and event extraction are provided in Sec. B of the supplementary material.

**Translating Kinematic Features into Natural Language.** Building on the structured kinematic features described above, we leverage the semantic reasoning and generation capabilities of LLMs to produce diverse textual annotations for each motion sequence. Specifically, given the JSON-formatted kinematic features, we design a prompt, shown in Figure D, to guide the LLM in generating detailed motion

descriptions. The prompt is built around three key principles: (a) explicitly describing the *left hand*, *right hand*, and their *inter-hand relationships* to ensure complete coverage of both local articulations and global coordination patterns; (b) requiring the model to report critical motion events such as contact, separation, and hyperextension; and (c) incorporating temporal context to preserve the sequential progression of motion events. To increase annotation diversity, we instruct the LLM to generate five levels of textual descriptions with progressively richer detail. These include (a) concise summaries that focus on the most salient movements; (b) balanced descriptions with moderate detail; and (c) comprehensive descriptions that cover all major events, including subtle changes and motion speed variations.

## 5. Bimanual Motion Generation

**Problem Formulation.** We denote a two-hand motion sequence with  $F$  frames as  $\mathbf{p} = \{\mathbf{p}^1, \mathbf{p}^2, \dots, \mathbf{p}^F\}$ , where  $\mathbf{p}^i \in \mathbb{R}^{2J \times 3}$  represents the 3D coordinates of all joints from both hands at frame  $i$ , and  $J$  is the number of joints per hand. As detailed in Sec. 4, text prompts can be defined as  $T = \{T_L, T_R, T_I\}$ , where  $T_L$ ,  $T_R$ , and  $T_I$  describe the left-hand, right-hand, and inter-hand motion, respectively. Our goal is to generate a two-hand motion sequence that is consistent with the text descriptions  $T$ . For visualization, we optionally recover the MANO parameters [45] through post-optimization to obtain the hand meshes. In the following, we benchmark two representative classes of generative models: diffusion models and autoregressive models.

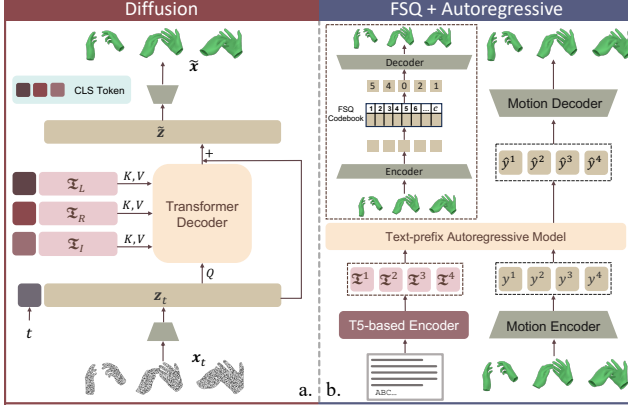


Figure 2. **Two benchmark models.** (a) Diffusion model. Text embeddings for the left hand, right hand, and bimanual interaction are separately cross-attended with noisy motion embeddings, and then fused through residual connections to predict denoised motion embeddings. (b) Autoregressive model, consisting of Finite Scalar Quantization (FSQ) and a text-prefix autoregressive model. Unlike the diffusion model, it concatenates the left-hand, right-hand, and bimanual text descriptions with separator tokens to form a text prefix, and formulates bimanual motion generation as a token prediction task over motion tokenized by FSQ.

## 5.1. Diffusion Model

### Additional Rotation Scalar in Motion Representation.

We represent each hand joint using both its 3D coordinates and a compact rotation scalar. Given that hand joints have limited rotational degrees of freedom, a single scalar is sufficient. The computation is detailed in Sec. C of the supplementary material. At each frame  $i$ , we concatenate the joint coordinates and rotation scalars:  $\mathbf{x}^i = [\mathbf{p}^i; \mathbf{s}^i] \in \mathbb{R}^{2J \times 4}$ , yielding a sequence representation  $\mathbf{x} \in \mathbb{R}^{F \times 2J \times 4}$ , where  $\mathbf{s}^i$  denotes the corresponding 1-DoF rotation scalars.

**Model Architecture.** Our diffusion model is trained to iteratively denoise motion sequences. Following [60], we train a neural network  $\mathcal{G}$  to directly predict the clean signal  $\tilde{\mathbf{x}}$  from its noisy version  $\mathbf{x}_t$  at timestep  $t$ . The noisy input  $\mathbf{x}_t$  is obtained from the clean motion  $\mathbf{x}_0$  through the forward diffusion process [22]:  $\mathbf{x}_t = \sqrt{\bar{\alpha}_t} \mathbf{x}_0 + \sqrt{1 - \bar{\alpha}_t} \boldsymbol{\epsilon}$ , where  $\bar{\alpha}_t = \prod_{t'=1}^t (1 - \beta_{t'})$ ,  $\beta_{t'}$  denotes the noise variance, and  $\boldsymbol{\epsilon} \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$ . Given the noisy motion  $\mathbf{x}_t$  at denoising timestep  $t$  and the text prompts  $T = (T_L, T_R, T_I)$ , the network  $\mathcal{G}(\mathbf{x}_t, t, T)$  predicts the clean signal  $\tilde{\mathbf{x}}$ .

As illustrated in Figure 2(a), we first use an MLP-based encoder  $F$  to project the motion representation at each frame into a  $D$ -dimensional embedding:  $\mathbf{z}_t = F(\mathbf{x}_t) \in \mathbb{R}^{F \times D}$ . Following [52], we further encode the timestep using an MLP-based timestep encoder to obtain a timestep token  $\mathbf{t}$ , which is concatenated with the motion embeddings:  $\mathbf{z}'_t = [\mathbf{t}; \mathbf{z}_t] \in \mathbb{R}^{(1+F) \times D}$ . We adopt T5 [44] as the sequence-to-sequence text encoder for the prompts. We observe that simply concatenating the three types of prompts

degrades performance, *e.g.*, the generated motion may assign right-hand movements to the left hand. To address this issue, we encode three types of prompts separately and add a learnable CLS token to each, allowing the model to distinguish left-hand, right-hand, and inter-hand interactions. The resulting three text embeddings are then cross-attended with  $\mathbf{z}'_t$  and fused through residual connections:  $\tilde{\mathbf{z}} = \mathbf{z}'_t + \sum_{k \in \{L, R, I\}} \text{CrossAttention}(\mathbf{z}'_t, \mathfrak{T}_k)$ , where  $\mathfrak{T}_k$  ( $k \in \{L, R, I\}$ ) denotes the text embedding for each prompt. Finally, an MLP-based decoder  $G$  maps the fused representation back to motion:  $\tilde{\mathbf{x}} = G(\tilde{\mathbf{z}}) \in \mathbb{R}^{F \times 2J \times 4}$ .

**Versatile Bimanual Motion Generation.** Our framework’s design enables a suite of versatile generation tasks from a single model. This versatility stems from an inference-time partial denoising strategy, which enforces known constraints by blending the input condition with the current sample  $\mathbf{x}_t$  at each denoising step. As shown in Figure 3, our mechanism can achieve comprehensive spatiotemporal and conditional control, such as fixing start and end poses for *Motion In-betweening*, fixing sparse keyframes for *Keyframe-based Generation*, fixing wrist paths for *Wrist Trajectories Generation*, and fixing one hand for *Hand-reaction Synthesis*. The mechanism can also achieve *Long Horizon Generation* by applying partial denoising autoregressively. Implementation details are provided in Sec. D of the supplementary material.

## 5.2. Autoregressive Model

**Overview.** Autoregressive (AR) modeling is another classic approach, which we benchmark, as illustrated in Figure 2(b). Since AR modeling requires discrete motion tokens, we adopt Finite Scalar Quantization (FSQ) as it offers better codebook utilization, reconstruction quality, and scaling behavior [37]. In the following, we first introduce the motion representation, and then describe the architectures of the motion tokenizer and the autoregressive model.

**Motion Representation.** Unlike the global representation used in the diffusion model (Sec. 5.1), we adopt a local motion representation to *improve codebook utilization*. Specifically, we define the representation at frame  $i$  as  $\mathbf{x}^i = [\mathbf{d}_r^i; \mathbf{v}_r^i; \boldsymbol{\theta}_r^i; \mathbf{p}_l^i; \mathbf{v}_l^i; \mathbf{s}^i]$ . Here,  $\mathbf{d}_r^i \in \mathbb{R}^3$  denotes the relative vector from the left wrist to the right wrist, and  $\mathbf{v}_r^i \in \mathbb{R}^3$  denotes the linear velocity of the right wrist.  $\boldsymbol{\theta}_r^i \in \mathbb{R}^{2 \times 6}$  represents the orientations of both wrists.  $\mathbf{p}_l^i \in \mathbb{R}^{2 \times (J-1) \times 3}$  denotes the local joint positions of both hands with respect to their wrist joints, while  $\mathbf{v}_l^i \in \mathbb{R}^{2 \times (J-1) \times 3}$  denotes the corresponding local joint velocities. Finally,  $\mathbf{s}^i \in \mathbb{R}^{2 \times (J-1)}$  denotes the rotation scalars defined in Sec. 5.1.

**Motion Tokenizer.** Our motion tokenizer consists of a motion encoder  $\mathcal{E}$ , a motion decoder  $\mathcal{D}$ , and a finite scalar quantizer  $\mathcal{Q}$ , following [13, 37]. The input motion  $\mathbf{x} = \{\mathbf{x}^i\}_{i=1}^F$  is first encoded by the encoder  $\mathcal{E}$  to produce the latent feature  $\mathbf{y} = \{\mathbf{y}^i\}_{i=1}^{\lfloor F/l \rfloor}$ , where  $l$  is the downsam-

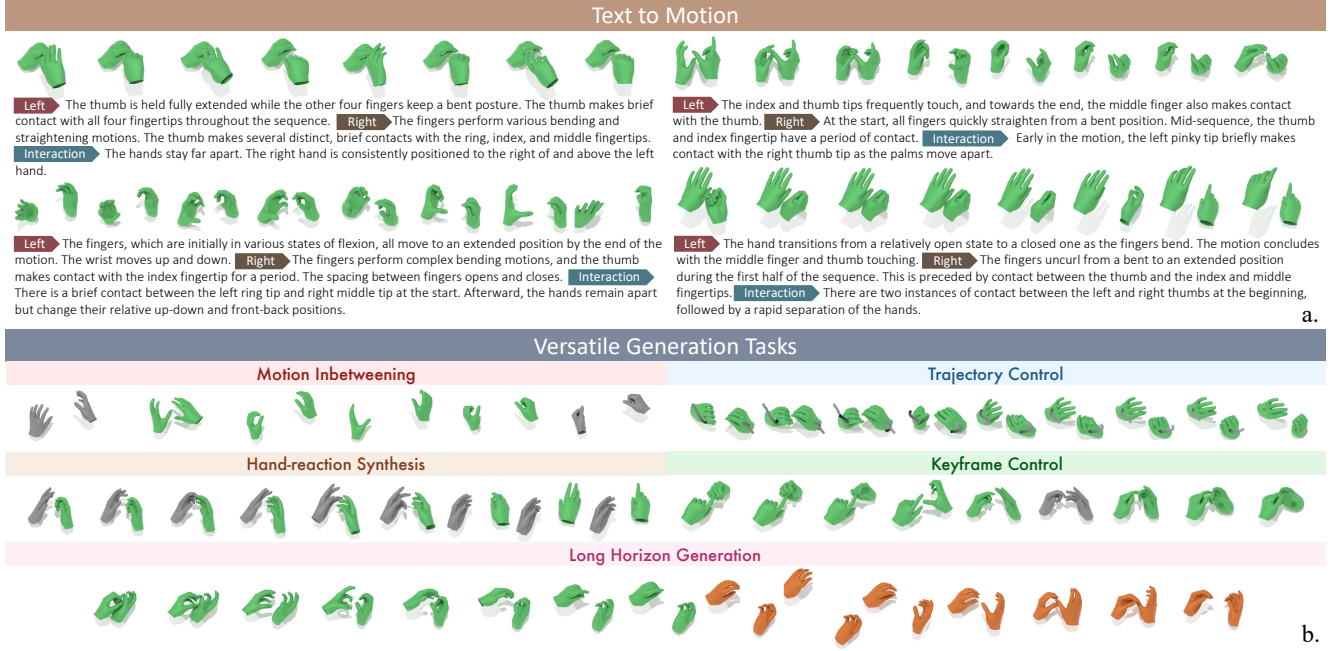


Figure 3. **Qualitative results** of our unified framework, showing (a) high-fidelity text-to-motion generation with fine-grained articulation and contact, and (b) bimanual motion synthesis given versatile spatiotemporal conditions. Gray hands denote the input condition, green hands denote the generation, and orange hands denote the extended long-horizon generation.

ple factor. Subsequently, the latent is discretized into  $L$  uniformly spaced integer levels as:  $\hat{y} = \mathcal{Q}(y) = \text{round}(\sigma(y) \cdot (L - 1))$ , where  $\sigma$  is the sigmoid function and  $L$  defines the number of quantization levels. The optimization objective is defined as  $\mathcal{L} = \|x - \mathcal{D}(\hat{y})\|_2^2$ .

**Autoregressive Modeling.** We adopt a text-prefix autoregressive model. As illustrated in Figure 2(b), given the text prompts  $T = (T_L, T_R, T_I)$ , we apply positional encoding and feed them into T5-based encoder to obtain text-prefix latent tokens  $\mathfrak{T} = \{\mathfrak{T}^k\}_{k=1}^{n_t}$ , where  $n_t$  denotes the number of text tokens. Motion generation is then formulated as autoregressive next-token prediction, where the model predicts the next motion token  $\hat{y}^k$  conditioned on the preceding motion latents  $y^{<k}$  and the text prefix  $\mathfrak{T}$ . Following [13, 37], attention among text prefix tokens is bidirectional, while attention in the motion branch is causal. The text-prefix autoregressive model is trained with:  $\mathcal{L} = -\sum_{k=1}^n \log p(\hat{y}^k | y^{<k}, \mathfrak{T})$ , where  $n$  denotes the number of motion tokens.

## 6. Experiments

### 6.1. Implementation Details

To study scaling behavior with respect to both data volume and model capacity, we conduct experiments across multiple training-set sizes and model configurations. For data scaling, we use 5%, 20%, and 100% of the full training set, where the 5% and 20% subsets are obtained by uniform ran-

dom sampling. All models are evaluated on the same validation split for a fair comparison. All model configurations are summarized in Table C. For the diffusion model, we evaluate four model sizes with 4, 8, 12, and 16 Transformer decoder layers. For the autoregressive (AR) model, the tokenizer uses 1D convolutional blocks in both the encoder and decoder, with a temporal downsampling factor of 2. Within this framework, we study multiple model configurations by varying the number of Transformer layers (8, 12, and 16) and the codebook size (512, 1,024, 2,048, and 4,096). During inference, we use deterministic decoding, selecting the token with the highest predicted probability at each step.

### 6.2. Metrics

Following [21], we evaluate the realism and diversity of generated hand motion, their alignment with textual descriptions. To assess realism and diversity, we employ the Fréchet Inception Distance (FID), which quantifies the similarity between the feature distributions of generated and ground truth sequences, and the Diversity metric that measures variability across generated hand motion. For textual alignment, we adopt R-Precision and the Multimodal Distance (MM Dist), which quantify feature-level correspondence between generated hand motion and their associated text embeddings.

For bimanual motion generation, traditional metrics are insufficient to assess the quality of hand contact and interaction. We therefore adopt contact precision ( $C_{\text{prec}}$ ), recall

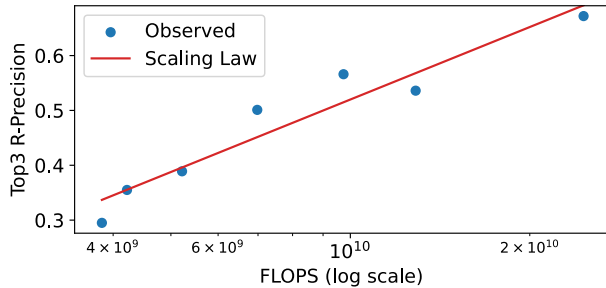


Figure 4. **Scaling trend of computational scale.** We observe a clear log-linear relationship between R-precision and FLOPS, with a high correlation coefficient of 0.96. R-Precision is evaluated with a batch size of 16.

( $C_{\text{rec}}$ ), and F1 score ( $C_{\text{F1}}$ ) to evaluate hand contact accuracy. Contact labels are extracted directly from the ground truth interaction annotations. Specifically, when a contact event occurs in the ground truth, we expect the generated sequence to reproduce the same event at the corresponding frames; successful matches are counted as positive. We empirically set the contact threshold to 2 cm. Additional details are provided in Sec. E of the supplementary material.

### 6.3. Quantitative Evaluation

We analyze how training data scale and model capacity affect performance. Overall, both diffusion and autoregressive models show clear *positive scaling trends*: increasing data and capacity generally improves text-motion alignment and hand-contact quality, although the gains are not strictly monotonic for every metric.

For diffusion models (Table 2), scaling either model depth or training data consistently improves the primary metrics, especially R-Precision and contact-related scores. This indicates that better text conditioning and stronger bimanual interaction modeling benefit from both additional capacity and additional supervision. The 12-layer model achieves the best overall contact performance, suggesting that moderate scaling is particularly effective. However, *scaling is not unbounded*. When we further increase the model size to an ultra-large variant with  $6.7\times$  more parameters than the 12-layer model, performance drops across all metrics, indicating a clear saturation point beyond which extra capacity no longer helps.

For the autoregressive model (Table 3), we find that increasing the FSQ codebook size alone does not reliably improve performance, whereas *jointly* increasing codebook size and model size yields the strongest results. This suggests that finer discrete representations are only beneficial when matched with sufficient autoregressive capacity.

To better characterize the scaling trend, we run a denser set of diffusion model experiments under a fixed 5% data budget (Table B). As shown in Figure 4, Top-3 R-

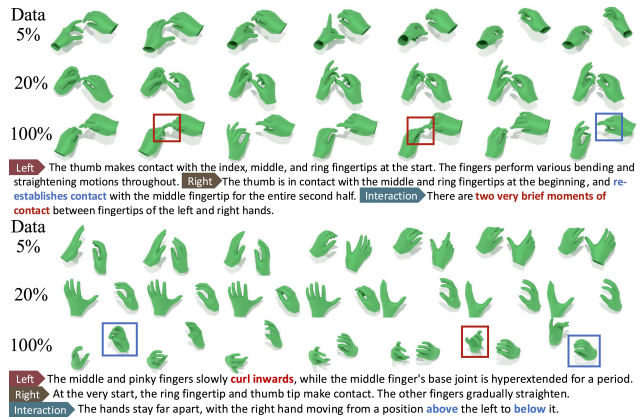


Figure 5. Qualitative comparison of diffusion models trained with different data scales. The model trained on the full dataset generates more expressive motion with better text alignment.

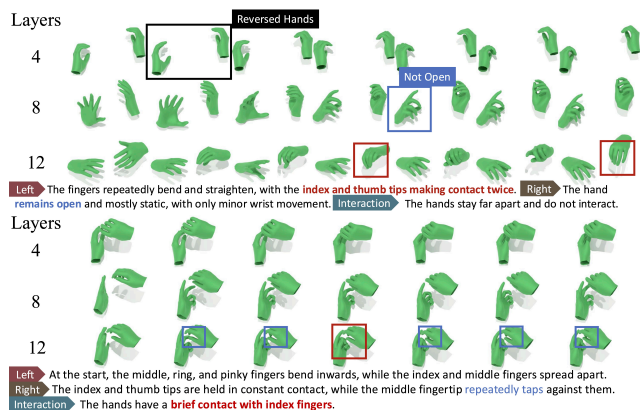


Figure 6. Qualitative comparison of diffusion models with different model scales. Larger models produce motion that is better aligned with the text and exhibits improved bimanual contact.

Precision follows an approximately log-linear relationship with FLOPS:  $R_{\text{prec}} = 0.4391 \times \log_{10}(\text{FLOPS}) - 3.8707$ .

Overall, these results show that our benchmark supports meaningful scaling in both data and model sizes, but only within an appropriate regime: matched increases in data and capacity improve motion quality, text alignment, and contact coherence, while over-scaling the model alone leads to diminishing or negative returns.

### 6.4. Qualitative Evaluation

We provide qualitative visualizations of the performance of our model in Figure 3. The visualizations highlight our model's ability to synthesize fine-grained finger articulation and realistic inter-hand coordination, successfully capturing complex contact events specified in the text prompt, while supporting a wide range of generation tasks.

We further provide qualitative comparisons to illustrate these scaling trends in diffusion models. Figure 5 compares samples generated by models trained with different amounts

Table 2. **Ablation study** on model size and data size. For R-precision, we adopt a batch size of 32. We observe clear scaling trends for our primary metrics, *e.g.*, R-Precision improves consistently as we scale both data and model sizes, while Intra-hand  $C_{F1}$  shows a strong positive trend, culminating in the best performance with 12 layers of decoder and all training data.

Dataset Ratio	Decoder Layers	R-Precision <sup>†</sup>			FID <sup>↓</sup>	Diversity <sup>→</sup>	Matching Dist <sup>↓</sup>	Intra-hand Interaction <sup>†</sup>		
		Top 1	Top 2	Top 3				$C_{\text{prec}}$	$C_{\text{rec}}$	$C_{F1}$
	Ground Truth	0.854±0.094	0.925±0.059	0.948±0.043	0.000±0.000	6.887±0.078	4.360±0.373	0.984±0.000	0.984±0.000	0.984±0.000
0.05	4	0.142±0.059	0.228±0.068	0.296±0.071	2.574±0.109	7.406±0.069	6.581±0.158	0.628±0.005	0.447±0.006	0.523±0.006
0.05	8	0.223±0.071	0.334±0.077	0.417±0.079	1.548±0.048	7.161±0.054	6.100±0.159	0.659±0.004	0.576±0.006	0.615±0.005
0.05	12	0.343±0.094	0.485±0.092	0.573±0.086	1.837±0.033	5.935±0.016	<b>5.331±0.165</b>	0.701±0.002	0.553±0.003	0.618±0.002
0.2	4	0.145±0.062	0.233±0.073	0.301±0.080	2.181±0.051	6.903±0.064	6.412±0.238	0.703±0.008	0.379±0.008	0.493±0.008
0.2	8	0.262±0.077	0.388±0.081	0.466±0.084	3.053±0.099	7.581±0.037	6.242±0.164	<b>0.739±0.003</b>	0.460±0.009	0.567±0.006
0.2	12	0.357±0.083	0.493±0.091	0.578±0.091	<b>1.140±0.055</b>	6.770±0.026	5.628±0.155	0.733±0.006	0.517±0.007	0.606±0.004
1.0	4	0.168±0.061	0.259±0.071	0.327±0.074	2.219±0.126	7.320±0.026	6.429±0.170	0.704±0.007	0.408±0.001	0.517±0.002
1.0	8	0.285±0.076	0.409±0.084	0.491±0.085	1.617±0.071	7.037±0.039	5.924±0.148	0.713±0.010	0.476±0.006	0.571±0.007
1.0	12	<b>0.427±0.079</b>	<b>0.554±0.076</b>	<b>0.631±0.075</b>	1.349±0.014	7.220±0.025	5.500±0.159	0.693±0.005	<b>0.596±0.007</b>	<b>0.641±0.004</b>
1.0	16	0.382±0.083	0.519±0.086	0.603±0.086	1.675±0.024	6.426±0.052	5.449±0.238	0.722±0.003	0.549±0.009	0.624±0.005

Table 3. **Ablation study** on the codebook size of FSQ and the model size of autoregressive models. For R-precision, we adopt a batch size of 32. Both the FSQ and autoregressive models are trained on the full training dataset. The primary metrics, *e.g.*, FID, achieve the best performance when both model capacity and codebook size are scaled up. In contrast, scaling only one while keeping the other fixed can degrade performance. For example, R-precision is highest when the autoregressive model size is comparable to the codebook size.

Model Size(M)	Codebook Size	R-Precision <sup>†</sup>			FID <sup>↓</sup>	Diversity <sup>→</sup>	Matching Dist <sup>↓</sup>	Intra-hand Interaction <sup>†</sup>		
		Top 1	Top 2	Top 3				$C_{\text{prec}}$	$C_{\text{rec}}$	$C_{F1}$
	Ground Truth	0.854	0.925	0.948	0.000	6.887	4.360	0.984	0.984	0.984
4.63	512	0.366	0.495	0.569	8.377	5.504	5.440	0.935	0.357	0.514
26.33	512	0.277	0.401	0.495	5.071	5.872	5.556	0.850	0.422	0.561
29.63	512	0.210	0.327	0.402	4.683	6.031	5.828	0.795	0.419	0.545
38.95	512	0.285	0.398	0.480	5.131	5.985	5.591	0.841	0.408	0.546
4.63	1,024	<b>0.384</b>	<b>0.518</b>	<b>0.593</b>	5.916	5.622	<b>5.365</b>	0.871	0.417	0.561
26.33	1,024	0.322	0.458	0.547	2.750	6.113	5.414	0.778	<b>0.523</b>	0.624
29.63	1,024	0.236	0.361	0.438	3.459	6.132	5.764	0.810	0.402	0.534
38.95	1,024	0.328	0.461	0.536	2.812	6.155	5.442	0.793	0.521	<b>0.627</b>
4.63	2,048	0.329	0.458	0.536	9.138	4.988	5.471	0.845	0.361	0.504
26.33	2,048	0.252	0.364	0.444	3.188	6.052	5.603	0.748	0.488	0.589
38.95	2,048	0.305	0.435	0.522	3.245	6.146	5.472	0.785	0.498	0.607
92.27	2,048	0.182	0.288	0.354	2.949	6.156	5.882	0.694	0.493	0.574
4.63	4,096	0.312	0.423	0.502	9.934	5.005	5.639	<b>0.947</b>	0.216	0.347
26.33	4,096	0.281	0.401	0.492	3.023	5.915	5.519	0.848	0.428	0.566
38.95	4,096	0.205	0.313	0.392	2.637	6.048	5.662	0.811	0.451	0.577
92.27	4,096	0.134	0.221	0.283	3.050	6.025	5.953	0.754	0.376	0.497
215.31	4,096	0.281	0.397	0.481	<b>1.721</b>	<b>6.335</b>	5.667	0.785	0.497	0.605

of data, highlighting the visual impact of the dataset scale. Figure 6 compares samples from models with different numbers of decoder layers, showing how increased model capacity affects generation fidelity. Key visual differences are highlighted with colored boxes, and the corresponding textual cues are marked in bold using the same color.

## 7. Conclusion

In this work, we address the challenge of generating realistic, text-conditioned bimanual hand motion. We introduce HandX, a large-scale unified dataset built by consolidating diverse motion sources and capturing new high-fidelity,

contact-rich bimanual interactions. We further propose an automatic captioning framework that decouples kinematic feature extraction from LLM-based semantic reasoning, enabling fine-grained, multi-level textual annotations. Based on this dataset, we establish a benchmark with both diffusion and autoregressive models, supporting diverse generation tasks such as motion inbetweening and hand-reaction synthesis. Our experiments reveal clear empirical scaling trends: jointly increasing dataset size and model capacity consistently improves text-motion alignment and contact accuracy. This work provides both a strong dataset foundation and a comprehensive benchmark framework for future research on dexterous hand motion synthesis.

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