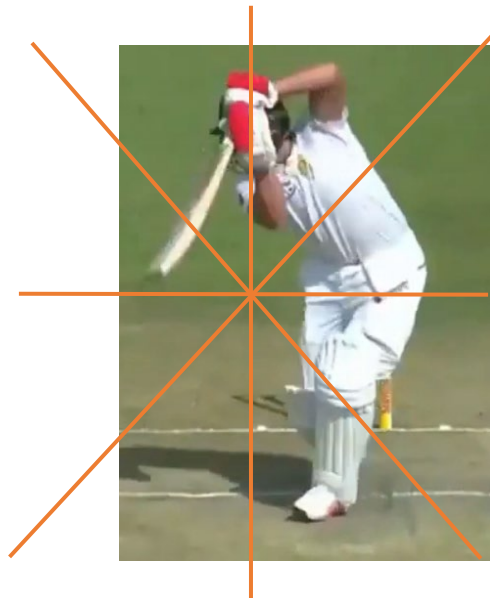


Execution Phase (Capture just before ball contact with bat)

(Front foot)

Off-Drive



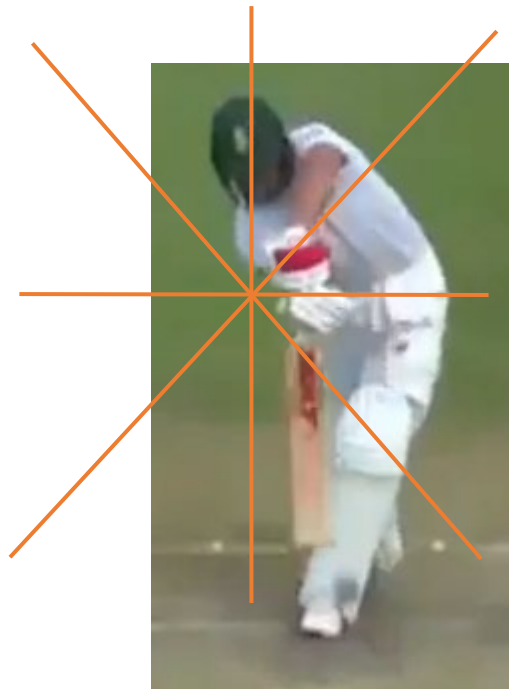
Body Part	Rule	Scoring Metric	Points
Head (He)	<ul style="list-style-type: none"> ○ Must be in line with feet ○ Threshold – measure the head angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $He = 0'$ ○ $0' < He < 7'$ ○ $7' < He < 15'$ ○ $He > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Shoulder (S)	<ul style="list-style-type: none"> ○ Must be side on ○ Shoulders should be in line with each other ○ Threshold – measure the angle between the shoulders ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $S = 0'$ ○ $0' < S < 7'$ ○ $7' < S < 15'$ ○ $S > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hands (Ha)	<ul style="list-style-type: none"> ○ Directly below the batter's eyes ○ Use the vertical line (acts as a number line) ○ The further away from head the worse ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Ha = 0$ ○ $0 > Ha < 2$ ○ $2 > Ha < 4$ ○ $Ha > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hips (Hi)	<ul style="list-style-type: none"> ○ Must be side on ○ Hips should be in line with each other ○ Threshold – measure the distance between the hips ○ Use the horizontal line as a number line ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Hi = 0$ ○ $0 > Hi < 2$ ○ $2 > Hi < 4$ ○ $Hi > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Feet (F)	<ul style="list-style-type: none"> ○ Must be in line with head 	<ul style="list-style-type: none"> ○ $F = 0'$ 	<ul style="list-style-type: none"> ○ 0

	<ul style="list-style-type: none"> ○ Threshold – measure the feet angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $0' < F < 7'$ ○ $7' < F < 15'$ ○ $F > 15'$ 	<ul style="list-style-type: none"> ○ 5 to 10 ○ 0 to 5 ○ 0
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Example score for FF Off-Drive

Head	10/10
Shoulders	4/10
Hands	10/10
Hips	6/10
Feet	10/10

On-Drive



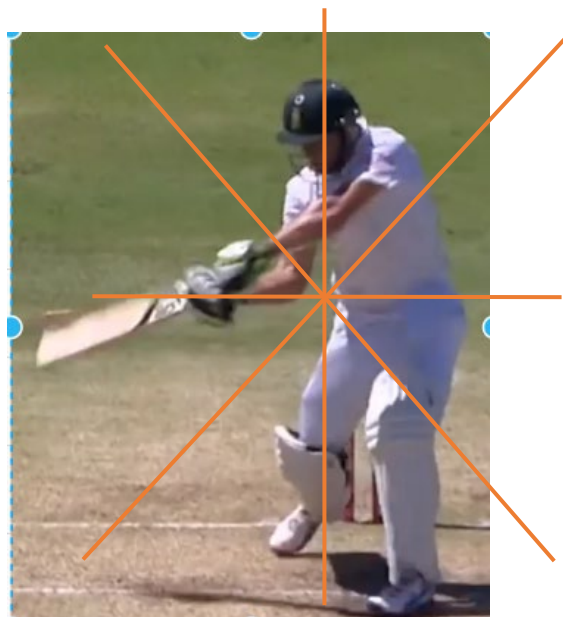
Body Part	Rule	Scoring Metric	Points
Head (He)	<ul style="list-style-type: none"> ○ Must be in line with feet ○ Threshold – measure the head angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $He = 0'$ ○ $0' < He < 7'$ ○ $7' < He < 15'$ ○ $He > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Shoulder (S)	<ul style="list-style-type: none"> ○ Must be side on ○ Shoulders should be in line with each other ○ Threshold – measure the angle between the shoulders ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $S = 0'$ ○ $0' < S < 7'$ ○ $7' < S < 15'$ ○ $S > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hands (Ha)	<ul style="list-style-type: none"> ○ Directly below the batter's eyes 	<ul style="list-style-type: none"> ○ $Ha = 0$ ○ $0 > Ha < 2$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10

	<ul style="list-style-type: none"> ○ Use the vertical line (acts as a number line) ○ The further away from head the worse ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $2 > Ha < 4$ ○ $Ha > 4$ 	<ul style="list-style-type: none"> ○ 0 to 5 ○ 0
Hips (Hi)	<ul style="list-style-type: none"> ○ Must be side on ○ Hips should be in line with each other ○ Threshold – measure the distance between the hips ○ Use the horizontal line as a number line ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Hi = 0$ ○ $0 > Hi < 2$ ○ $2 > Hi < 4$ ○ $Hi > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Feet (F)	<ul style="list-style-type: none"> ○ Must be in line with head ○ Threshold – measure the feet angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $F = 0'$ ○ $0' < F < 7'$ ○ $7' < F < 15'$ ○ $F > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0

Example score for FF On-Drive

Head	10/10
Shoulders	4/10
Hands	10/10
Hips	6/10
Feet	10/10

Square-Drive



Body Part	Rule	Scoring Metric	Points
Head (He)	<ul style="list-style-type: none"> ○ Must be in line with feet ○ Threshold – measure the head angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $He = 0'$ ○ $0' < He < 7'$ ○ $7' < He < 15'$ ○ $He > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Shoulder (S)	<ul style="list-style-type: none"> ○ Must be side on ○ Shoulders should be in line with each other ○ Threshold – measure the angle between the shoulders ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $S = 0'$ ○ $0' < S < 7'$ ○ $7' < S < 15'$ ○ $S > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hands (Ha)	<ul style="list-style-type: none"> ○ Directly below the batter's eyes ○ Use the vertical line (acts as a number line) ○ The further away from head the worse ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Ha = 0$ ○ $0 > Ha < 2$ ○ $2 > Ha < 4$ ○ $Ha > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hips (Hi)	<ul style="list-style-type: none"> ○ Must be side on ○ Hips should be in line with each other ○ Threshold – measure the distance between the hips ○ Use the horizontal line as a number line ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Hi = 0$ ○ $0 > Hi < 2$ ○ $2 > Hi < 4$ ○ $Hi > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Feet (F)	<ul style="list-style-type: none"> ○ Must be in line with head ○ Threshold – measure the feet angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $F = 0'$ ○ $0' < F < 7'$ ○ $7' < F < 15'$ ○ $F > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0

Example score for FF Square-Drive

Head	10/10
Shoulders	4/10
Hands	10/10
Hips	6/10
Feet	10/10

Hook



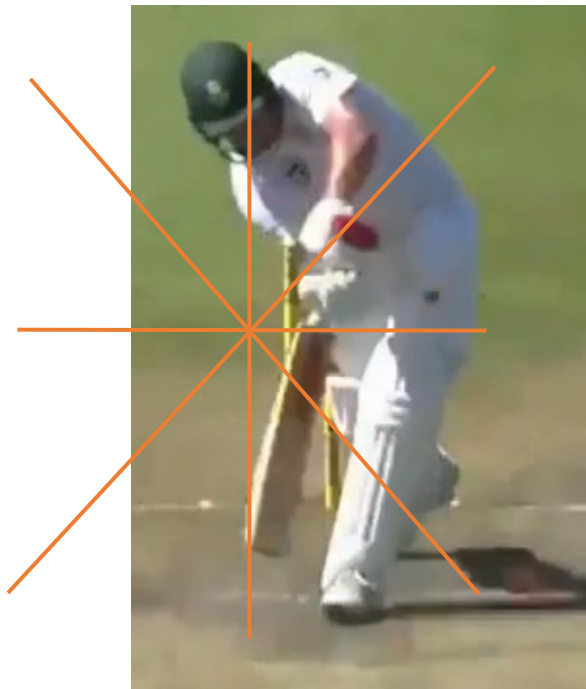
Body Part	Rule	Scoring Metric	Points
Head (He)	<ul style="list-style-type: none"> ○ Must be in line with feet ○ Threshold – measure the head angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $He = 0'$ ○ $0' < He < 7'$ ○ $7' < He < 15'$ ○ $He > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Shoulder (S)	<ul style="list-style-type: none"> ○ Must be side on ○ Shoulders should be in line with each other ○ Threshold – measure the angle between the shoulders ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $S = 0'$ ○ $0' < S < 7'$ ○ $7' < S < 15'$ ○ $S > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hands (Ha)	<ul style="list-style-type: none"> ○ Directly below the batter's eyes ○ Use the vertical line (acts as a number line) ○ The further away from head the worse ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Ha = 0$ ○ $0 > Ha < 2$ ○ $2 > Ha < 4$ ○ $Ha > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hips (Hi)	<ul style="list-style-type: none"> ○ Must be side on ○ Hips should be in line with each other ○ Threshold – measure the distance between the hips 	<ul style="list-style-type: none"> ○ $Hi = 0$ ○ $0 > Hi < 2$ ○ $2 > Hi < 4$ ○ $Hi > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0

	<ul style="list-style-type: none"> ○ Use the horizontal line as a number line ○ Line is from 0 - 4 		
Feet (F)	<ul style="list-style-type: none"> ○ Must be in line with head ○ Threshold – measure the feet angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $F = 0'$ ○ $0' < F < 7'$ ○ $7' < F < 15'$ ○ $F > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0

Example score for FF Hook

Head	10/10
Shoulders	4/10
Hands	10/10
Hips	6/10
Feet	10/10

Glance



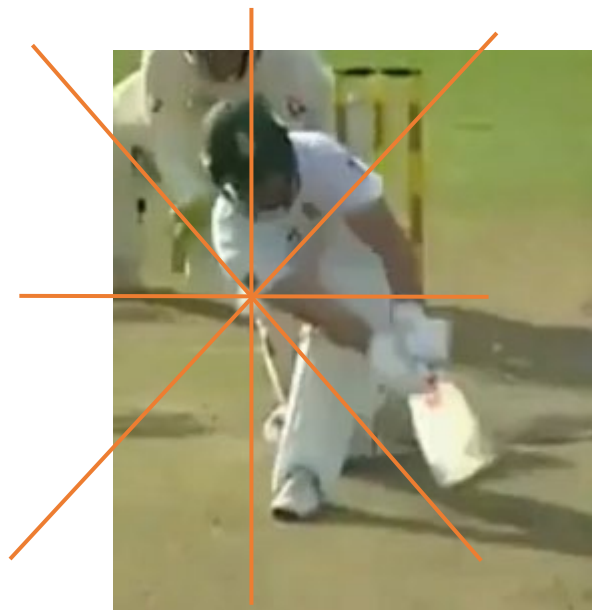
Body Part	Rule	Scoring Metric	Points
Head (He)	<ul style="list-style-type: none"> ○ Must be in line with feet ○ Threshold – measure the head angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $He = 0'$ ○ $0' < He < 7'$ ○ $7' < He < 15'$ ○ $He > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Shoulder (S)	<ul style="list-style-type: none"> ○ Must be side on ○ Shoulders should be in line with each other ○ Threshold – measure the angle between the shoulders ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $S = 0'$ ○ $0' < S < 7'$ ○ $7' < S < 15'$ ○ $S > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0

Hands (Ha)	<ul style="list-style-type: none"> ○ Directly below the batter's eyes ○ Use the vertical line (acts as a number line) ○ The further away from head the worse ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ Ha = 0 ○ $0 > Ha < 2$ ○ $2 > Ha < 4$ ○ Ha > 4 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hips (Hi)	<ul style="list-style-type: none"> ○ Must be side on ○ Hips should be in line with each other ○ Threshold – measure the distance between the hips ○ Use the horizontal line as a number line ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ Hi = 0 ○ $0 > Hi < 2$ ○ $2 > Hi < 4$ ○ Hi > 4 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Feet (F)	<ul style="list-style-type: none"> ○ Must be in line with head ○ Threshold – measure the feet angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ F = 0' ○ $0' < F < 7'$ ○ $7' < F < 15'$ ○ F > 15' 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0

Example score for FF Glance

Head	10/10
Shoulders	4/10
Hands	10/10
Hips	6/10
Feet	10/10

Sweep

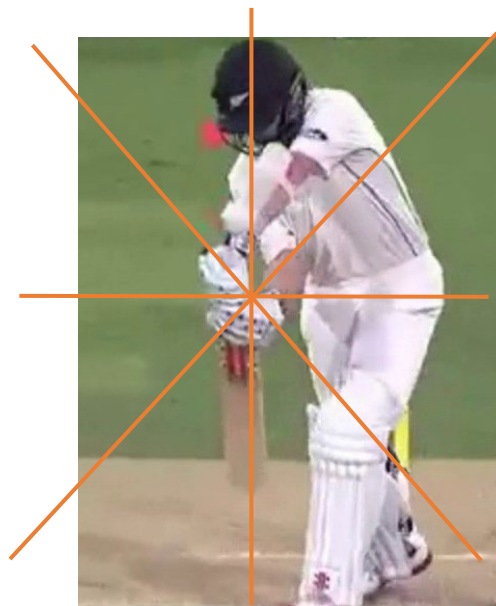


Body Part	Rule	Scoring Metric	Points
Head (He)	<ul style="list-style-type: none"> ○ Must be in line with feet ○ Threshold – measure the head angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $He = 0'$ ○ $0' < He < 7'$ ○ $7' < He < 15'$ ○ $He > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Shoulder (S)	<ul style="list-style-type: none"> ○ Must be side on ○ Shoulders should be in line with each other ○ Threshold – measure the angle between the shoulders ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $S = 0'$ ○ $0' < S < 7'$ ○ $7' < S < 15'$ ○ $S > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hands (Ha)	<ul style="list-style-type: none"> ○ Directly below the batter's eyes ○ Use the vertical line (acts as a number line) ○ The further away from head the worse ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Ha = 0$ ○ $0 > Ha < 2$ ○ $2 > Ha < 4$ ○ $Ha > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hips (Hi)	<ul style="list-style-type: none"> ○ Must be side on ○ Hips should be in line with each other ○ Threshold – measure the distance between the hips ○ Use the horizontal line as a number line ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Hi = 0$ ○ $0 > Hi < 2$ ○ $2 > Hi < 4$ ○ $Hi > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Feet (F)	<ul style="list-style-type: none"> ○ Must be in line with head ○ Threshold – measure the feet angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $F = 0'$ ○ $0' < F < 7'$ ○ $7' < F < 15'$ ○ $F > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0

Example score for FF Sweep

Head	10/10
Shoulders	4/10
Hands	10/10
Hips	6/10
Feet	10/10

Block – Kane Williamson



Body Part	Rule	Scoring Metric	Points
Head (He)	<ul style="list-style-type: none"> ○ Must be in line with feet ○ Threshold – measure the head angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $He = 0'$ ○ $0' < He < 7'$ ○ $7' < He < 15'$ ○ $He > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Shoulder (S)	<ul style="list-style-type: none"> ○ Must be side on ○ Shoulders should be in line with each other ○ Threshold – measure the angle between the shoulders ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $S = 0'$ ○ $0' < S < 7'$ ○ $7' < S < 15'$ ○ $S > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hands (Ha)	<ul style="list-style-type: none"> ○ Directly below the batter's eyes ○ Use the vertical line (acts as a number line) ○ The further away from head the worse ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Ha = 0$ ○ $0 > Ha < 2$ ○ $2 > Ha < 4$ ○ $Ha > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hips (Hi)	<ul style="list-style-type: none"> ○ Must be side on ○ Hips should be in line with each other ○ Threshold – measure the distance between the hips ○ Use the horizontal line as a number line ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Hi = 0$ ○ $0 > Hi < 2$ ○ $2 > Hi < 4$ ○ $Hi > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Feet (F)	<ul style="list-style-type: none"> ○ Must be in line with head ○ Threshold – measure the feet angle on either side 	<ul style="list-style-type: none"> ○ $F = 0'$ ○ $0' < F < 7'$ ○ $7' < F < 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5

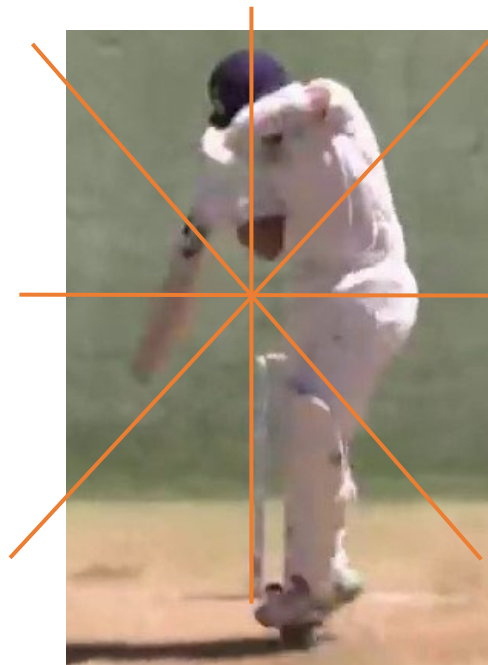
	○ Use the horizontal line	○ $F > 15'$	○ 0
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Example score for FF Block

Head	10/10
Shoulders	4/10
Hands	10/10
Hips	6/10
Feet	10/10

Back Foot

Off-Drive - Unknown



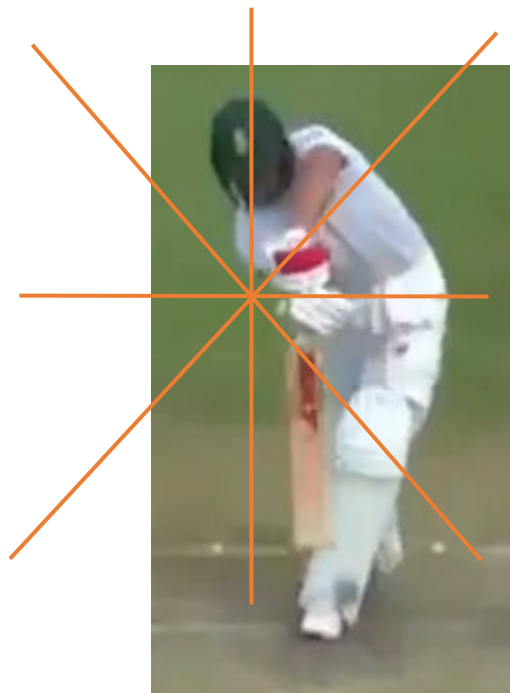
Body Part	Rule	Scoring Metric	Points
Head (He)	<ul style="list-style-type: none"> ○ Must be in line with feet ○ Threshold – measure the head angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $He = 0'$ ○ $0' < He < 7'$ ○ $7' < He < 15'$ ○ $He > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Shoulder (S)	<ul style="list-style-type: none"> ○ Must be side on ○ Shoulders should be in line with each other ○ Threshold – measure the angle between the shoulders ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $S = 0'$ ○ $0' < S < 7'$ ○ $7' < S < 15'$ ○ $S > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hands (Ha)	<ul style="list-style-type: none"> ○ Directly below the batter's eyes ○ Use the vertical line (acts as a number line) 	<ul style="list-style-type: none"> ○ $Ha = 0$ ○ $0 > Ha < 2$ ○ $2 > Ha < 4$ ○ $Ha > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0

	<ul style="list-style-type: none"> ○ The further away from head the worse ○ Line is from 0 - 4 		
Hips (Hi)	<ul style="list-style-type: none"> ○ Must be side on ○ Hips should be in line with each other ○ Threshold – measure the distance between the hips ○ Use the horizontal line as a number line ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Hi = 0$ ○ $0 > Hi < 2$ ○ $2 > Hi < 4$ ○ $Hi > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Feet (F)	<ul style="list-style-type: none"> ○ Must be in line with head ○ Threshold – measure the feet angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $F = 0'$ ○ $0' < F < 7'$ ○ $7' < F < 15'$ ○ $F > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0

Example score for BF off-drive

Head	10/10
Shoulders	4/10
Hands	10/10
Hips	6/10
Feet	10/10

On-Drive – Batter must be on back foot!

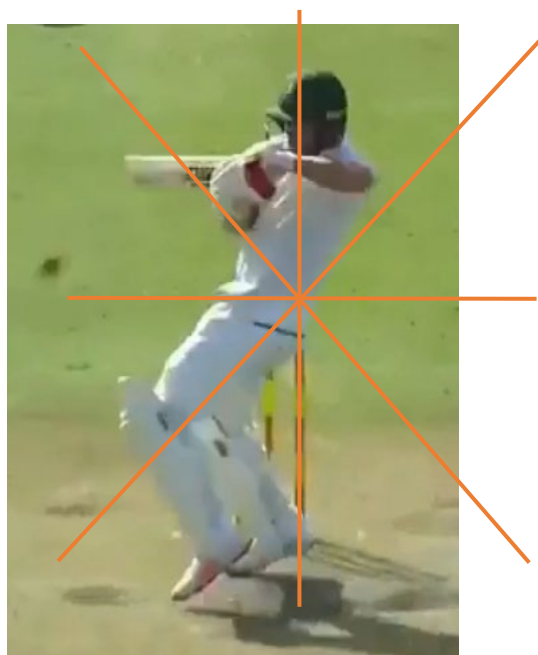


Body Part	Rule	Scoring Metric	Points
Head (He)	<ul style="list-style-type: none"> ○ Must be in line with feet ○ Threshold – measure the head angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $He = 0'$ ○ $0' < He < 7'$ ○ $7' < He < 15'$ ○ $He > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Shoulder (S)	<ul style="list-style-type: none"> ○ Must be side on ○ Shoulders should be in line with each other ○ Threshold – measure the angle between the shoulders ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $S = 0'$ ○ $0' < S < 7'$ ○ $7' < S < 15'$ ○ $S > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hands (Ha)	<ul style="list-style-type: none"> ○ Directly below the batter's eyes ○ Use the vertical line (acts as a number line) ○ The further away from head the worse ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Ha = 0$ ○ $0 > Ha < 2$ ○ $2 > Ha < 4$ ○ $Ha > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hips (Hi)	<ul style="list-style-type: none"> ○ Must be side on ○ Hips should be in line with each other ○ Threshold – measure the distance between the hips ○ Use the horizontal line as a number line ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Hi = 0$ ○ $0 > Hi < 2$ ○ $2 > Hi < 4$ ○ $Hi > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Feet (F)	<ul style="list-style-type: none"> ○ Must be in line with head ○ Threshold – measure the feet angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $F = 0'$ ○ $0' < F < 7'$ ○ $7' < F < 15'$ ○ $F > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0

Example score for BF On-Drive

Head	10/10
Shoulders	4/10
Hands	10/10
Hips	6/10
Feet	10/10

Cut



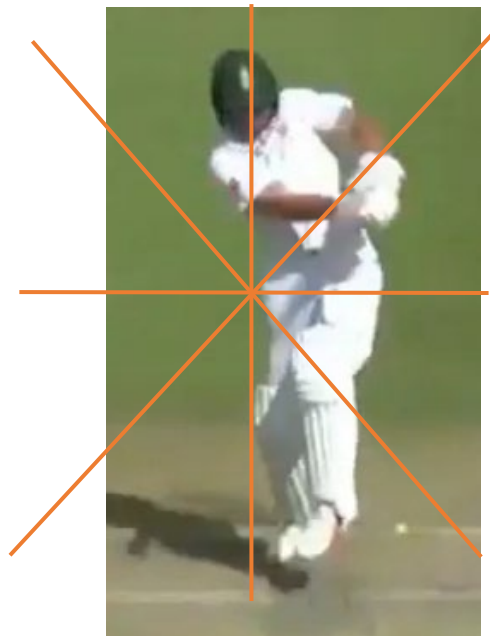
Body Part	Rule	Scoring Metric	Points
Head (He)	<ul style="list-style-type: none"> ○ Must be in line with feet ○ Threshold – measure the head angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $He = 0'$ ○ $0' < He < 7'$ ○ $7' < He < 15'$ ○ $He > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Shoulder (S)	<ul style="list-style-type: none"> ○ Must be side on ○ Shoulders should be in line with each other ○ Threshold – measure the angle between the shoulders ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $S = 0'$ ○ $0' < S < 7'$ ○ $7' < S < 15'$ ○ $S > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hands (Ha)	<ul style="list-style-type: none"> ○ Directly below the batter's eyes ○ Use the vertical line (acts as a number line) ○ The further away from head the worse ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Ha = 0$ ○ $0 > Ha < 2$ ○ $2 > Ha < 4$ ○ $Ha > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hips (Hi)	<ul style="list-style-type: none"> ○ Must be side on ○ Hips should be in line with each other ○ Threshold – measure the distance between the hips ○ Use the horizontal line as a number line ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Hi = 0$ ○ $0 > Hi < 2$ ○ $2 > Hi < 4$ ○ $Hi > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Feet (F)	<ul style="list-style-type: none"> ○ Must be in line with head 	<ul style="list-style-type: none"> ○ $F = 0'$ 	<ul style="list-style-type: none"> ○ 0

	<ul style="list-style-type: none"> ○ Threshold – measure the feet angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $0' < F < 7'$ ○ $7' < F < 15'$ ○ $F > 15'$ 	<ul style="list-style-type: none"> ○ 5 to 10 ○ 0 to 5 ○ 0
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Example score for BF Cut

Head	10/10
Shoulders	4/10
Hands	10/10
Hips	6/10
Feet	10/10

Hook



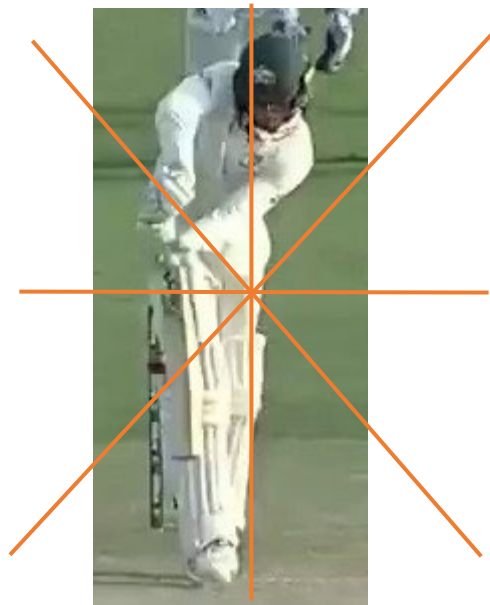
Body Part	Rule	Scoring Metric	Points
Head (He)	<ul style="list-style-type: none"> ○ Must be in line with feet ○ Threshold – measure the head angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $He = 0'$ ○ $0' < He < 7'$ ○ $7' < He < 15'$ ○ $He > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Shoulder (S)	<ul style="list-style-type: none"> ○ Must be side on ○ Shoulders should be in line with each other ○ Threshold – measure the angle between the shoulders ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $S = 0'$ ○ $0' < S < 7'$ ○ $7' < S < 15'$ ○ $S > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hands (Ha)	<ul style="list-style-type: none"> ○ Directly below the batter's eyes ○ Use the vertical line (acts as a number line) 	<ul style="list-style-type: none"> ○ $Ha = 0$ ○ $0 > Ha < 2$ ○ $2 > Ha < 4$ ○ $Ha > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0

	<ul style="list-style-type: none"> ○ The further away from head the worse ○ Line is from 0 - 4 		
Hips (Hi)	<ul style="list-style-type: none"> ○ Must be side on ○ Hips should be in line with each other ○ Threshold – measure the distance between the hips ○ Use the horizontal line as a number line ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Hi = 0$ ○ $0 > Hi < 2$ ○ $2 > Hi < 4$ ○ $Hi > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Feet (F)	<ul style="list-style-type: none"> ○ Must be in line with head ○ Threshold – measure the feet angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $F = 0'$ ○ $0' < F < 7'$ ○ $7' < F < 15'$ ○ $F > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0

Example score for BF Hook

Head	10/10
Shoulders	4/10
Hands	10/10
Hips	6/10
Feet	10/10

Glance



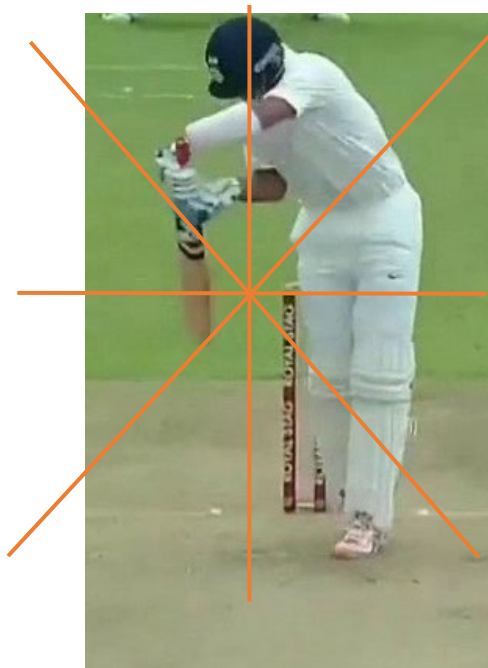
Body Part	Rule	Scoring Metric	Points
Head (He)	<ul style="list-style-type: none"> ○ Must be in line with feet ○ Threshold – measure the head angle on either side 	<ul style="list-style-type: none"> ○ $He = 0'$ ○ $0' < He < 7'$ ○ $7' < He < 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5

	<ul style="list-style-type: none"> ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $He > 15'$ 	<ul style="list-style-type: none"> ○ 0
Shoulder (S)	<ul style="list-style-type: none"> ○ Must be side on ○ Shoulders should be in line with each other ○ Threshold – measure the angle between the shoulders ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $S = 0'$ ○ $0' < S < 7'$ ○ $7' < S < 15'$ ○ $S > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hands (Ha)	<ul style="list-style-type: none"> ○ Directly below the batter's eyes ○ Use the vertical line (acts as a number line) ○ The further away from head the worse ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Ha = 0$ ○ $0 > Ha < 2$ ○ $2 > Ha < 4$ ○ $Ha > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hips (Hi)	<ul style="list-style-type: none"> ○ Must be side on ○ Hips should be in line with each other ○ Threshold – measure the distance between the hips ○ Use the horizontal line as a number line ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Hi = 0$ ○ $0 > Hi < 2$ ○ $2 > Hi < 4$ ○ $Hi > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Feet (F)	<ul style="list-style-type: none"> ○ Must be in line with head ○ Threshold – measure the feet angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $F = 0'$ ○ $0' < F < 7'$ ○ $7' < F < 15'$ ○ $F > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0

Example score for BF Glance

Head	10/10
Shoulders	4/10
Hands	10/10
Hips	6/10
Feet	10/10

Block



Body Part	Rule	Scoring Metric	Points
Head (He)	<ul style="list-style-type: none"> ○ Must be in line with feet ○ Threshold – measure the head angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $He = 0'$ ○ $0' < He < 7'$ ○ $7' < He < 15'$ ○ $He > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Shoulder (S)	<ul style="list-style-type: none"> ○ Must be side on ○ Shoulders should be in line with each other ○ Threshold – measure the angle between the shoulders ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $S = 0'$ ○ $0' < S < 7'$ ○ $7' < S < 15'$ ○ $S > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hands (Ha)	<ul style="list-style-type: none"> ○ Directly below the batter's eyes ○ Use the vertical line (acts as a number line) ○ The further away from head the worse ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Ha = 0$ ○ $0 > Ha < 2$ ○ $2 > Ha < 4$ ○ $Ha > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hips (Hi)	<ul style="list-style-type: none"> ○ Must be side on ○ Hips should be in line with each other ○ Threshold – measure the distance between the hips ○ Use the horizontal line as a number line ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Hi = 0$ ○ $0 > Hi < 2$ ○ $2 > Hi < 4$ ○ $Hi > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Feet (F)	<ul style="list-style-type: none"> ○ Must be in line with head ○ Threshold – measure the feet angle on either side 	<ul style="list-style-type: none"> ○ $F = 0'$ ○ $0' < F < 7'$ ○ $7' < F < 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5

	○ Use the horizontal line	○ $F > 15'$	○ 0
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Example score for BF Block

Head	10/10
Shoulders	4/10
Hands	10/10
Hips	6/10
Feet	10/10

Follow Through Phase – After contact (continuation of movement)

General rule is that batter should continue with natural movement

Body Part	Rule	Scoring Metric	Points
Head (He)	<ul style="list-style-type: none"> ○ Must be in line with feet ○ Threshold – measure the head angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $He = 0'$ ○ $0' < He < 7'$ ○ $7' < He < 15'$ ○ $He > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Shoulder (S)	<ul style="list-style-type: none"> ○ Must be side on ○ Shoulders should be in line with each other ○ Threshold – measure the angle between the shoulders ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $S = 0'$ ○ $0' < S < 7'$ ○ $7' < S < 15'$ ○ $S > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hands (Ha)	<ul style="list-style-type: none"> ○ Directly below the batter's eyes ○ Use the vertical line (acts as a number line) ○ The further away from head the worse ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Ha = 0$ ○ $0 > Ha < 2$ ○ $2 > Ha < 4$ ○ $Ha > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Hips (Hi)	<ul style="list-style-type: none"> ○ Must be side on ○ Hips should be in line with each other ○ Threshold – measure the distance between the hips ○ Use the horizontal line as a number line ○ Line is from 0 - 4 	<ul style="list-style-type: none"> ○ $Hi = 0$ ○ $0 > Hi < 2$ ○ $2 > Hi < 4$ ○ $Hi > 4$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0
Feet (F)	<ul style="list-style-type: none"> ○ Must be in line with head ○ Threshold – measure the feet angle on either side ○ Use the horizontal line 	<ul style="list-style-type: none"> ○ $F = 0'$ ○ $0' < F < 7'$ ○ $7' < F < 15'$ ○ $F > 15'$ 	<ul style="list-style-type: none"> ○ 0 ○ 5 to 10 ○ 0 to 5 ○ 0

Autoencoder



Aggregation and Regression

