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GRIDTOPIX: Training Embodied Agents with Minimal Supervision

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Abstract

While deep reinforcement learning (RL) promises freedom from hand-labeled data, great successes, especially for Embodied AI, require significant work to create supervision via carefully shaped rewards. Indeed, without shaped rewards, i.e., with only terminal rewards, present-day Embodied AI results degrade significantly across Embodied AI problems from single-agent Habitat-based PointGoal Navigation (SPL drops from 55 to 0) and two-agent AI2-THORbased Furniture Moving (success drops from 58% to 1%) to three-agent Google Football-based 3 vs. 1 with Keeper (game score drops from 0.6 to 0.1). As training from shaped rewards doesn't scale to more realistic tasks, the community needs to improve the success of training with terminal rewards. For this we propose GRIDTOPIX: 1) train agents with terminal rewards in gridworlds that generically mirror Embodied AI environments, i.e., they are independent of the task; 2) distill the learned policy into agents that reside in complex visual worlds. Despite learning from only terminal rewards with identical models and RL algorithms, GRIDTOPIX significantly improves results across tasks: from PointGoal Navigation (SPL improves from 0 to 64) and Furniture Moving (success improves from 1% to 25%) to football gameplay (game score improves from 0.1 to 0.6). GRIDTOPIX even helps to improve the results of shaped reward training.

1. Introduction

The Embodied AI research community has developed a host of capable simulated environments focused on the challenges of navigation [58, 78], interaction [35, 77, 24], manipulation [79, 32, 81], and simulation-to-real transfer [21, 50, 34]. Fast progress has been made within these environments over the past few years, particularly in navigation heavy tasks such as PointGoal navigation [58, 75].

While early applications of deep RL to Embodied AI set down the more challenging path of learning from terminal



Figure 1. **Shaped vs. terminal rewards.** Across three tasks, embodied AI agents fail to learn from terminal rewards using standard RL methods despite achieving high performance when given carefully shaped rewards. When using our GRIDTOPIX methodology, the embodied AI agents successfully learn from terminal rewards and sometimes even outperform DirectPix trained agents receiving shaped rewards.

rewards¹ [84], the pursuit of increasingly capable agents has steered us towards employing large amounts of human supervision [60, 2, 65, 28, 37], reward shaping [75, 67], and task-specific architectures [12, 54]. The multitude of rewards and auxiliary hyperparameters that are manually tuned when training Embodied AI agents today is reminiscent of careful feature engineering [44, 17, 39] in computer vision years ago.

While these design choices have got our field (and agents) off the ground, it is hard to believe that this methodology will scale as tasks increase in complexity and physi-

^{*}denotes equal mentoring by LW and AS

¹*I.e.*, reward structures in which the only *goal dependent reward* is given at the end of an episode. Goal independent rewards, *e.g.*, a timestep penalty, can be given at every step.



Figure 2. GRIDTOPIX **methodology to transfer knowledge from gridworld to visual agents.** We propose to train agents in gridworld environments, where perception is simplified and simulation is fast, mirroring visual environments used in Embodied AI research. Learned gridworld policies can then be distilled to visual agents via imitation learning. See Sec. 3.3 for detailed notation.

cal realism. Instead, we must borrow from the notable successes of reinforcement learning in games [62, 61], where sophisticated agents are trained with minimal supervision in the form of terminal rewards.

As a first step towards this goal, we empirically analyze the ability of modern tried-and-true Embodied AI algorithms to learn high-quality policies from only terminal rewards in visual environments (DirectPix). We consider a variety of challenging tasks in three diverse simulators - single-agent PointGoal Navigation in Habitat [58] (SPL drops from 55 to 0), two-agent Furniture Moving in AI2-THOR [35] (success drops from 58% to 1%), and threeagent 3 vs. 1 with Keeper in the Google Research Football Environment [38] (game score drops from 0.6 to 0.1). Given only terminal rewards, we find that performance of these modern methods degrades drastically, as summarized in Fig. 1. Often, no meaningful policy is learned despite training for millions of steps. These results are eye-opening and a reminder that we are still ways off in our pursuit of embodied agents that can learn skills with minimal supervision, *i.e.*, supervision in the form of only terminal rewards.

If present-day RL algorithms have been successful in other domains (particularly ones requiring less visual processing [62, 61, 16]), why do they struggle for Embodied AI? Our hypothesis: this struggle is due to the need for embodied agents to learn to plan and perceive simultaneously. This introduces a 'non-stationarity' into learning – the planning module must continuously adapt to changes in perceptual reasoning. While non-stationarity in learning has also been a problem in past challenges conquered by RL methods, Embodied AI tasks exacerbate this problem due to the presence of rich and diverse visual observations, long-horizon planning, a need for collaboration, and a requirement to generalize to unseen test worlds.

Driven by this hypothesis, we study GRIDTOPIX, a

training routine for embodied agents that decouples the joint goal of planning from visual input into two manageable pieces. Specifically, using general-purpose *gridworld* environments which generically mirror the embodied environments of interest, we first train a gridworld agent for the desired task. Within a gridworld, an agent has perfect visual capabilities, allowing learning algorithms to focus on long-horizon planning given only terminal rewards. Next, this gridworld agent supervises an agent operating *solely* on complex visual observations (no gridworld is needed at test time). Importantly, our conceptualization of 'gridworld' isn't restricted to a top-down occupancy map. As we detail in Sec. 3.2, gridworlds are perfect-perception environments, *i.e.*, *semantics are explicitly available* to the agent.

Across tasks, as summarized in Fig. 1, we observe that GRIDTOPIX significantly outperforms directly comparable² methods when training visual agents using terminal rewards: for PointGoal Navigation the SPL metric improves from 0 to 64; for Furniture Moving success improves from 1% to 25%; for 3 vs. 1 with Keeper the game score improves from 0.1 to 0.6. Moreover, GRIDTOPIX even improves benchmarks when trained with carefully shaped rewards. This finding is analogous to the progress made by weakly supervised computer vision approaches which inch towards benchmarks set by fully supervised methods.

2. Why Learn From Terminal Rewards?

Human supervision, hand-written and rule-based expert teachers, shaped rewards, and custom architectures are common when developing increasingly capable embodied agents. Several questions naturally arise when developing agents with only minimal supervision.

As rule-based optimal experts are frequently available in to-

²*I.e.*, using identical model architectures.

day's simulated environments and tasks, why not use them for dense supervision at every step? Admittedly, many present-day embodied tasks are navigational which permits computing optimal actions easily using shortest path algorithms. The community is, however, quickly moving to more intricate and physics-based tasks, where rule-based experts are computationally expensive or infeasible. Consider, for example, the games of Go, Hanabi, and Football, or the real world tasks of elderly assistance and disaster relief. It is extremely difficult to devise a heuristic expert, let alone an optimal one, for any of those examples. Creating heuristic experts in these settings is just as, if not more, labor intensive as the reward shaping we hoped to avoid. With these long term pursuits in mind, we think it is important to study and develop methods that learn with minimal supervision, including in tasks that are popular today. In this work, optimal actions can be easily computed for the popular Point Navigation task [58]. But for the other two tasks we consider – FurnMove [29] and 3 vs. 1 with Keeper [38] - no experts are available in the literature and creating such an expert appears to be extremely difficult.

If not rule-based experts, how about collecting human annotations? Deep models need the equivalent of years of expert supervision even for perfect-perception tasks [16].³ Embodied AI would undoubtedly require a similar (if not much larger) number of annotations. Collecting these human annotations is labor intensive and must be done for every new task and behavior we wish our agent to complete. This is extremely expensive and intractable for more complex behaviors. In contrast, terminal rewards are easy to provide and allow years of simulated self-play (tractable in wall-clock time). This goal aligns closely with the pursuits of the AI community – pre-training with self-supervision and then learning new skills with minimal human help.

Why should we expect that computing terminal rewards is easier than computing shaped rewards? While we can't "prove" that terminal rewards are easier to compute than shaped rewards, we believe there is good evidence that this is, in general, the case. Shaped rewards are frequently designed so that they provide, at every step, feedback to the agent about its progress towards achieving the goal. Computing such rewards thus requires to approximate a 'distance,' in terms of agent actions, between an arbitrary state and the goal. It is not hard to construct tasks where computing such a distance is NP-complete (exponential-time with known algorithms). In comparison, verifying that an agent has reached a goal (and thus deserves its terminal reward) requires no such search, making it, in principle, an easier problem.⁴

3. GridToPix

We are interested in learning from only terminal rewards a high-performance policy $\pi^{\mathcal{V}}$ which acts on realistic (*e.g.*, visual) observations within an Embodied AI environment, hereafter called the visual environment. However, empirically and irrespective of the task and environment, we find joint learning of perception and planning from terminal rewards (DirectPix) to be extremely challenging, as summarized in Fig. 1.

In contrast, due to their perceptual simplicity, gridworlds are generally extremely fast to simulate, and learning is sample efficient as a gridworld policy $\pi^{\mathcal{G}}$ needs to devote little effort to learn accurate perception. This enables gridworld agents to rapidly learn high-quality policies $\pi^{\mathcal{G}}$ from only terminal rewards.

This advantage of gridworlds is an opportunity to reduce labor-intensive reward shaping efforts: can we first learn policies from terminal rewards within gridworlds that replicate the dynamics of a visual environment and then efficiently transfer these policies to visual agents?

We refer to the approach which is designed to enable this transfer and which is sketched in Fig. 2 as GRIDTOPIX, and discuss it next. In particular, Sec. 3.1 formalizes terminal and shaped rewards, Sec. 3.2 describes how we design grid-worlds that replicate a visual environment's dynamics, and Sec. 3.3 details both how we train gridworld agents and how imitation learning can be used to transfer gridworld policies to visual agents.

3.1. Terminal vs. Shaped Reward Structures

The reward structure used during training has a substantial impact on sample efficiency, stability, and quality of the learned policy. Most prior work for the tasks considered in this paper used a shaped reward structure, *i.e.*, the reward obtained by the agent at timestep t can be decomposed into

$$r_t^{\text{shaped}} = r_t^{\text{success}} + r_t^{\text{progress}} + r_t^{\text{int}} \quad . \tag{1}$$

Here, r_t^{success} is a sparse terminal reward equalling 0 on all but the last timestep; for our considered tasks,

$$r_t^{\text{success}} = \begin{cases} r_{\text{success}} \cdot (1 - \alpha \cdot \frac{t}{T}) \text{ if goal achieved,} \\ 0 & \text{otherwise,} \end{cases}$$
(2)

where $T \geq 1$ is the maximum allowed episode length and $r_{\text{success}} > 0, \alpha \in [0, 1]$ are task-specific constants.⁵ Further, r_t^{progress} is a dense, goal-dependent reward, often equalling

³BabyAI gridworld [16] studies show that \sim 21M expert actions are needed to train an agent to complete an instruction following task with high-performance. If humans produce 1 action per second, 246 days of labeling are required.

⁴The entire class of NP-complete problems is one in which verifying

solutions is easy (polynomial time) but in which finding these solutions is fundamentally harder (unless P=NP).

⁵The inclusion of the α parameter in terminal rewards allows to encode a more nuanced measure of success. Note that when $\alpha > 0$, r_t^{success} is larger when the agent completes the task in fewer steps.

the change in distance to the goal. Finally, $r_t^{\perp \perp}$ is a possibly dense but goal-independent reward, meant to encourage behaviors that are generally thought to be "good" regardless of the task, *e.g.*, $r_t^{\perp \perp}$ often includes a small negative step penalty which gently encourages the agent to complete its task quickly.

As previously discussed, the goal-dependent shaped rewards r_t^{progress} must be manually designed, can be computationally expensive, and generally require privileged access to the environment state. Because of this, we often aim to train agents with the simpler reward structure

$$r_t^{\text{terminal}} = r_t^{\text{success}} + r_t^{\perp} \quad . \tag{3}$$

In fact, for our experiments with terminal rewards, we let $r_t^{\perp} \equiv 0$ in all but the FurnMove task where we keep prior work's inclusion of a step and failed-coordination penalty.

3.2. Gridworld Mirrors of Visual Environments

In order for policies obtained from gridworld training to be successfully transferable to visual agents, we need these gridworlds to be mirrors of their visual counterparts: a step in the gridworld should be translatable to a step in the visual world. We will now describe the three gridworlds used in our experiments, mirroring the AIHABITAT, AI2-THOR, and Google Football environments. While these gridworlds work well for the considered tasks, they are also applicable for other tasks trained in these environments. We hope to encourage current and future Embodied AI environment developers to provide comprehensive general purpose gridworlds corresponding to their environments.

GRID-HABITAT. We extend the existing functionality of the AIHABITAT platform to permit, for the first time, training of gridworld agents. Specifically, we generate an egocentric, top-down, observation with the agent positioned at the bottom facing towards the center (see Fig. 2). This top-down observation contains sensor information about occupancy (*i.e.*, free space and walls) and goal location. This sensor information is sufficient for PointNav and can be easily enriched for other tasks (*e.g.*, by adding semantic channels for ObjectNav). Our gridworld observation is different from the top-down visualization tool provided by AIHABITAT which is allocentric and scaled differently for different scenes. We call this new gridworld GRID-HABITAT.

GRID-A12-THOR. For the multi-agent FurnMove task, we follow Jain *et al.* [29] and conduct our study on an AI2-THOR-mirroring top-down gridworld. Given the complexity of FurnMove, we include information in separate channels of the top-down tensor with each channel corresponding to the output of a distinct sensor. These sensors specify whether a cell can be occupied by a furniture item, whether the cell is reachable by an agent, whether it was previously visited, the location of the furniture item, and the location



Figure 3. **Model overview.** Schematic of how top-down grid and visual observations are processed by their respective networks. The gridworld agent is trained via actor-critic losses, and subsequently supervises the visual agent via a cross-entropy loss.

of the other agent. We refer to this gridworld as GRID-AI2-THOR.

GRID-GOOGLE-FOOTBALL. For the multi-agent Google football environment created by Kurach *et al.* [38], we construct an observation that summarizes important game state information. Specifically, for each controlled player, the gridworld observation is a 1D vector which contains the location of all other players, the ball, and the opponent goal relative to the controlled player's location.

Importantly, as suggested in Sec. 1, our conceptualization of a gridworld goes beyond a spatial top-down occupancy map. While observations of GRID-HABITAT capture occupancy and goal information, the observation of GRID-AI2-THOR is a tensor containing *explicit semantics* of the environment. Moreover, as in GRID-GOOGLE-FOOTBALL, gridworld observations need not be restricted to have spatial structure. Here, as is common in RL literature, gridworld agents receive a 1D vector capturing perfect-perception observations.

3.3. Supervising Visual Agents via Gridworlds

We now describe how we train gridworld agents and subsequently use imitation learning to transfer their learned policies to visual agents. An overview is given in Fig. 3.

Training in Gridworlds. As is standard in RL, we train gridworld agents to maximize the expected γ -discounted cumulative reward of their actions. Task specific details (*e.g.*, algorithms and hyperparameters) are included in Sec. 4. Whenever possible we follow protocols laid out by prior work.

Distilling policies. How can we effectively train the parameters of a visual agent policy $\pi^{\mathcal{V}}$ given a policy $\pi^{\mathcal{G}}$ trained in a gridworld? To answer this question, recall that the visual agent \mathcal{V} is interacting with a visual environment for which every step is translatable to a gridworld. The vi-

sual agent can hence be supervised by a gridworld agent \mathcal{G} . The visual agent \mathcal{V} might act using its own policy $\pi^{\mathcal{V}}$ or adopt an *exploration policy* μ . This leads to on-policy and off-policy variants of imitation learning (IL). To illustrate this, let a rollout of the visual agent \mathcal{V} and the gridworld agent \mathcal{G} be $(a_1^{\mathcal{V}}, a_2^{\mathcal{V}}, \ldots, a_t^{\mathcal{V}})$ and $(a_1^{\mathcal{G}}, a_2^{\mathcal{G}}, \ldots, a_t^{\mathcal{G}})$, respectively. To train the parameters of the visual policy $\pi^{\mathcal{V}}$ via GRIDTOPIX, we employ the cross-entropy loss. Formally, suppose that O_{μ} is a random variable corresponding to the observation seen by an agent when following policy μ and suppose that H_{μ} is a random variable encoding the history of all observations seen before obtaining observation O_{μ} .

$$\mathcal{L}_{\text{GRIDTOPIX}} = \mathbb{E}[\mathbb{E}_{a \sim \pi^{\mathcal{G}}(\cdot | O_{\mu}, H_{\mu})}[-\log \pi^{\mathcal{V}}(a \mid O_{\mu}, H_{\mu})]].$$
(4)

The choice of exploratory policy μ leads to three variants, each widely adopted in IL tasks: student forcing, teacher forcing, and annealed teacher forcing or DAgger (details in Appendix). In our experiments we primarily use DAgger. Importantly, no matter the exploration policy used during training, at test time the visual agent's policy π^{ν} is deployed so that there is no access to gridworld policies at test time.

4. Tasks, Models, and Evaluation

We evaluate GRIDTOPIX using three tasks. We chose these tasks as they (a) span both single-agent and multi-agent settings, (b) include tasks that do not have easily constructed rule-based experts (FurnMove and 3 vs. 1 with Keeper Football) as well as a task for which optimal actions can be computed from shortest path computations (PointNav), (c) provide the opportunity to test GRIDTOPIX across a variety of different reward structures and model architectures, and (d) employ three different Embodied AI environments. Additionally, in the Appendix, we include experiments for a task where perfect reward shaping is intractable – Visual Predator-Prey (in OpenAI multiparticle environment [46, 49]). Across all experimental results, we present standard evaluation metrics after 10% and 100% of training has completed (to provide an understanding of sample efficiency and asymptotic results).

4.1. PointGoal Navigation

PointGoal Navigation (PointNav) is a single agent navigation task specified for the AIHABITAT simulator. An agent is spawned at a random location in the scene and must navigate to a target location specified by coordinates relative to the agent's current location. The relative goal position is available at every time step and the agent navigates by choosing one of four actions at every step.

Shaped rewards. Traditionally trained with shaped rewards [58, 75, 80], the change in shortest-geodesic-path distance to the goal is chosen as the goal-dependent progress

reward r_t^{progress} (see Eq. (1)). Computing it requires access to the full scene graph and a shortest-path planner. Here the success reward r_t^{success} is chosen as in Eq. (2) with $r_{\text{success}} = 10$ and $\alpha = 0$. Finally, r_t^{\perp} is a constant step penalty of -0.01.

Terminal rewards. Here we use the reward structure from Eq. (3) with r_t^{success} obtained from Eq. (2) with $r_{\text{success}} = 10$ and $\alpha = 0.9$. We set $r_t^{\perp \perp} = 0$.

Model architecture. For a fair comparison, we use the standard CNN-GRU architecture [58, 75, 14, 9, 11, 69]. We adopt the official implementation⁶ and train with PPO [59], the de-facto standard RL algorithm for PointNav.

Evaluation. PointNav agents are primarily evaluated via Success weighted by Path Length (SPL) [1] and percentage of successful episodes (Success). We set a budget of 50 million environment steps⁷ and report results on the Gibson validation set of 14 unseen scenes with 994 episodes.

4.2. Furniture Moving

FurnMove is a challenging two-agent furniture moving task set within the AI2-THOR simulator [29]. Two agents collaborate to move an object through the scene and place it above a visually distinct target. Agents may communicate with other agents at each timestep using a low bandwidth communication channel. Each agent can choose from 13 actions. Specifically, in addition to the vanilla navigation, agents may move with the lifted object, move just the object, and rotate the object. Moreover, due to two agents, the joint action space contains 169 actions.

Shaped rewards. Here, change in Manhattan distance to the goal⁸ is used as the goal-dependent reward r_t^{progress} . Three goal-independent rewards are suggested in [29] to help learn the coordinated policy for this multi-agent system. In particular, r_t^{\perp} includes a step penalty, a joint-pass (or do-nothing) penalty, and a failed action penalty.

Terminal rewards. For a head-on comparison with [29] we simply drop r_t^{progress} . Like prior work [29], the success reward r_t^{success} is obtained from Eq. (2) using $r_{\text{success}} = 1$ and $\alpha = 0$. All FurnMove results are based on this. Additional results with $r_t^{\perp} = 0.01$ are included in the appendix.

Model architecture. We utilize SYNC, the bestperforming architecture from prior work [29]. For fairness, we use the same RL algorithm (A3C [47]) as prior work.

Evaluation. FurnMove agents are primarily evaluated via two metrics – % successful episodes (Success) and a Manhattan distance based SPL (MD-SPL). Additional metrics are reported in the appendix. Consistent with [29], we train

⁶github.com/facebookresearch/habitat-lab

 $^{7 \}sim 2.5$ days of training using a *g4dn.12xlarge* AWS instance configured with 4 NVIDIA T4 GPUs, 48 CPUs, and 192 GB memory.

⁸In FurnMove, computing the shortest-geodesic-path is intractable as each location of the furniture corresponds to over 400k states [29].

$Tasks \rightarrow$	PointGoal Navigation			Furniture Moving				3 vs. 1 with Keeper		
	SPL		Success		MD-SPL		Success		Game Score	
Training routines \downarrow	@10%	@100%	@10%	@100%	@10%	@100%	@10%	@100%	@10%	@100%
DirectPix	0.0	0.1	0.0	0.2	0.0	0.0	0.8	0.8	0.03	0.07
GridToPix	45.4	63.8	63.5	81.8	1.6	4.0	16.4	24.6	0.33	0.63
$GRIDTOPIX \rightarrow DirectPix$	44.6	59.7	62.1	77.7	2.7	3.1	19.8	14.5	0.35	0.6
Gridworld expert (upper bound)	78.8		94.2		19.2		56		0.9	

Table 1. Quantitative results (terminal reward structure). Metric values for the PointNav, FurnMove, and 3 vs. 1 with Keeper tasks reported on their respective evaluation sets (see Sec. 4). Across all the three tasks, the GRIDTOPIX agents outperform their DirectPix counterparts. For ease of reading, SPL is scaled by 100 and success % is reported. To quantify the efficiency of learning, metrics are reported after *10*% and *100*% of training has completed. The last row is separated to highlight that gridworld experts serve as a loose *upper bound* for GRIDTOPIX agent performance and should otherwise not be directly compared against.



Figure 4. Learning curves on validation set (terminal reward structure). Primary metrics are plotted *vs*. training steps/episodes, following the standard protocols for the respective task (see Sec. 4). (a) Thin lines mark checkpoints evenly spaced by 1 Mn frames. Bold lines and shading mark the rolling mean (with a window size of 2) and the corresponding standard deviation. (b) In line with [29], we log information by running an online validation process and employ a local quadratic regression smoothing with 95% confidence intervals. (c) The plot shows the average game score and standard deviation. Checkpoints are evenly spaced by 200K frames. Despite considerable effort, DirectPix methods fail to learn meaningful policies with terminal rewards.

for 500k episodes for the visual agents.⁹ Metrics are reported on the test set and learning curves on validation.

4.3. Football – 3 vs. 1 with Keeper

3 vs. 1 with Keeper is a task introduced by Kurach *et al.* [38]. In this multi-agent task, three agents collaborate to score against rule-based defenders. One agent starts behind the penalty arc and the other two agents start on the sides of the penalty area. There are two opponent rule-based defenders, including one goalkeeper. At the beginning of each episode, the center agent possesses the ball and faces the defender. The episode terminates when the controlled agents score or the maximum episode length is reached.

Shaped rewards. We use the 'checkpoint' [38] reward as the goal-dependent reward r_t^{progress} to encourage controlled agents to move the ball towards the opponent's goal. Specifically, the area between the initial location of the center agent and the opponent goal is divided into three checkpoint regions according to the distance to the opponent goal. A progress reward of +0.1 is received the first time the controlled players posses the ball in a checkpoint region.

Terminal rewards. Following [38], $r_{\text{success}} = 1$ and $\alpha = 0$. **Model architecture.** For a fair comparison, we use the CNN architecture used by [38, 42], and a parallel PPO algorithm [42] to train the agents.

Evaluation. Agents are evaluated using the average score obtained in test episodes. Consistent with Liu *et al.* [42], we set a training budget of 8 million environment steps. Training curves and final metrics are reported on test episodes.

5. Experiments

We now provide an overview of the training routines employed to train our visual and gridworld agents, followed by results on the three tasks.

5.1. Training Visual Agents

For each task (in both the terminal reward and shaped reward settings), we train visual agents in three ways:

DirectPix. We train visual agents (hence, 'Pix') using only reward-based RL losses (*i.e.*, PPO or A3C).

GridToPix. Our proposed routine trains visual agents by imitating a corresponding gridworld expert (that we train). As stated before, the expert is only available at training time

⁹2-4 days of training with a *g4dn.12xlarge* AWS instance.

$Tasks \rightarrow$	PointGoal Navigation			Furniture Moving				3 vs. 1 with Keeper		
	SPL		Success		MD-SPL		Success		Game Score	
Training routines \downarrow	@10%	@100%	@10%	@100%	@10%	@100%	@10%	@100%	@10%	@100%
DirectPix	35.9	54.7	60.5	79.0	2.8	11.2	22.5	58.4	0.0	0.6
GridToPix	57.6	69.0	77.5	86.4	8.4	9.7	57.7	62.0	0.37	0.65
$GRIDTOPIX \rightarrow DirectPix$	53.6	69.1	71.9	84.9	7.1	15.3	55.3	68.6	0.38	0.61
Gridworld expert (upper bound)	85.3		97.5		22.2		76.3		0.95	

Table 2. Quantitative results (shaped reward structure). Identical to Tab. 1 but all methods have been trained with shaped, rather than terminal, rewards. Even with this denser form of supervision, training routines based on GRIDTOPIX can improve performance of all the metrics across the three tasks.



Figure 5. Learning curves on validation set (shaped reward structure). Follows Fig. 4. As expected, with this additional supervision the performance gap between GRIDTOPIX and DirectPix methods narrows but can still be substantial (*e.g.*, in the PointNav task). See Fig. 4 for legend and plot details.

and weights are fixed. See appendix for more details. **GridToPix** \rightarrow **DirectPix.** This is a hybrid of the above two routines and follows the common practice of 'warm-starting' agent policies with supervised/imitation learning and then fine-tuning with reinforcement learning.¹⁰ Additional details are deferred to the appendix.

5.2. Training Gridworld Experts

For each task, the *gridworld expert* utilizes a training routine identical to DirectPix. Gridworld experts observe semantic top-down tensors or 1D state information, unlike the architectures that learn from raw pixels. Hence, we make minimal edits to the CNN that encodes the observations (see appendix for details).

As described in Sec. 3, training in gridworlds is very fast. Moreover, gridworlds can, in principle, be optimized to accelerate the environment transitions. Hence, for gridworld variants of each of the three tasks, we train models to near saturation. Importantly, due to difference in state space, models, and training time, the *gridworld expert* rows in Tab. 1 and Tab. 2 shouldn't be compared to visual analogues. They serve as a loose upper-bound for the performance of the visual agents trained with GRIDTOPIX.

5.3. Results

We report standard evaluation metrics on three tasks. To study sample efficiency, we also show learning curves.

Terminal rewards (see Tab. 1 and Fig. 4). With perfect perception, gridworld experts can train to a high performance (e.g., 94% success in PointNav) and guide the learning of visual agents. In sharp contrast, DirectPix doesn't learn a meaningful policy in any of the tasks¹¹ – demonstrating present day methods' inability to learn from terminal rewards in these visual worlds. Our GRIDTOPIX variants perform significantly better. For instance, at PointNav, GRIDTOPIX obtains a respectable SPL of 0.638, inching towards the 0.788 obtained by the gridworld small gains beyond GRIDTOPIX. As evidenced by learning curves, GRIDTOPIX learning is also efficient - most gains come in the early few million steps (0.45 SPL, i.e., 70%) of the final performance in just 5M steps for PointNav). A similar pattern emerges in other tasks - DirectPix cannot learn meaningful behaviors from terminal rewards with a 0.8% success and 0.07 game score in FurnMove and

¹⁰For example, prior works use IL \rightarrow RL to train agents for visual dialog [20], embodied question answering [19], vision-and-language navigation [68, 67, 31], and emergent communication [45].

¹¹We investigated the learned policy qualitatively in the PointNav task and found that the DirectPix agent learns the (locally optimal) policy of executing STOP as its first action. We report best number after training over 15 configurations (20M steps each) by varying the entropy coefficient, number of PPO trainers, and random seeds. For 3 *vs.* 1 with Keeper, the DirectPix agents shoot straight at the goal and are intercepted by the goalkeeper and sometimes pass to another player who fails to receive.

3 *vs.* 1 with Keeper, respectively. Our training routines achieve the best performance.

In addition to these improvements in the terminal reward structure, we also investigate the training routines in (the more traditional) setting with shaped rewards.

Shaped rewards (see Tab. 2 and Fig. 5). As seen in past works, DirectPix performs well when provided with shaped rewards. Interestingly, GRIDTOPIX \rightarrow DIRECTPIX also outperforms DirectPix in this reward setting in the first two tasks and performs roughly as well on the third task – an over 25% relative gain in SPL (PointNav), an over 35% relative gain in MD-SPL (FurnMove), and an over 8% relative gain in game score (Football). The efficiency of learning is also high with GRIDTOPIX \rightarrow DIRECTPIX reaching 83% of its final SPL in just 5M steps for the PointNav task. Since PointNav is single-agent navigation, we trained an agent using the optimal shortest-path actions via IL. GRIDTOPIX outperforms this baseline with (very) dense supervision.¹²

These results across three tasks running in three simulators demonstrate the potential of GRIDTOPIX as we move towards training with terminal rewards. In addition GRIDTOPIX also provides meaningful gains in our current Embodied AI training setups that employ shaped rewards.

6. Related Work

Embodied task completion. Development of visually realistic simulators [10, 35, 4, 77, 58] has led to tremendous progress for embodied agents. Agents are trained for a variety of tasks including multiple variants of indoor navigation [21, 58, 77, 73, 82, 70, 64], question answering [18, 26, 74], instruction following [2, 23, 67, 36, 37, 63], adversarial gameplay [72, 13], and multi-agent collaboration [30, 29, 38, 40, 52]. In this work we have focused on three diverse tasks, particularly, PointNav [58], FurnMove [29], and 3 *vs.* 1 with Keeper [38]. In contrast to past works that generally aim to maximize success rates at these tasks using any and all possible supervision, we focus on achieving high performance while using only terminal rewards.

Sparse rewards. Learning from sparse rewards has long been of interest within the RL community where research has, in large part, focused on visually simple environments. A number of approaches have been proposed: curiosity as intrinsic motivation for exploring diverse states [53], using hindsight to reinterpret "failed" trajectories [3], curriculum learning [8, 22], self-play [62, 6], and learning to shape rewards [66, 51, 25]. Unlike these approaches, we are interested in enabling models to learn from terminal rewards in visually complex environments. Our GRIDTOPIX method can be further enhanced by incorporating any of the above

ideas: rather than using standard RL to train our gridworld experts we could instead use one of the above methods and, potentially, obtain even better results. As our gridworld experts already learn high quality policies without these methods we leave this for future work.

Accelerating visual reinforcement learning. Several methods have been proposed to improve the sample and wall-clock efficiency of RL in embodied tasks. For sample efficiency, agents are often optimized with additional auxiliary self-supervised tasks [83, 80]. For faster training, advances for distributed and decentralized scaling of PPO have been proposed [75, 42]. Pertinent to our work, Jain *et al.* [29] developed an AI2-THOR-aligned gridworld ($16 \times$ faster than AI2-THOR [35]) to prototype their experiments and scale their tasks to a larger number of agents.

Imitation learning. An alternative to reward-based training of agents is imitation of a supervisory policy or demonstrations via behavior cloning [57, 5]. E.g., Data Aggregation (DAgger) [55, 56] mitigates the covariate-shift that troubles classical behaviour cloning approaches. This has been applied to train visual agents via rule-based shortest path experts [27, 19, 30, 71]. For the task of instruction following [60], separate neural modules for perception and action have shown to improve policies learned by imitating human-annotated data [63]. Chen *et al.* [15] train gridworld agents to predict waypoints for AI driving. Their privileged agents are trained by offline behavior cloning of humanlabeled trajectories (with data augmentation). Obtaining human-labeled data for dense supervision for sequence prediction can quickly become costly and time-consuming. In contrast, we train visual agents using self-supervised labels from their gridworld counterparts. Since these experts learn by interacting in the gridworld via minimal supervision of terminal rewards, no human-labeled data is needed.

7. Conclusion

Embodied AI progress is slowed by labor-intensive work to manually tweak model architectures, collect human annotations, and/or shape reward functions. We study how to reduce this effort significantly: for an embodied environment of interest, create a generic gridworld mirror which is visually parsimonious and fast to simulate. Use of this gridworld mirror for GRIDTOPIX enables one to avoid many task-specific interventions and allows for learning from only terminal rewards: a critical step for complex tasks within physically realistic environments where generating shaped rewards quickly becomes infeasible.

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 $^{^{12}}$ By imitating optimal actions, the visual agent can reach a SPL at (10%, 100%) = (0.301, 0.687) and success at (10%, 100%) = (35.5, 76.7).

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